

THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

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Freshmen class pushes limits

Campus feels effects of large freshmen class

By Kelsey Bonesteel
Echo Staff Writer

The size of the freshmen class has seen an unprecedented influx that is stretching California Lutheran University's already limited resources. As of Aug. 15, 1,817 students were admitted into CLU's class of 2012, increasing last year's admitted students by 143.

This is all part of CLU's strategic plan to expand and improve the school, according to Jenny Charrett, associate director of admission.

"We do have to limit our growth, because of the space available on campus and we knew the maximum number of students we could admit. We are set to moderately grow so the infrastructure of the school has time to adjust," Charrett said.

This process is vital to CLU's growth as a school.

CLU is still upholding its promises to the students, such as classroom size and individual attention. According to Charrett, the freshmen counselors are working as hard as ever to maintain the dedication to each



Photo by Doug Barnett

The Freshmen Class increase is visible with the long lines in the Centrum at lunch time.

student.

"Many people are starting to recognize the benefits to a private education and the guaranteed four year academic plan," she said.

As the school's population grows, other departments, such as Residence Life, will also have to make some changes.

"We had to put some of the students in Conejo; about 90 percent of the students there are freshman," said Christine Paul, associate director of student life.

Although Conejo residence

hall is not located near the other freshmen dorms and has been considered part of the upper-classmen area, Paul does not think this is a problem for the new students, because such a small group of students can easily get to know one another.

"It's a little inconvenient to hang out with friends in the other freshman halls, but all in all it's not that big of a deal," said Branden Shows, a freshman living in Conejo Hall.

No plans of building another freshman hall have been made.

"Many people are starting to recognize the benefits to a private education and the guaranteed four year plan."

-- Jenny Charrett

However, last summer each freshmen hall received brand new carpet, vertical blinds and a fresh coat of paint.

Upper-classmen students have also been impacted by the growing freshmen population.

"Since my first year, I've noticed that every year the incoming freshmen class becomes a greater presence on campus," CLU senior Dan Erickson said.

The more students living on campus the more possible problems can emerge.

"This year Residence Life's biggest challenge is handling roommate conflicts. We do not have any extra rooms for the students in a difficult roommate situation," Paul said. CLU resident halls have reached capacity.

Many other complaints have been raised around campus including limited parking around the halls and rooms assigned with five students per room in the New and Old West Halls.

"I believe the students are making each living situation work and once we have Trinity hall we will be able to spread out. No more rooms will have five people," Paul said.

The freshmen class will grow with each coming year until CLU reaches the goal of becoming a larger, well-known school. Every aspect of CLU will have to adjust to the increase.

"Hopefully this year's freshmen class will contribute to CLU's culture and help carry on a legacy to be proud of."

Security panel calls for more vigilance

By Margaret Nolan
Managing Editor

Business professionals and community leaders from Ventura County gathered last week at the Reagan Library for California Lutheran's Corporate Leaders' Breakfast.

The topic for this breakfast: Security. It was an especially relevant issue with the seventh anniversary of the Sept. 11 terrorist attacks last week.

According to Karin Grennan, media relations' coordinator for

CLU, security was chosen as the topic because of an overwhelming survey response from over 100 participants at a previous Corporate Leader's Breakfast.

"The breakfast series is heightening Cal Lutheran's awareness and recognition as an important regional resource to leaders in our communities," said Dr. Ritch Eich, vice president for marketing and communications.

Speaking at this event was a panel featuring various security specialists from local and national agencies.

Panel members included David

Banks, director of the Center for Asymmetric Warfare; Bob Brooks, Ventura County sheriff; Steven R. Chelander, the 38th member of the National Transportation Safety Board and Gregory D. Totten, Ventura County district attorney.

The Rev. Duke Blackwood executive Director of the Ronald Reagan Presidential Library and Foundation served as the moderator for the event.

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Photo by Nathan Hoyt

Security Panel at Corporate Leaders' Breakfast.

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IN BRIEF

Construction plans began this past summer at California Lutheran University, for new office buildings, parking lots, academic buildings and sporting complexes on the North Campus.

Parking has been hectic so far this year and there is a big reason why. The construction of the new Trinity Hall began in June and has made parking a challenge. The hall is being constructed where the old softball field was located between Potenburg and Grace hall.

With this construction underway, parts of the Grace and Potenburg parking lots have been eliminated for building purposes.

Since June construction workers have been leveling the ground and as of the start of school, they've begun to build the retaining walls.

The layout of the Trinity hall is unlike any other dorm on campus. There will be six rooms that will have six single bedrooms. Trinity will include several studio single suites and there are four single bedrooms as in Grace hall.

All rooms in Trinity will have a full kitchen at the student's disposal. Along with sleeping quarters there will be several lounge areas and two classrooms.

Altogether there will be 220 bedrooms in Trinity and completion is hoping to be scheduled for around fall 2009.

CLU is working on the Kingsmen and Regals tennis courts. The new facility will be named Gilbert Tennis Courts, which features six new courts. The tennis courts will reside alongside Ullman Stadium behind the right field fence.

The estimated cost of the construction is \$750,000. Completion is slated for the fall season when it will be ready to host CLU tennis matches this spring.

That has not been the only construction going on. Work has been done to create a community swimming pool.

The pool was paid for with public funds and will be located on the CLU campus next to the Samuelson Aquatic Center. The project was funded through the city, which included a federal grant and funding from the recreation and park district.

The pool will consist of seven lanes and vary in depth from 3 to 5 feet. Completion of the project has been estimated to take about a year.

Six alumni inducted into hall of fame

Standout athletes honored in ring ceremony

By Gigi Arjomand
Echo Staff Writer

The Alumni Association of California Lutheran University held a formal event on Saturday night to honor the six 2008 inductees of the Athletic Hall of Fame. It was an evening of memories, tribute, food and conversation.

The CLU Alumni Association Athletic Hall of Fame presented Albert Kempfert, Charles McShane, Greg Osbourne, Tracy (Little) Schuetz, Mike Sheppard and Michael "Spider" Webb.

"Academics and athletics, that's a

great balance," Coach Bob Shoup said, one of the pioneers in the athletic history of CLU.

Six inductees were honored for their outstanding contributions in the intercollegiate athletics field and for the respect, recognition and excellence they have brought to the proud CLU name.

"This university shaped me spiritually, professionally and in life," said Sheppard, who graduated with the class of 1973.

Sheppard has coached professionally for 34 years, is the wide receiver's coach for the Cincinnati Bengals and an active member in the Fellowship of Christian Athletes.

Although the night was in honor of the six athletes, Shoup was praised, thanked and honored for his great coaching, encouragement and support by most of the inductees.

Shoup started coaching at CLU in 1962 and worked actively on recruiting doing public relations for the school that was in danger of floundering financially.

"This is a great honor with all of these amazing athletes that are being inducted here. I'm extremely proud to be a part of that"

-- Tracy Schuetz

He reflected on some of the memorable times at CLU. He shared stories and memories about how different it used to be at CLU and how proud and grateful he is to be a part of these great athletes' journeys.

Shuetz, who graduated in 1997, set numerous records in her time at CLU playing volleyball and softball.

"Unlike the previous inductees I have no idea who 'Al the Painter' is and we actually had computers when I was a student here," she said as the crowd joined in laughter.

After many years passed, one thing was unchanged: the love and camaraderie found between CLU teammates, coaches, roommates, faculty, family and friends, is as alive on this night as decades before.

"The greatest part of the night was to see different generations of the families that made this school what it is. A lot of the Lundrings, the Days and the Thomas' were here," Schuetz said. "You went to school with their kids and it's beautiful to see that the history goes on at CLU."

Less parking causes frustration

300 less parking spaces takes toll on student drivers

By Jennifer Tholse
Echo Staff Writer

A new parking policy at California Lutheran University campus will be established beginning Oct. 1.

Residential students will no longer be allowed to park in the academic corridor during the week, between the hours of 7 a.m. to 7 p.m. However, no one else but the resident students will be allowed to park in residence hall parking lots.

According to Fred Miller, director of campus Safety and Security, the main reason for this new parking policy is to open up more parking spots for faculty, staff and commuters.

"We needed to cut down on unnecessary driving since we want to promote a greener campus," he said. "Some students are driving only two blocks to get to their class, which also causes unnecessary traffic."

In addition Miller said they might offer an incentive for residential students who will park their cars at a further parking location during the week, since their car won't be used during this time anyhow.

Yet, most residential students are not happy with the new policy.

"It is hard to park, especially during the day," said junior Alison Larson, who thinks the policy is unfair.

Also, graduate student Flora

Parking permits and signs identify type of student driver.

Shao thinks the new parking rules are extremely inconvenient, especially for students in university houses who are only permitted to park on their

"We need to cut down on unnecessary driving since we want to promote a greener campus."

-- Fred Miller

driveways and in designated spots.

Miller, who is well aware of the parking issue and the amount of parking spots lost said that, "after completion of Trinity hall, the end of this year, we will gain back approximately 190 parking

spaces."

However, until then, commuter students including Dennis Twumasi are thankful for the new policy.

"It is already tiring to drive down here all the way from Los Angeles, and to spend an extra 10 minutes looking for parking makes the whole process of commuting even more tiresome," he said.

Dr. Russell Stockard, communication professor, said he understands the frustration of the students but is still thankful for his advantage as a faculty member.

"Since parking spots were lost during the construction of the new residence hall and more faculty staff has been hired, there wasn't a lot more to do than have this policy applied," he said.

Old parking stickers need to be replaced with new parking



Photo by Nathan Hoyt

permits, which can be received at the Welcome Center. The new permit will be placed at the lower left corner of the vehicle's rear window, which will make it easier for campus security to keep track of the different permitted cars.

The new parking policy will begin in October. Students, faculty and everyone who owns a car will need to obtain a parking pass to avoid being issued a ticket or even worse have your car towed away.

To find out more about the new parking policy and where parking is allowed, visit the Welcome Center to pick up a brochure or go onto http://www.clunet.edu/safety_security/vehicle to view specific details.

Freshman team up to clean river bed

Students gather to give back to community

By Amanda Lovett
Echo Staff Writer

More than 500 students and volunteers gathered together on Sept. 2, to take part in cleaning up the Ventura River Bed, removing 5 tons of trash from an area inhabited by homeless.

The orientation held prior to the event was presented by Ventura City Council members to give the background information of the area where they would be working.

"All of this trash would have ended up at the beach and the homeless community," said Stine Odegard, director of the community service center at CLU. "We saved Ventura County \$25,000 per day in fines."

Dr. Grady Hanrahan, professor of chemistry and environmental science, discussed the effects pollution has on the environment and "the social economic considerations, including lower income communities and their likely disproportionate exposure to environmental pollutants, especially the homeless population along the Ventura River."

The students and volunteers were split into groups, each led by a member of the Ventura City Council. The groups were divided



Photo by Carrie Kelley

Student's work together to clean the Ventura County River Bed as a part of 'You got served'.

into three jobs; grabbers, baggers and draggers, who carried items out of the river bed to trucks to be disposed of.

Students were not allowed to touch the trash with their hands, they instead used pitch-forks and claws to grab the items and place them into a garbage bag.

"My group was underneath the 101 Freeway, a spot where some of us were escorted in by police, which made a few people a little scared," said Beth Peters a junior peer advisor. "I have to say, the

weirdest thing I found was a

bunch of porn floating around."

Odegard said, "It was really interesting what we found, some found needles, some found children's clothing; all pieces of someone else's life."

Students found other unusual items during the clean up. "I found a shopping cart stuck in the mud and a couch," freshman Tiffany Ly said. "It's really great to have the opportunity to open your eyes to so many things that are concealed by society."

An event like this takes a lot of careful planning and

coordination between the groups involved. "We started planning this with Ventura in June. It was great because the plan that we originally had actually happened" Odegard said.

Even Dr. Chris Kimball, CLU's president, joined in the event, climbing into the mucky water with the students to pull out once loved items from the river bed.

To plans for events like this one are in the future, Odegard said "Absolutely! Maybe not to this magnitude, but we are keeping in touch with Ventura City Council

and plan on having this as an annual orientation event."

Peter's favorite part of the event was helping people. Three homeless people walked up to us at the end and said 'thank you,' and that made it all worthwhile," she said.

For those interested in the Coastal Clean-up Day on Saturday, sign ups are available on the Cal Lutheran Community Service Center website, <http://www.clunet.edu/csc>.

Security Continued...

(Continued from Page 1)

Each member of the panel was given an opportunity to share his opinion on the most pressing security issues based off their professional and personal experiences.

"Security is key to all of us," Banks said. "People are worried about different things based on their knowledge and past experiences."

Panel members offered advice to the community leaders in attendance on how to make sure their businesses are protected and

prepared in the event another terrorist attack occurs.

According to Chealander, the goal of security efforts is to make sure that people are aware of common security issues so that we will all know how to act.

The marketing and communications office puts on the Corporate Leaders' Breakfast series a few times a year. However, this was the largest one by far with more than 220 people in attendance and the first time that the event has been held off campus.

on North Campus this year.

KCLU expanded even more toward the end of the summer when it purchased KIST-AM 1340. This will allow CLU to reach Santa Barbara and Ventura County. It broadcasts in Ventura County on 88.3 FM, in Santa Barbara County on 102.3 FM, and online at <http://www.kclu.org>.

On Aug. 19, CLU said goodbye to one of its fondest buildings. The curtain closed on the Little Theatre when past theater graduates held a wake for the building.

The Black Box Theater is being

"Co-branding with other major organizations has been and continues to be a major goal for our brand marketing program at CLU," Eich said.

All Corporate Leaders' Breakfasts are open to Cal Lutheran students. The next breakfast is Oct. 21, Dennis Murphy, vice president of Amgen, will be the keynote speaker. For more information about the Corporate Leaders' Breakfast, please call 493-3150 or visit <http://www.callutheran.edu/clb/>.

torn down in anticipation of construction that will happen this fall. During the past 43 years, the Little Theater has been a home away from home for thousands of CLU students, whether they were regulars on the stage or simply regular fans of the improv troupe or fall play.

Dozens of people showed up to bid farewell to the building by toasting with fellow actors and leafing through scrapbooks of past productions.

People have been working around the clock for the past few months to get the space ready for the actors; making classrooms, dressing and rehearsal rooms,

costume and shop space, as well as a stage three times as big as the old one.

The building should be ready within the next couple months for the theater department to move in.

This year, CLU is welcoming a dean and many new faculty members to its staff. Dr. Carol A. Bartell is returning to CLU as the dean and a professor for the School of Education.

She served as the School of Education's dean from 1995-2003. During the past five years, she has been serving in various positions at schools such as

California Polytechnic State University, Cal State Northridge and Cal State Los Angeles.

There are also 14 new professors beginning the semester at CLU in various departments including English, psychology, chemistry, exercise science and sports medicine, education, mathematics, theater arts, criminal justice, art and computer science.

The new faculty members are being welcomed to the school along with the biggest incoming freshmen class in CLU history with more than 500 students.

More IN BRIEF

(Continued from Page 2)

On May 31, Larry Hagman, who was part of both the "Dallas" and "I Dream of Jeannie" casts, hosted a celebration with his wife, Maj, in honor of CLU's national-award winning radio station, KCLU-FM.

The Hagmans, frequent listeners and donors of KCLU, held the event at their private estate: Heaven Ranch in Ojai, in hopes of raising money for the station's new broadcast center. Construction for the new building will begin

E V e n t s

WEDNESDAY September 17	THURSDAY September 18	FRIDAY September 19	SATURDAY September 20
Sacred Cult, Subversive Icon: The Virgin of Guadalupe 4 p.m. Roth Nelson Room	Proactive Job Search Workshop 6:30 p.m. Roth Nelson Room	American Scandinavian Foundation Lecture Series 7:30 p.m. Roth Nelson Room	Habitat for Humanity Student, Faculty, Staff Build Day 7:30 a.m. Simi Valley
International Diners Club 5 p.m. SUB			California Coastal Cleanup 9 a.m. - 12 p.m. Newbury Park
The Need: featuring Jill Cohn 10:10 p.m. SUB			CLU vs. PLU Pre-Game Football Party 11 a.m. Sparks Stadium, Puyallup, Wash.



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Roper returns to Ventura County

Newbury Park resident is new Director of Student Life

By Natasha Spiroff
Echo Staff Writer

The Student Union Building opened its doors this summer and welcomed the new director of Student Life, Dr. Melinda Roper.

A native of Newbury Park she joined the California Lutheran University community after holding two positions at Duke University in Durham, N.C.

As both the senior associate director of Student Activities and Engagements and the director of the Women's Center at Duke, Roper oversaw various divisions of student life including student government and other activities on campus.

"I love what I do," she said.

While she wanted to continue doing what she loved, she also had the desire to move back to the West Coast. The opening of the director of Student Life position at CLU provided her with the perfect opportunity to do both.

Her position as the director of Student Life places her as

the overseer of all divisions of student life on the CLU campus: Residence Life, Judicial Affairs, Student Leadership and Programs, Wellness, New Student Orientation, Intramurals, Forrest Fitness Center and the Community Service Center.

"She brings a great breadth of experience and preparation that will help her lead and support her team," said William Rosser, vice president of Student Affairs and the dean of students.

Roper directly supervises a staff of nine professionals and five graduate students.

As a student orientation coordinator, junior Reshai Tate had the opportunity to work with Roper this summer. "Melinda brings a fresh perspective to student life" said Tate. "Her passion for the student life experience runs deep. The student body should expect her to shake things up a bit, for their good of course."

Since starting her new position in July, Roper has been involved in multiple staff retreats, training activities and new student orientation.

Roper has enjoyed immersing herself in the community and experiencing everything that CLU has to offer.

"I want to experience and soak up all of the traditions and



Photo by Rachel Wolf

Dr. Melinda Roper, director of Student Life adjusts to her new office within the student union building.

signature events at CLU," she said. "Then I will try to add new twists to things, I think it is important to respect the traditions".

One of the biggest differences between Duke University and CLU is the atmosphere. "Here, the atmosphere is very encouraging," Roper said. "The atmosphere at Duke was very stressful and although people were proud to

go to Duke, they were not in love with the school."

Roper said her favorite thing about CLU is "how passionate everyone is about CLU. How much they care about the school and about each other."

"It is so fun to be in a brand new place," she said. Roper and her family are excited to experience football, games, homecoming,

and other events that are put on throughout the year.

She graduated from Newbury Park High, continued on to receive her bachelor's degree in psychology from the UC Santa Barbara and her master's degree in exercise and sport science from Penn State. She also received her doctorate in higher education and administration from Penn State.

Lundring: The candy man can

By Megan Hindman
Echo Staff Writer

Karsten Lundring, a California Lutheran University alumnus of '65, has displayed a continuous love for CLU through his immense support and generosity.

Lundring graduated from Cal Lutheran with a B.A. in business administration and is a managing partner for Thrivent Lutheran Financial. Since graduation, he has continued to stay active within the CLU community.

Known as the "candy man," he attends many football and basketball games both, home and away. "He really cares about the students, the candy is only one way [that he shows it]," said the Rev. Melissa Maxwell-Doherty, CLU's campus pastor.

Lundring's involvement stems back to his days as a student at Cal Lutheran. From his start as a member of the original Kingsmen Quartet, Lundring's involvement has continued to grow throughout the years.

"I do not know what CLU has asked him to do that he has said no to," Maxwell-Doherty said.

He has served as the Chair of

"He is simply an extravert who loves people and loves this place,"

-- The Rev. Melissa Maxwell-Doherty

the Board of Regents and is now a member of the Community Leaders Association and Orville Dahl.

As an Orville Dahl member, some of his resources will be directed back to CLU when he dies, adding to his already numerous contributions.

"He basically bleeds purple and gold," said Rachel Lindgren, director of alumni and parent relations.

He has not only made his mark on CLU through his generous support, but also with his unique style and personality. The buzz around campus names him as quite the prankster. Lundring even made sure to unsettle Dr. Christopher Kimball, university president, during his first week in office.

Kimball received a phone call from Lundring asking where he was, claiming that they had a scheduled lunch meeting to make it appear as though Kimball had missed an important meeting so early in his presidential career.

"He loves setting people up like that, he loves to jerk your chain," said Larry Wagner, senior pastor at Ascension Lutheran Church, where Lundring is an active member.

In 1993, he was awarded the Outstanding Alumni Award and later in 2005, he was inducted into the Hall of Fame for his immense support of CLU athletics.

"If you had the ability to go into a laboratory and make the perfect alumni you would make Karsten," Steve Wheatley said, vice president of university advancement.

Lundring and his wife Kirsten, CLU alumna of '64, have supported a number of building projects around campus. "Every major building on campus or campaign over the last 30 years Karsten and Kirsten have been a part of," Wheatley said.

"If you name it, Karsten and Kirsten have supported it." Some of the projects they have

contributed to include the Spies-Bornemann Center for Education and Technology, the Soiland Humanities Center, Samuelson Chapel and the Lundring Events Center, which they gave as a gift to CLU.

"You won't find a more dedicated alumnus of CLU than Karsten Lundring," Wagner said.

The Lundrings have also established the Lundring Family Music Scholarship and The Lundring Youth Leadership Endowment, adding just one more way they truly support the students of CLU.

"He is simply an extravert who loves people and loves this place," Maxwell-Doherty said.

THE ECHO

California Lutheran University

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How to talk to your professor

So it turns out one of my students' aunts has the power of resurrection, which you have to admit is kind of impressive. At least I have to assume this is the case, since she died twice in one semester.

That's right; she passed away for the first time just three weeks into class, right before our first exam.

I remember because he said she had died of liver failure, which I thought was a sort of random thing for an aunt to die from. But I wasn't about to question him. I have a solid no-question policy with dead relatives. If you're the kind of person who wants to risk the righteous smiting of God or karma or whatever just to avoid your chemistry midterm, that's on your head.

I was a little perplexed before the final when she died again.

"Wow," I said, genuinely shocked. "Both your aunts died of liver failure."

It wasn't a question, I believed him (see my rule on death, above). It just seemed poetically unjust and rather unlikely.

I watched his eyes widen as he realized what he'd done. He stammered, his face flushed, and I feared he would spontaneously combust (I like to imagine he sort of wanted to).

I guess he had forgotten he had already pulled this particular excuse with me and couldn't save the whole mess well enough to explain why all of his aunts kept on blowing out their livers (I don't know why his aunt always had to kick it, and I'm not sure why he was obsessed with liver failure - maybe he drank a lot?).

Let's just say the story didn't end well for him.

I should have been tipped off by the fact that she kept dying right before exams. Another professor once theorized that they (the relatives) must literally worry themselves to death over their students' test performance, since so many aunts, uncles and grandparents die around exam time.

The thing is, I don't want to ask you for a doctor's note proving that you were really having bad diarrhea.

It's insulting. But so is looking me in the eye and telling me you were mauled by a bear in Yosemite and that's why you had to miss the exam. Gimme a break. I have a Ph.D. and stuff.

I don't want to lose my faith in humanity, either.

We're supposed to know that when something crappy happens to us, people - professors among them - will exhibit a little old-fashioned compassion and understanding without asking for a photo of us posing with the

deceased.

Likewise, I want to know that when someone elicits said compassion from me, I'm not being duped. I know that some of my colleagues insist on death certificates, and it's not (usually) because they're cruel and heartless; it's because it's become nigh impossible to separate truth from fiction.

As our current president says, "fool me once, shame on — shame on you. Fool me — you can't get fooled again." Or something to that effect.

So how do you talk to your professor when you're behind or really missed the exam for an honest reason?

Well, I can't speak for all of us. Some professors don't have an understanding bone in their body (or maybe only one of those really little ones in the ear. The "stapes," or whatever).

But I recommend — and I know this is a crazy idea, but hear me out — just talking to us honestly. If something bad *has* happened, we want to help you. But even if you just messed up, honestly we'll still probably get you the best outcome.

The most honest excuse I ever got was, "I was up too late the night before, and I cracked my alarm clock across the room this morning when it went off. I can't believe I'm telling you this, but I honestly slept straight through the exam. It's totally my fault — trust me; I woke up panicking. This class is important to me and I was hoping you would give me a chance to make it up somehow."

Now, I do not advise this method for everyone: the best method is to actually set three, maybe four alarm clocks, and be in your seat to take the exam.

But, I had a lot more respect for this student than for the auntie-killer. I was a lot easier on him when it came to grading at the end of the semester and I gave him the benefit of the doubt. He put his money where his mouth was and had done decently well on the other exams. I was really impressed that he was willing to be honest and take responsibility for his own actions and I thought it should be rewarded.

So please don't kill any unsuspecting relatives on my behalf. Really, now - how would you like it if your aunt told her boss that you had died of liver failure so she wouldn't have to go into work on Monday? Treat me with honesty and respect and I'll give you the same. Because I'm a person, too.

That's how to talk to your professor.



Dr. Seth Wagerman



Photo by Doug Barnett

Junior Cameron Mitchell browses for a textbook in the newly renovated bookstore.

Bookstore Remodeled

New paint, new merchandise, new attitude

By Elicia Hildreth
Echo Staff Writer

California Lutheran University is making huge changes on campus starting with the bookstore. The remodel, completed this summer, offers new merchandise and a fresh look.

"Our goal was to create a bookstore that would be a point of pride at Cal Lutheran," said Elio Distaola, director of public and campus relations with Follett Higher Education Group. "As a long-time partner, we wanted the bookstore to reflect the traditions of the campus but also be more inviting for students to come and browse for bestsellers and merchandise."

The bookstore has more CLU merchandise than the previous years.

From new sweatshirts to new

key chains, it attracts different styles that every student or faculty member can enjoy.

They have also installed a TV behind the cash register, that has all the latest news and events that happen at CLU.

"I think that all the employees would agree that the remodeled bookstore really makes coming to work enjoyable," Distaola said.

Even the students are impressed by the remodel.

"It is very clean, pleasant, and organized," senior Lizzi Orona said. "Customer service is great and there are more employees on staff to help with your needs."

Other students think the changes have improved the quality of the bookstore's image as well.

"With the remodel it looks like a collegiate bookstore. It also has a more homely feel to it," senior Kelsey Hart said.

With a new Student Union Building in the strategic plan, some speculate this will include a new bookstore.

"At this time we are unsure of the exact plans of what will be in the Student Union Building," said Distaola.

No matter the location however, Follett Higher Education Group plans to continue its relationship with CLU.

"After 25 years of partnership with Cal Lu, we can confidently say, that regardless of the location we will always be honored to work with the university to create a store that exceeds the expectations of the campus."

While students are unsure of when the SUB will be remodeled, students can enjoy the changes made in the bookstore and buy something that reflects the pride of CLU.

Proactive Job Search

Develop tactics for approaching employers strategically to generate more interviews. This workshop will cover a number of objectives to help find the right job for you!

Thurs. Sept. 18, 2008 at 5:30-7:00 p.m. (Roth Nelson Room)

Tues. Sept. 30, 2008 at 12:00-1:30 p.m. (Roth Nelson Room)

Register online at www.clupostings.com (Events and Workshops)
Or just show up!

'Burn After Reading'

A misplaced CD leads to deaths and affairs in the dark comedy from the Coen Brothers

Is the reading worth the burn? That is the question you will ask yourself when you leave the theater after seeing "Burn after Reading."

This film makes you ask yourself countless times, "What just happened?"

"Burn after Reading" is written and directed by Joel and Ethan Coen. With that knowledge alone, you know you're in store for a mind twisting thriller that incorporates a lot of dry humor.

That is the theme that the Coen Brothers repeat most through their films. Their movies can be perceived as weird, but in most cases they are excellent cinematic works of art.

The recently released blockbuster hit, "No Country for Old Men," which earned best picture, and "Fargo" are among their most well known creations.

"Burn after Reading" tells the story of a CD that is misplaced by a divorce lawyer, which contains what seems to be an ex-CIA official's memoir.

But of course, it wouldn't be a movie without a few affairs and an occasional gunshot to the head.

The misplaced CD is found at a local fitness gym by workout junkie Chad Feldheimer (Brad Pitt). After viewing the CD, thinking the contents is music, Chad sees what he believes to be highly classified work.

After finding out the CD belongs to an ex-CIA analyst named Osborne Cox (John Malkovich), Chad and co-worker Linda Litzke (Frances

McDormand) conjure up a plot to use the CD as leverage to get some money. Litzke helps in the plot with the incentive of accomplishing her goal of receiving four plastic surgeries.

They think the plan is fool-proof but they don't know that the CD doesn't contain a memoir, but rather Cox's financial statements. Cox's wife, Katie (Tilda Swinton) is having an affair with Harry Pfarrer (George Clooney) and is the one who made the CD for her divorce lawyer.

In the middle of it all; Chad and Linda decide to take the disc to the Russian Consulate to try and get money from them since Osborne won't give them what they want.

Driven by greed and insecurity, Chad and Linda get themselves into a load of trouble with both the Russians and the CIA.

If I were to go into further detail I will spoil the film for you, but I will reveal that Linda winds up getting her plastic surgery one way or another.

"Burn After Reading" takes viewers on a journey through blackmail, adultery, greed, death and even murder.

The Coen Brothers have yet again released a film that will raise eyebrows and make you ask questions, yet people will go see "Burn after Reading" because of the history of the Coen's films and their A-list cast.

The burn gets cheated in this Coen flick and the audience is left with these final words, "Let's try and not have that happen again."



By Scott Beebe

END
YOU PROBABLY DON'T KNOW IT, BUT THERE ARE AS MANY AS 27 MILLION HUMAN BEINGS ENSLAVED RIGHT THIS SECOND.

SLAVERY
IF YOU'RE LIKE US, ONCE YOU KNOW THIS, YOU JUST HAVE TO DO SOMETHING.

NOW
LET'S BE THE GENERATION THAT STANDS AGAINST INJUSTICE.

NOT FOR SALE

THE CAMPAIGN TO END SLAVERY IN OUR LIFETIME.
WELCOME TO THE MOVEMENT

notforsalecampaign.org

Campus Quotes

"What can your ASCLU-G do for you?"



"Government can do a better job getting the clubs and organizations together so we can get to know one another."

--Junior, Robert Amey



"I'd like to see better weekend hours at the caf."

--Freshman, Jordan Linkous



"Parking is an EXPLETIVE JOKE!"

--Senior, Amanda Graves



"It'd be nice if commuters had a designated place to keep our stuff."

--Freshman, Mangala Kanayson



"I don't see enough recycle bins in the dorms."

--Sophomore, Billy Geible

Making the most of your time at CLU



By Candice Cerro
Editor in Chief

I sat at the involvement fair on Wednesday contemplating the topic of my first article as editor in chief. Sitting at my club's booth however, I lost focus because I was talking to new freshmen about opportunities at CLU.

As each new student shared with

me the things he or she would like to be involved in, I got a little bit sentimental. If you know me at all, you know that I have been involved in many different ways at CLU.

My story may not read exactly like you thought it would though. During orientation week, I was not the first to the top of the rocks or screaming the loudest at playfair.

In fact, I opted out of playfair and headed to The Oaks mall for some retail therapy and a milk shake from Johnny Rockets.

Throughout my freshmen year, I stayed tucked away in my room in Mt. Clef and talked only to my roommates, who happened to be my friends from home as well.

Needless to say, I did not transition smoothly from high school to college.

I decided at the end of second semester to give CLU a try though. I ran for student government and,

...the truth is that they helped me become more settled in to CLU and comfortable with myself.

by some miracle, was elected to programs board.

Knowing how hard of a time I had as a freshman, I wanted to help others make the transition to college. I decided to be a peer advisor.

As I advised the new freshmen however, a peculiar thing happened; while I like to think I really helped them, the truth is that they helped me become more settled in to CLU and comfortable with myself.

I was enjoying my CLU experience and decided I wanted to do even more. My next venture was studying in Washington, D.C.

I recommend for any student who has not yet done so, go check

out the study abroad center.

Even if you cannot devote yourself to an entire semester, you could do a travel seminar for a couple of weeks. I grew so much as an individual and I had the time of my life in D.C.

Becoming a local in a place completely foreign to oneself, whether it be Washington, D.C. or Rome, will truly be the biggest opportunity for growth in your life, not to mention it is pretty darn cool.

As junior year came, I was now becoming known as one of the people who was quite involved at CLU. I became an intern in Wellness Programs and was then a student ambassador as well as a department assistant in communication.

When your senior year comes around, you will find yourself wondering how the time went by so fast like it did for me.

This year however, I am taking a different approach. While I am

still involved as editor in chief and president of a club, I also want to take the time to spend too many late nights barbecuing with my friends, going to margarita Mondays and of course watching "The Hills" on MTV.

I think it is imperative for everyone to get involved in some facet of CLU. Try a little bit of everything if you want to.

Just make sure you also go to some sports games, dance at Borderline at least once and have a beer at PJ's once you are 21.

Get involved in something you are interested in while at CLU. You don't have to be involved in everything like I have been, but find your niche in either a club, sport, or other extracurricular activity.

Enjoy your year at CLU, have lots of fun and late nights and always read The Echo (it's one of those imperative things you just can't miss out on).

It's not easy being green



By Hollie Lowenberg
Echo Staff Writer

Students arriving on campus earlier this month may have been seeing green- as far as 'eco-friendly' is concerned.

Since I transferred here last fall, I have noticed that every semester students and faculty have been more involved in participating in projects to help our environment and embrace the effort to be more environmentally conscious.

During this past year there have been very successful activities created and run by students in order to promote awareness and action among the CLU community. Last year in Business 442 Advertising Campaigns, students devoted a whole semester to the configuration of campaigns designed to do just that.

"Fillanthropy" challenged students last fall to refill bottles of water using Brita filters and reusable hard-plastic bottles instead of wasteful bottled water bought and thrown away on campus.

Last spring, students' campaign "rEthink" encouraged the school community to donate used and broken electronic devices to Goodwill bins on campus in attempts to foster awareness of the dangers associated with recycling electronic waste improperly.

It is obvious that CLU students and faculty have been more committed to cleaning up the environment where we learn.

This year has been no exception. In attempts to further conserve and encourage a sustainable way of living, CLU has provided

anyone can sign a pledge, but actually doing, and continuing to do so, are two completely different things.

light bulbs at the beginning of the semester.

Even the campus dining has taken action. The Centrum eliminated straws and switched to biodegradable cups. Further, all food ordered to go is placed in recyclable paper boxes.

Also, Freshman students were given Nalgene water bottles instead of plastic water bottles on move-in day.

But how serious are we?

Are we, as a college community, really open to drinking out of biodegradable cups that fall apart,

and will we keep our promise when we pledge to cut down on our use of water bottles?

Will we use our Brita filters and will we go out of our way to recycle our e-waste properly?

Even though I believe we mean well, I think many would agree that keeping up with any routine doesn't last any longer than a few days before going back to our old ways.

I noticed that many people who signed the Fillanthropy pledge still continue to purchase water bottles.

Many who pledged to recycle e-waste most likely, whether conscious of it or not, still throw away some electronic device at some point since last spring.

Although I believe as a campus we have been doing a great job encouraging change, as well as educating about the cause, we lack the willpower to actually follow through. Anyone can sign a pledge, but actually doing, and continuing to do so, are two completely different things.

Perhaps the school could offer a type of reward to motivate students. It takes more than just a free refillable water bottle to keep students encouraged. Whether we could create competition between dormitories or classes, or offer some incentive, it would be interesting to see what students would be willing to do to conserve throughout the semester and how it would effect the cause—surely for the better.

Commuters/Transfers face challenges



By Leslie Richman
Echo Staff Writer

Reasons for this would be because:

- 1.) I wouldn't have been able to experience that tiny dorm room.
- 2.) That hectic morning routine with girls fighting over the shower.

As a new transfer student to Cal Lutheran, I've found that the 40 minute commute to and from school everyday isn't the part that bothers me. Ironically, it's the lack of social community and the lack of personal connections with fellow students which create this awkward and unfamiliar void on campus. It's something I'm feeling for the first time this fall as both a transfer and commuter student. This must be normal, right... especially, as a junior transfer?

Personally, I believe another main reason why transfer students may feel out of the loop at CLU is because of the tremendous flood of freshman students the campus was hit with this fall semester. A large amount of effort was placed on the planning and executing of freshman orientation activities.

Let's be honest, it is definitely important to focus more on keeping the freshman students around than some measly transfer student that only has a year until commencement.

Now 21, and completely enjoying what are soon to be my final college experiences, I find myself throwing all my time and energy into racking up units to graduate in the near future. Nevertheless, I plan on going out of my way to make my final experiences at Cal Lutheran the cherry on top on all the different flavored colleges I've attended.

Sarah Palin: Nice hair, bad policies



By Missy Bain
Echo Staff Writer

Sarah Palin is no doubt an odd vice presidential choice for John McCain and is extremely underexperienced for the position, so why is she getting so much praise?

I believe that many women see her as being just like them, with their family values and best interests in mind and believe that she is a good replacement for Hillary Clinton.

Not only is this far from the truth, but if she were elected, she could quite possibly take away many of the rights we women enjoy today.

While doing research on her, I discovered that while she was the mayor of small-town Wasilla, Al., rape victims had to pay for their own rape kits (a sexual assault forensic evidence kit used to determine the suspect) which cost them a hefty \$1,200.

So, not only were these women violated and injured, now they had to endure a humiliating and uncomfortable rape evidence procedure which they had to pay for to even have a slight chance of catching the disgusting perpetrator.

Plus, if they were to become pregnant as a result of this rape, they would not be allowed to have an abortion under the demented leadership of Mrs. Palin.

Does that sound like something most women would identify with and agree with? I think not.

In fact, the police chief that she appointed while in office,

Charlie Fannon, fought against the former governor at the time, Tony Knowles (D), who was in the process of signing legislation to make the local police branches cover the cost of these rape kits.

Fannon said his motivation was to keep the taxpayers from being responsible for someone else's rape.

Palin's extremist views don't stop there. Oh no, they get better.

As governor of Alaska, she sued the U.S. Government to get them to stop listing polar bears as an endangered species for fear it might make people reconsider drilling in ANWR (the Arctic National Wildlife Refuge).

Not only does she discriminate against polar bears, but if

Not only does she discriminate against polar bears, but if you are gay, or anything like it, beware.

you are gay, or anything like it, beware.

If she had any say, she would preserve the "definition of marriage" (according to the Bible, a source deemed fiction by some) and give homosexual couples no spousal benefits.

She would even tell other companies that it is ok to discriminate against homosexual people by denying them benefits as a couple.

On education Palin believes creationism should be taught next to evolution. But, I was always under the impression that you learned science in school, and about faith in Sunday school. With so many religions and beliefs out there, should that really change?

On top of that, she believes that parents should have the right to opt-out of having their children read schoolbooks they find offensive.

Honestly, what schoolbook could be so offensive that their children would be mentally harmed from it?

A sex-education book?

Maybe if she had allowed her 17 year old daughter, Bristol, to read one in high school, she wouldn't be pregnant today.



Photo by Desiree Mennzo

A shot of hypocrisy

California Lutheran University is creating conflicting moral implications to the student body and members of the CLU community by making official CLU shot glasses readily available in the on-campus bookstore.

As students walk into the bookstore to buy another semester's worth of textbooks, they are greeted with a table drenched in purple and yellow. If they take a moment they might notice a new feature item: an official CLU shot glass, which is also available as a double shot.

These shot glasses are a new edition to the bookstore's souvenir paraphernalia this semester and they have raised a few eyebrows in the CLU community.

"I feel a little guilty just looking at it," junior Lacey Pfaendler said.

Incoming freshmen are on constant alert to avoid being caught in the wrong place, like in the same room as a bunch of shot glasses. This is a little confusing now that they are being peddled in the bookstore, but if they are found in a dorm room with a trace of alcohol, it's write up time.

Since its foundation in 1959, CLU has chosen to be a dry campus in hope to sustain an optimal learning environment for its students. CLU is a private university that is "rooted in the Lutheran tradition of Christian faith," according to the mission

statement. CLU Residence Life stands by its decision insisting a dry campus is in the best interest of the students' health and education.

Living on a dry campus is inconvenient for many college students, but CLU's reasoning is legitimate. I would hope and assume that CLU has the students' best interest at heart, yet it is frustrating that CLU chooses to inconsistently uphold the morals on which they base this decision.

Even if CLU were not a dry campus, is this truly how we want to portray ourselves as a school and as a student body?

Members of the CLU community will view the sale of these shot glasses in the same way countless students do - as an inconsistency of standards. Not all CLU students are model citizens seven days a week, but I would hope that all CLU students value the positive reputation we have built in the community as mature, well-rounded students.

The bookstore and Residence Life state that these shot glasses are merely souvenirs. Perhaps these shot glasses are an inexpensive souvenir to pick up for your grandfather, but the moral implications of carrying a product like this reflect on the students and the administration in a negative light.

The administration that stands by the policy of embracing a dry campus should equally embrace everyday actions that reflect that

policy, if they wish their decision to be respected.

I understand that CLU students have the capacity to drink responsibly, but when taking a double shot of tequila, few students want to think about school. If you are looking for a sentimental souvenir I suggest grabbing the teddy bear or the sweatshirt and leaving the shot glasses to be purchased in more appropriate places like Cancun or Las Vegas.

As a student body, we are passionate about our beliefs. Although our beliefs may be different, we understand the need to stand behind our viewpoints and act accordingly. We expect our administration here at CLU to do the same.



By Kristin Gilman
Echo Staff Writer

chapel?

Listen up CLU emergency line, while I am praying that you somehow fix the horrendous parking situation soon, I don't think I need to visit the chapel right now. It's 12:45 a.m. and I really just want to go to my room, maybe watch TV and decide its not worth my time. Even that would be more worthwhile than driving up and down Memorial Parkway, thinking to myself, "Gee, it would be nice if I could park here without being ticketed."

About the parking ticket I've received, I find it hard to accept the fact that I'm going to pay for parking in literally the only spot I could find on campus. It's great that we don't have to pay for

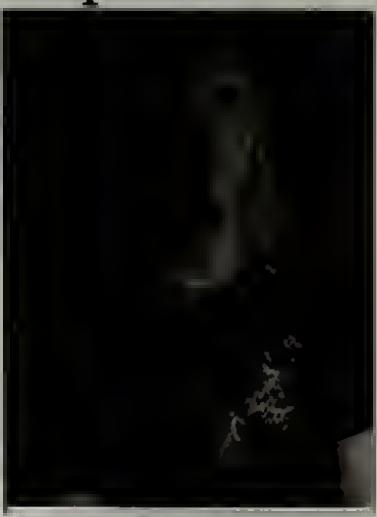
parking permits here; because I've seen how costly they can be, but I would willingly pay 30 dollars if I was guaranteed a decent parking space.

I'd love to tackle the big issues like the fact that our president has yet found another way to publicly butcher the magnificent English language. I'd love to make the world aware that John McCain knows exactly how we're going to deal with global warming, but I can't decide which is more stupid - his response to global warming, or the fact that it's a Wednesday night and I'd like to go bed, but instead I'm walking from the Mt. Clef parking lot to Mogen because I'm living in fear of campus security chasing me down, stealing my keys and towing my car.

I'm not complaining because I hate exercise, I mean - look at me, people won't shut up about how I could stand to gain some weight, but I'm too addicted to exercise, it'll never happen, I will not become fat.

But that's beside the point. I'm being denied my American right to have the opportunity to become fat, because I'll never be able to park closer than half a mile to the place I live, and then walk up the stairs, across the hall, into the suite, down the hall again, and finally to my bed where I wish I was, if I didn't feel so compelled to write an article about how long it took for me to get here.

Mission Impossible



By Trace Ronning
Sports Editor

A new regime of terror has entered our territory. Yes, that's right, but it's not the Bush administration somehow being elected for a third term and it's not even Saddam Hussein magically rising to power again. Would you like to venture a guess?

Of course you know exactly what I'm talking about - parking your car at CLU!

Wouldn't it be lovely to park your car right outside your dormitory when you really don't want to walk halfway across campus just to get to your dorm, because you're tired and it's almost 1 a.m. (because who honestly goes to college to be home at night)? You mean the closest I can park to Mogen is the chapel? The

Soccer shines on East Coast

Regals go a perfect 2-0 in Maryland

By Krystle Van Deusen
Echo Staff Writer

California Lutheran University women's soccer team worked hard last season to fundraise enough money to go to Virginia this year.

Unfortunately with Hurricane Hanna approaching and Hurricane Ike close behind, the women's soccer tournament in Virginia was canceled.

Following the cancellation of the trip, the Regals' coaches contemplated adding tournament in Maryland to play two teams; one of which was scheduled to play in Virginia.

"The girls were really upset due to the Virginia trip cancellation, especially the seniors," head coach Nancie Moskowitz said. "With the added trip, it gives them more of an incentive to play hard since the opportunity was almost taken away."

This was exactly the case in the first game in Maryland against Christopher Newport from Virginia. The CNU Captains drove three hours only to get outlasted by the Regals in double overtime 1-0 defeat.

"Things weren't coming together in the first half as well as we wanted," said senior midfielder Marisa Zambetti. "The second half we settled in a little better, and had more of an offensive threat, finally

putting one away in the second overtime."

A minute and a half into the second overtime sophomore forward Brittany Clark found the back of the net, with an assist by



senior forward, Sarah Rickert.

With the adrenaline from the win against the Captains, the Regals were looking forward to their next competition against Stevenson University. Clark

"We hadn't won our first two games coming into this tournament, so we really exerted urgency to come out with two wins."

-- Sarah Rickert

and freshman Rosemarie Lombardie took control in the first half, each contributing a goal.

After the half, the Regals continued to stay strong. Rebekah Cases scored the third goal of the game after an assist from freshman Jessica Dingman.

Lombardie followed up with a free kick from 25 yards out,

tallying up the final score to a 4-0 win over the Mustangs.

"We had lost our first two games coming into this tournament, so we really need to exert urgency to come out with two wins," senior captain Sarah Rickert said. "There was such an extra effort to make this trip happen so I told the girls we need to put every ounce of our effort into this so we can come out on top."

The CLU women's soccer team, now 2-2 on the season, graduated two crucial seniors. Ten newcomers and 14 veterans make up the 2008 roster, fulfilling the lost seniors' positions. With many new recruits in the starting lineup, the mix of returners and freshman are building a strong foundation for this upcoming season.

As the 2008 Regals soccer team continues to grow, they have set a long-term goal to make it to the NCAA playoffs, as they did in the 2007 season. Their main goal is not only making it to the playoffs but also continuing past the first round. With that ambition in mind, the team is taking it one game at a time.

The Regals will face the La Verne Leopards in a SCIAC match-up today at 4 pm at La Verne. La Verne will be returning two all-SCIAC team members this year in Ashley Vanga and Danielle Sumlin. Their next home game will be another conference game against the Pomona-Pitzer Sagehens on Sept. 20 at 11 am at the new soccer field located on north campus by the Gilbert Sports and Fitness Center.



Photo by Scott Chisholm

Sam Van Gorder prepares to pass.

Fall 2008 Intramurals



Dodgeball Tuesdays



3 on 3 Basketball Tuesdays



Indoor Soccer Wednesdays



Volleyball Sundays and Thursdays



Softball Sundays

Deadline to sign up: September 19th

Sign up online at: www.callutheran.edu/intramurals
Leagues begin week of September 28th

Cross country team ready for 2008 season

By Nicole Jacobsen
Echo Staff Writer

Along with the beginning of a new season, the California Lutheran cross country team started off by meeting their new head and assistant coaches, Matt Lea and Nicole Crawford.

Lea, a University of Arizona alum, was previously the CLU cross country and track and field assistant coach for two years before replacing Scott Fickerson as head coach.

"I've been trying to get the team used to working with Nicole," Lea said. "She has great experience running long distance and can teach them a lot."

Crawford, a graduate student at CLU, previously participated in cross country and track and field at Oregon State. After suffering

from a severe knee injury, she walked onto the cross country team her sophomore year and earned herself a scholarship for the following three years.

"When I was looking for schools with the graduate program I was looking for, Cal Lu seemed to be the perfect choice," Crawford said. "I desperately wanted to get away from all of the rain and when I visited the campus in January, I fell in love with it."

Before attending CLU, Crawford had no idea she would be named the assistant coach. She had contacted Fickerson in January and asked if there was a GA position on the team, but once Fickerson decided to take the job at Santa Barbara City College she was told she would be the new assistant coach.

"At first I was nervous since I

had no previous experience in coaching before," Crawford said. "But thankfully I have a huge support system from my past coaches, and former teammates. If I need advice or help planning a practice they're always willing to give me fresh ideas."

Making the switch from participating in NCAA Division I athletics to helping coach Division III wasn't too difficult.

"Both divisions are competitive," she said. "I can tell these students really want to be here every day. They put forth the extra effort and try to be the very best they can be."

As far as team bonding goes, Crawford thinks everybody seems to be getting along extremely well, despite the new coaching staff.

"When Coach Lea and I first started working together with the

team there was a lot of trial and error," she said.

"Now, each day gets easier and the students seem to enjoy what they're doing. They work hard during practice but still have a good time. The bond they have is important and will help them succeed this season."

Sophomore Brett Halvaks, a first time runner for the CLU cross country team, said he's glad he decided to join the team this year and enjoys going to practice every day.

"Coach Lea and Coach Crawford do a great job keeping us motivated during practice," Halvaks said. "They're always energetic and make practice fun for us."

The entire cross country team and coaches are extremely excited about this season. Even though they're going through a transitional phase right now, they couldn't be happier about how this season is turning out.

Fresh faces lead Kingsmen soccer

Graduates leave holes in starting lineup for young players to fill

By Jeff Chaney
Echo Staff Writer

After losing 11 seniors, the Kingsmen soccer team has been faced with the challenge of rebuilding its team. This year they have a very young squad that is blooming with talent and enthusiasm.

Slapping a victory in the first week of September against fourth ranked UC Santa Cruz for the

"Not only do we have a great group of talented athletes, but we have an exceptional group of young men and students."

-- Clark Cripps

first time since 2000 shows that new players are picking things up quickly. The Kingsmen are primarily comprised of a mostly sophomore starting lineup but their maturity as a team will help bring them more highs



Photo by Doug Barnett

From left to right; Steffen Isetorp, Jorge Martinez, Ryan Dosh, Victor Perez throughout the season.

"Not only do we have a great group of talented athletes, but we have an exceptional group of young men and students," assistant coach Clark Cripps said. "It's the little things that each player brings to the table, that is the heart of our team."

With international players coming from Norway and Japan, and the rest from five different states in the United States, the Kingsmen are lucky to have such a diverse outlook at the same game.

"I feel blessed that our team is being exposed to different playing styles on a daily basis," said junior



The Kingsmen will be led again this year by first team All-SCIAC selection Josh Moskowitz. Moskowitz has proven to be one

of the top forward players in the conference in his last three seasons. Moskowitz has led the Kingsmen in goals and assists for the last three years and has scored a goal in each one of the three games thus far.

Due to the loss of last year's seniors, quite a few sophomores will be seeing a lot of playing time on the field this year.

"These sophomores have a lot on their plate, and I think they like it that way," co-captain Ryan McDermott said. "They really are happy to have such an impact on the team in only their second season."

Jorge Martinez, who had an impressive freshmen year in 2007 will be looking to put the ball in the goal some more after finishing his first season with the Kingsmen as the second leading scorer.

"We have some young guys that are really stepping it up from their rookie seasons as well," Cripps said.

Sophomore Ryan Dosh will be coming off an experienced rookie season to bring some muscle to the midfield.

"We are all excited about our responsibility this year compared to last year," Dosh said. "We are going to step it up."

Sophomore Victor Perez will be holding down midfield with his speed and impressive footwork while Steffen Isetorp returns with his international experience from Norway to help anchor the midfield.

With their eyes on the SCIAC prize again, the team is looking forward to quenching that title for a second year straight. Lead by Head Coach Dan Kuntz, who is in his 16th season with CLU, the Kingsmen hope to match their SCIAC record of 12-2 from last year, if not better.

There will undoubtedly be plenty of excitement at the Kingsmen's new soccer field on the north side of the Gilbert Sports and Fitness Center is open for its first season.

CLU volleyball wins 12 consecutive games

Regals go 4-0 as Cal-Lu-Fornia tourney hosts

By Jackson Damron
Echo Staff Writer

The California Lutheran University volleyball team won 12 straight games and defeated three west region opponents while achieving a 4-0 record in the Cal-Lu-Fornia Invitational this past weekend.

The nation's 22nd ranked Regals will host the 6-6 Warriors of Westmont College, an NAIA team, tomorrow at 7 p.m. The Warriors are on a three game losing streak under the direction of head coach Ed Smoot, now in his 11th season with Westmont.

They will begin SCIAC play with a home match against the University of La Verne at 7:30 p.m. on Sept. 23.

Ten teams came to CLU to take part in last weekend's tournament. Cal State East Bay, along with CLU and UC Santa Cruz, were the only

teams to go undefeated in the round robin style tournament.

"We started off the season with a tough tournament," said head coach Kelee Roesel. "But we came home and played really well against some good regional opponents."

The Regals were too much for Willamette (Ore.) University in the tournament opener defeating the Bearcats in three straight games (25-19, 25-10 and 25-17). Senior Summer Plante-Newman led the team with 10 kills while sophomore Allison Kerr hit .500 for the match.

CLU took on Whitworth (Wash.) University to finish up its day and

came out victorious again in three straight games (25-15, 25-18, 25-22). Megan Thorpe had a match high of 11 kills, thanks to a 30 assist performance by senior setter Lindsey Benson.

Saturday was more of the same for

the Regals with a quick dispensing of Wheaton (Mass.) College (25-15, 25-18, 25-6). The Regals were led by Summer Plante-Newman, Allison Kerr and Cori Hayes who hit a very high percentage for the match.

Cal Lutheran finalized its dominating performance with yet another three game victory over Chapman University (25-15, 25-13 and 25-19). Benson was everywhere dishing out a season-high 38 assists while collecting three blocks, three kills and three aces. Senior libero Elicia Hildreth led the team with 14 digs.

"We wanted to come out and start fast," sophomore middle blocker Allison Kerr said. "We didn't want to give the other teams a chance to keep it close."

CLU head coach Kellee Roesel moved into fourth on the school's all-time win list with her 42nd career win at CLU. Her overall record at the end of the tournament now stands at improved to 43-17.

Remaining Schedule:

Sept. 18, Westmont, 7:00 p.m.; 23, La Verne, 7:30 p.m.; 26, @ Caltech, 7:30 p.m.; 27, Occidental, 6 p.m.

October 3, @ Claremont, 7:30 p.m.



Benson puts up an assist at the Cal-Lu-Fornia Tournament.

30 p.m.; 25, @ Whittier, 6 p.m.; 28, Claremont-Mudd-Scripps, 7:30 p.m.; November 1, @ Pomona-Pitzer, 6 p.m.; 4, @ Redlands, 7:30 p.m.; 6, @ Occidental, 7:30 p.m.

Football drops home opener

Turnovers spoil the first game of the season for CLU

By Nicole Flanary
Echo Staff Writer

The California Lutheran University Kingsmen football team fell short Saturday in their season opener with a 31-17 loss to the Willamette University Bobcats. CLU travels to Washington next week to play against Pacific Lutheran University.

The Kingsmen (0-1) will travel to Seattle to face the Lutes of Pacific Lutheran University (0-1) for another non-conference affair at Sparks Stadium in Puyallup.

The Kingsmen are looking to use this week's loss as motivation to come out victorious against PLU.

The Kingsmen were confident heading into their match-up with Willamette University but were unable to come out victorious. Turnovers, however, were costly Saturday for the defending SCIAC co-champions, who went 5-1 in conference play last season.

"We really wanted to minimize mistakes and penalties in the game versus Willamette," Coach Gino Sullivan said.

Costly Mistakes

"We knew going in that mistakes would play a big part in the outcome of the game."

CLU's opening drive resulted in a turnover, of which the Bobcats were unable to capitalize.

Later in the first quarter, the Bobcats kicker Mitchell Rowen contributed a 32-yard field goal making the score 3-0.

The second turnover for the Kingsmen came early in the

second quarter when the ball was stripped from senior receiver Jesse Matlock.

CLU capped off the first half with a 98 yard drive to score as junior running back Antoine Adams ran for a two-yard touchdown.

The Kingsmen had a 7-3 lead going into half time, but were outscored 28-10 in the second half.

"We just really couldn't get into a rhythm," senior Kevin Schaifer said.

"Our goal was to execute with minimal mistakes and we had five turnovers."

Despite the loss on Saturday, the Kingsmen are optimistic going into this year's season and have high hopes for the future.

"We have several key additions to the team. We added senior transfer Clayton Cardenas, who will start as linebacker and Selase Amoaku, who will compete for invert positions," Sullivan said.

Cardenas made a strong debut Saturday, combining with senior Jacob Calderon for nine tackles apiece.

Danny Hernandez led the receiving core, contributing seven catches for a total of 69 yards. Fellow senior receivers Jesse Matlock and Kevin Schaifer had four and five receptions, respectively.

Senior Leadership

"Our receivers are one of our greatest strengths," Sullivan said. "Seniors Sean Coen, Danny Hernandez, Jesse Matlock and Kevin Schaifer have the leadership and experience to help this team make big plays."

The Kingsmen are using Saturday's game as a learning opportunity, and are looking toward the season with confidence and optimism.

"Everyone worked really hard



Photo by Doug Barnett

Victor Edwards knocks Willamette's Scott Schoettgen out of the endzone on a potential TD pass.

this off-season and we have really come together as a team," Schaifer said. "This season we really want to reach our full potential. We are determined to be the stand-alone SCIAC Champions."

CLU still has the potential to go undefeated in SCIAC play as

their loss was to a non-conference team.

"Our goals are simple: to win the conference, compete at a high level, anything short of a playoff appearance will be frustrating," Sullivan said. "This group of guys is focused and determined

to reach these goals and they know what it feels like to come up short," Sullivan said. "With that, I believe we can compete for not only a conference title, but a national title."

REGAL SOCCER

WED. 4 PM @ LA VERNE	THU.	FRI.	SAT. 11 AM POMONA	SUN.	MON.	TUES.

KINGSMEN SOCCER

WED. 4 PM @ LA VERNE	THU.	FRI.	SAT. 11 AM @POMONA	SUN.	MON. 5 PM @ CHAPMAN	TUES.

KINGSMEN WATER POLO

WED.	THU.	FRI. 4 PM FRESNO PACIFIC	SAT. 8:15 AM OCEDI- NAL & CONCORDIA	SUN. 9 AM CHAPMAN & VENTURA	MON.	TUES.

KINGSMEN FOOTBALL

WED.	THU.	FRI.	SAT. 1:30 @ PACIFIC LUTHERAN	SUN.	MON.	TUES.

REGAL VOLLEYBALL

WED.	THU. 7 PM WESTMONT	FRI.	SAT.	SUN.	MON.	TUES. 7:30 PM LA VERNE



Toilolo threw for 157 yards and rushed for a TD on Saturday.

THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

VOLUME 52, NUMBER 2

September 24, 2008

ASCLU-G election takes place

CLU voters pick new government members

By Dana Blackburn and Amanda Lovett
Echo Staff Writers

The ASCLU-G election for various student positions concluded on Thursday when online votes were counted and the winners were announced.

Freshman board representatives elected are Ryan Strand, Alex Rajabi, Laju Choudhury and Sabrina Hernandez. Freshman senators elected include Shannon Dempsey, Jose Garcia, Nicole Barnhart and Lizzy Schmitter.

Other members elected are Olivia DeFlavio, commuter programs board representative; Lauren Glass, Commuter Senator; Michael Swaidan, Transfer Senator and Tyler Lee, Sophomore programs board representative.

"A member of ASCLU-G resigned from their position as a sophomore programs board representative and per the ASCLU Constitution, any vacancy which occurs before October 1 must be filled by a special election within three weeks of the vacancy," said Andrew Brown, ASCLU-G President.

According to Beth Peters, ASCLU-G senate director, the representative who left Programs Board had a time commitment

issue and leaving Programs Board was a "personal choice" to do so.

However, the special election was not the only complication involved with this election. The voting process needed to be reset mid-day Tuesday because of the MyCLU Portal system.

"We recognized a small error on the first day of voting and had to reset the voting," Brown said.

"After we reset the voting, the error was corrected and the system was back in place."

"ISS was extremely quick in helping find a remedy to the error. We are confident in the results and the system continues to improve with each election."

Prior to the reset the votes were not counted. This could have altered the results of this election because of the closeness of the candidates' totals.

"I do think that the complications did put a tamper on the voting process since I know more than one person who voted before the complications, and did not want to or feel the need to vote again," Johnson said.

"I know that I lost some votes due to the complication, but still feel that I gave the election a good run."

Students began to cast their votes online Tuesday via MyCLU Student Portal. A total of 670 student votes decided which candidates would fill the available ASCLU-G positions.

Prior to the election, the candidates were given approximately one week to campaign by making posters and



Photo by Nathan Hoyt

Junior voter Katie Arnold prepares to vote in her My CLU portal.

flyers, handing out goodies and knocking on residence hall doors.

Freshman and transfer students were initially made aware of the vacant ASCLU-G positions during new student orientation, peer advising classes and via email.

"The people that really succeed in ASCLU-G are those that take the initiative... and actually taking action on [students] behalf."

--Andrew Brown

The special election selected Tyler Lee as the new sophomore programs board representative,

with 57.89 percent of the vote against Megan Johnson's 39.21 percent.

"After we received the official resignation, we decided to market a special election so the new representative would be able to attend the annual ASCLU-G Retreat," said Brown. "It was important to include the new representative in the retreat because so much of the year long plans for ASCLU-G are created, discussed, and finalized during this one weekend event."

ASCLU-G is committed to giving the student body a voice on campus.

"The people that really succeed in ASCLU-G are those that take the initiative to really look at what students are saying around campus and actually take action on their behalf; which is what they are elected to do," Andrew Brown, ASCLU president said.

Brown said he looks forward to this coming school year with enthusiasm and is confident that students who were elected will bring fresh, new experience and ideas to ASCLU-G.

"I am very excited to get the new members on board so we can start to add to the momentum that has already begun for this school year," he said.

According to its constitution, ASCLU-G is dedicated to

encouraging academic and social development, to providing a forum for student expression and to furthering Christian growth.

ASCLU-G is comprised of executive cabinet, senate and programs board. This student-run organization is responsible for bringing special activities like Club Lu to students.

"These students are elected to represent their fellow students, and have the power to suggest change to the university administration and spend thousands of student fee dollars.

Students should want to have a voice in who is elected to these positions with these responsibilities," Sally Sagen, assistant director of student life said.

Sagen, who works closely with ASCLU-G student members, explained that successful student government leaders are devoted to listening to the ideas and concerns of fellow students and also determined to bring change through efficient and effective means.

Students who want to get involved with ASCLU-G are invited to attend Senate and Programs Board meetings, which occur Mondays at 5:30 p.m. and 7:30 p.m. Meetings are open to all undergraduates who wish to attend.



Photo by Nathan Hoyt

Left to right; Evan Clark, Alisha Morre prepare to vote.

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“The Principle” displayed by Pearce

By Gigi Arjomand
Echo Staff Writer

People from all walks of life gathered at Kwan Fong Gallery on Saturday night to attend the premiere exhibition of Michael Pearce's show, “The Principle.”

This collection of work is founded in the Alchemical Philosophy, taking the viewers on a truth-seeking journey from ancient, historical places to the modern prints to what we have contributed forming.

When walking up to the Kwan Fong Gallery, black and gold is visible through the windows.

The luminosity of “As The Crow Flies” grows with intensity as the

“It was like a spiritual purification and it made me really think of my life.”

-- Michael Pearce

77 panels of oil on canvas are studied closely and collectively.

The massiveness of the piece strikes a cord within, bringing the

viewer to remember that there are always multiple ways to perceive everything.

Upon closer inspection, like his art, Pearce's life has been a multifaceted journey. In the past he is known to have had professional ties within today's pop culture.

With rapper Master P as a client, Pearce was able to branch out on a completely new level.

The successful business relationship with Master P enabled Pearce to have free range in choosing the direction in which his projects proceeded from there on.

“Eleven years ago, I was in a serious car crash,” said Pearce, chair of the university's art department. “It was like a spiritual purification and it made me really think of my life.”

I realized that it's really easy to die. If you're not living the life you've got to live, what's the point?”

All of the pieces in “The Principle” reflect this philosophy. The science of Alchemy is a 4,000 year old process, where people search for the prima material, known as the substance which everything comes from.

According to the philosophy of Pythagoras, the universe is made from the material of God himself.

“If you could understand the process, you could understand the mind of God,” Pearce said.

Pearce's work is highly intellectual, appealing to those understanding these philosophies and principles, waking ideas and thoughts about each person's individual truth.

However, the paintings and installations are so visually

engaging that even a newborn to art will travel that spiritual journey through one's own conscience.

Some of the paintings have hidden secrets, invisible at a first glance, but felt as one looks deeper into them.

Although his work portrays ancient land and ancestry, it is done so modernly.

“I've always really liked Michael's work. I especially like the dimensional quality of it. It can be appreciated as beautiful art but there's also so much underneath to think of so you can spend years pondering over it,” former theology professor Dr. Fred Thomas said.

“Our job is to try to understand,” Pearce said.



Photo by Doug Barnett

Art Chair Michael Pearce presents his art “The Principle” at the Kwan Fong Gallery.

Speaker discusses Virgin of Guadalupe

UCLA professor speaks on book to students

By Jennifer Tholse
Echo Staff Writer

The Virgin of Guadalupe and its history and sacred culture was discussed last week at California Lutheran University.

The speaker, Dr. Charlene Villasenor Black, associate professor in the art history department at UCLA, is the author of the book, “Creating the Cult of Joseph: Art and Gender in the Spanish Empire.”

During her lecture the audience learned the importance and history of Virgin Guadalupe in Latin culture.

She discussed the 1500s and showed Guadalupe's existence in art, from its beginning to the present. She addressed how the painting had been used in representations for gender and racial issues.

Villasenor explained how Guadalupe has been used as a symbol for Mexican independence, and political symbols for the Chicano and pro-

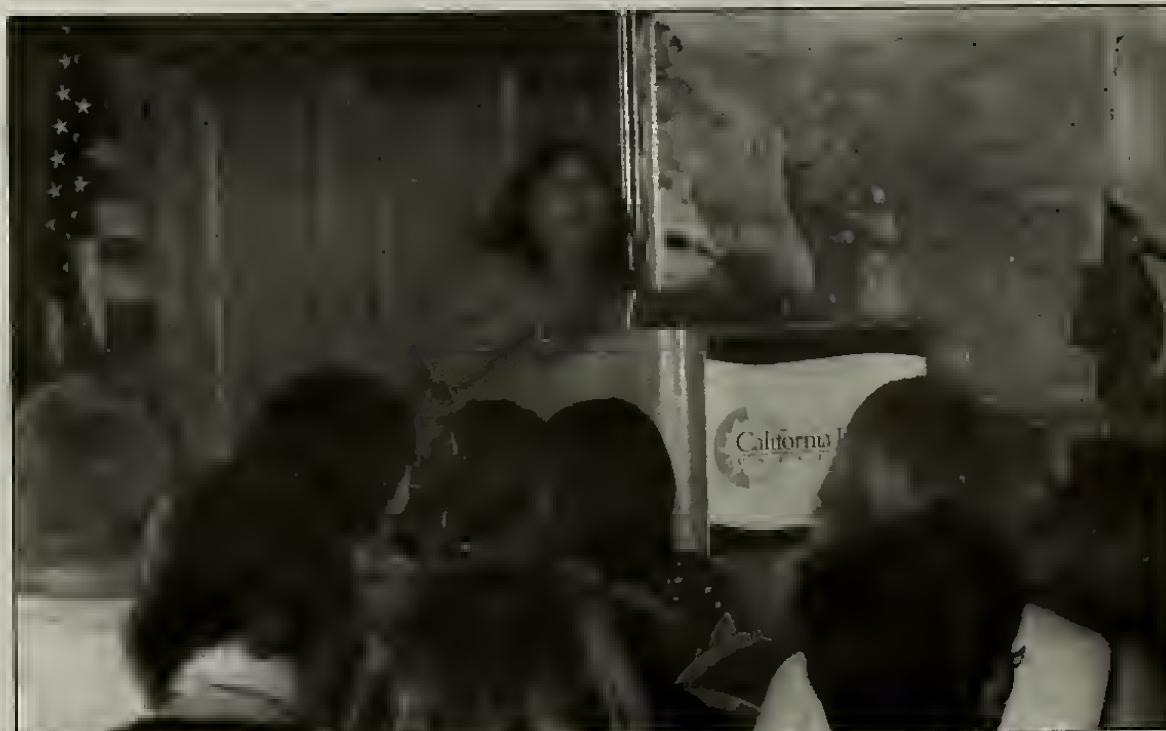


Photo by Desi D'Aroemzo

UCLA professor Dr. Charlene Villasenor Black discusses her book to audience.

life movements.

“Guadalupe's history clearly shows how the controversies we are facing today, are the same that have been going on for centuries,” Black said.

The Roth Nelson Room was filled with students, faculty and community members interested in what she had to say.

Sophomore student and president of the Latin American Student Organization, Yerality

Torres, introduced Black and explained that she always had been interested in the Virgin of Guadalupe.

She helped put the seminar together with Judith Samuel, information specialist at the CLU Library and Dr. Ernst F. Tonsing, emeritus CLU professor.

Torres enjoyed the speech and was happy there were so many students present.

“I already had the history from

my parents, but now I got the symbolic and cultural aspect of Guadalupe as well,” she said.

Samuel, who created an exhibit of representations of the Virgin of Guadalupe in the library, was also pleased to see many students are interested in the work of historical art.

“It is an essential piece of art, especially since it's a woman in power and it had such a great importance in the Mexican

history,” Black said.

The Virgin of Guadalupe is perhaps one of the most popular paintings in Mexican religion and culture.

Black explained everything in details from Guadalupe's appearances to ‘Juan Diego on a hill northwest of Mexico City’ near one of the most visited Roman Catholic shrines, ‘The Basilica of Our Lady of Guadalupe.’

Dr. Christine Sellin, assistant professor of art history, explained that her students are studying Pre-Columbian art and thought this seminar was a perfect addition to the curriculum.

“We want to enhance our curriculum so it's even more diverse than it already is,” she said. “Also since it was the Mexican Independence Day on Sept. 16, the timing was perfect.”

For those who missed the chance to attend the seminar last week, there is still a great opportunity to learn about the Virgin of Guadalupe.

An exhibit is available in the CLU library, which displays different objects, photographs and books related to the famous painting. The exhibit will be open until the middle of October.

Wal-Mart gives grant to CLU

By Dana Blackburn
Echo Staff Writer

California Lutheran University has been awarded a \$100,000 Wal-Mart Grant by the Council of Independent Colleges to aid in the development and cultivation of programs dedicated to the education of first-generation students.

Of the 200 applicants, only 20 colleges were ultimately awarded the \$100,000 grant to improve upon and develop programs targeting first-generation student's retention and graduation rates. The \$100,000 will be spread out over a two-year period.

The 20 colleges chosen to receive grants have demonstrated the successful implementation of programs to increase the graduation rates of first-generation college students.

CLU is the only university that plans to develop programs specifically for first-generation transfer students with the funds awarded. Programs made possible by the grant are intended to increase retention and graduation rates and to create further scholarships for first-generation transfer students.

During the past 18 years, Student Support Services at CLU has strived to increase graduation and retention rates of first-generation students.

"We want to make the transition process easier for transfer students," said Anna Jackson Calderon, director of student support services at CLU.

SSS plans to utilize the \$100,000 by developing and improving upon programs aiding in the transition, academic preparation, graduation and post-graduation planning for transfer students.

First-generation students who are eligible for working with SSS have the opportunity to participate in one on one academic counseling, tutoring, academic workshops, student leader programs, cultural events and field trips.

"There were a lot of needs that weren't being met for this specific population," Elena Jaloma SSS academic counselor said. "Even if they were being successful, we just want to help lessen and mitigate those challenges so that they can optimize their success and everything that CLU has to offer," Jaloma said.

She will act as the liaison appointed to work directly with first-generation transfers who will benefit from the grant.

In previous years, CLU's Summer Bridge Program has targeted only incoming freshman. With the funding provided by the Wal-Mart Grant, transfer students will now participate in an orientation program geared toward preparing them for success at CLU.

In addition to on-campus programs tailored specifically for transfer students, articulation agreements and relations with Moorpark, Oxnard, and Ventura community colleges will be one area that SSS plans to expand in order to increase the ease of transfer student enrollment.

CLU also plans to work closely with the Extended Opportunity Program Service at local community colleges that seek to inform, support, and recruit highly motivated students with low income backgrounds.

With a strong program for first-generation undergraduates at CLU already in place, the Wal-Mart Grant promises to bring a highly successful program to ensure that first-generation transfer students at CLU are able to make the most of their education.

The grant was made possible by the Wal-Mart Foundation's College Success Award program and directed by the Council of Independent Colleges.

Study abroad welcomes home students

By Candice Cerro
Editor in Chief

Studying abroad can change one's entire life, according to students at the Welcome Back Banquet last week.

The study abroad center at California Lutheran University hosted its biannual welcome back banquet for students returning from a year or semester abroad.

"This is an opportunity for CLU to welcome these students back to campus and to provide students with ideas and resources for ways to continue their international experience," said Lisa Loberg, director of study abroad.

The event gave students the possibility to speak with others who have returned from study abroad, and hear stories and sentiments from returning students' travels.

"It is good to get in touch with people who have had the same

experience," senior Andrew Aguiniga said. "Until you have studied abroad, it is hard to grasp the concept of what it is like."

Aguiniga, who traveled to Salzburg, Austria, during the fall of 2007, now works in the study abroad center to help other CLU students have the same great experience he had while studying abroad.

Aguiniga, along with other students like senior Katie Simons, who returned from Rome, Italy, traveled to numerous additional countries in their time abroad.

"Studying abroad was the best thing I have done in my entire life," senior Roberta Gaugert said. "I want to help other people have the same experience."

Gaugert, like many other study abroad alumni, is a mentor to students who are coming back from traveling.

The welcome back banquet featured numerous study abroad

IMPORTANT DATES

Don't miss these opportunities to talk to programs reps about studying abroad in destinations around the world

Sept. 22 Thailand Program info, 9p.m. West Hall	alum about Peace Corps
Sept. 23 Campus visit from International Studies Abroad	Oct. 15 Visit from Center of Global Education
Sept. 29 Visit from Central College Abroad	Oct. 20 Visit from CLU Program in Australia
Oct. 1 Visit from American Institute for Foreign Policy	Nov. 17-21 International Education week
Oct. 8 Presentation from CLU	

Interest lists starting for CLU semester programs to Oxford and Guanajuato, & Travel Seminars to Jamaica, Australia and Turkey. For Spring '09 semester abroad, submit CLU Application (online) by Oct. 1-priority deadline. www.clunet.edu/studyabroad

mentors for newly returning students to connect with.

Two break-out sessions included at the event were tailored to helping students in the return process.

The first speaker was CLU alumna Kelly Tiller '07. She discussed opportunities to go

abroad again with the Rotary scholarship.

Stine Odegard, coordinator for community service, spoke with the group about continuing the serving process at home as well.

"At the end [of studying in Paris] I got homesick," senior Christina Aamodt said. "At the same time I

wanted France to come with me, though."

The study abroad center now offers daily informational sessions at 2:30 p.m. and no appointment is needed.

These sessions will give students who are interested in studying abroad the information they need to get started.

Loberg explained that students who cannot study for an entire semester can always participate in a travel seminar to destinations such as Jamaica, Australia and Turkey.

Gaugert advised interested students to visit the study abroad website to learn more information.

She also explained the importance of planning ahead.

For more information about studying abroad visit: www.callutheran.edu/studyabroad.

Student houses go green

By Kelsey Bonesteel
Echo Staff Writer

Interest in sustainable practices over the past few years.

This is the concept of reducing consumers' carbon footprint and maintaining a healthy environment.

California Lutheran University is doing its part in various ways,

"I am part of an unofficial group that is interested in sustainable issues."

-- Jean Sandlin

including last year's rethink campaign.

This year another project is in the works. Jean Sandlin is a

communication instructor at CLU and is a strong supporter of using sustainable resources.

This semester she was able to incorporate her sustainable ideas in a class project. The project entails convincing the residents of the university houses to adopt sustainable ways.

"I am part of an unofficial group that is interested in sustainable issues," Sandlin said. "Ryan Van Ommeren actually asked me if I could incorporate it in my advertising class, but it really didn't fit in the curriculum."

Van Ommeren, interim vice president of administration and finance, shaped the idea.

"I watch Planet Green on the Discovery Channel and they do a lot of things about improving houses. I thought it would be kind of fun for the students to do something like this," Van Ommeren said.

Through careful planning and organizing, Sandlin re-evaluated

the project and discovered that it would be a perfect fit for her professional and business communication class she is teaching this fall.

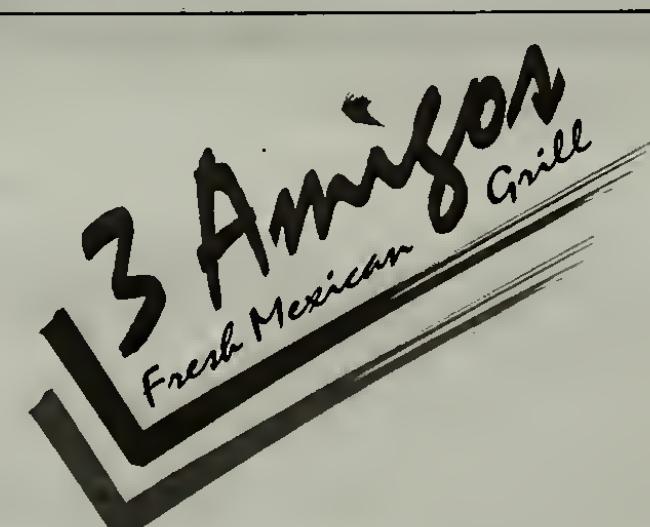
"Students will act as facilitators to engage 12 students in two campus houses in considering the adoption of sustainable practices and retrofitting campus homes to be more environmentally friendly."

This is a work in progress and will be open for adjustments throughout the semester.

The residents of the university houses are unaware of this plan to improve their homes.

"That is part of the student's assignment; to develop an initial contact with the client," Sandlin said.

"There is a great possibility the university will approve the proposal. As long as the students do an outstanding job, which I am confident they will."



Fresh Mexican Grill

One block from CLU!

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Around the Campus

WEDNESDAY September 24	THURSDAY September 25	FRIDAY September 26	SATURDAY September 27
Making Regions Work: Conflict, Collaboration, and the Common Good in California 4 p.m. Samuelson Chapel	Graduate School, Med School, Law School? Workshop Noon Roth Nelson Room	Discussion of When the Emperor was Divine 10 a.m. Gilbert Sports & Fitness Center	Fall Service Day 6:30 a.m. SUB
Borderline Bar & Grill: Sports Theme 10 p.m.	The Chuza Identity of Japanese Wives 4 p.m. Soiland Humanities Center		
SUNDAY September 28	MONDAY September 29	TUESDAY September 30	NEXT WEEK ON CAMPUS
Faculty Recital: Daniel Geeting, Clarinet 2 p.m. Overton Hall	<i>“Because things are the way they are, things will not stay the way they are.”</i> Bertolt Brecht	Proactive Job Search Workshop Noon Roth Nelson Room Reel Justice Documentary Series: Days of Glory (2006) 5:30 p.m. SUB	<i>The Tournees Festival: Les Choristes (2004)</i> 7 p.m. Preus-Brandt Forum <i>Inaugural Jim Dekker Memorial Just Peace Lecture</i> 7:30 p.m. Samuelson Chapel



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 (In the Best Buy plaza, next to Ross)

Stuft Mondays - \$4 Cheese Stuft Stix (6 p.m. - close)

Fat Tuesdays - \$2 Chicken Tacos, .50 cent wings (6 p.m. - close)

CLU Thursdays - 25% off with college I.D. (6 p.m. - close)

Kingsmen Saturdays - 20% off all pizzas (all day, dine-in only)

Drink and food specials everyday (3-6 p.m.)

Join us for Sunday breakfast during NFL season (9 a.m.-Noon)

Two-sport athlete still holds records

Former volleyball star reflects on time at CLU and playing in the national championship game

By Elicia Hildreth
Echo Staff Writer

In the hallway that separates the Gilbert Arena from the Soiland Recreation Center, the California Lutheran University Athletic Hall of Fame is proudly displayed along the walls. These athletes represent perseverance, dedication and strength. The athletes inducted into the Hall of Fame are the best to have represented the university.

Among the 2008 Cal Lutheran Hall of Fame inductees is Tracy Little-Schuetz. A dual sport student-athlete, she played volleyball and softball at CLU from 1993-96.

She played second base and still holds the single season record for runs scored.

The softball team won three Southern California Intercollegiate Athletic Conference Championships.

Little-Schuetz made the First Team All-SCIAC for two years and All-West Region First and Second Team All-America.

When she played volleyball, her coach, James Park, positioned her as either an outside or an opposite hitter.

"She was one of those kids that excelled in everything," Park said. "She did everything the coaches asked of her while playing volleyball."



Little-Schuetz



Photo by Brian Stethem

Tracy Little-Schuetz is inducted into the Hall of Fame by Athletic Director, Dan Kuntz.

The 1996 Women's volleyball team made it all the way to the NCAA Division III Final Four and then continued to the championship game.

Coming off a great and unexpected win against University of Wisconsin, Whitewater, the Regals knew that they had their biggest test yet.

Eye on the prize

Washington University was a great volleyball program and the Regals knew that they would have to work together and play

hard in order to win.

With the championship matched tied at two games apiece, the Regals went into the fifth game fearless. The Regals were leading the final game for the season with the score of 13-12. During the next rally they fought hard but a defense specialist passed an out ball and they ended up losing that point.

After the loss of the rally and the point, the score was tied. From that point the Regals were unable to regain their momentum back and lost the final game 15-13.

Little-Schuetz remembers how all of the Washington University team were above 6 feet while the tallest player for the Regals was 5-feet 10-inches.

"It's not all about the size, my team had the drive, and desire to make it to the championship game," Little-Schuetz said. "Every game we were consistent with our skills and each practice we worked on perfecting our game."

Although they lost the championship game, she was an outstanding athlete who is deserving of her induction into the Hall of Fame.

For the Books

Little-Schuetz still leads the women's volleyball program in career digs at 1,202, the single season mark for aces at 59 and career aces at 127. Also, she is ranked second in career kills at 1,020. She was named SCIAC Player of the Year in 1995 and 1996.

Little-Schuetz helped lead the Regals to three consecutive SCIAC Championships and West Region Championship in 1995 and National Runner-ups in 1996.

Her close friend and teammate, Tara Thomas, remembers her as being the greatest example of a volleyball player.

"Tracy was the epitome of the perfect athlete," Thomas said. "She knew the game very well and knew the responsibilities of every position. She also was a great leader. She knew what to say and how to say it in order to encourage and lead her teammates."

Growing a community of service

By Megan Hindman
Echo Staff Writer

Whether a student has one minute of time or a whole week to give, the Community Service Center at California Lutheran University provides service ideas to suit their schedule while meeting the needs of the community.

In keeping with the intent of the CSC mission statement "to serve and engage communities world wide," the center offers a great deal of opportunities for those interested in community service.

The center kicked off the year last Saturday with Coastal Clean-Up Day and a CLU Habitat Student-Staff build. These were the firsts of the many one-time service projects that will be offered throughout the year.

The CSC has also planned Service Day '08 to take place this Saturday.

"With CLU it's a lot of fun and you will meet a lot of new people while doing service for the community," said Jon-Erik Livingston, a senior community service intern.

Thirteen service projects will

CSC Happenings

The Community Service Center has been busy organizing and planning a number of different service events.

CSC Trips

Nov. 7-9: Fall Excursion: Justice at the Border
Jan. 8-16: Biloxi Boomerang 4
March 9-14: Catalina Island
March 8-16: Mexico City Reverse Mission Trip

CSC Events

Sept. 27: Service Day
Oct. 16-19: Fall Holiday: The Painted Turtle
Oct. 27: Speaker: The first Habitat volunteer!
Nov. 17-25: Kids Caf

take place this weekend including a Kitten Rescue, an Easter Seals pool spruce-up and Boo at the Zoo where students will be helping the Santa Barbara Zoo get ready for its Halloween event.

This year the CSC is also offering a Mexico City Reverse Mission Trip and a trip to Catalina Island as alternative ways to spend spring break.

Students also have the opportunity to experience cultural differences through participating in the Biloxi Boomerang trip and the Fall Excursion: Justice at the Border trip to San Diego and

Tijuana, Mexico.

Biloxi Boomerang gives students a chance to contribute to the rebuilding effort that has been on going since Hurricane Katrina. Work will include basic construction.

No experience is necessary to participate. The trip is planned to take place January 2009 during semester break.

"We try to offer a lot of things that will appeal to everyone," said Stine Odegard, coordinator for the CSC. "Hopefully everyone will try something while they are at CLU."

Students who don't have time to

participate in scheduled service events can look at the CSC website that lists several places to volunteer and projects to complete on the students' time.

The CSC staff is more than willing to help students also connect with other organizations.

"We want students to know that the doors of CSC are always

open," said junior Reshai Tate, community service intern. "If you feel that there is a void, let us know and we will fill that."

Information about upcoming service opportunities and contact information for the CSC can be found on the CLU Community Service Center Web site, <http://www.clunet.edu/csc>.

THE ECHO

California Lutheran University

2008-2009

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Carly Robertson



Cooks prepare dinner in the Dining Commons.

Sodexho: eat, drink and be happy

'Balance, Mind, Body and Soul' program offers students dinning options

By Natasha Spiroff
Echo Staff Writer

Whether grabbing a quick snack for class from the Café a la Carte or sitting down for lunch with friends at the Centrum, the food service on campus is an important part of the life of a California Lutheran University student.

The company that CLU turns to for the food service needs is Sodexho, Inc., the self-proclaimed "leading provider of integrated food and facilities management services in the U.S., Canada and Mexico."

Sodexho has more than 6,000 locations spread throughout the U.S., Canada and Mexico serving 10 million customers daily.

"My favorite part of the on-campus dining experience is the people who work for campus dining," said junior Andrew Walker. "They work hard and are always friendly."

As a company, Sodexho is committed to providing excellent service to each customer.

"The cooks are way down to earth and you can take the ketchup without them finding out," senior Kareem Rivas said.

Sodexho offers a multitude of dining options from sit-down facilities to quick grab-and-go stands.

At CLU there's a mixture of the two. The Cafeteria and Centrum offer students a place to sit-down while they enjoy fresh, chef-prepared meals while the Café a la Carte and the Mogen Market allow students to grab some food on-the-go.

On top of being committed to customer service, Sodexho has

many different programs that provide their customers with information on nutrition and wellness. At CLU, the "Balance, Mind, Body and Soul" program is used. This program supplies the Sodexho customers with the latest health and nutrition news.

Another fact that Sodexho is proud of is that all of the oils that they use to fry foods on campus-locations are trans-fat free.

This year, the dining facilities on campus have become more environmentally friendly.

The Centrum has introduced cups and to-go containers made from fully recyclable materials.

The Cafeteria no longer uses trays because it reduces the amount of food wasted and the amount of water and detergent used.

The environmental changes were a combined effort of Sodexho and CLU.

"We combined our ideas with what Sodexho offered," said Deborah Cullen, food services manager.

"The go-green theme has been a concern of students for the past few years."

Student reactions to the changes in the Centrum are mixed.

"I have been pleased with the changes to the menu at the Centrum on a weekly basis," Walker said. But wonders why the menu boards were taken down.

"I can't imagine that printing new menus every week with meal changes on them can be more environmentally friendly than the old menu."

In the near future, students can expect to see large recycling bins outside of campus dining facilities.

"We have our own bins that we use," Cullen said. "But it will be good for the student's to be able to see them and use them."

If students have questions about campus dining they can contact Cullen in the campus dining office located on the top floor of the Caf.

Need fulfills needs

After hours coffee house provides a place to unwind

By Aaron Hilf
Echo Staff Writer

With its cool vibe and awesome atmosphere, The Need at California Lutheran University offers students an opportunity to hang out and participate in some cool events.

The Need takes place every Wednesday at 10:15 p.m. at the Student Union Building. It gives students a chance to unwind and hang out after a long day of classes.

"My goal is to make [The Need] the place to be on Wednesday nights," Ana Garcia said, the student intern responsible for putting together the weekly events. "Students can benefit from it and will definitely enjoy it."

The Need is separated into two basic parts, live music, featuring local bands and student performers, plus movie trivia nights, including many different movie titles. A coffee house is on site that serves students free coffee, hot tea, cider and hot chocolate.

"I love the atmosphere of The Need," said senior Maggie Melo. "After a long day of class it's nice to have somewhere to hang out and relax while listening to great music."

The live music portion of The Need gives students a chance to experience different genres of music in a live atmosphere, while socializing with friends. In the past, students have been lucky enough to hear bands including Arden of Eden, Jill Cohen and student performer Reshai Tate, who will be performing later this semester.

The Need is always looking for new performers to come and play.

"We love having student performers," Garcia said. "If any students are interested in performing, they can contact me by e-mail."

This year's staff is also responsible for bringing Cinemania, which has been very successful at UC Santa Barbara to the CLU.

"It's a game they are developing for the networks," Garcia said. Students are able to compete for weekly prizes, while working toward a bigger prize for the semester.



Jill Cohen is one of the many performers who will play at The Need this semester.

The basic structure of The Need hasn't changed much over the years, but that's the way students like it.

Since she transferred to CLU two years ago, Melo has been coming to The Need weekly. She said that although it has not changed much it's nice to have a weekly activity to fall back on and it definitely doesn't hurt to have free coffee and tea.

The Need has supposedly been around since the mid '90s as an extension of the TV show "Friends," and the idea of having a coffee house with live music.

"This is the year that we will really see if it will live or die," said Kristin Price, assistant director of Student Life.

She would like to see The Need

continue for future years. However, that depends on what the students want.

"If you want it to continue, please communicate with us and give us ideas of who you might like to see or ways we can improve," she said.

Most of the scheduled events are online at The Need's Web site, www.callutheran.edu/studentlife/studentprograms/theneed.php and on Facebook, at Cal Lu Need.

The Need is always looking for volunteers to help with the bands, set up and clean up.

Also, if students have any suggestions on future bands or would like to help book some, you can contact Ana Garcia at need@clunet.edu.

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'Lake View Terrace'

Thou shall not commit adultery. Neither shall thou steal.
Neither shall thou bear false witness against thou neighbor.

As far back as biblical times these commandments have been set forth for us as guidelines for how we should live our lives.

The film "Lake View Terrace," directed by Neil LaBute and produced and written by David Loughery, incorporates all of these commandments into one movie in a way that creates a suspenseful thriller.

As you watch this film, you can't help but ask yourself the question, "Do you know who lives next door to you?"

The film opens with a young interracial couple moving into an upper middle class suburb. Little do they know what they're getting themselves into.

Abel Turner (Samuel L. Jackson) plays a Los Angeles police officer who brings his harsh rules and biased behavior from the streets into his home and community.

Turner is the neighbor that we all hope we never have. His bias and anger overflow from his personal life and are set onto his new neighbors.

"Lake View Terrace" examines the life of an interracial couple and exposes racism that such couples face in their everyday life. The people they receive the harshest criticism from—and the staunchest opposition—are from people within the African-American community such as Lise's father, Harold (Ron Glass) and their new neighbor, Turner.

Chris Mattson (Patrick Wilson) and his wife Lisa (Kerry Washington) move into a beautiful home on the hillside of Los Angeles County only to

"Enjoyable Thriller!"



By Scott Beebe

of so many people's lives and had a ripple effect that was felt by so many.

How many of us do the same type of thing on a daily basis without ever realizing it? This film leaves you wondering how some of our actions are taken and just how many people they affect.

In closing, I only have one question left to ask you: "Have you said hello to your neighbor this morning?"



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find out that their police-officer-neighbor, Turner, has nothing but hostility toward them because he is blinded by his racism.

As the plot slowly unfolds, we learn more about Turner and come to understand why he holds onto these feelings of racism and hatred toward interracial couples.

The tension rises between these two neighbors, and as the battle rages Turner is so consumed in ridding the community of these people that his personal life begins to suffer. He is suspended from his officer duties, his children have grown distant and hostile toward him and the control with which he lives his life is slowly beginning to slip away.

The climax comes when Turner plots with an ill-reputed colleague to scare off his new neighbors for good. This sets off a chain of events that result in multiple deaths and destruction.

At the close of the film the viewer is left to contemplate the backlash of racism and the wide range of people that it hurts. One man's hatred and anger changed the course

Campus Quotes

"What does the upcoming election mean to you?"



"It should be a bigger issue especially with the economy. Young people should get more involved."

--Freshamn, Tang Moua



"Obama is not qualified. [He] doesn't have the experience that McCain has in domestic and foreign affairs."

--Junior, Maxx Buchanan



"I think it's interesting because we will end up with a black president or a female V.P."

--Sophomore, Brooke Hall



"McCain has valid points, but if anyone can bring change it's Obama."

--Sophomore, Skyler Butenshon



"My hope is that people educate themselves on both candidates. Research, go online, and listen to the candidates themselves!"

--Senior, Lauren Glass

Keep your coins, I want change



By Missy Bain
Echo Staff Writer

I don't know how many times I have been approached and told that I am only voting for Barack Obama because I am young and naïve, and that I like him merely for his good looks and charming smile.

While I am in fact young, and Obama is very good-looking, I know that none of these qualities exemplify why I will vote for him in November.

I am voting for him because I am sick and tired of being embarrassed of my president and

ashamed of the things happening in the White House.

I am voting for Obama because I value my rights as a human being and believe that other people's rights are just as important as mine.

I am voting for him because I believe that we need to end this war responsibly and as soon as is safely possible.

But most important, I am voting for Obama because I want change. I want to be able to go to sleep at night knowing that our president has our best interests in mind, not his own.

So what exactly is this "change" everyone keeps talking about? And how do I know that my candidate will be able to change Washington more positively than the other?

It's simple, really. Once you get around the craziness that is the election, all of the facts are laid out, right there for you.

Obama will commit this country to community service and give students money for college when they serve their country or their community.

He will invest in early childhood education, recruit new teachers and raise salaries, all

while creating higher education standards and more teaching accountability.

For those who already have health care, he will lower premiums, and for the millions who don't, he will make sure that they have the same coverage Congress gives themselves.

He will stop medical insurance companies from discriminating against those that are sick and in need and he will make absolute certain that no child is ever

I want to be able to go to sleep at night knowing that our president has our best interests in mind...

turned away from any kind of medical care.

Contrary to many beliefs about Obama's plan, he will actually cut taxes 95 percent for the working middle class and eliminate capital gains taxes for small businesses while creating more high-wage, high-tech jobs.

Unlike McCain, he will stop giving tax breaks to giant companies that ship their jobs overseas, and start giving tax breaks to those companies that create and

keep their jobs right here in the United States.

Now, obviously all of these things are going to cost money, so how can he cut taxes and provide relief to millions of Americans?

Easy: by closing out corporate loopholes and tax havens that do nothing for the American people, but everything for the greedy CEO's who run them.

Of course this tactic alone will not cover the entire cost, but by reallocating money to the places it needs to be more, and by cutting wasteful spending and eliminating giant tax breaks for billionaires, it can be done.

These issues are just the very tip of the iceberg, but I think, even standing alone, that these solutions exemplify change.

Not the change John McCain is talking about lately, but real, true, down to the core, change.

In fact, McCain's "change" isn't even change at all. How can a man who has voted with President Bush 90 percent of the time change anything?

In the words of Obama himself, "I'm not ready to take a 10 percent chance on change."

How to respond

Mail

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Thousand Oaks, CA 91360

Phone

(805) 493-3465

E-mail

echo@clunet.edu

Letters to the editor are welcome on any topic related to CLU or to *The Echo*.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

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Unpredictable Internet has students frustrated

By Kristin Gilman
Echo Staff Writer

As a child of the digital age, I equate the vitality of my Internet connection to the availability of oxygen.

The limited and unreliable connection to CLUwnet, the wireless network on campus, has been the source of frustration and exasperation for numerous California Lutheran University students.

Theoretically, all that is needed is a valid CLU e-mail account and password, and the World Wide Web is yours to explore. The CLUwnet pilot was introduced in September 2002 covering seven buildings. Today this network encompasses all 40 buildings on campus.

The CLU Web site expresses that the wireless network is setting its students free from the confines of a desk or even a room, but many students do not feel liberated.

Students have expressed their frustration with the frequency of limited connectivity to the wireless Internet on campus.

After all, the Internet is no longer a luxury to most college students. It is an essential component of their everyday lives, in respects to both academic and leisure.

With the increasing number of campus professors utilizing WebCT as a method to turn in

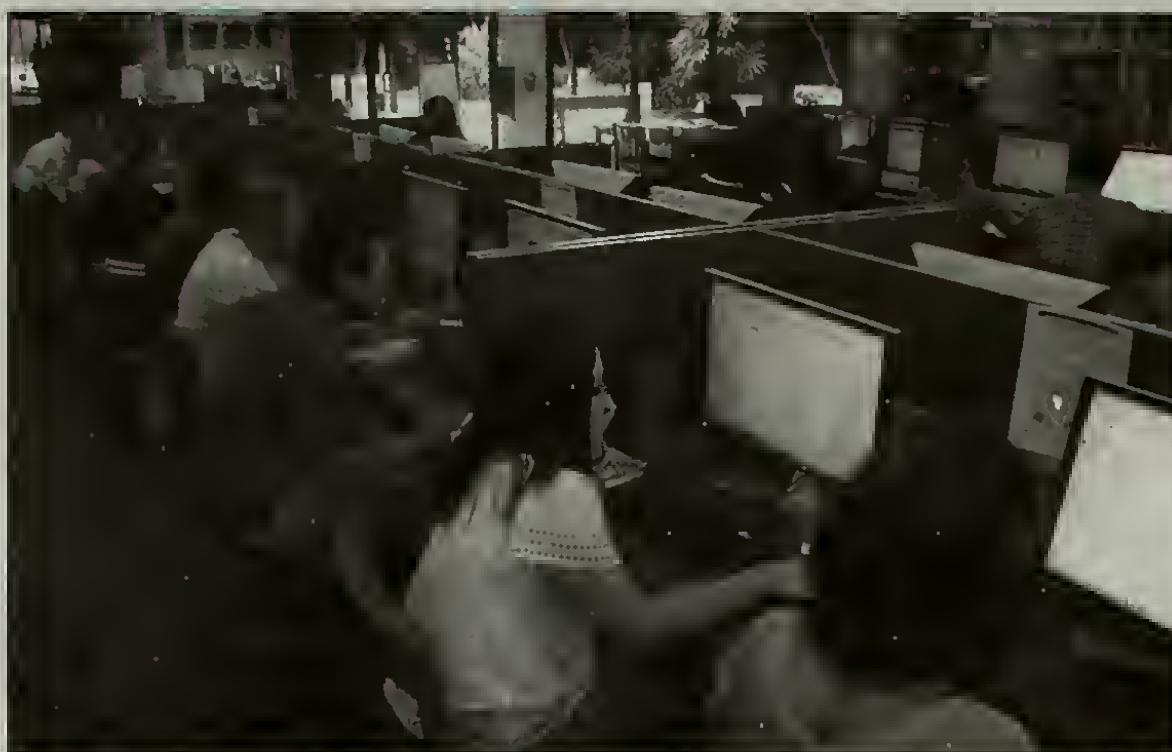


Photo by Doug Barnett

Students surfing the web in the library notice the slower connection.

assignments and to administer tests, a stable connection to the Internet is imperative.

Now, as a disconnected student, I want an answer to the mystery of what is causing this temperamental connection. My first thought is that the wireless network might be struggling to keep up with the heavy Web traffic.

Surprisingly, the wireless network on campus has the capacity to support all of the students, faculty, staff, administrators, and then some. So why are the stu-

dents suffering bad connections on a frequent basis?

After speaking to the Information Systems and Services department about the problem, a number of alternative suspects were offered regarding this low connectivity mystery.

Microwaves, game consoles, illegal music downloading, digital smoke detectors and even lovesick roommates chatting on Skype could be interfering with your connection.

When you connect to the

wireless network you share an access point with as many as 25 students, all of whom affect your connection through their Internet activity.

So what is the solution? Unplug the microwave, pull out the smoke detector and track down the boys upstairs that play Madden Football 24 hours a day?

No, as a student at CLU, I respect and uphold the right for the boys to play football and for my roommates to microwave Ramen noodles whenever the mood hits

them.

A solution that ISS offered is to simply forget the wireless Internet and plug into the wall connection. Apparently there is a "plug for every pillow" in all of the dorm rooms to ensure a solid Internet connection for students.

I still say that a wireless Internet connection that is stable and reliable is not too much to ask for, but this does offer a reliable alternative.

ISS acknowledges that with the increasing number of students being added to the CLU community, the complexity of wireless network problems increases and different challenges emerge.

If you are experiencing "very low" signal strength on a frequent basis, I recommend you blow a little smoke and let ISS know you are having a problem.

ISS can possibly reconfigure your access point and give you a better connection, but nothing can be fixed if the problem is not known.

The Internet connection on campus seems to be somewhat of an elusive and misunderstood commodity, but by voicing our concerns we can help ISS address the problem more precisely.

Whether we embrace it or not, our lives as students of the digital age are intertwined with the Internet and it is necessary part of life here on campus.

Letter: Transfer/Commuter grief

Editor,

We are writing in response to Leslie Richman's article, "Commuters/Transfers face challenges," in which she asserts that transfer and commuter students are neglected at California Lutheran University. As transfer peer advisers, we beg to differ.

Miss Richman writes that transfers and commuters "may feel out of the loop at CLU because of the tremendous flood of freshman students," and that "a large amount of effort was placed on the planning and executing of freshman orientation activities."

The process of planning new student orientation is lengthy and definitely requires a lot of effort and there is an entire transfer component.

This year at CLU, we had more than 160 transfer students, the largest transfer class in the university's history. To accommodate and acclimate this awesome group of students, seven transfer peer advisers spent the same week in training as the freshman advisers.

Five out of the seven of us are transfer students ourselves, and two of those five are commuters. All seven of us feel strongly about making the transfer process go as smoothly as possible and making sure all new students have a great time at CLU.

Every transfer peer adviser sent their group of students a letter during the summer explaining the orientation process and the

instant network it would provide. The week before orientation, we made phone calls reminding transfers of the week's events.

At Saturday's mandatory check-in, we were surprised to find many of our transfers not present. Hilariously enough, Miss Richman never checked in.

Over the course of the next four days, the attending transfer students painted the CLU rocks, enjoyed faculty home visit pizza parties, bowled, had a movie night, learned about how to get more involved on campus and built relationships with their academic advisers, notable alums, their peer advisers and fellow transfers, and faculty and administrative mentors.

We as transfer peer advisers felt that Miss Richman's article greatly undermined the countless hours of work we put in to making transfer orientation happen.

We encourage her to talk to those transfer students who participated in orientation activities and to ask them how they feel their acclimatization into CLU is progressing.

Of course, we are always looking for feedback and encourage Miss Richman and all the other transfer students to let us know how we could better serve them.

Sincerely,

Casey Kloehn, Roberta Gaugert, Lauren Klymshyn, Brittany Mowry, Kevin Holt, Maggie Melo and Scott Kolarik

The Oaks branches out



By Hollie Lowenburg
Echo Staff Writer

Today many students at California Lutheran University enjoy hanging out at the The Oaks mall, but could you believe that 30 years ago many students opposed doing this?

The Oaks, opened its doors in April 1978, but not without a fight.

Many Thousand Oaks residents opposed the structure being built, including many students of CLU.

Anyone with a family that has lived in the Thousand Oaks area for more than 30 years would know that the city was much less industrial. CLU was small, consisting of mainly chicken coop classrooms and Nygreen Hall served as its newest building.

Many residents were afraid of

the size of the project and the traffic it would bring in. More than 6,000 residents signed a petition objecting the plan.

Even CLU students joined the fight.

About 500 people crowded in Thousand Oaks City Hall for what would be the city's longest meeting, which ran for nearly 12 hours.

The council voted 4-0 in favor of the mall, with one council member abstaining.

The first week of the grand opening brought in thousands of people and the mall became an instant success, helping to build Thousand Oaks into the productive city it is today.

The mall brings in many customers from surrounding areas. Residents no longer had to travel to The San Fernando Valley to shop.

Most importantly, the large sales tax revenues generated an ample amount of money.

If it weren't for The Oaks, the city would have never have grown financially.

Now, The Oaks, with new renovations underway is still a popular and productive destination among residents.

In early September, The Oaks opened the a Nordstrom, becoming the first in Ventura County, providing a great anchor store for the mall.

Nordstrom will bring in many customers from Ventura.

It will help consumers to save money on gas and the hassle of traveling to the Valley to shop.

In addition to Nordstrom, the mall is developing a two-level attachment outside the mall that will include about 40 retail shops, a 74,000-square-foot movie theater and four new restaurants.

The Muvico Theater, the first on the West Coast, will be a great addition because it's so unique to the area.

Further, the new retail stores will bring in a great amount of revenue and provide many new employment opportunities.

Because Thousand Oaks has grown in population in recent years, we need to support this growth.

After all, The Oaks is the city's second largest revenue generator of revenue making up \$2.08 million in sales tax, in 2007.

Thousand Oaks is one of the most prosperous cities in the area based on a medium household income of just above \$96,000 in 2008.

Despite the recent economic downturn, I believe The Oaks will be least affected.

It is obvious to see that people are still spending.

These new renovations will make a great addition to the community, by increasing revenue, boosting the economy and adding to the development of our productive city.

Kingsmen water polo beat the best

Mens water polo posts wins over Chapman and Occidental

By Nicole Flanery
Echo Staff Writer

The Kingsmen water polo team won four out of five games in this last weekend's tournament at Samuelson Aquatic Center.

The Kingsmen defeated Fresno Pacific University, Chapman University, Occidental College and Ventura College to post a 4-1 record in the CLU 2008 Fall Tournament.

The Kingsmen travel to UC Santa Cruz to participate in the 2008 Slugfest Tournament on Sept. 27 and 28.

CLU's first game on Friday was against a non-conference team, Fresno Pacific.

Sophomores, Michael Blanchard and Wes Lewis along with freshman Jordan Meaney and junior Ricky Mulcahey scored two goals a piece in the opening game of the tournament for the Kingsmen.

Goaltender Jordan Bouey also contributed 13 saves, helping secure a victory.

The final score of the opening match against Fresno Pacific was 9-7.

"We saw some freshman really step up during these games this weekend," said Coach Craig Rond.

"Meaney in particular, showed a skill set we hadn't seen yet in practice."

Unseating Occidental

The Kingsmen were on a roll Saturday morning, ending the first quarter with a 5-1 and they would not let up.

"We had a really good showing versus Occidental, a sixth ranked team," Rond said.

"Overall, I was really happy with the players' performances, both individually and as a team."

Nine different players scored in the match versus Occidental, contributing to a 11-9 final score for the Kingsmen.

Mulcahey and Scott Bergemann had two goals apiece and freshman Brian Giegoldt added three assists.

Saturday night's game against Concordia University handed CLU their only loss of the tournament.

The Concordia Eagles held an early lead of 4-0, then scored nine more goals to defeat the Kingsmen 13-8.

Wes Lewis had two goals and



Photo by Tracy Maple

Wes Lewis scored four times against Chapman on Sunday

two steals in the loss versus the Eagles.

Sunday morning's opener was a highly anticipated match-up against the No. 4 ranked Chapman Panthers.

Mulcahey and Lewis combined for nine goals, while Jeff Chaney and Matt Heagy combined for four goals.

"We came out and we played tough. A lot of people really stepped up when we needed

them to," Heagy said.

"Some freshman really surprised us this weekend."

Kingsmen Brandon Gross and Bergemann each added scores to seal a 15-6 victory over the Panthers.

"As a team we have worked really hard these past couple weeks," said Captain Jordan Bouey.

"We went in to this tournament confident and had a lot of good performances from a lot of

people."

Bouey had 36 saves and seven stopped shots in the first four games of the tournament.

"Jordan Bouey showed exceptional leadership and play this tournament. He was instrumental in our wins," Rond said.

CLU ended their tournament Sunday against Ventura College.

Gross had five goals for CLU while Cameron Shannon and

Brendan Donahue had two goals apiece. Ten other players scored for the Kingsmen as they went on to defeat Ventura Community College 16-7.

Freshman Jake Wakely had an impressive goaltending debut in the closing game of the tourney, contributing 11 saves.

"Our number one goal this season is to win SCIAC," Bouey said. "To win SCIAC and to become better men."

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Regals prepare to face La Verne

Volleyball handles business with NAIA opponents

By Jackson Damron
Echo Staff Writer

The 20th ranked CLU volleyball team defeated the Warriors of Westmont College Thursday night in four games (25-15, 20-25, 25-16, and 25-11) to improve their record to 8-3 for the year.

The Regals also put their seven match win streak on the line as they faced the Leopards of La Verne University, ranked third at home.

The Regals travel to Caltech on Friday for a 7:30 p.m. game before playing Occidental at home on Saturday at 6 p.m.

The Regals were led by sophomore middle blocker Allison Kerr who had a match high 16 kills while racking up a .560 hitting percentage against Westmont.

She also had three aces, two digs and assisted on a team high four blocks.

Hitting at above a .400 clip, the Regals had an easy time taking

care of game one.

The Regals also recorded 16 kills, their highest total of the match. Game two was a grind for the Regals who stayed close, trailing by as many as five points, twice in the match and climbing back to within one, forcing head coach Kellee Roesel to use her only time out of the match.

"I told the girls they were pressing," Roesel said. "They needed to trust in each other and not try to do too much."

The Regals emerged from the time out with a new energy, but came up short as the Warriors took a game from the Regals in Gilbert Arena, the first team to do this in four matches.

"Coach told us we needed to focus more on defense," senior setter Lindsey Benson said. "Our lack of communication was what got us [in] trouble."

In game three the Regals bounced back to take a 2-1 lead in the match. A see-saw battle at the start, the Regals took control of the game after being tied 14-14.

Westmont coach Jim Smoot called time out with the Regals leading 19-15, but Benson slammed the door shut on the Warriors with a solo block, the

only one of the match.

"We needed to keep our serves in and we switched up our defense," Roesel said.

"They needed to trust in each other and not try to do too much."

-- Kellee Roesel

She added that they switched up the defense to match up better with what Westmont was trying to do.

"It's a struggle for us because of our height, but our girls are ready for the challenge," Roesel said.

In the fourth game the Regals took care of business.

Benson rallied of six straight serves and CLU jumped out to an early lead.

A couple side-outs by Westmont put a damper on the Regals domination, but it was soon 15-2, and the game was out of reach for the Warriors.

"It's another great win for our program," Benson said. "Now we have conference and we're ready for La Verne."



Photo by Kevin Baxter

Senior Summer Plante-Newman picks up a dig.

Regal Soccer falls short against La Verne

Key starters face numerous injuries, contributing to another loss for Regals soccer

By Krystle Van Deusen
Echo Staff Writer

The women's soccer team fell short in their conference opener against the University of La Verne on Wednesday.

Then, on Saturday, they tied their second conference game against Pomona-Pitzer Colleges in double overtime.

With a loss against La Verne and a tie with Pomona-Pitzer, the Regals will look for their first conference win against Whittier College.

"The momentum of the Pomona game will definitely roll over to our next opponent against Whittier," junior forward Kelsey Sullivan said. "But no matter who we play we cannot take them lightly."

In the conference opener the La Verne Leopards snuck past the Regals late in the second half, ending the match 1-0.

"La Verne just capitalized on a moment when we broke down," freshman goalkeeper Laura Brain said. "It was miscommunication, and we just weren't ready."

The goal was scored when Regals defender Jessica Dingman was shoved off the ball, but no foul was called.

The push caused Dingman to be knocked out of defensive position and allowed the Leopards to take advantage of the broken formation.

Everyone had high expectations for the Regals to come out with



Photo by Scott Chisholm

Marisa Zambetti, 24, dribbles the ball downfield.

the win against the Leopards.

Many Regals felt they took the Leopards too lightly and were not prepared for the game.

With the loss behind them they came into their second conference game with a better mind set.

"They played more as a team and with a lot more heart against Pomona," Assistant coach Geoff Raives said. "Even though they didn't make it out with a win they should be very proud of

their play."

CLU freshman Rosemarie Lombardi acquired a foul in the box with 54 seconds left in the second half.

Senior captain Sarah Rickert stepped up to take the penalty kick but her shot was blocked by Pomona's goalkeeper Caroline Flynn, putting the game into overtime.

Regals maintained possession the majority of the second half, outplaying and hustling the

Sagehens.

Though they didn't benefit from their attacking threats they had great attempts on goal.

Freshman Jennifer Jones had many great crosses but unfortunately no one was there to capitalize.

Outside defender Dingman came up big in the second half by hustling back and clearing the ball out before it rolled over the goal line.

The CLU women have key starting players on the injured list. Senior Captain Lauren McGuigan is out for two weeks with fractured ribs; senior Marisa Zambetti, received a concussion from the match against La Verne, causing her to be out for two games; sophomore Aubrie

Smith, who is out with an ankle injury, is uncertain of when she'll be back; and senior Jen LaMoure, who had ACL surgery two years ago and has recently experienced some knee pain and inflammation.

With starting positions needing to be filled, freshman and non-starters have had to step into bigger shoes.

Fortunately for the Regals, these less experienced players have assimilated well into their new roles on the team.

"Younger players have stepped in and have given us the confidence that we can do well even without our starters," Sullivan said. "We are going to be even stronger when our key players return."

KINGSMEN FOOTBALL

WED.	THU.	FRI.	SAT.	SUN.	MON.	TUES.
			BYE WEEK			

REGAL VOLLEYBALL

WED.	THU.	FRI.	SAT.	SUN.	MON.	TUES.
		AT CALTECH	Vs. OCCIDENTAL			Vs. WHITTIER

KINGSMEN SOCCER

WED.	THU.	FRI.	SAT.	SUN.	MON.	TUES.
Vs. WHITTIER			Vs. CALTECH			

REGAL SOCCER

WED.	THU.	FRI.	SAT.	SUN.	MON.	TUES.
AT WHITTIER				SUN. VS. EAST BAY		

KINGSMEN WATER POLO

WED.	THU.	FRI.	SAT.	SUN.	MON.	TUES.
			AT UCSC TOURNAMENT	SUN. AT UCSC TOURNAMENT		

Duo puts team before self

Receivers want
SCIAC Title
more than Stats

By Scott Beebe
News Editor

They came from neighboring states to continue their successful individual football careers and now they've become one of the top wide receiving duos in California Lutheran University history.

Seniors Jesse Matlock and Danny Hernandez are solidifying their spots as feared opponents for the Kingsmen in their final season at CLU.

Matlock came to us from Hamilton High School in Arizona where he finished his senior season winning a 5A State Championship before coming to CLU.

CLU was not an unknown university to Matlock, whose older brother Walter attended and played for the Kingsmen.

"Walter came here and when I came and watched his games, I loved the coaches, the players and the environment of the team," Matlock said.

Hernandez, an area native came from Lakewood High School after playing for its football team. Little did these two diverse players know that they would be drawn together at CLU, creating an unstoppable force.



Photo by Doug Barnett

Kingsmen receivers Jesse Matlock and Danny Hernandez lead the offense in their senior season.

Since their freshmen year as Kingsmen, the two have become great friends and have grown into outstanding leaders on and off the field. Both are finishing up their business marketing classes and are scheduled to graduate this spring.

Their friendship has helped them to become the leaders that the coaches at CLU have always envisioned them to be. The coaches are able to set up team activities and workouts and have Matlock and Hernandez run them.

"It's great, they lead by example. Jesse is the vocal leader of the two and Danny leads with his plays," offensive coordinator Clay Richardson said. "They enjoy themselves and they're always having fun but when it comes time to take the field, it's all business."

They have special qualities that make them an intimidating force to opposing teams. Hernandez has the speed, the agility and the exceptional hands, while Matlock brings his precision route running and toughness to the Kingsmen's

offense.

In their first three seasons for the Kingsmen, Hernandez and Matlock were back-ups to seniors and then moved to second options behind a successful rushing attack.

It wasn't until their junior season that their potential was finally made known.

Matlock rose as the leader of the receiving core after a blow-out loss to Pacific Lutheran University where he could be heard yelling to his teammates: "If you don't want to wear the purple jersey take it

off and quit wasting my time." That game was the turning point in Matlock's career as a standout Kingsmen leader.

Together they totaled 10 touchdowns and more than 1,200 yards on 90 receptions during their junior season. Matlock received a first team All-SCIAC nomination for his play while Hernandez received a second team nomination.

"You can get all the stats you want but if you don't win a championship, the stats don't mean a thing," Hernandez said.

He has something to prove after last season when he was injured in the conference championship game against the Bulldogs of Redlands. Redlands and CLU finished the game with a tie and ended the season as co-champions.

Their senior season started with a loss to Willamette University at home, but rebounded on the road against PLU with a 16-7 win.

No matter how much praise the two receive as individuals, it seems to mean nothing to them. They are all about the team and put their individual statistics and praise on the back burner.

"We want to end our CLU careers with an outright SCIAC championship and get to the playoffs and make an impact there," Matlock said. "As for how we are looked at as a dominant duo, we would just like to be remembered as part of the 2008 SCIAC championship team."

Kingsmen drop La Verne at home

Ryan McDermott knew that although they have played in some tough games already this season, strong SCIAC playing means everything in terms of making playoffs.

"Before the game I told the guys that this is the first game that truly mattered," Ryan McDermott said. "All the others are in the past so we just needed to go out there and get it done."

Even though La Verne has been a huge rival over the years, the young Kingsmen weren't afraid to go out on the field and give it all they had.

"I think with the young team we have, they showed a lot of maturity out there on the field," McDermott said. "We still have a lot to learn as a team though."

CLU may have dominated against La Verne on Wednesday, but the team and coaches know there's still a lot of work to be done this season if they want to go all the way.

"As a team we need to mature very quickly and play to our potential within ourselves," sophomore Jorge Martinez said.

"We need to stop making careless mistakes and make teams earn their chances against us and on the other side of the ball. The younger guys need to step up and play big."

With a 2-1 lead over the Leopards at half time, the Kingsmen went into their huddle feeling confident, although they weren't able to take a sigh of relief until the very end of the game. The Leopards have a history of being down at halftime but coming back out and scoring against the

Kingsmen in the final minutes of the game.

"In order to prevent La Verne from coming back into the game and beating us, we talked as a team and gave off ideas on how to stop them," Kuntz said.

"We decided we needed to slow down the pace of the game and connect more and shorter passes to enable us to keep more players out on the field."

With five minutes left in the game, McDermott scored another goal allowing his teammates to breathe a little easier.

That gave the Kingsmen a two point advantage over the Leopards, making it difficult for them to catch up, leaving them with the 3-1 lead over their rival.



Photo by Kevin Baxter

Ryan McDermott fights for the ball against a La Verne defender.

By Nicole Jacobsen
Echo Staff Writer

The California Lutheran Men's Soccer team pulled out an important win against La Verne University at home on Wednesday afternoon.

The Kingsmen were ahead early in the game with a 2-0 lead and pulled out a 3-1 victory over the Leopards.

The Kingsmen played Saturday at Pomona-Pitzer Colleges and lost in an upsetting 3-4 game against the Sagehens putting their record at 3-3. They will play again on Monday afternoon at Chapman University.

"This was an important game for us," Coach Dan Kuntz said. "It was the first game of the



"They're a scrappy team," Kuntz said. "But our guys are committed to one another and always try to play at each other's level."



Photo by Kevin Baxter

THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

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Students make a deal to win big

Four students won big at Club Lu's 'Deal or no Deal' in front of more than 200 students

By Amanda Lovett
Echo Staff Writer

More than \$700 was given away during Friday night's Club Lu "Deal or No Deal" hosted by Scott Beebe in the Gilbert Sports Center.

Winners Jami Whitten, Kyle Hansen, Kole Tanouye and Grace Teague took a chance at \$1,000 in the game show.

"We've never done a program like this before. Andrew Brown and Kyle Hitch came up with the idea at the fall retreat last year," said Lauren Anderson, one of the coordinators of the event.

She said new ideas like this would be more exciting for Club Lu events.

The 26 models holding the value boxes were mainly faculty and staff, including President Dr. Chris Kimball, Pastors Scott and Melissa Maxwell-Doherty and Dr. Barbara Collins professor of

"My heart was pounding out of my chest—not just for Kole, but lust for money."

— Eric Bunge

biology, who got a house full of cheers as she walked out across the stage.

"Getting the staff to respond to my E-mail [requests for models] has been the most difficult portion of planning this event," Anderson said.

She explained that she had a few students, such as Programs Board Director Jesse Knutson, stand in for faculty who had not responded as to have the full amount of briefcase holders at the event.

"I've been planning this event since last spring, brainstorming and reserving the gym for this occasion," Anderson said.

Students were given tickets for a drawing at the door as they entered around 9 p.m.

Numbers were randomly selected from a green bucket for a fair chance to win the grand prize

of \$1,000.

According to Adam Erickson, senior programs board representative who gave out tickets for the drawings at the door, about 250 people attended the event.

"This was pretty good for a first time program," Erickson said. "Especially since I heard about a rumor through the freshman class that it had been canceled."

Reshai Tate was the host of small programs during the breaks, which involved random drawing selections of contestants running to members of programs

board to win prizes within the boxes they held.

Jami Whitten was the winner of \$40 as she took the bank offer over her own box that contained a prize of \$10. Kyle Hansen took home \$185 after almost losing it all to five cents. Grace Teague came out \$10 more than her box at \$85.

"After coming down to two choices; \$750 or a towel that may be in his box, Kole Tanouye took the bank offer of \$400, making him the top winner of the evening with the help of his three friends, and came out \$400 over a towel.

"[The idea going through my mind was] should I give my friend the towel or not?" Tanouye said.

One of Tanouye's right hand men was Eric Bunge, a character who ran up and hid the deal button so that Tanouye could not take the bank offer. Later Bunge hid behind his chair when the game got really intense.

"I got in the moment. I didn't want to see him lose it—he's a dear partner," said Bunge after the event.

"Kole was throwing out heated questions and I wasn't giving them out like he wanted. My head was pounding, my palms were sweaty it was really hot up there, hotter than normal," Bunge said. "My heart was pounding out of my chest not just for Kole, but lust for money."

"I'm going to use \$100 for gummy bears... and buy lots of spicy chicken sandwiches from Carl's Jr." Tanouye said. "Oh, I can get a phone now, too."

Tanouye said that this experience was really different than any other Club Lu events that he has attended in the past because this time he was not just part of the audience, but part of the event itself.

"It came out a little bit different than I planned, but for the better," said Anderson.

Programs Board's next event is cosmic bowling, this Friday.



The Kingsmen mascot reveals what's inside of his briefcase to the audience and contestant Kyle Hansen.



Hansen discusses his next briefcase option with his three friends that were chosen to support him.

INSIDE

Campus ministers enjoy time at CLU.



Page 5

Fall season of intramurals well underway.



Page 6

Kingsmen soccer prepares for CMS.



Page 10

Professor discusses common good in California

By Dana Blackburn
Echo Staff Writer

A changing demographic, a changing set of dimensions around inequality and opportunity and a changing economy were explained as the three main underlying trends in California by Dr. Manuel Pastor last week.

Pastor, professor of geography, american studies and ethnicity at University of Southern California discussed "Making Regions Work: Conflict, Collaboration, and the Common Good in California," on Sept. 24 in the Samuelson Chapel at California Lutheran University.

Pastor is also the director of the program for Environmental and Regional Equity at USC's Center for Sustainable Cities.

He is a frequent lecturer on issues involving economic equality, demographic change and community empowerment. Pastor's research has focused around regional inclusion, economic and social issues in low-income suburban communities, and environmental justice.

California is leading the United States in terms of demographic change. In the last decade, concentrated poverty has fallen in the U.S. as a whole but it rose in California.

"California is a place where people have traditionally come to make their lives, it has been

a great place of opportunity, despite that we are now the sixth most unequal state," Pastor said.

He explained that when comparing the top fifth percent of families to the bottom fifth percent of families, California is the sixth most unequal state in the U.S. The state of California is becoming more unequal at a faster rate than 32 other states.

Pastor explained that California is facing a remarkable challenge that is actually calling for a different type of collaboration and leadership that must focus on values, integrity and finding the common good.

"The future that you face as a leader in the state of California is one in which you will be leading in many communities that are not your own and where you will be collaborating, building bridges and finding common shared values," Pastor said.

The lecture was presented by the Center for Leadership and Values in the School of Business at CLU, whose principal purpose is to encourage discussion of issues associated with values, character, leadership and social advancement both within the CLU community and in the larger surrounding community.

The Center for Leadership and Values has been involved in establishing a speaker series, conducting pertinent research for organizations such as The



USC professor Dr. Manuel Pastor discusses his "Making Regions Work" at the University Chapel.

Workforce Investment Board and Ventura County Public Health and creating and maintaining databases for socio-economic indicators in Ventura County.

"He gave us a vision of the future and then said 'the future is now.' When you think about the life experiences before young people, it would be a great opportunity missed if they don't

look ahead," said Dr. Jamshid Damooei, co-director of The Center for Leadership and Values and professor of economics at CLU.

A consistent theme of collaboration and change was promoted throughout Pastor's presentation.

"True prosperity is not one-sided, it is not a gated community

and it is not segregation. True prosperity is pursuing the common good," Damooei said.

The CLU community can look forward to future speakers presented by Center for Leadership and Values who has themed this year's series "Regional Collaboration."

Nack aims to educate students on STDs

Students learn about stigma of women with STDs

By Kelsey Bonesteel
Echo Staff Writer

The stigma of women with STDs and the truth behind the cervical vaccine were explained as important to understand by Dr. Adina Nack on Sept. 23 in the Lundring events center at California Lutheran University.

Nack, an associate professor of sociology also discussed her book "Damaged Goods? Women Living with Incurable Sexually Transmitted Diseases."

Nack began teaching at CLU in 2003. Many students know her as a sexual health informant and as the founder of CLU's Center for Equality and Justice.

She has made an impact on campus, keeping students educated on the many different aspects of sexual health.

Nack began with the discussion of Gardasil, the cervical cancer vaccine. She informed the

audience that this vaccine is being disguised as only a cervical cancer vaccine, when in reality it is protecting women against four types of Human Papillomavirus that can cause cervical cancer. HPV falls under the umbrella of an STD.

"By down playing HPV in the marketing, Merck has deprived us of the chance to be educated about a pandemic," Nack said.

Merck is the pharmaceutical company who sponsors the Gardasil vaccine.

Nack's theory is that Gardasil chose to market their vaccine in a different way because of the negative stereotypes against women with STDs.

"If a woman wants an STD shot she would be labeled as bad girl, or a fallen woman," Nack said.

Many students, faculty and staff attended the talk. Cheyanne Anderson, a junior at CLU said, "Ideally we should be able to market an STD shot, but I understand we're not ready."

This statement reinforces Nack's goal and reason for tackling the stigma negativity surrounding women living with STDs or HPV.

Her book, "Damaged Goods?" is a compilation of testimonials of real women living with STDs including HPV. Nack believes it is important for women not to feel alone and let them know there is life after an STD. When Nack was diagnosed with HPV at 20, no information was available. She knew something must be done for social change.

"I wanted to hear real life stories of women that have gotten through it and continued living," Nack said. "We haven't done a good job really telling you about HPV and how it's transmitted."

"If a woman wants an STD shot she would be labeled as a bad girl or a fallen woman."

— Dr. Adina Nack

Research took many trials before Nack was able to find women with the courage to discuss the typically taboo topic. Some of the stories include wonderful success stories, while others have chosen



CLU professor Dr. Adina Nack explains the topic of STDs to students.

a lifetime of celibacy.

This book is not only for women struggling with this virus, but also for their loved ones, nurse practitioners, and doctors. Nack also believes a huge part of how a patient reacts to being diagnosed is how doctors and nurse practitioners deliver the news.

"If I was in that situation I wouldn't want to have the doctor just leave a message on my answering machine or tell me in the middle of the exam," Alison Larson, a junior at CLU said. "I can't believe there are doctors

that would."

Nack is not finished with her research. She will continue to record testimonials of women and begin including men in her study. HPV does not just affect women; men are at risk in the same way, though she knows there is a different stigma attached to women with a STD than men.

"It is vital that we capitalize on the HPV vaccine and destroy STD myths, especially the sexist double standard of sexual morality," Nack said.

Akiko Yasuike discusses 'Japanese Corporate Wives'

By Gigi Arjomand
Echo Staff Writer

"The Chuzai Identity of Japanese Wives" was a topic unfamiliar to most of the attendees at a lecture held by Dr. Akiko Yasuike, an assistant professor of sociology at California Lutheran University on Thursday, Sept. 25th in the Soiland Humanities Center.

Yasuike, is an expert in the topic "Japanese Corporate Wives" as she recently spent months researching and writing about their lifestyle in her dissertation for the University of Southern California, where she earned her Ph.D.

"Chuzai" is a Japanese word and it translates to: living in a foreign country for occupational assignment.

The "Chuzai wives" interviewed and discussed in the lecture are wives of successful Japanese men, who moved, with their husbands to Southern California when their husbands transferred within a corporation to the United States from Japan.

Among those who attended the lecture were teachers, students, faculty and Dr. Juanita Hall, director of multicultural and international CLU programs. Most of the students were earning extra

credit points for a class but by judging their discussions upon exiting the lecture, they seemed to find the topic very interesting.

"It was definitely a topic I wouldn't have expected hearing about, but I discovered it was intriguing that their identity's were so consumed by their husband's jobs," said sophomore Megan Springer.

Everyone seemed to be intrigued, listening quietly throughout the hour long lecture, saving their questions and comments until after Dr. Yasuike had finished speaking.

Yasuike answered the questions as passionately as she had lectured, engaging the audience with humor and vibrant body language. The information gave an in depth understanding of this lifestyle known as "Chuzai."

"I am a Japanese woman born and raised in Japan. I've always thought a lot of things were weird and I've experienced gender issues and differences among Japanese people," Yasuike said.

"I came here as an exchange student and by being here I had the access and capability, so I thought I'd study this group of

transnational corporate wives."

The lecture consisted of quotes, stories and facts, many of which Yasuike had obtained through personal interviews with these women.

"We are just wives in Japan, but here we interact with people with our husband's masks on," one woman said.

Dr. Yasuike found it remarkable that these women, some of which were earning more money than their husbands, would give up their personal careers to indirectly "work" for their husband's corporation through their representation as "Chuzai" wives.

"Some of them were happy. They could adapt easily since they had already been housewives in Japan. However, those who had careers in Japan, had problems with the Chuzai life identity," Yasuike said.

Although Yasuike was uncertain what she would do in a similar situation, saying her decision would depend on the profession she held. "She did understand what might have motivated these women, love is an important factor," she said.

Mogen Market now declines all meal plans

By Jennifer Tholse
Echo Staff Writer

Starting this fall semester, Mogen Market has installed a change which is displeasing the students.

Students can no longer shop at the market with their meal plan and the prices on everything have also increased from last year.

What can be found at an ordinary grocery store will cost more than double the price on campus.

"It is inconvenient for people with meal plans, because now they can't use that to get a quick meal. Now they have to use their own money, which is annoying because they already spent money on this meal plan," said junior Beth Peters center director.

"As a student I would at least like to be informed and receive more information on why this change occurred," sophomore April Wyatt said.

Wyatt shopped at Mogen Market last year and is frustrated with this change since she already paid for her meal plan.

She also works late and sometimes doesn't feel like going to the Centrum to get some food, since she lives closer to Mogen.

In previous years, Peters used to go to Mogen Market to get a quick meal or to shop for some food when friends were invited over.

Peters said that another center

director explained that the reason for the change was because they sell toiletries which literally isn't food.

Senior Matthew Jean doesn't accept that explanation and emphasized that money still has the same value.

"Either way, if you're choosing to use your meal plan towards food or toward toiletries, it's still money that already has been spent by the student," Jean said.

He also explained that he thinks Sodexho is making money off of the students, instead of being a service.

He said that this is for the students and Sodexho is not supposed to look at it as a business or simply be interested in making profit.

"They make it seem like they are doing this for us as a favor, but they are not. I don't understand how something that worked so amazingly has now been taken away," Jean said.

Mogen Market is open from 5 p.m. to midnight, and even though it is closed on Saturdays, the open hours are still during times when other dining options are unavailable which leads students no other choice than using that facility if hungry.

This semester, since meal plans won't work any more, students with late eating habits have to

spend their own pocket money, on top of their meal plan, to enjoy a meal.

Homecoming Schedule

Thursday Oct. 9

8:00 p.m. Homecoming Coronation Ceremony
Lundring Events Center

Friday Oct. 10

11:30 a.m. Alumni & Friends Golf Classic
Malibu Country Club (901 Encinal Canyon Road, Malibu, CA 90265)
7 p.m. - 9 p.m. Bingo Night
Pavilion

9 p.m. - 12 a.m. Homecoming Carnival
Memorial Parkway

Saturday Oct. 11

9 p.m. - 10 a.m. Breakfast & State of the University Address
Lundring Events Center
1 p.m. Kingsmen Football Game vs. Pomona-Pitzer
Mt. Clef Stadium
4 p.m. - 7:30 p.m. Alumni & Family Festival
Gilbert Center Courtyard
6:45 p.m. Kingsmen Alumni Basketball Game
Gilbert Arena
8 p.m. - 12 a.m. Homecoming Dance
Location: Cinespace, Hollywood

Sunday Oct. 12

9:30 a.m. - 10 a.m. All Campus Continental
Samuelson Chapel
10 a.m. Worship
Samuelson Chapel
2 p.m. Homecoming & Family Weekend Concert
Samuelson Chapel

For more information go to
<http://www.callutheran.edu/alumni/events/homecoming/>

IMPORTANT DATES

Don't miss these opportunities to talk to program reps about studying in Washington D.C.

To students interested in studying in D.C., we are now accepting applications for Spring.

Ideal profile is a junior, though seniors and second semester sophomores have gone without difficulty.

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The website is
http://www.callutheran.edu/study_abroad/

You can also contact reps at
www.washingtonsemester.org



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Around the Campus

WEDNESDAY October 1	THURSDAY October 2	FRIDAY October 3	SATURDAY October 4
University Chapel: Paul Benz '08 10 a.m. Samuelson Chapel	Interviewing for Offers Workshop 5:30 p.m. Roth Nelson Room	Preparing your Student Research Symposium Presentation 10 a.m. Richter Hall	Men's Soccer vs. Redlands 11 a.m. Home
The Tournées Festival: Les Choristes (2004) 7 p.m. Preus-Brandt Forum	Book Discussion: Dave Eggers' "What Is the What" 7:30 p.m. Lundring Event Center	Lord of Life Student Congregation Retreat 6 p.m. Samuelson Chapel	Volleyball vs. Pomona-Pitzer 6 p.m. Home
The Need 10:15 p.m. SUB			
SUNDAY October 5	MONDAY October 6	TUESDAY October 7	NEXT WEEK ON CAMPUS
Lord of Life Congregational Worship 6:15 p.m. Samuelson Chapel	<i>"The purpose of life is a life of purpose." ~ Robert Byrne</i>	What Can I do with this Major? Workshop Noon Roth Nelson Room	<i>Homecoming & Family Weekend!!!</i>



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Fat Tuesdays - \$2 Chicken Tacos, .50 cent wings (6 p.m. - close)

CLU Thursdays - 25% off with college I.D. (6 p.m. - close)

Kingsmen Saturdays - 20% off all pizzas (all day, dine-in only)

Drink and food specials everyday (3-6 p.m.)

Join us for Sunday breakfast during NFL season (9 a.m.-Noon)

Duo falls in love with each other and CLU

Scott and Melissa Maxwell-Doherty return to their alma mater to head campus ministries

By Natasha Spiroff
Echo Staff Writer

After completing 24 units at California Lutheran University, a student is considered an alumnus or alumna. Some alumni leave and never look back, but for others, CLU remains a part of their lives long after graduation. For campus pastors Scott and Melissa Maxwell-Doherty, CLU has left a lasting impression on their lives.

Scott Maxwell-Doherty '76 has been connected to CLU from an early age.

As a child growing up in Burbank, he was a member of the American Lutheran Church and traveled with the congregation to the future site of CLU to enjoy picnics by the pool, which was formerly located outside of Kramer Court. He specifically remembers flying kites with his father in a field that is now the parking lot outside of the Gilbert Sports and Fitness Center.

After studying for two years at a community college, Scott transferred to CLU as a religion major.

"I knew that was the career path for me," Scott said. "I knew I wanted to be a pastor."

Melissa Maxwell-Doherty '77 was also introduced to CLU through her church.

Melissa was a member of Holy Trinity Lutheran Church in Long Beach. This church had a CLU Guild, which raised money to help support the fairly new college.

Before coming into her first year at CLU as a psychology major, Melissa intended to transfer after a year or two but quickly changed her mind.

"[On] the Wednesday of the first week, I fell in love," Melissa said. "I loved how people interconnected. You could be a little fish and find your way; you didn't have to be the superstar."

Melissa found her way at CLU by becoming involved. As a departmental assistant for the psychology department and an active member of the campus ministries on campus, she kept herself busy by working with many different people, leading small groups and working in the community.

A mutual friend is responsible for introducing the couple.

"Scott was the handsome tennis player," Melissa said. "And he seemed too conservative to like me."

Scott remembers when he first saw Melissa.

"She had a great tan, long hair, and I thought to myself that I should get to know her," Scott said.



"[Melissa] had a great tan, long hair, and I thought to myself that I should get to know her."

— Rev. Scott Maxwell-Doherty

North Dakota.

Nine years after their move to North Dakota, they received a call from their alma mater, CLU, and although they weren't sure if they wanted to move again, they decided to send in their resumes.

After accepting their call to CLU in 2000, the Maxwell-Doherty's settled in as the campus pastors.

"Campus ministries are very exciting," Melissa said. "We get to connect with people at very exciting times in their lives. People are changing, testing things, recommitting their lives and questioning their faith."

Opportunities are available for every CLU student to become involved in campus ministries.

"The most visible events on campus are Wednesday chapel, Common Ground on Wednesday nights and Sunday night worship," Scott said. "The Lord of Life congregation is run by and for students."

Pastors Scott and Melissa encourage students with questions to come talk to them.

"Everyone has something to offer," Melissa said. "We encourage everyone in their own walk of faith."



Photo by Van Urfalian

Campus pastors Melissa and Scott Maxwell-Doherty are recognized for their openness and compassion for CLU students.

Annual Fund kicks off 'Philanthropy Phridays'

The kickoff for California Lutheran University's first-ever Student Philanthropy Council is this Friday. The SPC is a brand new, student-run organization supported by the Annual Fund office, which promotes student awareness about philanthropy and the crucial role it plays at CLU.

On Friday, from 9 a.m.-4 p.m., members of the SPC will launch their year-long awareness campaign called Philanthropy Phridays.

These 'Phridays' will be held the first Friday of the month at the flagpole, and will be aimed at educating students about different aspects of philanthropy within the university. The SPC hopes to show that without the generous contributions of those who came before, CLU would not be what it is today.

This Friday, the council will be celebrating "University Firsts." Stop by for games, snacks and an opportunity to learn about some first times for Cal Lutheran.

THE ECHO

California Lutheran University

2008-2009

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Programs board plans fun-filled events for fall

Board hopes that mix of new and old will keep students coming

By Ashley Soukup
Echo Staff Writer

The California Lutheran University programs board is gearing up for a year of new and repeated events that promise to be fun-filled.

The board is a branch of the Associated Students California Lutheran University Government. Its mission is to listen to students' wants and to plan events accordingly.

"We're trying to do it even more than usual this year. We are just really trying to figure out what they (the students) want and trying to program to their needs," Jesse Knutson, programs board director said.

They are also trying to incorporate other student clubs into events in hopes of attracting more students. One of their committees teamed up with H20, CLU's hip-hop organization, to produce this year's Glow in the Dark dance.

The programs board is planning new events for this school year, including cosmic bowling on Oct. 3, "Rocky Horror Picture Show" on Oct. 31, a football rally on Nov. 7 and a dance marathon during the Spring semester.

The board hosted the first new event of the 2008-2009 school year last Friday, which included a viewing and discussion of the first of three presidential debates between Sen. Barack Obama and Sen. John McCain.

The programs board will

hold other events for the final presidential debates as well.

"We also have a set of programming that's going to occur before the election, geared toward political activism and getting students involved with the upcoming election in November," ASCLU President Andrew Brown said.

The viewing and discussion of the presidential debate gives students the opportunity to voice their opinions about this important and historic election and how it will affect them.

"We will actually do a live broadcast of the debates and then have professors and delegates from both parties hopefully facilitate a discussion afterwards that engage students in the actual conversation of what is being decided and what is at stake in the election," Brown said.

The programs board is bringing back past activities as well, events such as ice skating, cosmic bowling Friday, the annual homecoming carnival on Oct. 10, homecoming dance on Oct. 11, roller skating on Oct. 24 and Christmas Chaos.

The programs board is also planning laser tag, Play for Pay, Howl at the Moon, Mr. Kingsmen, Spring Formal and Club Luau.

"The programs that we are doing this year, they are either brand new programs or they are programs that haven't been seen by anyone because they haven't been done for many years," Amanda Whealon, programs board coordinator said.

For more information about programs board events email Jesse Knutson at knutson@callutheran.edu or visit the Web site: <http://www.callutheran.edu/student-life/asclu/>.



Photo by Rachel Wolf

Students playing volleyball in the first week of intramural sports.

Intramural sports prove trendy

CLU students enjoy friendly competition

By Aaron Hilf
Echo Staff Writer

Having just over 500 students participating in five leagues, intramural sports is one of the most popular extracurricular activities among students at California Lutheran University.

With the intramural sport season underway, it would be hard for students not to find something that they would be interested in playing.

"Intramurals are just a cool way to spend time with friends," said Clark Cripps, coordinator for intramurals, fitness and recreation. "They're another great way to get more involved on campus."

With five different sports on different days throughout the week, students are given flexibility and numerous choices in what intramurals they compete in which they love.

"One of the nicest things about intramurals is that they have [most] sports on a different day of the week," senior Kevin Holt said. "It's just easy to find something to do even if you're really, really busy."

Taking part in softball this semester, Holt and friend Brittany Mowry built their team from the ground up.

"We made a Facebook group to get more friends involved," said Holt. "Now our team is so big, I don't even know everyone that's on it."

LET'S PLAY BALL...

Fall intramurals started on Sunday with softball and volleyball. This fall there are five different leagues on three different nights that students can choose from.

Tuesday: Dodgeball, 3 on 3 Basketball

Wednesday: Indoor Soccer

Sunday: Softball and Volleyball

"It's just another way to get involved and meet new people around campus," said sophomore Kristin White.

Having played sports her whole life, White is hoping to get back into the swing of things this fall semester.

"I played soccer when I was younger and I wanted to play it here because I missed it and it would be something fun to do with friends," she said.

Fall leagues include indoor soccer, softball, 3 on 3 basketball, volleyball and dodge ball. Slated leagues for the spring semester include inner tube water polo, outdoor soccer, flag football, and 5 on 5 basketball. A spring bowling league at a local bowling ally is also a possibility.

Throughout the year Cripps and the intramural staff also plan on putting together different tournaments including kickball, wiffle ball and Wü bowling. Sign-ups are open to all students and they can sign up as a team, or even as a free agent for any sport or tournaments.

As one of the newest up-and-coming sports here on CLU's campus, students use dodge

ball to reconnect to their past while taking out some of their everyday frustration. Dodgeball's popularity around campus has continued to grow, even as popularity with elementary school officials has dwindled in recent years.

What was "once shrugged off as a harmless game is now considered aggressive, unwholesome and a cause of injuries by some school administrators," reports the New York Times.

Is the dodgeball league just another childhood memory, or an unhealthy and violent way of students to lash out toward one another?

Either way, Cripps hopes to stay within the spirit of the game by making some small changes this semester, including the implementing of a new sportsmanship point system. Cripps hopes that these changes will help things from getting out of hand.

"Intramurals were designed to provide some sort of competitive and athletic sport for students not participating in varsity sports, but are to remain fun and healthy competition," he said.

THANK YOU,
SERVICE DAY VOLUNTEERS!



1 Day
of Service

Otsuka inspired to write book about WWII camps

Author raises question: do we learn from the past?

By Megan Hindman
Echo Staff Writer

Freshman Seminar is designed to ease students into their college careers. As part of the First Year Experience Program at California Lutheran University this year's book, "When the Empire was Divine," was given to freshmen prior to their arrival on campus to help with the transition.

"College is different than high school. There are higher expectations, which often include preparing for classes before the first day ever arrives," said Sally Sagen, assistant director of student life. "It allows us the opportunity to discuss the book during New Student Orientation, giving all freshman a common experience."

The novel is based on those involved in the Japanese Internment during WWII. Selected for its literary and historical perspective, the book also leads the reader to speculate the nations choices in our current war.

Julie Otsuka, author of "When the Empire was Divine," spoke last Friday, Sept. 26, in the Gilbert Sports and Fitness Center. During her lecture, Otsuka questioned how much we have really learned from the past to understand where we are in the present. She also made reference to current similar situations and provided additional information about her personal journey while writing the book.

"It was nice hearing what the speaker had to say. It actually kind of gave me a different insight about how she told the story and what the story meant to her personally," said freshman Sandy Mullens.

Having the author available to discuss the book

played an important factor in the selection process for this year's text.

"It is thrilling to hear an author read his or her own work and actually experience the book the way the author intended," Sagen said.

Faculty members are allowed to choose how he or she will incorporate the text into their class work. Many peer groups will visit the Japanese American National Museum or use the text for discussions and response papers.

"It can really spark some good discussions," said Jim Bond, associate professor of English. "Related to the book and beyond the book in terms of freshman seminar, students have the opportunity to enter into conversation at CLU. They are invited in to learn some of the ways of talking, thinking and communicating in this university."

The text also displays strong ties to the freshman experience.

"It emerges students in this culture that many of them are unfamiliar with," Bond said.

A situation very similar to the struggles a freshman faces in the beginning of his or her college career.

"Further, it highlights how we as humans can handle difference in such terrible ways and I think it brings about opportunities to discuss how we handle difference and fear as individuals in our lives, which are both key issues in students' transitions into college," Sagen said.

Julie Otsuka's book "When the Empire was Divine" not only shed light on an often forgotten story, but also provided, in many ways, a reference for the freshman experience.

CLU CONCERTS 2008

Homecoming Choral Concert

Sunday, October 12, 2008
2:00 pm
Samuelson Chapel

Women's Chorale
CLU Choir
Wyant Morton, Conductor

In keeping with tradition, the CLU Choral Ensembles will present one of their hallmark concerts featuring an eclectic program of exciting and unusual works.

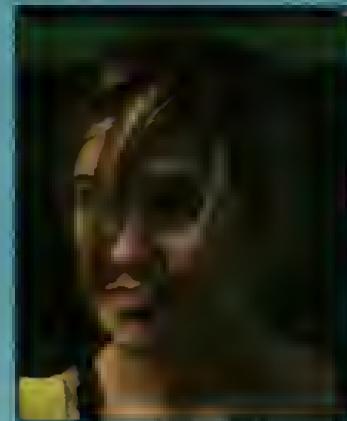
Donations accepted
(805) 493-3306

The 2008-2009 concert calendar for the CLU Music Department can be found at: www.calutheran.edu/music

California Lutheran
UNIVERSITY

Campus Quotes

"Who is your favorite Professor and why?"



"Dr. Haco Hoang, assistant professor of political science. She is a really inspiring teacher and I learn a lot in her classes."

—Sophomore, Arianna Thomopoulos



"Dr. Jarvis Streeter, professor of religion. He is really personable and friendly. He is a really good teacher."

—Freshman, Destiny Freeman



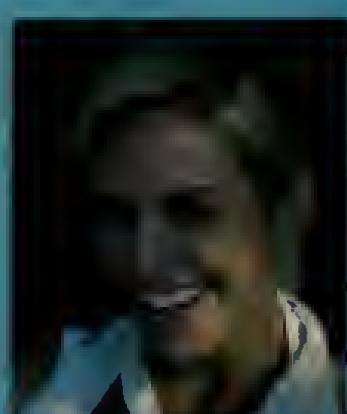
"Dr. Paul Witman, assistant professor of business. He has a lot of energy even though it is an early class. He's always ready to teach."

—Junior, Bill Graeme



"Barry Burns, instructor for multimedia / art. He is easy to approach and just an overall nice guy."

—Senior, Scott Smith



"Dr. Jonathan Cordero, assistant professor of sociology, he is a very helpful professor and makes class interesting."

—Senior, Amy Gourley

I'm not a feminist, I'm an equal



By Candice Cerro
Editor in Chief

In one of my classes last week, we presented topics for research papers. Each one of my classmates presented his or her choice of a pressing issue they would like to study. One classmate in particular presented a topic about feminism.

His theory is that as women make the transition from high school to college they begin to

realize the disadvantages they face in our society due to their sex. He claims that this causes women to have "chips on their shoulders" thus producing a different attitude than their male counterparts.

My observant classmate is referring to the glass ceiling: the idea that women do not advance as readily as men in the workplace because of their gender.

It is hard to deny that women are making incredible strides. With Hillary Clinton getting so close to the Democrat nomination and Sarah Palin now the Republican vice presidential candidate, women are beginning to creep into main leadership roles.

The sad fact however, is that women are not on the same playing field as men. Is it true that women do not know this while in high school and become aware of it in college or in the workforce?

I think so. Little girls are told they can be anything they want to be in life, yet when they progress

beyond high school into the "real world" they find out that their sex plays a far larger role than they ever realized.

Why are we debating Hillary Clinton's outfit choice? Why are we overly consumed with the fact that Sarah Palin happens to be quite attractive?

People will comment on Barack

Since when does being ambitious, and sometimes saucy, mean that I do so because of the disadvantage of being female?

Obama's looks, but not to the same degree as Palin receives.

In regards to a woman having a "chip on her shoulder" though, I have to disagree.

Who is to say that because I work harder than some of my male counter parts, I do so because I am a disadvantaged female?

When I stand up for myself or assert my views publicly, does this make me "sensitive" to the feminist plight or does it just

mean that I justify my beliefs?

Since when does being ambitious, and sometimes saucy, mean that I do so because of the disadvantage of being female?

I'll regress to my childhood for just a moment. The person responsible for my so-called feminism, is actually my father.

He, however, did not teach me to a strong-willed girl or woman, he taught be to be a strong-willed individual, no matter my gender.

I think it is important to remember that if one still upholds the double standard, he then, is being sexist. If it is okay for a male to say something or do something, it is just as appropriate for a female to do so.

I also do not believe that in saying this I am being ultra-feminist.

I will not be chaining myself to an inanimate object any time soon and I most certainly will not be burning my bra, I do however, strongly believe I am an equal to my male counterpart.

How to Respond

Mail

Letters to the Editor
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Thousand Oaks, CA 91360

Phone

(805) 493-3465

E-mail

echo@callutheran.edu

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

Mastering the art of the tease

By Kristin Gilman
Echo Staff Writer

When contemplating a topic to write about this week a certain controversy caught my interest. After I made plans to join the new "Flexy Tease" workout class for women, I learned from a disappointed participant that the class had mysteriously been canceled.

The Gilbert Sports and Fitness Center's Flexy Tease class is the subject of passionate responses, both negative and positive, on the California Lutheran University campus.

Flexy Tease was to be a new class offered at the Gilbert Sports and Fitness Center this semester. This all-female class aimed to get women excited about coming to the gym to exercise by entwining an aerobic work out with a sexy twist.

The first class was held Sept. 17 and it received an outstanding response from the more than 45 students who attended.

The excited female students were instructed to dress in layers and wear high heels to the next class.

However, not everyone was thrilled. Parents, faculty, staff and even some students complained about the content of this class. Perhaps good Lutheran women are neither to tease nor be flexible.

In order to find out what happened, I contacted Clark

Cripps, coordinator of Intramurals, Recreation and Fitness. I received two sentences from him, which simply explained that the course was no longer being offered and he did not wish to share any more information.

Still confused, I spoke with some women who had attended the first class to see what kind of explanation they had received, and found that they were just as befuddled as I was.

No one seems to know why, or wishes to share why Flexy Tease

Bottom line, the Flexy tease class is about making exercising fun and teaching women to be comfortable with their bodies.

was cut after a single class. It seems a little unfair to "tease" the students with one class and pull it away with no explanation.

The GSFC administrators had to review and approve the content of the class before it was announced and scheduled to be offered. Students who attended the first session of Flexy Tease were excited about it and the word around campus was that the next class would be packed.

So what would cause this sudden cancellation of the class altogether?

I do not know the answer to this and neither do the students, who

were eager about attending.

If CLU or the Gilbert Sports and Fitness Center think the content of this class is inappropriate to be associated with the university, they should not have offered it in the first place.

If the class was shut down because of complaints from faculty, staff, students or parents that is a shame.

I do not believe that CLU is conservative to the extent of shutting down an aerobic class. The conservative students can still uphold their values with a class like this taking place—simply do not attend if the content is not cohesive with your beliefs.

Bottom line, the Flexy Tease class is not about being scandalous or promiscuous. It is about making exercising fun and teaching women to be comfortable with their bodies. This class is not Stripping 101, and no one was encouraging any of the female students to take on a night job as an exotic dancer.

Getting your workout at the gym should not be something you dread doing all day. This class was a break from the mundane 30 minutes on the "dreadmill." CLU and the Gilbert Sports and Fitness Center should aim to empower women with a healthy, happy body image.

Classes that can get women excited about exercising and improving their health should not be shut down—they should be expanded.

What does this sign mean?



It means someone cares about your experience at CLU

It means the person who posted this sign is ready and willing to talk to you about a negative experience related to your race, ethnicity, nationality, sexual orientation, age, gender, disability, or religion

It means your conversation will be confidential

It means the faculty or administrator posting this sign has been trained

as a SAFE ZONE Ally to support you

For more information about the SAFE ZONE Ally program, contact Dr. Alon Goodwin (agoodwin@callutheran.edu) or Dr. Juanito Holl (jahall@clunet.edu)

For the record....

In last week's edition, Kristin Gilman was not encouraging students to disable their smoke detectors in order to make their Internet connection better.

Taxes or tacos?



By Missy Bain
Echo Staff Writer

How many times have you received a paycheck and looked at the amount of money you earned, then looked at the actual check amount after taxes and waved an angry fist at Uncle Sam?

I know I have done it a few times. Although the amount of money taken out of my checks is never really that much, only about \$20 or so, as a broke college student, I know how far only \$20 can go.

With that extra \$20 I could buy 40 tacos at Jack in the Box, or two "fishbowl" margaritas at Sunset Terrace for Margarita Monday.

But instead, the state and national government get my \$20 and I go hungry and thirsty.

And that is just my income tax. What about all the taxes I pay every time I go shopping, fill up my gas tank or go out to eat?

It seems never-ending, and many people actually make a living doing nothing but complaining about all of the taxes they pay (i.e. Rush Limbaugh).

But, after all of my blind, taco-less frustration, instead of complaining, I started to really think about this whole paying taxes thing. And maybe it isn't so bad after all.

I did some research and found that the majority of our local tax dollars go to things like public schools and salaries and supplies for police officers and firefighters.

I suppose I can sacrifice a margarita to pay someone who is willing to sacrifice their own life to save mine.

I suppose I can cut down on my consumption of tacos to help ensure that a young child has a desk to sit at when he or she arrives to class.

I suppose. But what about all of the national taxes we pay? How dare the government take money out of my hard earned paycheck and give it to a struggling family.

How dare they assume that I care about my fellow human beings and agree that all children, not just my own or the ones I personally know, are entitled to a good education.

How dare they think that I want to pay Social Security to

take care of all these senior citizens who drive too slow and make me late to work everyday.

What a silly government we have to make us take care of each other in order to have a more successful, more motivated and more confident nation.

I understand that we are a capitalist nation and that we tend to be self-interested because of it.

But I don't understand why it is such a big deal to pay your share, just like everyone else (except of course for the illegal immigrants, but that is a whole other article) and have the same opportunity to receive a helping hand when you need it most?

I know most people say, "That will never be me. I will never be poor and therefore I will never need any of the services I contribute unwillingly to."

Sweet. Good for you. But some people weren't raised in sunny Thousand Oaks with everything they needed handed to them. Some people actually struggle

I did some research and found that the majority of our local tax dollars go to things like public school and salaries and supplies for police officers and firefighters.

everyday, drop out of school so they can work more and help take care of their families.

Some people just need a little help getting started, or getting back up on their feet. Some people pay their rent and their electricity bill and then don't have enough left to pay for groceries or child care.

So, without our tax dollars, without our helping hands, some people would be forced to choose paying rent to shelter their children or themselves, or buying groceries to feed their children or themselves.

Is that fair? I understand that there are those out there who do take advantage of tax-dollar programs and sit around all day making money off of other people's hard work.

But these people are far and few between and no system will ever be perfect. People will always find a way to cheat or get around anything.

And to me, it is not worth ceasing to fund these programs completely because there are a few jerks out there.

So, next time you complain about taxes, think about how you have had the opportunity to go to school.

Think about how someone else out there will survive another day because of your help, whether willing or not and how great of a country this could be if we all are in it together and helping each other out.

Everyone wants some form of public service, but no one wants to pay for it. Let's all just grow up, get over ourselves, and do our duty as American citizens.

Hotspots in L.A.

Los Angeles; It's one of the world's most desired places to be. "A" listers, real estate moguls and high end retail stores are only a few reasons as to why the City of Angels is the place to see and be seen.

Born and raised in L.A., I've made it a priority to never take for granted the hundreds of things one can do in this city. About 45 minutes south of Thousand Oaks one can find things to do, whether you want an evening out with friends or a calm dinner with family.

There are two hot spot restaurants to try down in the city that are a must when visiting L.A. One is Geisha House, a sushi bar, sake lounge and restaurant that is open seven days a week beginning at 6 p.m. This incredible eatery is located at 6633 Hollywood Blvd., in Hollywood.

Koi, a favorite among celebrities, is a unique restaurant that surrounds its visitors with willow trees and candlelight. This restaurant can be found at 730 North La Cienega Blvd. in Los Angeles.

To me, a perfect night out would start by heading down to L.A., dressed and ready to go with my girlfriends, but not before stopping at a great sushi bar to

eat. What's for dessert you may ask? Head to Pinkberry, which has its headquarters in Los Angeles for some "upscale frozen dessert."

Finally of "legal age" and having more fun than ever checking out the L.A scene, I feel it's my duty to mention some of the hottest clubs for the 21 and over audience. The Green Door, Goa, Teddy's, The



By Leslie Richman
Echo Staff Writer

Roosevelt, Boulevard 3 and Les Duex are only some of the most sophisticated night clubs in L.A. Kress and Coco De Ville are two other nightclubs that are slowly making their way to the top as the "it" place to be.

Looking for something a little more low key? Try hitting Venice Beach or the Santa Monica Pier. Venice Beach has hundreds of fun and exciting things to do and see.

Take your dog on a nice stroll or

go vintage shopping at some of the most authentic stores this city has to offer.

Phenomenal artists that create paintings line the sidewalks of Venice Beach, all for sale and ready to make your home or apartment look divine.

Santa Monica Pier, on the other hand, is a place to go for amusement park rides, excitement and crazy carnival games. Relax on the ferris wheel and get a front row seat to watch the breathtaking Pacific Ocean while floating high in the sky.

Don't worry, I haven't forgotten about all the sports fans. With the World Series just around the corner, grab some nose-bleed tickets to a Dodger game, only to take in their famous Dodger Dogs, Cracker-Jacks, or extra-salty peanuts.

Now, with Manny Ramirez as the Dodgers' new addition to play left field and with Russell Martin as catcher, it is guaranteed that you will be watching an exciting game.

Not a baseball fan? Not a problem. What about those Los Angeles Lakers? Sit indoors in the stunning Staples Center to watch guard Kobe Bryant and forward Lamar Odom play hard this upcoming basketball season.

Los Angeles is a city that guarantees a fast-pace lifestyle and remarkable memories. With hundreds of things you can do in the great city of Los Angeles, why not take a quick trip to have the time of your life?

\$700 billion bailout



By Hollie Lowenberg
Echo Staff Writer

President Bush addressed the nation Wednesday night warning Americans and lawmakers that failing to act on the \$700 billion bailout could lead to "financial panic" and a "long and painful recession."

Bush urged Congress to pass his administration's financial rescue package for the sake of the American economy.

The idea of the plan, involves the government buying up troubled assets so that credit could start flowing again and the economy could rebound.

He argued that if a bailout is not approved, economic consequences such as disappearing retirement savings, rising foreclosures, lost jobs and closed businesses will be at high

risk.

As of Friday, the plan was put to rest, but lawmakers are still scrambling to come up with a solution to this serious issue. Even though this bill did not pass, it's obvious that something must be done soon or else we will have a huge problem on our hands, leaving a tremendous impact on American consumers, homeowners and taxpayers.

Right now banks and lending institutions are out of money, investors that would normally buy are afraid. Without selling mortgage-backed securities (M.B.S) we can't gain capital, which means the credit crisis will continue to worsen, threatening the entire financial system. By establishing a price for assets no one currently wants to buy, it could allow a market to develop and allow financial firms to get on with the effort of taking their losses and getting the damaged assets off their books.

We need to create an agency that will buy these notes and hold on to them until the market gets better. In the meantime, banks would have money to loan out, including loans for cars, homes, credit cards and even student loans.

For those of you asking, "How does this affect me?" I'll tell you. If the banks are to hard up to loan money that means those of us who borrow loans every year

for college won't be able to. If we can't get loans, we can't go to Cal Lutheran anymore. Most students would have to transfer to state schools or local community colleges.

Considering that Cal Lutheran is such an expensive school, many students need aid in the form of loans to be able to attend. In fact, just in the past year tuition went up.

Many students in America take out loans. Stafford loans right now are at a 6.8 percent fixed rate. My guess is that it will keep growing higher year by year if even available in the future.

If students have to leave, there would be less enrollment resulting in a loss for the school. Cal Lutheran would have to offer more grant or scholarship money to offset the amount of loans so that students could attend. Therefore, the quality of the school would suffer, possibly resulting in budget cuts for certain programs.

Something to think about when it comes down to supporting a bailout plan; whatever lawmakers conjure up next.

We must remember that the U.S. economy is based on the money we make off of borrowing and lending. In a sense we are the "money merchants" of the world. We aren't as reliant as other countries on our exports.

Love of the game fuels love of the job

Chisholm shines in a position that highlights his passion

By Jeff Chaney
Echo Staff Writer

Scott Chisholm, Cal Lutheran University sports information director, is the man behind the sports media. From writing press releases and relaying information to other media outlets, to taking team photos and updating stats, he has found a career doing what he loves: sports.

"If you enjoy your job you never labor a day, and I'm not a 9 to 5 guy. I don't think I could come

in and just stare at a computer screen all day for eight hours," Chisholm said.

He first started working in college athletics as a sports announcer at Chapman University where his first day on the job ended with a vulgar earful from a coach who didn't like his announcing style.

"Eventually I got really good at public address announcing and that led to the internship at Chapman. Coming from that incident to where I am now is kind of funny," Chisholm said.

At Chapman he used his knowledge as a water polo player for the Panthers to take on assignments around the swimming pool, as an aquatics sports information director for

a year.

He also did some assignments for golf and tennis as well, which he feels helped round him out for working on a variety of sports.

"I basically did the same thing for the next two years at La Verne

**Cal
Lutheran**

University while I was getting my masters," Chisholm said.

It was at La Verne where he learned all about the different positions behind the scenes of each sport, a skill that would come in handy over time, as he would utilize those and other skills at CLU.

"All the different game clocks,

shot clocks and scoreboards, I could run them with my eyes closed by the time I was done there," Chisholm said.

CLU athletics is proud to have someone like Chisholm who is dedicated to keeping all of CLU in the know. He writes sports press releases and takes photos for the athletics website, putting in well over 40 hours per week.

"Ninety-eight percent of the time I'm working weekends, but it doesn't feel like work," Chisholm said.

People have taken notice of his quickness, often having releases and scores posted online right after the particular game ends.

"When a CLU athlete's parent, aunt, uncle, or grandparent wants information, results or stats about

a game on the CLU website, they get that information although the game ended just minutes prior. That is all a credit to Mr. Chisholm," said assistant men's and women's water polo coach Matt Warshaw.

Chisholm and his staff feel that timeliness is an important part of sports information. Getting the results out there right away is almost a necessity.

Chisholm is on the pool deck, sidelines and courtside covering the latest CLU sporting events and organizing all the information for the public throughout the school year.

"Especially for home events, we pride ourselves in getting that stuff out as soon as possible. The quicker the better," he said.

Kingsmen top two conference opponents

Men continue strong SCIAC performances

By Jackson Damron
Echo Staff Writer

The men's soccer team picked up two wins in conference play this week, defeating Whittier College on Wednesday and Caltech University on Saturday.

The Kingsmen beat the Whittier Poets 2-0 to remain unbeaten in conference play and brought their season record back to .500 at 4-4.

The Kingsmen received goals from sophomore Jorge Martinez and freshman Braden Hoyt to secure the victory.

With the Kingsmen improving to 3-1 in SCIAC play, they will now face Claremont-Mudd-Scripps today at 4 p.m. and at Redlands on Saturday, October 4. Redlands is currently tied for first place with Pomona-Pitzer with identical records of 2-0-1.

Cal Lutheran sophomore goalkeeper Mike Zubach had his first solo shutout of the season recording a save in each half.

On Saturday, CLU defeated the Caltech Beavers 5-1 at home, keeping the Beavers winless in the Southern California Intercollegiate Athletic Conference (SCIAC).

Scoreless after the first half the Kingsmen found themselves frustrated by the Beaver defense. Having only one attacking forward, Caltech's remaining nine players jammed passing lanes and forced the Kingsmen offside, spoiling many scoring opportunities.

"We were very anxious to get on



Photo by Nathan Hoyt

Kingsmen Dirk Onink fights for the ball against Whittier's Daniel Covarrubias.

the board," said CLU assistant coach Doc Kuntz. "We needed to play together and have more consistent play on the ground."

Kuntz gave a lot of credit to Caltech in the first half adding that they came out with a lot of heart and played with nothing to lose.

After some encouraging words at halftime, the Kingsmen got on the board in the 63rd minute with a goal from sophomore Steffen Isetorp, assisted by junior John Barley, who picked

up a yellow card in the first half.

"I told the boys we needed to keep our shots low, hard and to the corners," Kuntz said. "Shots to the keeper's hands are easily stopped."

During the next five minutes the Kingsmen received goals from Hiroki Sera, Josh Moskowitz, and Matt Fernandez in the 65th, 66th, and 68th minutes, respectively.

"As soon as we got the first [goal] we relaxed and capitalized on opportunities in the box," said junior midfielder Ryan

McDermott, who also had an assist in the second half and is the leading point scorer for the Kingsmen this year.

CLU's final goal came by way of an exciting one-on-one move from Robert Yajima who found the back of the net to put CLU up 5-0.

"Robert has some fancy footwork. We see it everyday in practice," Barley said.

In the 89th minute Caltech junior Tyler Volkoff scored the lone goal for the Beavers to spoil

a second straight shutout for the Kingsmen. Volkoff's goal was the first for Cal Tech this season while allowing 20 goals over four conference games.

Zubach and Hoyt, who also played forward during the game, split time at goalkeeper for the Kingsmen.

Kuntz also praised the play of sophomore defender Ryan Dosh for controlling midfield and limiting Caltech's chances to make a run at goal.

Shorthanded cross country team prepares for SCIAC in Riverside

Men can't compete as a team until their injuries are healed

By Nicole Jacobsen
Echo Staff Writer

The cross country teams competed in the UC Riverside meet on Saturday.

Even though the Cal Lutheran men didn't have a full team, each of them ran a personal best while the women's team finished in the top 20.

Both teams don't compete again until Oct. 18 at the SCIAC multi-duals in La Mirada Park, giving them a few weeks to improve on both personal and team times.

"It was a fast course," junior Brian Kahovec said. "All our hard work over the season has paid off so far."

The long hours of training showed once the men were shown their times. Senior Brett Siddle and sophomore Ray Ostrander have been the team leaders throughout the season and ended Saturday's meet the same way.

Siddle placed 88th of 285 with a time of 26:48 while Ostrander was just 28 seconds behind him and placed 118th with a time

of 27:16. Kahovec finished 128th with 27:21 and sophomore Brett Halvaks, 225th at 29:22.

Freshman Stephen Shirk didn't compete this week due to an injury but will be ready by the conference multi-duals in mid-October. The duals will be the first time all season that the men will have a chance to score as a team.

"I can't wait for Stephen to come back and have a full scoring team," Kahovec said.

Coach Nicole Crawford is happy with how the men's team finished but is hoping nobody will get injured before the duals.

"Individually the guys have been doing a great job," Crawford said. "I am anxious to see what they can do as a team though. They end up beating their personal bests at each meet so their combined

scores should be pretty high."

While the men weren't able to produce a team score, the CLU Women's team got 19th place with a total time of 1:38:38.

Freshmen Tocca Kahovec, Kristina Rogers and junior Nicole Flanary all finished within 8 seconds of each other. Kahovec finished 112th out of 336 with a time of 19:28, followed by Rogers, 118th, who was just 5 seconds behind with a time of 19:33; Flanary, 121th, finished at 19:36. Senior Jessica Schroeder finished just under 20 minutes at 19:50 and was closely trailed by teammate Kjersti Framnes who finished at 20:09.

Sophomore Lynn Clahassey and seniors Brandy Newton and Megan Lowrey brought in the final runners for the team.

Clahassey came in at 20:32 followed by

Newton, 21:05, and Lowrey, 21:19.

"We were all proud of how the girls finished," Halvaks said.

"They ran hard and finished with good times."

Kahovec has been leading the women's team with outstanding times throughout this season, finishing in the top ten at the Westmont Invitational and 15th at the UCI/Asics Invitational.

"Tocca has been putting up impressive times," Coach Crawford said. "She's been working hard everyday in practice and trying to improve her time every week."

Crawford knows the next meet will be big and her runners are up to the challenge.

"Everybody's excited for the duals," Crawford said. "It's an important meet and they want to do well."

This Week in CLU Sports

REGALS VOLLEYBALL

WED. 10-1	THU. 10-2	FRI. 10-3	SAT. 10-4 VS. POMONA- Pitzer	SUN. 10-5	MON. 10-6	TUES. 10-7 VS. REDLANDS

KINGSMEN SOCCER

WED. 10-1 @ CM-S	THU. 10-2	FRI. 10-3	SAT. 10-4 VS. REDLANDS	SUN. 10-5	MON. 10-6	TUES. 10-7

KINGSMEN FOOTBALL

WED. 10-1	THU. 10-2	FRI. 10-3	SAT. 10-4 @ WHITTIER	SUN. 10-5	MON. 10-6	TUES. 10-7

REGALS SOCCER

WED. 10-1 VS. CM-S	THU. 10-2	FRI. 10-3	SAT. 10-4 @ REDLANDS	SUN. 10-5	MON. 10-6	TUES. 10-7

KINGSMEN WATER POLO

WED. 10-1 VS. MERCYHURST	THU. 10-2	FRI. 10-3 @ CONVERGENCE TOURNAMENT	SAT. 10-4 CONVERGENCE (CMS, PP, ULV)	SUN. 10-5	MON. 10-6	TUES. 10-7

Regals take two wins over the weekend

After dropping a home match to La Verne, the Regals rebounded with straight set wins

By Nicole Flanary
Echo Staff Writer

California Lutheran University's women volleyball team defeated both Occidental College and Caltech University this past weekend, after falling short against La Verne last Tuesday night.

The Regals (10-4, 2-1 SCIAC) played a conference game at home on Tuesday against the Whittier Poets (2-11, 0-2 SCIAC).

The Poets attempted to snap a six-match losing streak at the Gilbert Sports and Fitness Center, while the Regals planned to continue their two-match winning streak.

The Regals are ranked No. 19 in NCAA Division III, while the University of La Verne Leopards have won eight consecutive SCIAC championships and have earned respectable No. 3 national ranking.

"La Verne is a tough team, but I think we put way too much emphasis on this game,"



Photo by Ashley Bentz

Lindsey Benson, Allison Kerr, and Summer Plante-Newman set a block.

assistant coach Kevin Judd said, "Nerves played a huge part in our loss. We just needed to calm down and play CLU volleyball."

The Leopards roared past the Regals with three straight set wins of 25-16, 25-18 and 25-16.

Despite losing to the Leopards on Tuesday night, the Regals combined for 3.5 team blocks, and several players had impressive performances.

Sophomore Erin Exline and senior Summer Plante-Newman

teamed up for 1.3 kills, with help from senior Lindsey Benson, who contributed 2.0 assists. Junior Cori Hayes and sophomore Allison Kerr also added five kills a piece for the Regals.

"We need to learn from this game and move on. If we play like we can, we will see La Verne two more times this season; once at SCIAC playoffs and then again at the Sweet 8 in Illinois. We need to just go in there more relaxed and focus on playing our game,"

Judd said.

The Regals played CLU volleyball on Friday and Saturday night, sweeping the Caltech Beavers in Pasadena and the Occidental Tigers at home.

Several players made substantial impacts on the game, emphasizing the importance of teamwork.

Summer Plante-Newman had six aces in the win against Caltech, earning her a CLU record. Nine different Regals posted kills to seal CLU's 3-0 victory over the Beavers with scores of 25-7, 25-9 and 25-15.

Bridgette Redmond had a match-high of six kills in the defeat of Caltech while Kelsey

"Our season goal is to become this year's SCIAC champions and I really believe we can."

— Casy McWhirk

Hart and Erin Exline combined for 10.

"We have been practicing really hard as a team, and we just need to keep believing in ourselves and the possibilities will be endless," freshman Casy McWhirk said.

"Confidence is the key."

CLU's final match-up of the week on Saturday night was against the Occidental Tigers. The Regals powered over the Tigers with three quick wins of 25-7, 25-11 and 25-21 in a third set that showcased many of the CLU bench players.

After being announced as the all-time aces leader for Cal Lutheran, Plante-Newman went on to score four more aces in the Occidental contest.

Lindsey Benson and Kerr also served well in the match, notching three and two service aces respectively.

Twelve different Regals posted kills in the win, with Kerr racking up nine of them.

CLU libero Elicia Hildreth contributed 11 digs versus Occidental, making that her 10th consecutive double-digit performance.

Lindsey Benson posted 22 assists in the game, earning her the fourth spot in the record books for career assists.

"We need to look at all of our games as opportunities and try to get better every game," McWhirk said. "Looking ahead, our season goal is to become this year's SCIAC champions and I really believe we can."

Regals write off Whittier

By Krystle Van Deusen
Echo Staff Writer

The women's soccer team pulled out its first conference win at Whittier College on Wednesday night.

The Regals scored early in the match to take a 1-0 lead and picked up a 2-0 victory against the Poets.

Cal Lutheran hosted a non-conference match against Cal State East Bay on Sunday ending with a scoreless tie, putting their overall record to 3-3-2. Cal Lutheran will continue with its conference play against Claremont-Mudd-Scripps College today at 4 p.m.

"We were really looking for our first conference win against Whittier," said Senior Marisa Zambetti. "So really this was an exciting game for us."

The Regals came out strong early in the first half when freshman Rosemarie Lombardi scored a goal in the first 12 minutes of play.

CLU went into the second half with a 1-0 lead against the Poets but wasn't able to take a breath of relief. The Poets gained momentum drawing two back to back corner kicks, making the Regals a little worried.

With seven minutes to go in the match, Zambetti got a breakaway from the halfway line and booted a shot from 18 yards out, sinking the ball in the back of the net. With an insurance goal, CLU finally got to relax.



Photo by Scott Chisholm

Laura Brain kicks the ball back into play after blocking a goal.

The match ended with a 2-0 victory for the Regals. CLU racked up 17 shots while the Poets just had 5 shots. On CLU's home field on Sunday, the Regals

fought through a 110 minute 0-0 tie against the East Bay Pioneers.

"Every game we're getting better and better," Senior Jen LaMoure said. "It's good to come out with

at least a tie."

Jessica Dingman, Sam Van Gorder, Alyssa Harris, Jen LaMoure and Jennifer Jones make up the defensive line and

contributed to the shutout. Goalkeeper Kristin Borzi helped keep the Pioneers score down with nine saves.

In the first half of the match both teams were having trouble getting started. They each were working hard to get an early lead, but neither team was successful. The Regals had a few early crossing opportunities, but were unable to capitalize.

In the second half of the match there were many offensive opportunities for both teams. After 85 minutes of play, Borzi made a tremendous save keeping the score tied and sending them into overtime.

"I blocked the shot and it bounced out for a rebound," Borzi said. "I put out all that effort to block the shot; I thought to myself, I have to get the rebound too."

The Regals dominated in overtime, winning the majority of the balls in the air. Although, even with their dominant play, the Regals were unable to sink one in the back of the net.

The Pioneers had 16 attempted shots while the Regals had 12.

This is the second scoreless tie for the Regals this season. CLU is 1-1-1 in SCIAC and will continue conference play against Claremont-Mudd-Scripps.

"Claremont will be our first big test," LaMoure said. "If we all come ready to play, we should be victorious."

It's always Summer at CLU

By Matt Kufeld
Features Editor

Everything happens for a reason, or so thinks senior outside hitter Summer Plante-Newman.

After not receiving an invitation to the NCAA Division III tournament after an 18-win campaign during the 2007 season, the Regals Volleyball team was left wanting more. In a December article in the Ventura County Star, Plante-Newman said she vowed to bring a National Championship to California Lutheran University.

And in no way is she backing away from that statement.

"It's not to be cocky," Plante-Newman said. "It's that I believe in my team, I believe in myself and I believe that in life everything happens for a reason."

This idea that everything happens for a reason has evolved into the 2008 team mantra of "Believe." The team has "believe" printed onto their practice shirts and it helps to keep the team focused on what we can control, she said.

The idea of a "team" has been a point that third-year head coach Kellee Roesel has emphasized during her time at CLU.

"Roesel has made it all about the team and it's been helpful,"

Plante-Newman said.

"It's not about the individual anymore. It's about a volleyball team."

Over the last two seasons, Plante-Newman has really stepped up and has become the undeniable leader of this 2008 team. "She brings so much to this team," Roesel said. "She is an athlete and a half, she is a versatile hitter and she brings great leadership and calmness to this team."

As a leader Plante-Newman has really focused on creating bonds and leading by example.

"This team is amazing," Plante-Newman said. "We had a core of returnees and the freshmen and transfers have fit right in. It has become a close knit family."

Plante-Newman knows that she can only control her own actions, but she hopes if she can stay calm and collected in the most pivotal moments of a match her teammates will follow suit.

While she has always had fun playing volleyball, she has found deeper meaning during her career at CLU. The two biggest inspirations in Plante-Newman's life are God and her mom who suffers from Multiple Sclerosis.

She has had the opportunity to share her faith and believes that

nothing is possible without God. Before every game the Regals take a moment for a short prayer, "I ask you Lord to bless my efforts, today and always so all can be done in the honor and glory of your name."

After the 2006 season Plante-Newman, who suffers from Narcolepsy, fell asleep on her right arm wrong. She woke up and had trouble moving her shoulder, elbow and wrist.

When things didn't improve, she went and saw a neurologist, who was unable to diagnose the problem, but told her that she was never going to be able to play volleyball again.

A self-proclaimed competitor in every aspect of life, Plante-Newman would not let that be the end. She taught herself how to hit left handed in her backyard. Eventually, Plante-Newman regained the use of her right arm, citing that she woke up one day and it was all better, but admits that training her left arm has made her more versatile.

"It's one of those things that I don't use all that often," she said. "But it is useful when the set is a little outside or when the block is set I am able to place shots with the left hand."

Plante-Newman, who is

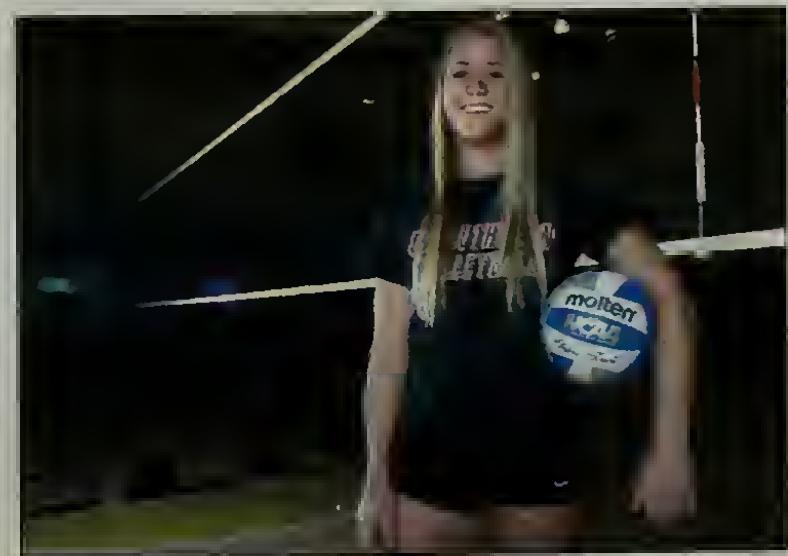


Photo by Doug Barnett

Summer Plante-Newman is the CLU all-time leader in aces.

finishing her liberal studies major, is one of the most decorated volleyball players in the CLU volleyball history.

During her freshman campaign she was selected Southern California Intercollegiate Athletic Conference freshman of the year, All-SCIAC second team and was named All-Western Region honorable mention.

In her sophomore season she was selected All-SCIAC first team and received the Regal Award, given to the person who best exemplifies the principles of CLU volleyball.

Her junior year was more of the same. She was selected to All SCIAC first team, All-Western Region first team, All-American honorable mention, Ventura County female athlete of the year, and CLU volleyball MVP.

As of Sept. 28, Plante-Newman ranked third in career kills 1,008, seventh in digs with 866 and first in service aces with 141. After her collegiate career Plante-Newman may venture out on to the beach to be apart of the AVP tour.

"I love [beach volleyball]; it is totally different than the indoor game," she said.

THE ECHO

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Tournées launches tour of France

French film festival tours France for five weeks

By Dana Blackburn
Echo Staff Writer

A showing of the French film "Les Choristes" kicked off the beginning of The Tournées Festival: New French Films on the California Lutheran University Campus last week.

This year's festival will consist of five well-known French film screenings. One film will be shown each Wednesday during October at 7 p.m. in the Preuss-Brandt Forum. Admission is free and students, faculty and surrounding community members are invited to join in the festival. All films are subtitled for non-French speaking audience members.

The festival's opening film, "Les Choristes (The Chorus)" tells the story of Clément Mathieu, a music professor who takes on the challenging yet rewarding position as a teacher at a boarding school for "problematic boys." This 2004 film explores the tribulations and obstacles that confront Mathieu

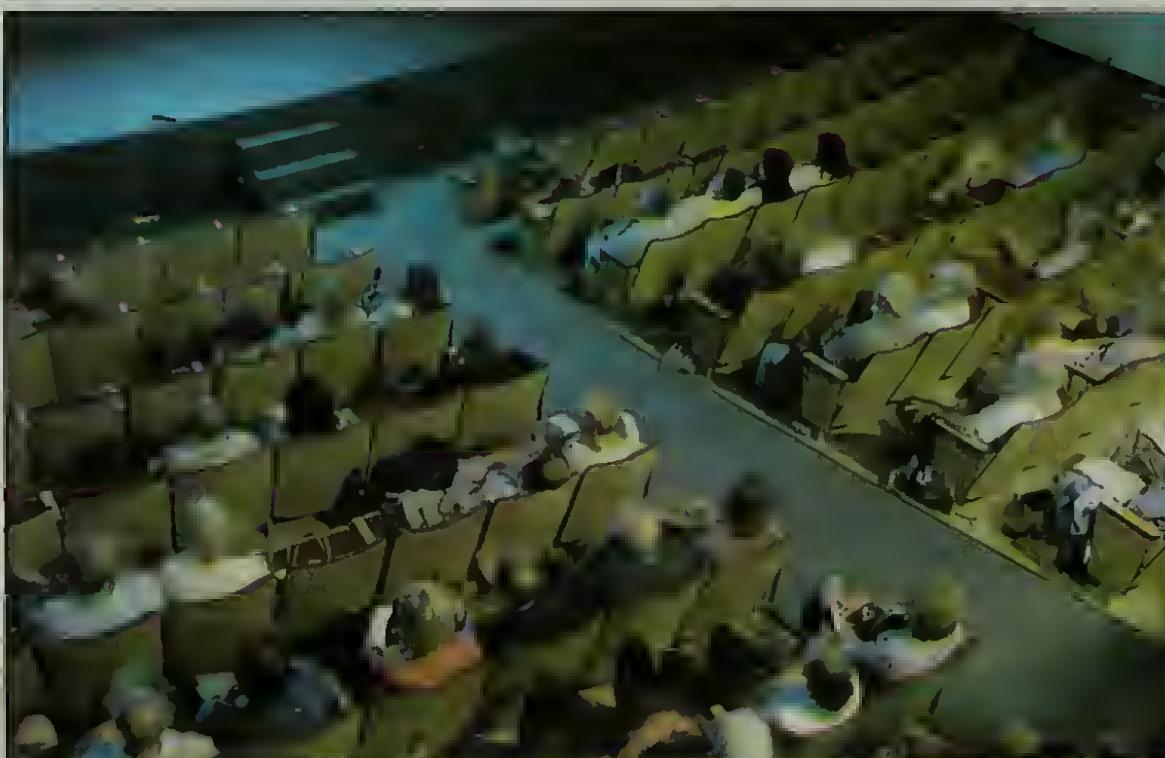


Photo by Nathan Hoyt

Viewers of all ages attended the opening night screening of "Les Choristes" at The Tournées Festival.

as he teaches troubled young men about the universal happiness and understanding that music can bring.

In 2005 "Les Choristes" was nominated for two Academy Awards and won two César Awards (French equivalent of an Oscar) for Best Music Written for a Film, and Best Sound.

The festival is a great resource for sharing French culture on the CLU campus. "This is a wonderful opportunity for students and for

the surrounding community to come to the CLU campus and enjoy French culture," said Lisa Loberg, French instructor and study abroad director.

Dr. Karen Renick, French department chair, explained that the films will give viewers an opportunity to learn about French history, political science, music and diversity.

The French Club will actively participate in The Tournées Festival.

"I am really excited about it because I think a lot of the time students don't know about the French club and its different activities. This is one way to show them the culture and find out about French films," said Christina Aamodt, senior at CLU and member of the French Club.

"Fauteuils d'orchestre (Avenue Montaigne)" will be shown Oct. 8th, the film tells the story of a young woman who arrives in Paris and becomes acquainted

with the "luxuries" of life through a few of Paris' wealthy inhabitants while working as a waitress.

"Un Long dimanche de fiançailles (A Very Long Engagement)" will be screened on October 15. Set near the end of World War I this film tells the story of a determined young woman searching for her missing fiancé.

On Oct. 22, "Bamako" will be shown. This 2006 film tells the story of a couple's turbulent life in a courtyard where a trial court has been set up concerning Africa's despair.

"La Môme (La Vie En Rose)" will screen on Oct. 29. The film is centered on the life and love affair of the "Little Sparrow", Edith Piaf.

The Tournées Film Festival has been made possible at CLU for the second year in a row through the support of the Cultural Services of The French Embassy and The French Ministry of Culture. The festival is sponsored by The Grand Marnier Foundation, The Florence Gould Foundation, Highbrow Entertainment, Angés B. and The Franco-American Cultural Fund.

For additional information about The Tournées Festival contact Renick at (805) 493-3434 or visit <http://www.callutheran.edu>.

Hazing allegations hit CLU sports

Two men's water polo players removed from team

By Kelsey Bonesteel
Echo Staff Writer

The roster of California Lutheran University's men's water polo team now has two fewer names on it as of this month due to a serious violation of team policy.

Similar situations on college sports team across the country

have been increasing in numbers as players often engage in unethical initiation rituals and unsportsmanlike conduct that result in their termination from the team.

Such initiation rituals were the cause of these two senior players being removed from men's water polo team.

While no evidence has been recorded to suggest "hazing," there was a violation of the departmental expectations and regulations which resulted in two senior players, Billy Doherty and Brian Condron, being removed from the California

Lutheran University's men's water polo team.

"It is not clear in any way that this was initiation or hazing of any kind," Dan Kuntz,

"It [the incident] was dealt with very sternly, internally and publicly."

— Dan Kuntz

director of athletics said. "The expectations of the department were violated and the expectations of the teams

were not met."

"As a result, those individuals that were involved were punished and disciplined per guidelines that are set."

Some factors of the situation were reported to be blown out of proportion.

"The decisions made by the faculty were very hastily made and there was little consideration of questioning witnesses," Doherty said.

Hazing falls under the umbrella of the violation of department and team expectations, though in this circumstance no specific violation has occurred.

This is not the first incident of a hazing allegation with the Men's water polo team.

Two years ago there was an incident with the men's team, that resulted in harsh punishment from the University.

"It was dealt with very sternly, internally and publicly," said Kuntz.

Under guidance of head coach Craig Rond, members of the team distributed flyers at the flagpole on the affects of hazing in collegiate sports.

Allegations continued; 2

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Two new presidents, two cohesive visions.

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Regals volleyball powers through SCIAC.

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Kingsmen Water Polo prepares for SCIAC.

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Speakers explains diversity of sexuality

Rev. discusses religious defense of marriage equality

By Amanda Lovett
Echo Staff Writer

Gay marriage and equality for all was the topic of discussion at the Inaugural Peace Lecture by the Rev. Dr. Marvin M. Ellison, professor of Christian Ethics at Bangor Theology seminary, Friday in Samuelson Chapel.

The event was held in honor of James Henry Dekker, a California Lutheran University alumnus and Ventura community service man whose passion for peace and justice lives on through the education of others.

The event was sponsored by the Center for Equality and Justice on campus and led by Dr. Gregory Freeland, professor of political science.

"[The most important message he conveyed] was the equality of all sexual, race, class, religions and how ultimately we are all one," Freeland said. "Discrimination of anyone is not good."

The Rev. Dr. June C. Goudey,

pastor of the United Church of Christ in Simi Valley and former colleague of Ellison at Bangor Theological Seminary, introduced Ellison at the podium and spoke of Ellison's credentials as a reverend and his passion for justice.

"I knew he would be the right person [to talk about this particular issue] because of his

"[The most important message he conveyed] was the equality of all sexuality, race, class, religions and how ultimately we are all one."

—Dr. Gregory Freeland

long standing involvement with ethical sexuality and issues of justice," Goudey said.

Ellison described marriage as an evolving institution, subject to change that it should change in moral perception to respecting each other, honoring and protecting human rights; and also posed the question as to how the freedom to marry should be supported.

He defined the word "marriage" as a covenanted union of two persons as committed life partners with three goals:

companionship, economic sharing and the nurturing of children.

In denying gays, lesbians, bisexuals and transgender persons the right to marry, Ellison said "we fail to recognize them as human beings."

"Being gay is not one way to be human" he said. "It's a good way to be human."

He talked about heterosexual exclusion and the diversity of sexuality, and that the ethical focus should not be about who you are, but how you live your life. The importance is the "character and conduct, not the identity."

Ellison brought up the issue of gay marriage according to the Bible.

"I accept the freedom of same sex couples [to marry] because I take the Bible seriously," he said, stating that the Bible gives all people a genuine blessing and the movement of God's spirit accepts all people, not based on gender, but by character.

"Celebrating our common humanity requires us to make an odd, 'queer,' turn to accept equality," he said. "Embrace the queer agenda," for total reunion of life together as a community.

Proposition 8 in the upcoming

general election was a major subject of the speech, as were references to a Massachusetts organized coalition that proposed the same idea to ban the right of gay marriage.

Ellison further tackled the question of polygamy and incest in the rights for all people to marry, as brought up by a question at the end of his speech.

"Ethics is like art; where do you draw the lines...and why?" Ellison said.

He then said that polygamy and incestuous marriage are issues that will need to be addressed separately.

The last point that Ellison mentioned was that many people believe homosexuals try to mimic the actions and bonding intimacy of heterosexuals, but that in reality, it is reversed. He stated that in order to join mainstream society, heterosexuals tend to act

"very queer" in their bonding intimacy.

"I thought the most interesting point was the last one he made, that the majority is exactly like the minority," said Missy Bain, coordinator of the event and

"Being gay is not one way to be human," he said. "It's a good way to be human."

—Dr. Marvin Ellison

member of the Democrats on campus. "It really opened my mind."

"It surprised and pleased me how many people are ready to talk. Not all agree, but aren't fearful of discussing this controversial issue," Ellison said after the speech. "Who ever thought marriage was going to be such a loaded topic?"

Allegations in CLU sports

(Continued from page 1)

Sports initiation, known as hazing, is a very serious offense in the world of college sports.

"Hazing is any activity expected of someone joining or participating in a group that humiliates, degrades, abuses, or endangers them regardless of a person's willingness to participate," Kuntz said.

This practice is not only limited to sports, but various clubs and organizations participate as well.

"Hazing is a very serious matter, it can be very dangerous and even fatal," Doherty said.

This should not be assumed as the reason the CLU men's water polo players were dismissed.

"The student athletes violated departmental expectations, part of those expectations include things like drinking, hazing and initiating. As a result of that they were disciplined," Kuntz said.

"You will have incidents with people who have bad judgment, in a variety of different ways

and you deal with those to be fair in the guidelines that are provided," Kuntz said.

"You want to treat the students with fairness and yet within the rules and guidelines of the institution and the departments that are involved."

"Whenever you lose somebody that has been around that long and has given so much...you're going to feel the loss."

—Craig Rond

Losing two senior players will mean there will be some re-adjusting for this year's team and will obviously cause some strain.

Fortunately, so early in the season, a set structure has yet to be defined so the team will most likely be able to recover from the loss.

"Whenever you lose somebody that has been around that long and has given so much to a program, you're going to feel

the loss," Craig Rond, associate aquatics director and men's water polo coach said.

"Immediately it was a sad day for everyone in the program and the department."

Although the term hazing has been used on the "lu vine," the athletics department and the team coaches will not use the word to describe the athlete's actions for dismissal, rather they refer to this specific incident as a violation of team policy.

According to Kuntz both students violated the regulations set out by the athletic department and the water polo coaches.

"There are clearly stated department expectations, team rules and regulation that were clearly stated to the student athletes as they came in," Kuntz said.

"There were sanctions taken against these athletes and others who participated, and those have all been fulfilled."

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For more information about the SAFE ZONE Ally program, contact Dr. Alan Goodwin (agoodwin@callutheron.edu) or Dr. Juonito Hall (jahall@clunet.edu).

Mock presidential debate heats up

By Jennifer Tholse
Echo Staff Writer

Freshmen students took part in a mock presidential debate where they were put into the roles of leaders last Friday.

It was a political debate held at California Lutheran University in the Preus-Brandt Forum. The room was filled with students and faculty interested in getting clarifications and information for the election on Nov. 4.

Juanita Hall, director for the multicultural and international programs, thought the campaign was a success. She was happy to see so many students attending and being interested in learning more.

"I think it's so important to have debates like this and talk about these important issues," Hall said. "I hope we will have more, and I wish this will lead to more student engagement. I hope the students will now look at the real debates between Obama and McCain on TV."

The debate, moderated by senior Andrew Brown, covered questions about the war, the economy and what each candidate can bring to this country.

Sophomores Austin Young and Ben Martinez from the Republican club represented Sen. John

McCain and sophomore Grant Berg and senior Missy Bain from the Democrat club, who were representing Sen. Barack Obama.

Young thought the debate was a success and was happy to mention that everything was real and nothing was skewed.

"Both sides were pretty equal on points, the audience got a pretty good sense of what the two candidates stand for instead of all un-important and unrelated issues that the media constantly brings up. We were able to make people listen and actually consider the Republican Party," Young said.

Martinez, the president of the Republican club, agreed with his component and was pleased that everyone was so excited.

He explained that he has always been interested in politics. "There are a lot of changes that need to happen and I have always been interested in listening to opposing views to decide what's best for me," Martinez said.

He explained that the reason for him choosing to support McCain is the idea of a smaller government and freedom for the people.

The speakers for the Democrat party focused on the fact that Obama is against the war, will

cut taxes and on his plan for immigration reform.

The plan includes more security at the borders, minimizing employers who hire undocumented immigrants and giving the undocumented immigrants that already are in the U.S. a chance to become legal citizens.

Bain, president of the Democrat club, thought the debate went really well and was pleased with the response from the audience.

"It is good to have debates like this, we should have more," she said.

Berg, vice president of the club agreed, as he added that it sparked discussion.

"This was my first debate and it was a great experience," he said.

Bain also explained that the Democrat club meets a few times each week and has several events including helping students to register to vote.

Most students appreciated the debate and are looking forward to experiencing more, especially as the presidential election comes closer.

"I thought that the interaction between the two clubs was handled well," senior Kayla Barnett said. "And it is now easier to understand after hearing both sides."



Photo by Rachel Wolf

Students debate presidential politics in Preus-Brandt Forum.

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Around the Campus

WEDNESDAY October 8	THURSDAY October 9	FRIDAY October 10	SATURDAY October 11
<p>Out! 5:30 p.m. Lundring Event Center</p> <p>The Tournées Festival: Fauteuils d' orchestre 7 p.m. Preus-Brandt Forum</p> <p>Borderline: Guys and Dolls 10 p.m. Borderline Bar and Grill</p>	<p>Homecoming Coronation Ceremony 8 p.m. Lundring Events Center</p>	<p>American Scandinavian Foundation Lecture Series 7:30 p.m. Roth Nelson Room</p> <p>Homecoming Carnival 9 p.m. to Midnight Memorial Parkway</p>	<p>Kingsmen Football Game vs. Pomona Pitzer 1 p.m. Mt. Clef Stadium</p> <p>Homecoming Dance 8 p.m. to Midnight Cinespace, Hollywood</p>
<p>SUNDAY October 12</p>	<p>MONDAY October 13</p>	<p>TUESDAY October 14</p> 	<p>NEXT WEEK ON CAMPUS</p> <p><i>Understanding China's Turbulent 20th Century</i> 4:30 p.m. Roth Nelson Room</p> <p>&</p> <p><i>Reel Justice Documentary Series: Who Killed the Electric Car?</i> 5:30 p.m. SUB</p>
<p>Homecoming Choral Concert 2 p.m. Samuelson Chapel</p>	<p>Beijing Opera 7 p.m. Preus-Brandt Forum</p>		

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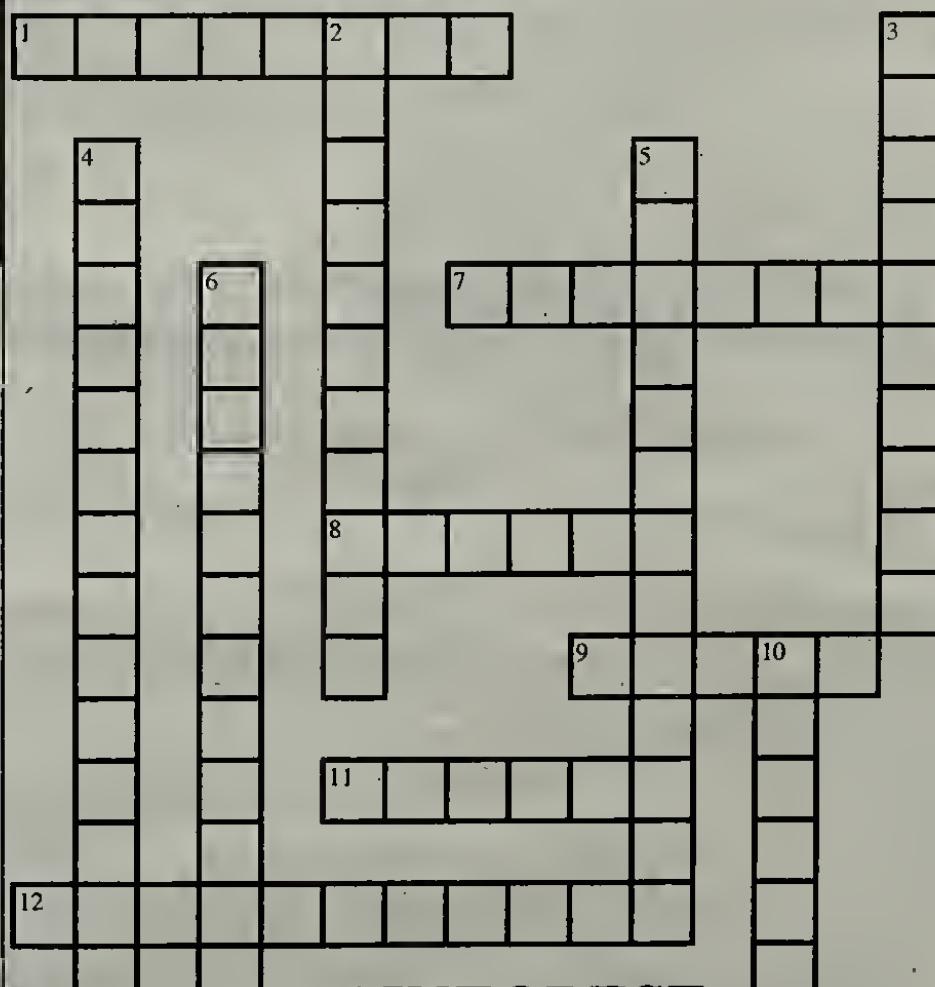
Fat Tuesdays - \$2 Chicken Tacos, .50 cent wings (6 p.m. - close)

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Across

- an amphibian with sticky toes
- an animal with a long stout that feeds on ants and termites
- a major South American river
- A slow-moving animal that likes to hang from tree branches
- the layer of the rain forest just below the emergent layer, it is home to many animals.
- the layer of the rain forest

Down

- a tropical tree
- a dark level of the rain forest, with many vines, under the canopy.
- a very large snake that squeezes its prey
- the highest level of the rain forest
- a monkey of tropical South American forests having a loud howling cry
- a tropical bird with a large brightly colored beak

Two presidents with two visions

President Kimball has outlined his vision and is making it reality

By Elicia Hildreth
Echo Staff Writer

California Lutheran University stands by a mission to educate leaders for a global society who are strong in character and judgment, confident in their identity and vocation and committed to service and justice. University president, Dr. Chris Kimball, strongly encourages students and the faculty to live out this mission.

As a graduate from McGill University in Canada, Kimball studied history. After earning his degree he took five years off to work, but then he went to the University of Chicago where he obtained two graduate degrees in history.

As CLU's provost for two years, Kimball had a vision for Cal Lutheran and decided then that he wanted to be president.

"I wanted to be president because Cal Lutheran is a great university. I love the people, the location, and especially the mission," he said.

Kimball knows that it takes many hours on and off campus to get the job done. He expressed, as a weakness, he often has so much to do and such little time to do it.

"As president you are the chief story teller for the university," Kimball said. "You have to be ready to tell about the good stuff Cal Lu is doing in order to inspire people to give resources."

He sees this university growing bigger, but not too much because he likes the "family feel." Kimball has worked with other administrators and the Board of Regents to develop a strategic plan that calls for a new building for the arts, a new cafeteria and a new student center.

He wants CLU to become a first-rate liberal arts university for undergraduates and he wants the university to be state-of-the-art for graduates.

"I want to see Cal Lutheran as the number one outstanding school for the west," said Kimball.

The president understands that the country is facing economic issues but he still wants to keep the university accessible



Photo by Doug Barnett
Andrew Brown (left) and Dr. Chris Kimball converse in the President's Conference Room.

and affordable. Since CLU is a private university, the students' tuition pays for the facilities, the faculty and maintains the upkeep.

"I want this university to be a first-class education with a first-class facility," Kimball said. "I want the school to constantly be improving. As president it's my mission to continue to stay close and true to the mission and to not lose track of the core focus."

Another area of importance to Kimball is having a great relationship with the students. He even has a Facebook so if students can't get in touch with him at school, they can still have a way of contacting their president.

"I hope that the students know that if they have concerns, complaints or compliments they can always come to my office or e-mail me," Kimball said. "I am here to serve the students."

Although he has only been president for six months, he is ready to carry out the university's mission.

"I want to see greater focus on high quality academics. I want to hire only the best faculty. I believe in the mission for Cal Lutheran and I want to work hard to articulate it," Kimball said.

CLU is a young university that has continued to grow and improve every year.

"Our 50th anniversary is coming and I want to make that an opportunity to remember what happened in between then and now," Kimball said. "I want Cal Lu to continue moving forward, and I want the next 50 years to be even better."

California Lutheran University and French American Cultural Exchange invites you to enjoy **Tournées Festivals**

Every Wednesday in October @ 7p.m.
Preus-Brandt Forum
Adjacent to Pearson Library.

ASCLU-G president wants to be the voice of the students

By Elicia Hildreth
Echo Staff Writer

California Lutheran University is privileged to have two new presidents. Both presidents were inducted late last spring. Dr. Chris Kimball is the new university president and Andrew Brown is the new associated student body president.

Brown had many qualifications for the job, but none of them are as important as his longing to be a strong voice for the students.

"I am here for the students," he said. "I am also here to learn. I want to be the face and voice for the students."

As a senior, Brown has plans for taking Cal Lutheran to new heights.

"CLU is on the brink of becoming a promising university," he said. "We, as a school have come so far and I want to continue building a foundation for this university."

Brown has a passion for politics and wants to encourage the student body to get more involved.

"I want the students to become more knowledgeable of world issues and become more aware of how their lives are going to be affected."

Brown has the privilege of sitting and voting with the Board of Regents. With his new leadership position he wants to deliver a strong message to them about what CLU students are facing.

"I want to raise awareness on issues. I want to enhance students' money, and make sure it is spent the best way possible," Brown said.

As the new ASCLU-G president, Brown wants the students to know that he wants to see them succeed at CLU.

"If anything, I love CLU. I have had a great time here and at the very least I want the same experiences I had for other students," he said. "Also, if I could stress anything it would be to take advantage of what CLU offers and to enjoy the journey of the next years to come."

THE ECHO

California Lutheran University

2008-2009

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Homecoming is back at CLU

By Aaron Hilf
Echo Staff Writer

For one of California Lutheran University's oldest traditions, students on campus prepare for a week of festivities, while others reflect on the history of homecoming.

The event began as a way for universities to bring alumni back to campus to revisit their roots.

"Homecoming began with the greater access to higher education in the early 19th century," said Dr. Michaela Reaves, associate professor of history and a CLU alumnus. "This greater access to education created more alumni from universities, showing the need for a welcome back week on campuses around the country."

As the years progressed, some of the more traditional aspects of homecoming have stopped happening, while a few aspects have continued to be a part of the festivities.

One of the most noticeable changes over recent years is that homecoming is no longer a week-long; it has been condensed into a weekend.

"Homecoming has changed some, but a lot of traditions are still woven into it," said Sally Sagen, assistant director of student life and CLU graduate. "I loved the bonfires in Kingsmen Park that took place during the carnival."

One of the most remembered traditions at CLU was the homecoming parade that took place on Memorial Parkway. This tradition is remembered by pictures within the Student Life office.

With the help of Lauren Anderson, student leadership and programs intern, Amanda Whealon and other staff members have been working to revamp homecoming with more traditional CLU activities:

"We've been working on trying to bring back old traditions for homecoming," Whealon said. "But we've also wanted to keep the idea of homecoming fresh and modern so students look forward to it and have fun with it."

One tradition that has not changed much over the years is the coronation. As one of the longest standing CLU traditions, coronation has been associated with homecoming for years.

The nomination of Sue Hope in 1964 marked the first selection of a homecoming queen in CLU history.

As a way for students to nominate one another for the homecoming court, coronation

has remained fairly unchanged over time.

In the past, coronation has also helped bring back alumni to the campus as Master of Ceremonies of the event or just as guests reminiscing about their days here at CLU.

The process of electing the homecoming court has been a student selected program for many years. Sagen said that those who are nominated for the court exemplify what CLU stands for and can be used as campus-wide examples.

"The kings and queens were always based on who they were as people and their commitment to the university," Reaves said. "Not really on their looks."

While the idea of coronation has remained the same over the years, many aspects have changed.

The most noticeable change to coronation occurred in 1979 when CLU crowned its first homecoming king. Until that year there had only ever been queens.

Reaves says that this addition was in response to the women's movement of the 60s and 70s as a way for men and women to be equally represented during homecoming and to show that women should not be shown just as good looking queens of campus.

Homecoming is also synonymous with football.

"Historically, you cannot have homecoming without football," Reaves said.

The first homecoming football game is claimed to have been started by Baylor University who played Texas Christian University in the early 1900s.

With next year marking the 50th anniversary of CLU, Whealon hopes to help revitalize school spirit among the students and make homecoming a



Photos courtesy of Michaela Reaves

In previous years, the Kingsman led the team onto Mt. Clef Stadium.

HOMECOMING WEEKEND

This weekend marks California Lutheran University's annual Homecoming and Family weekend.

Thursday, Oct. 9: 8:00 p.m. Homecoming Coronation in the Lundring Events Center.

Friday, Oct. 10: 9 p.m. - midnight Homecoming Carnival on Memorial Parkway.

Saturday, Oct. 11: 1 p.m. Homecoming Football Game vs. Pomona-Pitzer at Mt. Clef Stadium

Saturday, Oct. 11: 8 p.m. - midnight Homecoming Dance at Cinespace in Hollywood

Sunday, Oct. 12: 10 a.m. Worship in Samuelson Chapel

King & Queen Nominees



Ana Garcia



Carrie Kelley



Fina Lopez



Roberta Gaugert



Jon-Erik Livingston



Kareem Rivas



Kyle Hansen



Landon Smith

reflection of the past, yet continue interests of the current CLU to incorporate new ideas for the students.

'Nick & Norah's Infinite Playlist'

A playlist of infinite laughs on a journey through NYC

Music is what shapes our lives. It helps us make friends and it gets us through those tough times in life.

"Nick & Norah's Infinite Playlist" directed by Pete Sollett, takes us on a musical trip through relationships and love.

In the movie, Nick (Michael Cera) and Norah (Kat Dennings), are two strangers that meet because of their love for a famous Indie rock band, 'Where's Fluffy', who is having a surprise concert.

Cera is known for his comedic roles in blockbuster hits such as "Juno" and "Superbad." In "Nick and Norah's Infinite Playlist," he once again brings his signature style to cinematography.

The film is a journey through New York in search of an Indie rock band. This journey sets the stage for the budding relationship between Nick and Norah.

The journey begins when Nick and his two friends, who play in a band called the 'Jerk Offs,' are scheduled to play a gig at a local club in downtown New York.

Nick and Norah meet because of a conversation between his ex-girlfriend and Norah.

Then, Norah asks Nick for a favor: she wants him to pretend to be her temporary boyfriend, in order to make the lie she told plausible. When Norah kisses Nick, his ex-girlfriend Tris (Alexis Dziena) becomes jealous and puts Nick in the middle of an

awkward situation.

With the help of Norah's drunk friend Caroline (Ari Grynor) he realizes what to do in the situation. He chooses to help Norah take Caroline home and leaves Tris at the club with the realization that their relationship is over and she can no longer hurt him.

But when Nick's two friends offer to take Caroline home, instead so that Nick and Norah can hang out and get to know each other, the movie takes a turn.

Their journey through the streets of New York, which starts out with their mutual love for the band 'Where's Fluffy,' and develops into a love between two unlikely characters.

When Nick and Norah are driving through the city, going to club after club, there is the sense of the awkward first date atmosphere between them.

Not until two loveable strangers mistake Nick's yellow Yugo car for a taxi are they able to open up and enjoy their time together.

Also, when Nick's friends lose Caroline Nick and Norah's friendship begins to develop.

"Nick & Norah's Infinite Playlist" is an enjoyable movie with lots of laughs. It has a few slow moments, but all in all it's a must-see fall film.

This is a story filled with laughs, love and lots of great music. The audience walks away with the feeling that as long as you follow your heart, good things will happen.

"It's a must see!"



By Scott Beebe

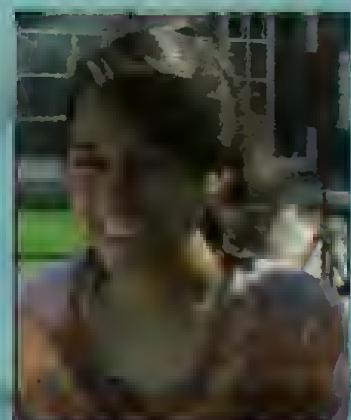
Campus Quotes

"What homecoming traditions are you most looking forward to?"



"I'm excited for the after-party."

—Senior, Matthew "Catfish" Hunter



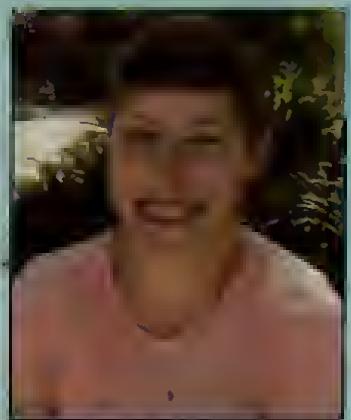
"The coronation because my friend is on the court and I'm excited to see her."

—Freshman, Briana Aleman



"The dance. It's always fun to go crazy with your classmates."

—Sophomore, Stephanie Gordon



"The carnival because I like to rescue the goldfish and have them live in cute little bowls in my house."

—Junior, Jackie Whitson



"The game."

—Senior, Shannon Pesta



Homecoming Choral Concert

Sunday, October 12, 2008

2:00 pm

Samuelson Chapel

Women's Chorale

CLU Choir

Wyant Morton, Conductor

In keeping with tradition, the CLU Choral Ensembles will present one of their hallmark concerts featuring an eclectic program of exciting and unusual works.

Donations accepted
(805) 493-3306

The 2008-2009 concert calendar for the CLU Music Department can be found at www.callutheran.edu/music

California Lutheran
UNIVERSITY

CLU students take political action



By Kristin Gilman
Echo Staff Writer

California Lutheran University embraces political activism and encourages its students to be educated and proactive during this crucial turning point for our country.

Not only is the entire country brewing with political chatter, but I am proud to say that CLU has caught the political bug

as well. I cannot express how pleased I am to hear students conversing with their peers about the upcoming election. I am even more excited that CLU is encouraging these kinds of conversations by sponsoring political based events and making CLU a positive, safe place to discuss our viewpoints.

As I sat in chapel last Wednesday, I was surprised to hear the guest speaker take a daring turn toward politics. I glanced around the room and scanned the numerous faces of professors, faculty and students for enraged reactions, but saw none. The speaker did not rally for one candidate or for the other, but merely spoke on doing justice and encouraging people to think about the importance of this election.

Our university encourages its students to approach these political issues with an informed opinion. CLU makes a specific effort to do this through promoting events like projecting the vice presidential

debates in the Preus-Brandt Forum. Our own KCLU-FM radio station has also received awards for its outstanding election coverage.

The event I am most excited about is the upcoming concert, Rock the Vote. This concert is going to feature some extremely special bands and offer students an entertaining experience. But do not forget the message: get out there and vote, educate yourself on the issues, and make a difference.

As students at CLU, we are challenged to think about the important issues facing society.

The upcoming elections are going to cause a major shift in how our country is run. It is heartening that CLU does not shy away from political conversations because of the risk of conflict or disagreement.

The youth vote has seemed to be on the decline in the past couple years, but in 2008 there were more than three million new registered voters.

This sends a clear message: we

are concerned with the issues at hand and we have something to say about it.

I am not looking to choose a side and rally behind it in this article I am simply expressing the importance of being informed and educated on the issues that can shape your life.

Once you are knowledgeable enough to form an opinion, you should support it, stand up and let people know about it.

We must choose to partake in the events that will directly affect our lives.

I am swollen with pride that CLU values these political discussions and encourages its students to be informed about the issues. CLU promotes involvement through its actions of supporting events that are based around sparking conversations about the upcoming election.

We have established the university as a place of educated opinions and outspoken attitudes. We all have something to say, so let's hear it.

How to Respond

Mail

Letters to the Editor
Calif. Lutheran Univ.
60 W. Olsen Rd. #3650
Thousand Oaks, CA 91360

Phone

(805) 493-3465

E-mail

echo@callutheran.edu

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity

Help send your dance team to Nationals by attending:

Guys and Dolls

@

Borderline

**Wed. Sept. 8th
10P.M.- 1A.M.**

**over 21: \$5 w/ college
I.D., \$7 w/o
under 21: \$7 w/ college
I.D., \$10 w/o**

***See dance team member for \$2 off coupon**

Campaigners connect to younger generation



By Jordan Ott
Echo Staff Writer

"It's definitely going to be an exciting conclusion. As I see it right now it could go either way," said Trevor Davidson (fifth year senior) as he looked up the latest presidential info on his mobile phone.

"Seeing other students get excited about the election makes me get excited about the election."

As a third year transfer student at California Lutheran University, Davidson is passionate about the upcoming presidential election, which is more than he could have said years ago.

Hopes for change are just weeks away and CLU isn't the only young crowd enthusiastic about the 2008 presidential election.

Voters between the ages of 18 and 25 are being targeted by campaigners using new media such as cell phones and PDA's to recruit voters.

Let's face it, for most college students, living without their cell phones isn't even an option.

Up-to-the-minute campaign information via text message provides the candidates of 2008 with much closer connections to their young supporters.

With these new mediums, politicians can take advantage of these outlets in order to have a greater chance at winning.

"The Internet has accelerated the [voting] trend, giving young people a cheap and efficient tool to organize rallies, recruit volunteers and exchange information about candidates."

— Susan Milligan
The Boston Globe

Susan Milligan of The Boston Globe, has been following this youth-voting epidemic since 2007. In a recent article, she explains how "the Internet has accelerated the [voting] trend, giving young people a cheap and efficient tool to organize rallies, recruit volunteers and exchange information about candidates."

Young adults are beginning to realize that they are part of

the largest political movement in history. These young adults portray the validity of how today's new media is taking the election and its younger generation by storm.

Being in college now for my fourth year, I have learned a lot about the ways in which campaigners try to influence young adults by using school newspapers, commercials and even face-to-face confrontation.

During the previous election, I was attending Pierce College in Los Angeles and found myself approached daily with people asking me to register to vote.

A student could leave class and the second he or she lifted their heads, 'voting recruiters' were right at your side with all the paperwork needed to register.

The combination of politics and technology is becoming more and more impressive every election. To think, just a few years ago I wouldn't have been able to access information about the elections via cell phone.

With digital media playing such a predominate role in this upcoming election, I am definitely finding myself more and more intrigued by how technology is changing our world as we know it.

Marriage: a fundamental right for me, not for you



By Missy Bain
Echo Staff Writer

Recently, the California Supreme Court decided that it was not the law's place to decide which two consenting adults should and should not be able to marry.

It was a great day for Californians and it proved to the rest of the country that this issue is far from being given up on.

However, some crazy, selfish, right-wingers somehow managed to get a proposition on the ballot to ban this incredible step forward for the American people.

The proposition is

familiar to all Californians as Proposition 8.

The reasoning for presenting this ban is to protect "traditional marriage between a man and a woman."

I have no problem with those who believe that marriage should be this way, and I also understand where they are coming from and why they feel the way they do.

However, I do not go around trying to impose my beliefs or opinions on anyone else through the pursuit of legislation, and would appreciate it if the favor was returned.

Not everyone believes the same thing when it comes to politics, religion or even straight down to what is morally right.

But I think everyone can agree that in America, the land of the free, people should be treated as the equals that we are.

This country is built around the love of freedom and the rights of its citizens. We have changed or altered past laws to keep up with the changing times and the mindsets of the people.

Interracial marriage was once condemned and even illegal. People never thought they would see the day when

interracial marriage was allowed.

It was a social taboo and was strongly disapproved by the majority of citizens.

But as slaves became freed and times began to change, so did the laws. It became legal to marry outside of one's race, and as time went on it became normal as well.

No one likes to feel inferior or be discriminated against, and quite frankly it just isn't

I think everyone can agree that in America, the land of the free, people should be created as the equals that we are.

right to make people feel that way. And yet it is being done to gays and lesbians.

We dictate their future and tell them that Britney Spears can get married in Las Vegas to a man only to divorce the next day, but they can never marry the person they truly love and respect because they are of the same gender.

It is not right and it is not fair. What it is, though, is extremely discriminatory and terribly selfish for not allowing these people to marry who they want to

marry.

Some people believe that one of the main reasons to get married is to procreate, and by allowing gay marriages, it would somehow hinder the economic development of this country or take away from that belief.

But just because we allow it, does not mean that thousands of people are going to simultaneously become gay and never produce any offspring.

Yes, it is true that a gay couple is not able to have children, for obvious reasons, but that does not necessarily mean that the world population will stop rising, and therefore hurt the already failing economy.

Many women use contraceptives today and that stops the production of children. Does that mean that their marriage is not sufficient enough for you too?

Plus, preventing gays and lesbians from getting married will not stop them from being gay, so whether they are married or not, they will not be producing any offspring anyways.

Legalizing gay marriage is an obstacle we must overcome in order to keep our country moving forward.

We would be nowhere today if we stuck to the morals and ideals of our past. This country is where it is because of its forward thinking and willingness to take risks.

We have overcome many hardships and have made up for many mistakes made in the past. The next step is to keep this country moving forward and change with the changing times.

It is time to accept gay people for who they are and give them the one thing they long for: a true marriage to the person they love.

The California Supreme Court has already realized this, and I hope that all of California's citizens will as well.

A lesbian woman said it best when she stated, "We are not seeking 'special rights.' We simply want the same rights every other American couple has: the right to be free from discrimination in housing and employment, the right to legal protection from harassment, and, most importantly, the right to marry whomever we choose and to enjoy the benefits of marriage."

Protect the rights of every American; vote no on Proposition 8.

Letter to the Editor

Keep your 'change,' I have sense

Dear Editor:

In regards to your article entitled "Keep your coins, I want change," posted in the Sept. 24 edition of The Echo, you have the facts so wrong with Barack Obama that it is ludicrous.

The preceding article is the straw that broke the camel's back. It is written in the same format that Barack Obama would write it in: pointless rhetoric and semantics. Where is your justification in any of your facts?

Most of the statements in your "laundry list" are practically invalid, and you also leave out a lot of pertinent information (the typical liberal "sweeping under the carpet" method).

After reviewing this article with seven people (conservative Republicans), your details are reversed in Democratic favor. It sounds like you are just regurgitating facts you hear that have been thought up by other liberals and not by you.

The same style is evident in many other Echo articles as well.

Let me point out a few

things wrong with the article:

1.) Barack Obama is not giving a 95 percent tax cut to the working middle class. He is enabling 95 percent of American taxpayers (every individual earning under \$97,500 annually) to no longer pay taxes, putting more stress on the top five percent. If you expect to make it big you will be burdened by it. This must be easier said and agreed with when you do not earn that much money.

2.) You are voting for Obama because you value your rights. How are you going to vote for a man who turned down an Illinois proposal by Jill Stanek that defined late-term, labor-induced abortion survivors as human beings with a right to live, back in 1999? If you are going to be a mother in the future, this should strike a cord with you. After all, he did make the "lipstick on a pig" remark, which is very sexist. He also fails to pay remittances to his (destitute) brother in Africa, so where is the family value there?

3.) You are voting for Obama because you're embarrassed by President George Bush? That is not a reason at all. John McCain is a highly-qualified

candidate, considering that he is far more qualified than Obama (Obama has a total of 143 days as Senator, McCain began in 1987, and even Palin has more than Obama) and actually does not agree 90 percent with Bush. (Just because he is Republican does not mean he agrees nearly 90 percent with him, and a flat number like 90 guarantees it as only an estimation and not a truth).

Many people are embarrassed by Bush but will still vote for McCain out of party loyalty. Show me every piece of legislation by McCain, compare it to Bush, and it will not be anywhere near 90 percent.

Here is the difference between the two: McCain has never been president, so we don't know what he (or Obama) will do in office. You failed to list the 90 percent that made that statistic true. You listed 15 paragraphs on Obama and two vague paragraphs on McCain; it is not an argument.

Last, I *gad* anybody said you were voting for him for his good looks.

This is strictly you try-

ing to subliminally establish a viewpoint on him, not a given fact (laws of attraction vary per person). It is done in order to make others believe what you want them to, and agree.

It further supports that many people do consider looks of the candidate as important as normal politics when voting.

Are you aware that looks mean nothing against presidential policy? Your article seems very politically uneducated.

There is a lot of nerve involved on both you and your newspaper's parts in publishing liberal articles at a conservative Christian campus. Much as the media (CNN, NBC and any major newspaper) uses liberalism to appeal to the masses, so does your publication.

Yes, one has the right to be conservative or liberal, but here at CLU the latter is a very unethical view. You chose to come here, to a religious school of open-mindedness but still highly conservative. So, respect the conservative nature of the school.

Tyler Ray Homesley

Just for the Record....

It has come to our attention this week that people do not understand the process for writing a response in the opinion section.

Anything that is published in the opinion section of the Echo is the OPINION of the writer, not the opinion of this publication. If you write a response and we have room for it we will always run it unless it is a fallacious attack on the writer and not a response to his or her article. So please, write away... just be prepared, we will also run responses to your article as well.

Candice Cerro
Editor in Chief

Carly Robertson
Opinion Editor

Volleyball storms through SCIAC opponents at home

CLU soundly conquers three conference rivals

By Krystle Van Deusen
Echo Staff Writer
and Trace Ronning
Sports Editor

Making history would be nice, but winning games is better, according to senior Summer Plante-Newman of the California Lutheran University volleyball team, who is 10 kills shy of tying the all-time CLU record as of Oct. 4.

The Regals Volleyball team picked up their fifth conference win in as many matches, defeating the Whittier College Poets (25-11, 25-11, 25-15); the Claremont-Mudd-Scripps Athenas (25-18, 25-17, 24-26, 25-15), and the Pomona-Pitzer Sagehens (25-12, 25-14, 25-16) last week.

"I'm not really concerned about [the record]," Plante-Newman said. "I'm just glad we're playing so well and winning games."

She won't be gloating about the record if and when she breaks it, because she knows she couldn't do it without the support of her teammates.

"It's a testament to this program and how good it is, it's not just me," Plante-Newman said. "Lindsey is a great setter, I have great teammates, it's all very exciting."

The Regals played at home against conference rivals in the University of Redlands last night before heading to Cal State East Bay this weekend to participate in the Wild West Shootout.

"On the first day at East Bay we're going to be playing some teams that have been struggling lately, so we're hoping to win both those games," coach Kellee Roesel said. "But UC Santa Cruz and Cal State East Bay are good programs, they're always tough to beat."

The Regals, who had already won five straight matches going into the match against Redlands last night, know they still have work to do, and they are still looking for ways to improve.

"In practice lately, we've been working a lot on getting first ball kills, not dragging out points," junior Cori Hayes said. "We're working on serving too,

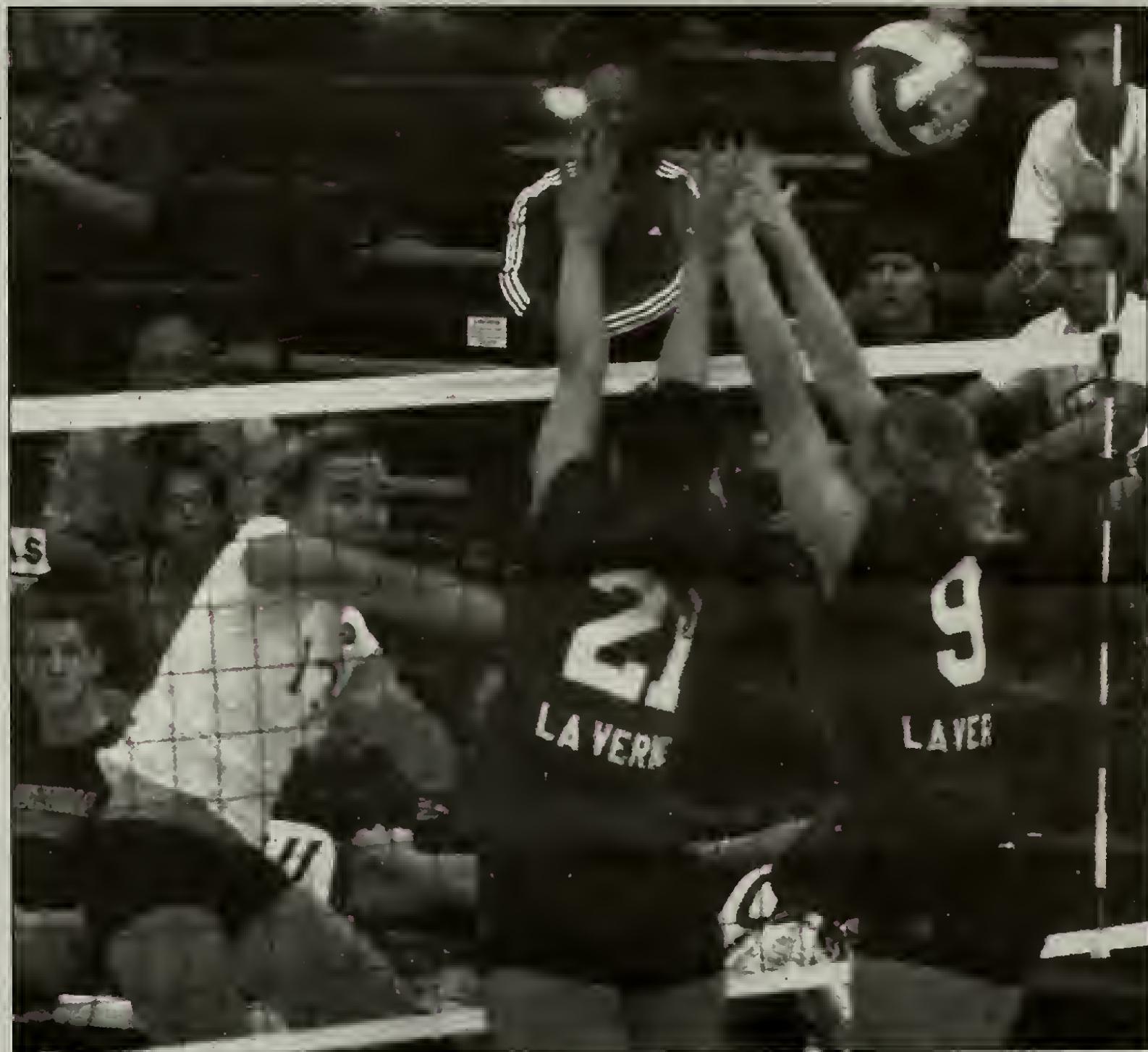


Photo by Ashley Bentz

Cori Hayes, 13, led the Regals in hitting percentages in their matches against Whittier and Pomona-Pitzer.

and reducing our number of service errors."

Hayes, who recorded a .778 hitting percentage on 14 kills in 18 attempts and no errors in the match against Pomona-Pitzer, has already made her mark on the CLU volleyball program.

The Regals took advantage of a Pomona-Pitzer team that committed 15 errors and earned only 18 kills.

They showed their big play ability against the Sagehens by finishing each game in a dynamic way.

During the first game in which CLU dominated from the start, senior Lindsey Benson recorded a resounding solo block on a Pomona-Pitzer attack to win.

In game two, Hayes lit up the opposition for 6 kills on 7 attempts and a block assist. The game ended with an ace

serve from senior Elizabeth Orona.

The Sagehens never led a game until the third, where they started off 3-2 before the Regals pulled ahead, winning 25-16.

CLU then traveled to Claremont-Mudd-Scripps where they played their first four-game SCIAC match, winning 3-1.

"The CMS match was a test for us, but we did some good things," Roesel said.

In the home match against Whittier College earlier in the week, the Regals team hitting percentage was .360.

The Regals were led by Hayes, who had eight of 11 attacks without an error and 10 assists for the match, recording a .727 hitting percentage of the night.

Plante-Newman had a season high 17 digs and contributed 10 kills to the team's total of 40.

Sophomore Megan Thorpe

recorded five kills and six digs and contributed eight points from the service line and sophomore Erin Exline had seven kills and two block assists.

It took only three games for CLU to send the Poets home, which gave CLU the confidence they needed after a tough loss against La Verne.

"We were in really good rhythm tonight and we took care of business," Roesel said. "It always builds confidence to win games that you know you should."

Of the conference teams Cal Lutheran has played, La Verne was notably the toughest match. The Regals fell short in three games against the Leopards at home. The Regals are looking forward to the next match-up on Oct. 21 at La Verne.

"The La Verne game is now in

the back of our minds," Hayes said. "But when we play them next it will be a revenge game."

With a mixture of juniors and seniors filling up the roster the Regals have plenty of leadership.

The Regals will use their experience to make a run at the playoffs.

"We have a very special group of players this year," Thorpe said. "Our upperclassmen are a huge asset to our success and I feel this year we will end up on top."

Following the tournament at Cal State East Bay, CLU will take 10 days off to rest before their rematch with La Verne and a second round of SCIAC matches.

"The next two weeks are crucial for us," Roesel said. "But if we keep playing flawless volleyball we will be very successful."

Men's soccer routed

By Nicole Jacobsen
Echo Staff Writer

In a rain-soaked match-up between SCIAC rivals, the men's soccer team was defeated 4-0 by the University of Redlands on Saturday morning making it their third conference loss of the season.

The Kingsmen played a conference game last week at, Claremont-Mudd-Scripps losing 2-0 and will play their next SCIAC game at Occidental College today at 4 p.m.

The Oxy Tigers are coming off of a double overtime tie with the Claremont-Mudd-Scripps Stags.

Their overall record is 3-4-1, and they're 3-2-1 in conference play.

The Kingsmen (5-6-0, 3-3-0 SCIAC) took 16 shots with eight of them on goal but still weren't able to score against the Bulldogs. CLU goal-keeper, sophomore Michael Zubach, had four saves throughout the game, including a save from a penalty kick early in the second half.

"We could have been more organized in the back and our midfielders need to track back more," senior Kai Werring said. "But most of all we need to work on our finishing and our build up to the final third."

Down 2-0 at half time, the Kingsmen discussed how to get better chances on scoring and how they got unlucky with the Bulldogs' first two goals. They needed to come up with new ways on how to try and stop them from scoring and had to figure out a way to get past the Redland defense.

"Our biggest problem was not putting the ball in the back of the net in the first 20 minutes when the opportunities presented themselves," sophomore Jorge Martinez said. "That allowed



Photo by Kevin Baxter

Kai Werring, 23, had one of CLU's 16 shot attempts.

the other team to rise up and score a couple goals which gave them tactical control of the rest of the game."

Even though it was a rainy day, the team's attitude wasn't dampened by the game's outcome. It is optimistic about the rest of the season and know what is needed

outcome."

With the team being so young, the major concern for the Kingsmen was whether everybody would connect, and halfway through the season it seems as though they have.

They feel as though they've taken great strides in playing in the moment and looking ahead toward the rest of the season.

"Overall we saw signs of the team finally starting to come together," McDermott said. "We need to think ahead and not dwell on the past."

Along with learning how to play as a team comes friendships within the team. Gaining trust from teammates and knowing they'll always be there is part of any sport.

"We've improved on learning each other's style of play and also coming together as close friends," Werring said. "The new friendships entail fighting for one another instead of just for ourselves."



for improving before facing the Bulldogs again in late October.

"We played our hearts out and I'm really proud of my teammates," junior Ryan McDermott said. "We got a couple unfortunate bounces which could have changed the

Water Polo team prevails at home

Kingsmen take down division II opponent

By Jackson Damron
Echo Staff Writer

Junior 2Meter Matt Heagy and senior utility player Jeff Chaney scored six and three goals, respectively, leading the California Lutheran University Kingsmen water polo team ranked fourth in NCAA Division III.

The Kingsmen record now stands at 9-9 heading into a three game home stand and the start of conference play. They will take on fourteen ranked University of Redlands on Oct. 18 at home.

CLU held off NCAA Division II foe Mercyhurst (Pa.) College for the second straight year, 12-10 at the Samuelson Aquatics Center last week.

The Kingsmen held a 5-3 lead after the first quarter that the Lakers of Mercyhurst quickly erased in the closing minutes of the first half.

Heagy scored the only two goals for either team in the third quarter and Chaney put away his third of the game to begin the fourth quarter by putting the Kingsmen in front for the remainder of the game.

"They [Mercyhurst] kept pressing and didn't drop anyone," Heagy said. "That allowed us to find the open man and put some shots in the back of the net."

CLU sophomore Wes Lewis had an eye out for the open man as he dished out a game-high of five assists, along

with three steals and a goal. CLU junior goalkeeper Jordan Bouey made 10 saves and shut out Mercyhurst for nearly 14 minutes starting from 51 seconds left in the first half to 3:05 remaining in the game.

"Bouey has been great for us all year," junior Scott Bergeman said. "He gives us a lot of confidence in front of the net."

Not only did Heagy score six times, but he drew as many ejections himself as the Lakers entire squad. The Kingsmen enjoyed a 9-5 advantage in drawn kick outs.

CLU coaches Craig Rond and Matt Sarshaw said they were pleased with Heagy's performance in the game.

"This is what we come to expect from our two-time All-American," Rond told clusports.com. "And he's hitting his stride just in time for conference."

The Kingsmen also participated in the 2008 Convergence Tournament hosted together by three schools; Claremont-Mudd-Scripps, Pomona-Pitzer and La Verne.

The Kingsmen faced three East Coast teams defeating Washington & Jefferson (Pa.) 18-5, and Fordham (N.Y.) 14-11, while falling short against NCAA Division III power Johns Hopkins (Md.) ranked second in NCAA Division III and also ranked in a Division I Top 20 poll. In the final game of the tournament the Kingsmen dropped a game to Cal Baptist 9-16.

"We played hard against Johns Hopkins," Heagy said. "We were down 9-3 at one point, but battled back to make a game out of it."

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Sport Schedules

	Wed 8	Thurs 9	Fri 10	Sat 11	Sun 12	Tues 14
 REGALS Soccer	Occidental* 4 p.m.			La Verne* 11 a.m.		
 KINGSMEN Soccer	@ Occidental *	4 p.m.		@ La Verne*	11 a.m.	
 REGALS Volleyball			@ CSUEB Wild West Shootout	@ CSUEB		
 KINGSMEN Football				Pomona-Pitzer* 1 p.m.		

Shade denotes home game. * Conference Game.

Bulldogs bully the Regals

Regals suffer loss on road to SCIAC rival

By Jeff Chaney
Echo Staff Writer

Beating SCIAC opponents has proven to be a difficult task for the California Lutheran University Regals this season. They dropped games to Claremont-Mudd-Scripps and University of Redlands last week.

Although the Regals fell to the Athenas and the Bulldogs, the games served as opportunities for the Regals to identify and tie up the loose ends before raring into the second round of their season where they first will travel



Photo by Nathan Hoyt
Lauren Hess holds off a CMS defender to get the ball.

to face Occidental College, 3-4 overall, 3-2 SCIAC, today.

Occidental is on a two-game win streak beating conference opponents CMS and Redlands in 1-0 games.

Despite shutting out CMS in the second half on Wednesday, the three goals in the first half were enough for the Athenas victory.

Fresh strategies in player formation and offense will be some of the key focuses as the Regals gear up for their final round of SCIAC competition.

"We are going to be trying some new formations offensively in these next few games," senior midfielder Marisa Zambetti said.

The Regals have been pulling the trigger on offense though. They had seven shots attempted in the game against the Athenas,

three of which came from freshman forward Brittany Clark.

With defensive shutouts coming from the Regals only one half at a time, starting and finishing a game with balanced intensity will be another focus.

"We didn't allow any goals in the second (half)," Zambetti said.

"If we can go strong as a team for 90 minutes, we will be just fine. We have come out strong, and finished strong, now we just need to stay strong from start to finish."

At this point in the season keeping the team healthy and free from injury can be as hard as putting the ball in the goal.

"Working as a team is something we are going to really be working on this week."

— Kelsey Dunn

Staying flexible and agile is what makes a team durable in the late and post seasons.

"Stretching is a state of mind," freshman midfielder and forward Rosemarie Lombardi said.

Cohesiveness is another factor that the Regals will be trying to improve on in the coming week.

Working as a single unit has proven essential for victory out on the soccer field.

The Regals really want to utilize all the talents on their squad and compound everyone's skills into



Photo by Nathan Hoyt

Senior Lauren McGuigan fights for a header with a CMS player.

a single game plan.

"Working as a team is something we are going to really be working on this week," freshman midfielder Kelsey Dunn said. "If everyone is on the same page, then things are going to go a lot smoother."

Saturday's match against the University of Redlands reached a similar result.

The Regals shut out the Bulldogs in the first half, finally

allowing one goal in the closing seconds leading into half time.

The Regals were only able to get off a single shot attempt in the first half.

In the second half, the Regals were able to launch nine more shot attempts but failed to score on any of them.

Regal goalkeeper Kristin Borzi notched two saves on the day, and secondary keeper Laura Brain logged a save as well.

Kingsmen take one on the road

Football team dismantles Whittier College

By Nicole Flanary
Echo Staff Writer

The California Lutheran University Kingsmen football team powered past the Whittier Poets last weekend, earning their first conference win of the season.

CLU's homecoming game is Saturday at 1 p.m. against Pomona-Pitzer.

The Kingsmen defeated Whittier Saturday 32-7.

CLU came out with its swords drawn, as Victor Edwards caught an interception on Whittier's opening drive and the Kingsmen showed no signs of slowing down.

Quarterback Jericho Toilolo ran two yards to the end zone, and on the next drive Antoine Adams rushed 15 yards to score.

"One player that really stood out for me was Antoine Adams," receiver Chris Hammond said. "Our running game was



Photo by Scott Chisholm
Ebene Winston, 25, had 4.5 tackles and an interception against Whittier.

definitely a question mark going into the season, and he has really proven to be a premiere back in the SCIAC conference."

Adams led the rushing corps for CLU, and averaged 9.7 yards in the game vs. Whittier for a total of 109 all-purpose yards.

Adams averages 82.3 yards

per game and is leading CLU in rushing this season.

Jackson Damron booted the ball through the uprights for a 34-yard field goal to extend the Kingsmen lead to 15-7 going into halftime.

To open the second-half, Damron completed his seventh

consecutive field goal this season.

"We came into the game and we beat the rhyming right out of the Poets," receiver Sean Coen said.

Though he is light-hearted off

"We came into the game and we beat the rhyming right out of the Poets."

— Sean Coen

the field, when Coen throws on a helmet and pads he means business.

On CLU's next possession, Coen had an electric 47-yard kick return, igniting both the fans and the players.

"He made a punt-return for a touchdown that provided a much-needed momentum booster," Hammond said.

Following Coen's return, Ebene Winston intercepted the Poets, resulting in an 18-yard rushing touchdown by Derek Martinez.

"We played well as an offense today, but the defense was definitely the catalyst to our victory. They kept up the intensity of the entire game,"

Hammond said.

Linebacker Roland Jenkins led the team with five tackles and a fumble recovery.

Winston followed with 4.5 tackles and an interception.

Jacob Calderon made four tackles and contributed two sacks in the victory. Calderon has been explosive for the Kingsmen this season with a total of 19 tackles.

Cornerback Eric Lopes added to the defensive charge contributing four tackles and four pass break-ups against the Poets.

"A couple players had top-notch performances," Coen said. "Jesse Matlock, for one, played on an elite level."

Matlock recorded six catches for 98 yards in Cal Lutheran's win.

The Kingsmen see each win as a step closer to achieving their ultimate objective.

"Overall, we got the result we needed from the Whittier game, but we didn't play to our potential," Hammond said.

"Salem, Virginia is where we should be at the end of this, playing for the national championship. But first things first, we need to win SCIAC outright and treat every game like a play-off game."

THE ECHO

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Carnival attracts happy crowd

Lights, sounds and smells of cotton candy fill the night

By Dana Blackburn
Echo Staff Writer

Colorful lights, the scent of cotton candy and school spirit filled the chilly night air as California Lutheran University students, alumni, faculty and family members gathered at CLU's annual homecoming carnival Friday night.

The carnival was held on Memorial Parkway. It included rides, food, games and entertainment all completely free of charge. The carnival was open to everyone from CLU and its surrounding communities.

Attendees were entertained by CLU's enthusiastic mascots, homecoming court introductions, performances by CLU's dance team and hip-hop club, H2O.

"Programs Board Committee tries to recreate the carnival every year, but they also try to keep the traditions alive that students love," said Amanda Whealon, coordinator for student leadership and programs.

ASCLU-G's Programs Board was in charge of the carnival's detailed planning process that began in May.

"It's a fun atmosphere where you get to see faculty, students and families all molding together," Whealon said.

During the carnival, competitive CLU students stood in line to race to the top of an inflatable slide and then quickly slide down in a race to the bottom, while the thrill seekers had the opportunity to climb into rotating cars atop the Ferris wheel.

"I think that it's important to come to the carnival because it is a tradition and a lot of people have been doing this for years," said Carrie Kelley, senior representative for programs board at CLU. "The best part of homecoming is just being able to step outside your residence hall and there is a carnival right there."

She explained that the carnival is free for students as a part of Club Lu on Fridays. The whole point of planning events like this carnival is to make exciting activities free for students. Programs Board provided the food, rides and entertainment so that students could come enjoy themselves without spending a



Photo by Doug Barnett

Students attend the annual homecoming & family weekend carnival.

dime.

The carnival offered a wide array of activities, from throwing a pie in the face of your friend to dressing up in goofy costumes for a photo shoot with an Elvis Presley cut-out on CLU's red carpet. Additionally, those in attendance could take a shot at winning a goldfish and throwing darts.

"The Homecoming Carnival at CLU has become a tradition for

me and my best friend. Every year we bring her nephew. It has something fun and exciting for everyone," said Amber Trockey, CLU alum.

Every year the programs board committee works to make the Homecoming Carnival bigger and more thrilling for its many attendees. "The carnival seemed more exciting and drew a bigger crowd this year than I have seen in previous years," Trockey said.

The Homecoming Carnival was held in conjunction with CLU's Family Weekend to which family members of CLU students are invited to visit the campus, sit in on selected classes, dine at discounted rates at several participating local restaurants, compete for a free vacation to Laughlin, Nev. at Bingo Night and cheer on the Kingsmen at CLU's homecoming football game.

Obama sign theft causes uproar

By Margaret Nolan
Managing Editor

The residents of 3222 Luther St. woke up to find their Obama '08 sign missing from the front of the house. In its place were five copies of a letter addressed to student supporters of Obama.

The letter was full of spelling and grammatical errors and attacked Barack Obama, his ethnicity, religious beliefs, education and political viewpoints and all the students in support of him.

The residents, who are registered Obama supporters, were shocked.

Almost immediately upon finding the letters, sophomore Grant Berg and his roommates took action. They took copies of the letter to various clubs

including the Black Student Union, the CLU Democrats and the Gay Straight Alliance, in addition to telling all of their friends about the incident.

"The members of the BSU were appalled," Berg said. "Their mouths literally dropped."

The residents took every measure possible to spread the word about the theft around campus.

"This can't be a joke," said senior Matt Johnson who lives in the house. "It's just not funny."

Along with the rest of his roommates, Johnson reported the incident to Campus Security.

"The gentlemen provided a copy of the letter that was left and we notified the sheriff's department," said Fred Miller, Director of Campus Safety & Security.

A Ventura County Sheriff Deputy responded to the call within a half hour and filed a report. The event was classified as a theft. The letter contained repeated statements that had been circulating on the Internet, it did not meet the requirements for a hate crime and there was no vandalism at the house. However, the deputy is following up with the residents to make sure that the report is accurate.

Miller asked the residents for a value of the property that was stolen, which was deemed to be about \$100 and is increasing efforts to prevent future events of this nature.

"We have asked the officer for a more vigilant look on campus for any unusual activity, especially

at night," Miller said. "We also encourage all students to report similar events immediately."

In addition to notifying security, e-mails were also sent to Juanita Hall, director of multicultural and international programs, Bill Rosser, vice president for student affairs and Dr. Chris Kimball, university president. The students received almost immediate responses, encouraging them to continue to express their political opinions.

"It is important for all of us to be engaged in this process and to be able to express our support," Rosser said. He advises all students to continue to display their political viewpoints and not give in to other people's negative actions.

"If we give in to it, we're just giving them what they want," Berg said. "We have to show that we're not afraid to express ourselves within our First Amendment rights."

Berg, Johnson and their roommates are making an even bigger sign out of plywood to put on their roof that will be harder for people to steal.

"All we can do is react and show that their actions can't deter us from what we believe," Berg said. "If we do it well, then we can turn this into a constructive experience for everyone."

Ultimately, they want to make sure that everyone realizes the severity of the situation and learns from it.

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Alumni renew old friendships

By Amanda Lovett

Echo Staff Writer

It is estimated that more than a thousand people attended the Alumni and Family Festival homecoming weekend on Saturday. Alumni reminisced about their adventures when they attended California Lutheran University.

The event was hosted by Alumni and Parent Relations and was sponsored by the Ventura County Star, class of 2003, Ann and David Watson '78, David Spurlock '69 and Linda and David Gunn '67.

"This is our second year doing this event," said Mitzi Ward, associate director of Alumni Relations. "We had 750 people R.S.V.P., however, we estimate we had over a thousand people here today."

The festival consisted of many components including barbecue and veggie sandwiches, study abroad booth, arts and crafts, bounce houses and a petting zoo for the kids, a beer garden for

individuals over 21, live music from Midnight Train sponsored by the Ventura County Star and many more.

"If only this food was in the cafeteria and Centrum," senior Jessica Kolstad, resident assistant for campus houses said. "The band is rockin."

Parents of CLU students and alumni attended the event as well.

"It was a lovely, cool, homecoming day. Cal Lu always has wonderful food for the parents to enjoy with family," Dorie Cornell, mother of sophomore Thea Cornell said.

Children were seen running around laughing and playing with other children in the bounce houses shaped like dinosaurs and petting the animals at the petting zoo.

The Study Abroad Center booth offered information on studying abroad and souvenirs and stories of Study Abroad adventures from alumni.

"CLU Alumni Association started an endowment to help

students study abroad because it is such an amazing opportunity," Stephanie Shaker said, an alumnus who traveled to London in 2006. "The Study Abroad Center has seen a growing interest in study abroad participation the last few years so we try to support them in any way we can."

Shaker studied abroad in London with Carmen Wytenbach, who recalled her own experience.

"It was one of the best, if not the best; thing I did at CLU," Wytenbach said.

Inside the beer garden, many alumni were reminiscing on memories at CLU and were very willing to share stories with fellow alumni and cohorts.

Pastor Scott Maxwell-Doherty was one of the alumni recalling college adventures among fellow alumni including Dave Watson and Pastor Greg Ronning.

"The best memories I have from my time here at CLU were from traveling with Jerry Slattum to South America during interim," Dave Watson said, Class of '78

and sponsor of the event. "We went to many anthropological sites and of course we hit every cathedral and then every bar."

"[My best memories at CLU were] all the conversations with my roommates about life," Ronning, CLU alumni class of '82 said. "And of course, I met my wife here."

CLU pride runs in the family as his children, junior Trace and freshman Sierra Ronning, also attend CLU.

"They made the decision on their own... we're both really happy about it," Ronning said.

Ronning continued his studies in religion after graduating from CLU and became the pastor of Texas Lutheran University in Seguin, Texas.

"I love campus ministry," he said. "Texas Lutheran is a lot like CLU, I was really excited to go back to that environment because it meant so much to me here."

Stories of getting in trouble and stories of times when they should have gotten in trouble, were radiating through the

beer garden. Reunions between fellow classmates and hearing different sides of the stories made the evening an endearing characteristic to the festival.

Karin Andreen, formerly Karin Thompson, married her college sweetheart from CLU. She recalled her favorite memory from her senior year.

"We had this thing called Alante's Ghetto Salon & Dating Service, where we were paid \$2 to do a freshman girl's hair to go on a blind date with a guy they had already found," she said.

She described some of the incidents that went on with the salon and dating service.

"We had rope lights hung up in the lounge and one night they caught on fire and burned down a couch. Rope lights were legal at the time, so all we got written up for were the extension cords," Andreen said.

"I love CLU. They are definitely the best memories. I wish I could go back."

Seniors showcased at coronation

Hansen & Kelley take home King & Queen

By Kelsey Bonesteel
Echo Staff Writer

During homecoming week it is California Lutheran University's tradition to have homecoming coronation to formally introduce the homecoming princes and princesses for each class and also to announce the king and queen.

This year instead of being held outside in the Grace Hall patio, the event was held in the Lundring Events Center.

"We decided to move the event inside, as there are usually complaints of being cold outside," said Lauren Anderson, student life and programs intern who assisted in the planning of this year's coronation. "I think it gives it a different feel."

Each member of the court was nominated by their classmates through the CLU Web portal.

Once votes are narrowed down to the top three from each class, students receive another chance

to vote for the king and queen. Four men and four women are nominated for the senior court. One of those couples will be crowned king and queen.

No table had an open seat and more chairs had to be brought in to accommodate more students, parents and faculty who came for support.

"My fiancé [Scott Jackson] is on the junior court this year, I'm here to support him," Miray Iskander said.

Chase Linsley, emcee for the night, started the evening by introducing ASCLU-G's president Andrew Brown.

After a brief introduction and the traditional lighting of a candle, symbolizing "coming home," the CLU quartet sang the alma mater.

Shortly after, the introductions of the court began. Each one included overviews of the different activities each student is involved in on campus and a quote from their fellow classmates.

For the senior court introductions, the seniors picked their favorite and most influential member of CLU's faculty or staff. Each guest speaker spoke about the individual student and his or her most prized memories.

"This year had a more intimate feel, it was really fun being up there talking about the court."

— Pete Brown



Photo by Desiree D'Arienzo
Senior court members await the announcement of king and queen.

After all the introductions were made the moment arrived to crown the king and queen. The nominees included Ana Garcia, Kyle Hansen, Roberta Gaugert, Jon-Erik Livingston, Carrie Kelley, Kareem Rivas, Fina Lopez and Landon Smith.

After a long pause, the names were revealed: Carrie Kelley and Kyle Hansen. A large bouquet and crown were brought out and their purple sashes were exchanged for the gold ones.

Concluding the night was the men's quartet singing, "The Sweetheart of CLU" to the new queen.

"I feel very flattered and didn't expect it," Kelley said. "I was trying not to get my hopes up."

The room filled with the flashes

of cameras and congratulatory hugs.

One of the faculty who introduced the courts was Pete Brown, enrollment; marketing and communications manager at CLU.

"This year had a more intimate feel, it was really fun being up there talking about the court," Brown said.

Even though the other senior nominees did not receive the title of king or queen, they are still part of CLU's senior court.

"It was just an honor to be nominated, I've never been on court before," Ana Garcia said. "Carrie is so involved in everything; she deserved to win."



Photo by Desiree D'Arienzo
Homecoming queen Carrie Kelley gets serenaded by the men's quartet.

15 students present research

By Gigi Arjomand
Echo Staff Writer

Various topics were featured in Saturday's student research symposium ranging from robots and kitchen sponges to mutated flies and oceanic pollutions.

The fifth annual California Lutheran University Research Symposium consisted of 15 students' research findings conducted during this past summer. All participating students are science majors, however they differ in fields of study. These students demonstrated the versatility of science through the topics they chose.

"What makes science so interesting is the breadth of what is included," Steve Hawkins, associate professor in the exercise science department said. "That was demonstrated here today where we had some purely theoretical concepts, advancing knowledge for knowledge's sake, and then there were some very applied ideas

where we can take the research finding and actually improve people's lives."

The symposium held on Saturday was sponsored by the new Office for Undergraduate Research. The CLU SRS

"I found that ocean water coming from L.A. is dirtier than ocean water coming from Ventura."

— Katie Madison

committee's goal of the event was to "provide an interdisciplinary scientific venue for CLU students and faculty to meet and exchange knowledge and ideas in science, mathematics and related fields."

Although some of the topics consisted of rather complex scientific research and a lot of words and concepts unfamiliar to most people lacking a degree or background in the natural science

field, there was a lot of useful information comprehensible to the general public.

"I thought they made it really interesting," Matt Hessman said, supporting his girlfriend Sarah Muliada who presented her project "Analysis of Complex Biological and Environmental Systems: A Quantitative Look."

"Science is interesting. It's not something I, myself, would necessarily pursue as a career but all topics were relevant to what's important right now so I enjoyed it," Hessman said.

A majority of the research projects were funded and supported by the Swenson Science Research Fellowship Program, a scholarship that the students apply for prior to beginning their work this summer.

Katie Madison is one of those sponsored by the Swenson scholarship and her project "Fecal Contamination in the Ocean from Urban Runoff" was

one of the topics most relatable to ocean lovers as it investigated and compared the amount of contamination in different parts of the ocean outside of the Malibu coast.

"I found that ocean water coming from Los Angeles is dirtier than ocean water from Ventura," said Madison. She was very happy with the result of her project and is excited to continue researching her topic during the fall, hoping to obtain a more in depth understanding. "My findings were not influenced by the rain but I'm looking forward to comparing my summer results to the upcoming rainy season."

Although the project is not a degree requirement and was completely voluntary on behalf of the students participating, the faculty advisers mentoring them throughout the process honored the students with certificates for their efforts and hard work following the last presentation.

For the Record...

In the Oct. 8 edition of The Echo, Hazing Allegations in CLU Sports, Athletic Director Dan Kuntz's name was attributed to quote: "Hazing is any activity expected of someone joining or participating in a group that humiliates, degrades, abuses, or endangers them regardless of a person's willingness to participate." This was a definition of hazing and not a quote by Kuntz.

News Release

Come join us on Jan. 20 for the Inauguration of the new President.

When will you ever have the chance to stand on Pennsylvania Avenue and watch a presidential parade? It might even be snowing.

Students attending the Lutheran College Washington Semester consortium this spring will be there. Since 1986, CLU has been one of the 13 colleges which together offer classes and internships in D.C.

CLU has sent 126 student in all, seven this fall. Students live in condos across the Potomac River from the Lincoln Memorial, just north of Arlington Cemetery and the Pentagon, one metro stop from the State Department. You will live with other students, take two classes and earn the equivalent of two classes for a total of 16 upper division CLU credits.

CLU students there now (with their internships) are: Jasoene A. Bentil (AAUW); Michael Gammarillo (Phoenix Bikes); Elliott Kimmel (DBC -PR); Nicholas Muller (Coalition on Hemispheric Affairs); Shannon Quigley (Office of the Attorney General); Emily Robertson (Democratic National Committee); and Paige Schultz (AAUW).

Classes and internships are available from Political Science to Public Administration and from Communication to Criminal Justice. For more information, visit:

www.washingtonsemester.org. If interested contact Study Abroad and Dr. Gooch (gooch@callutheran.edu).

There are a few places still available for this spring, but you must apply as soon as possible.

Could there be a more interesting place to learn than CLU's campus on the Potomac?

Fall Holiday Trip to Red Rock Canyon in Las Vegas, NV



October 17th-19th Signup in the SUB, cost is \$30, space is limited and there is room for up to 15 people



We will leave campus on Friday morning and head to Red Rock Canyon just outside Las Vegas, NV. We will explore the area on Friday and throughout the day Saturday checking out several hikes. On Saturday evening we will leave the campground and head into Las Vegas for the night. We will be staying on the strip and the evening will be left to have fun and explore Vegas. Even if you are under the age of 21 there are plenty of fun things to do in Las Vegas so this trip is open to all students. If you have any questions please contact Clark at ccripps@callutheran.edu. The cost of the trip includes food, campsite, and stay in Vegas. We will be supplying tents for the trip. You will receive a packing list once you have signed up.

Around the Campus

WEDNESDAY October 15	THURSDAY October 16	FRIDAY October 17	SATURDAY October 18
University Chapel: Rachel Ronning-Lindgren '99 10 a.m. Samuelson Chapel The Tournées Festival: "Un Long dimanche de fiancailles" (A Very Long Engagement) 7 p.m. Preus-Brandt Forum	Salary Negotiations Workshop Noon: Roth Nelson Room	Fall Holiday  No School	<i>"Even if something is left undone, everyone must take time to sit still and watch the leaves turn."</i> ~ Elizabeth Lawrence
	<i>"Fall is my favorite season in L.A., watching the birds change color and fall from trees."</i> ~ David Letterman	Corporate Leaders Breakfast Series: Scott Foraker, V.P., Amgen 7:30 a.m. Lundring Events Center Understanding China's Turbulent 20th Century 4:30 p.m. Roth Nelson Room	Fall Blackbox Series 8 p.m. O.G. Black Box Theatre & Founders Day 10 a.m. Samuelson Chapel
SUNDAY October 19	MONDAY October 20	TUESDAY October 21	NEXT WEEK ON CAMPUS



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Stuff Mondays - \$4 Cheese Stuff Stix (6 p.m. - close)

Fat Tuesdays - \$2 Chicken Tacos, .50 cent wings (6 p.m. - close)

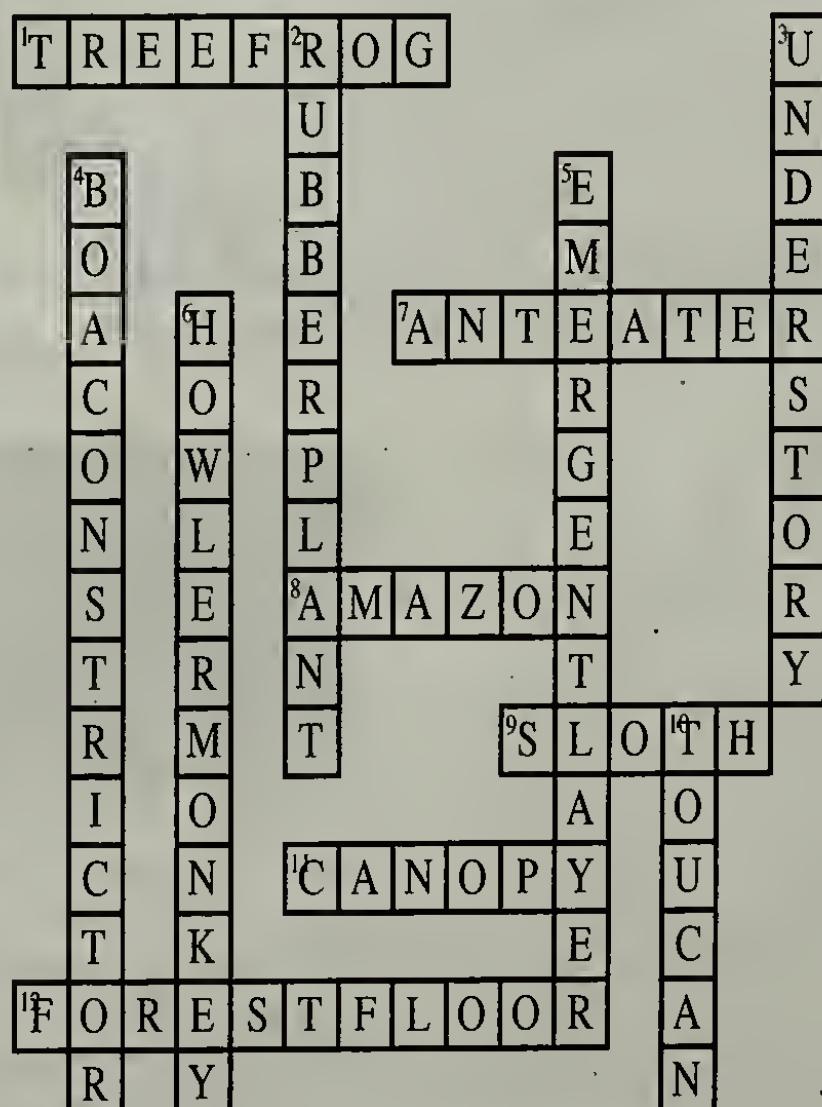
CLU Thursdays - 25% off with college I.D. (6 p.m. - close)

Kingsmen Saturdays - 20% off all pizzas (all day, dine-in only)

Drink and food specials every day (3-6 p.m.)

Join us for Sunday breakfast during NFL season (9 a.m.-Noon)

Answers from last week's crossword:



Senate works for big future

By Megan Hindman
Echo Staff Writer

The California Lutheran University Senate has numerous plans to fill the needs of students on campus. Ideas include more bike racks, a vending machine for school supplies and the possibility of digital signage on the flagpole.

Acting as a voice for the student body, the Associated Student California Lutheran University Government Senate is using 11 percent of student fees per year toward student needs.

In order to provide for a well-rounded collaboration of ideas on how to do this, Senate is comprised of four representatives from each class, a transfer and a commuter representative, a recorder, a director and two advisers.

The CLU community members are also welcome to voice their ideas during Senate meetings, held every Monday at 5:15 p.m. in the Student Union Building.

"We want more students to participate because we want

to make sure the right things are happening," senior senator Victoria Lopez said.

This year Senate is broken into four committees: Administration, Go Green, Student Pride (student affairs) and Straight A's (academic affairs).

"I feel like this year is going to be a great year, so you should look for big things from us," Senate director Beth Peters said.

The Administration committee is considering the benefits of using Outlook Exchange as our e-mail client. It is also taking into consideration changing the CLU ID cards to function as all-purpose IDs.

This would eliminate the need for a separate card for laundry and possibly allow students to use their IDs as a credit/debit card.

In keeping with the widespread green initiatives, the GO Green committee is heading up the effort to purchase more bike racks to be dispersed throughout campus. Also, all freshmen received nalgene water bottles during orientation.

This is something the Go Green committee would like to spread to upperclassmen as well to discourage excessive use of plastics.

Digital signage on the flagpole is another way Senate is aiming to help CLU go green. Instead of using large amounts of paper each week to advertise events, information could be posted on a much more appealing large TV screen.

A safe-ride program also may be a new addition to CLU. The Student Pride committee aims to eventually establish an alternative transportation option. However, for the time being, safe ride info cards remain a more plausible choice. These would be wallet-sized cards that display the numbers of local taxi numbers.

Other projects include extending library hours during finals week and placing a convenient vending machine for on-the-go school necessities.

"We are really trying to do things that students want and are really needed," Lopez said.

The Straight A's committee

would also like to see more undergraduate research presented around campus. Ideas consist of purchasing student art work to hang in Grace Hall or student research to hang in Ahmanson Science Center.

"We are always open for

suggestions," said Stephen Roberts, academic affairs committee chair. "On Fridays, you can see us wearing some nice bright yellow shirts and we wear ASCLU shirts on Mondays, making us nice and identifiable two days of the week."

THE ECHO

California Lutheran University

2008-2009

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Founder, Launch137, Green Bay, Wisconsin

LESSON LEARNED: Don't try to define God or yourself.

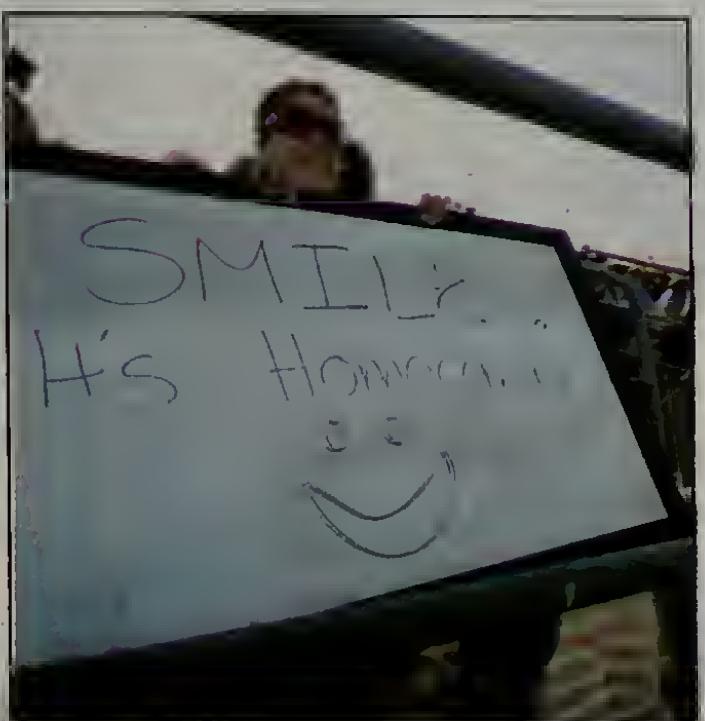
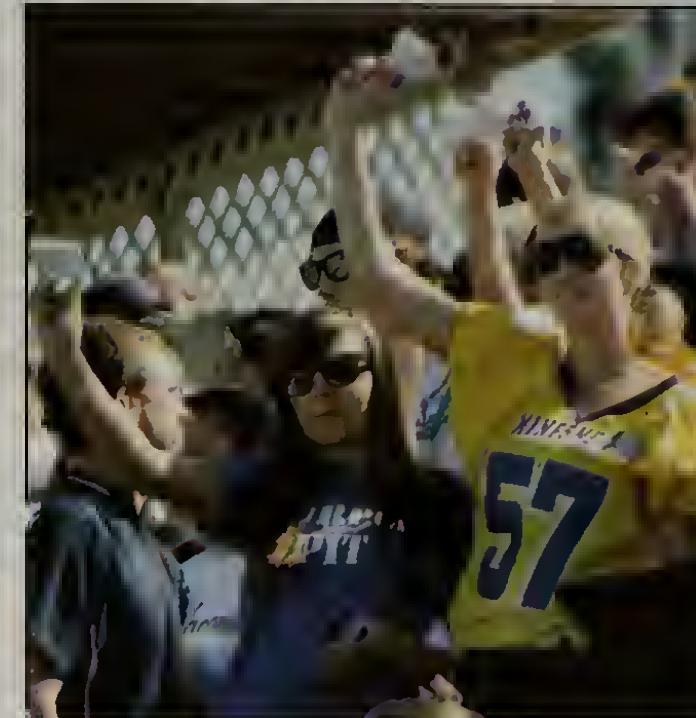
MY STORY: You don't usually think of a bar as a ministry setting. But then, I had this conversation one day and God opened doors.

To learn more about Troy's inspiring story and explore the theology programs offered:

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Homecoming and Family Weekend 2008



Photos courtesy of: Art Miller, Erik Hagan, Brian Stethem, Pete Brown and Echo photographers

Campus Quotes

"What did you do this Homecoming weekend?"



"I went to the carnival and the football game"

—Junior, Lindsay Lawrence



"I played in the game. We dominated"

—Senior, Jeff Shalem



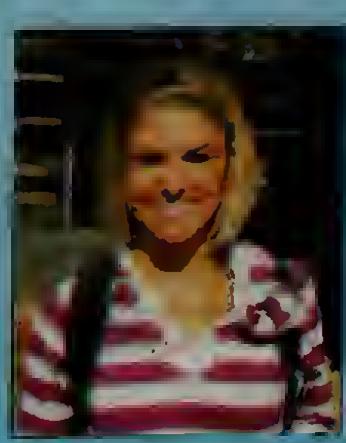
"My parents came out here and I went to dinner with them."

—Freshman, Talia Ferrari



"Half of my group got kicked out of the dance within the first hour."

—Junior, Greg Lehman



"I studied for my biochemistry test."

—Senior, Katie Foster

I'll keep my change, but do you really have sense?

The letter to the editor last week really created conversation around campus, but instead of fostering a debate, it left students discussing which facts were true, and which ones were not.

With that being said, I just want everyone to know that I put a lot of time and research into my articles and would appreciate it if a response to one of them returned the favor.

I believe that the intelligent students of CLU can do much better than that, and I can't wait to finally get to hear from some!

So let's get to it, shall we?

My article, "Keep Your Coins, I Want Change" was written as an explanation as to why I am voting for Obama.

It was not an article about why I think Obama is better than McCain. I think it is obvious enough that I think Obama is better just by my saying I am voting for him.



Missy Bain

And of course my articles are written in "Democratic favor" as I am a Democrat, and I am writing for the opinion section of the newspaper, not the news section, so I am allowed my opinion.

However, I do take offense to the statements made about how I am "regurgitating facts" I heard made by other liberals and that the majority of my facts were "invalid."

As I said before, I research everything I say, so while it may be my opinion and you may disagree, I will never give false or exaggerated facts out to readers. The media is confusing enough as it is.

Speaking of confusing, exaggerated facts, this letter to the editor was full of them.

First off, Obama is not enabling 95 percent of the American people by allowing them to no longer pay taxes.

In fact, the only people who

would be exempt from paying taxes at all would be senior citizens making less than \$50,000 a year. Is that so bad?

People making less than \$250,000 a year would receive well over \$1,000 in tax relief and their taxes would be 20 percent lower than they were under the Reagan administration.

Those who make over \$250,000 a year would pay the same taxes they paid in the 1990's or lower, not higher. Also, it is true that Obama would remove the tax cut given to the wealthiest 2 percent of the nation by President Bush.

It's a small price to pay to support the nation we all love so dearly.

Next, the "born alive" package that Obama voted against was brought up, but was taken completely out of context.

The package contained three bills and the third was the one Obama openly spoke out against.

It stated that if a physician made an error in assuming the induced abortion was complete and a fetus was born alive that a second physician would need to be called

in to verify the viability of the life.

Even the Medical Society opposed this bill because the time it takes to get another doctor and receive a second opinion wastes precious time that they could be using to save the infant's life.

Also, it puts a burden on the original decision made by the woman and her doctor to abort the fetus in the first place.

Obama opposed this bill because it was the "thin edge of a wedge used to pry apart legal rights to abortion" and it was already declared in Illinois state law that a physician must protect the life of a fetus that has a reasonable chance for survival outside of the womb.

This bill was a ploy, end of story.

Last, I just want to say that, believe it or not, I have been told by many people that since I am young, I am jumping on the Obama bandwagon and voting for him because he is a good-looking, charming man.

Of course I am aware that looks have nothing to do with presidential policy, hence my bringing it up in my article to point

out the absurdity of the thought.

I am glad that the article ended in saying that I have a right to be a Liberal, but I can't believe that someone actually thinks it is unethical of me to be one on the CLU campus.

I asked several students and faculty whether they viewed CLU as a liberal or a conservative campus, and hardly anyone could really say. Ironically, most believed it to be more on the Liberal side.

To me, this speaks volumes about CLU's diversity on campus and proves that just because the majority of its students love Jesus, doesn't necessarily mean that they are voting for McCain as well.

Here at CLU, it is not "unethical" to think or be any certain way. And that is why I chose to come to this "religious school of open-mindedness."

So, how about instead of respecting the so-called "Conservative nature" of CLU, you respect my liberal opinions and I will respect your conservative opinions and we can leave CLU out of it.

LETTERS TO THE EDITOR

Keep your 'Sense'

Editor,

The Oct. 8 issue of The Echo featured the charming little literary piece, "Keep your 'change; I have sense." I am responding to the jumble of disjointed ramblings that were the foundation of last week's article.

Late in the article you accuse a lack of political education, yet at one point blame "typical Liberal 'sweeping under the table.'" To imply "typical Liberal" (or Conservative for that matter) behavior of any kind is to demonstrate an lack of political education yourself.

One of my favorite parts of your argument was that "after reviewing this article with seven people (Conservative Republicans), your details are... in Democratic favor."

Quite frankly, if it took you and seven Conservative Republicans to discover that an opinion piece by an avid Liberal favored the Democratic Party, you just may need to improve your detective work.

The first of your numbered points accused Barack Obama's proposal of enabling 95 percent of American tax payers to no longer pay taxes. This is yet another sterling example of that lack of political education.

A tax cut does not mean tax obliteration – those people will all still pay taxes.

You say, "...putting more stress

on the top 5 percent. If you expect to make it big you will be burdened by it."

I have a hard time sympathizing with the struggles, hardships, and burden of people making six figures.

Next comes the accusation that Obama "turned down" a particular legislation, is sexist and has no family value.

Senators do not have the power to single-handedly turn down legislation.

As far as the argument that Obama is sexist because of his "lipstick on a pig" remark is concerned, let's walk through what he said.

Senator Obama was referring to McCain's strategy of calling his proposals "change" when he said, "You can put lipstick on a pig – it's still a pig. You can wrap a dead fish in a piece of paper called 'change' – it's still going to stink."

The "lipstick" comment is an old analogy, not some sexist scheme by Barack Obama. He could have just as easily said, "You can put flowing blonde hair on a pig – it's still a pig." That wouldn't mean he is against the band Hanson, would it?

You charge that Obama is less qualified than Palin (with only 143 days in office), and saying that McCain agrees nearly 90 percent with Bush cannot be true because it is too round of a number.

As far as Obama's "143 days"

allegation, Obama was sworn into the U.S. Senate on Jan. 4, 2005, which was over 143 days ago last time I checked.

I am not even going to touch your incoherent attempt at an argument on physical appearance in politics, because it does a better job of contrasting and arguing itself than I could ever do.

Last, you dare to insult this newspaper and make conclusions about the ethical views and nature of our school.

Who told you that this is a Conservative campus?

Was it your seven Conservative Republican friends?

We have the amazing privilege of a campus that is tremendously open-minded, accepting and diversified.

Insulting the views of the newspaper because of an article published in the *opinion* section and having the audacity to deem somebody's views as unethical because they do not coincide with your own are marks of ignorance and prejudice.

Next time you get the chance, I challenge you to look up a document called the United States Constitution, and then find the First Amendment. That should turn your world upside down.

Had you made legitimate arguments to support your opinion and left it at that, your article wouldn't have turned in to such a debacle. Yet you decided to forego the sensible

route and attack the author, the publication, and the ethical views of the school itself.

Throw out as many big words and numbered arguments as you want; you can't put lipstick on a bad article – it's still a bad article.

-Dan Erickson, Senior

'Sense' Doesn't Carry Much Worth

Editor,

I've never understood the ideology that there is a right choice and a wrong choice when it comes to voting. However, that's what Mr. Homesley appears to imply: McCain is right and Obama is wrong.

There are several statements that disturb me in Mr. Homesley's piece.

The "lipstick on a pig" comment. Yes, Obama said it. Guess what? McCain has used that same one-liner, last year in fact. It is a figure of speech.

And as far as it being a "sexist" remark, I'll remind Mr. Homesley that when McCain used it, he was referring to a Hillary Clinton proposal on health care. So, clearly, both candidates must be sexist.

Consider the following:

Barack Obama earned a B.A. in political science with a specialization in international relations from Columbia University while Sarah Palin was competing for a tiara. Out

of the two candidates who are questioned for their experience, who do you think seems better prepared for the U.S. presidency?

Just to clarify for Mr. Homesley, John McCain voted with President Bush 95 percent of the time in 2007, according to the Congressional Quarterly's Voting Studies. McCain's support of Bush's position has been as low as 77 percent (in 2005). To be fair, Obama voted in line with President Bush 40 percent of the time last year.

Realistically, both candidates have typically voted along with their respective parties since they've been in the Senate.

What probably disturbs me the most in Mr. Homesley's op-ed are remarks made in his last two paragraphs.

California Lutheran University is not a "Conservative Christian campus." I challenge Mr. Homesley to give me any proof that clearly states "CLU is a Conservative Christian school."

Mr. Homesley does admit that one has the right to be Conservative or Liberal in this country. But to suggest that a Liberal-thinking student is viewed as "unethical" at CLU is what is truly ludicrous. For someone who thinks he has "sense," that has to be the most nonsensical comment I've ever read.

-Kevin Holt, Junior

Food prices gone foul



Hollie Lowenberg

Like a large number of my fellow students, I have a ton of outside expenses in addition to my school costs. The tuition and student fees are outrageous, and like a lot of students I'm up to my neck in student loans. Not to mention, textbook prices are absolutely ridiculous. In the end, what really makes me frustrated is the fact that I can't afford to eat on campus.

I'm sure I'm not the only one on campus who has complained about high food prices, especially for those of us who are commuter students. Residents are forced into purchasing a meal plan, while commuters have no option other than spending their last few bucks on an overpriced sandwich.

Given that Mogen Market charges nearly double for food, students would be better off shopping for groceries down the street at Trader Joes. At least there we could purchase a week's worth of lunches for the amount of what two lunches could cost on campus.

I can tell you that the food they're selling at the cafeteria can't possibly cost a fraction of what is being charged, especially since they buy everything in bulk. It's not like they're purchasing freshly grown organic produce from local farmers or serving freshly squeezed orange juice.

They're purchasing frozen salty chicken breasts from some company thousands of miles away and serving frozen "just add water"

orange juice. And what about the pre-packaged drinks they sell on campus such as sodas and smoothies? Three dollars for a little smoothie? Give me a break.

I know the school benefits from profits they made off

I know the school benefits from profits made off food, and although I'm sure the extra funding is going to good use, CLU dining could get away with lowering the price by at least a few bucks.

food, and although I'm sure the extra funding is going to good use, CLU dining could get away with lowering the price by at least a few bucks.

Not only are we spending a lot on food, we are also waiting a long time to spend it. Long lines, especially in the Centrum, have been an issue this semester. It could be for a number of reasons: new employees, lack of employees. Or maybe even lazy employees or simply it could just be due to the fact that there are too many students; most likely

it's due to this year's large freshman class.

There are two places where you just know the food is going to be horrible... hospitals and university cafeterias. It's cliché to dislike the food on campus. It is rare to find students who are satisfied with what catering companies have to offer. The food is either greasy, tastes like rubber or is hard to cut.

However, I have actually heard the contrary here. A lot of people I know say they moderately like the food, especially the variety and that's great.

Not all students are lucky enough to go to a school where there are multiple cafeterias have food that students actually like. Not all students are lucky enough to have dining services that actually care.

Given the fact that we already spend enough money on tuition, gas, textbooks and other necessities, food should be discounted for students.

I'm not asking for a miracle, only to put food where my mouth is, not my money.

How to Respond

Mail

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Phone

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echo@callutheran.edu
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity

The Alma and Clifford Pearson Distinguished Speakers Series

The Center for Leadership and Values
The Office of Campus Ministry
present

Becca Stevens and the Women of Magdalene

Wednesday, October 22
10:10-10:40 am University Chapel

4:00 pm Samuelson Chapel
Creating Social Enterprise in Your Region through Empowering the Powerless:
An Entrepreneurship with a Mission

Becca Stevens is the founder of the Women of Magdalene and Thistle Farms. Magdalene is a twelve year old organization founded on a simple premise: love changes lives. They have five residential communities of women who all have criminal histories of drug abuse and prostitution. Without ever having to pay a cent, each woman shares in this community of recovery for two years, receiving housing, food, medical aid, therapy, education and job training. Magdalene residents also participate in Thistle Farms and hand-make nationally distributed natural bath and body care products.



THISTLE FARMS

It's a hard knock life



Kristin Gilman

With midterms in full swing, it's no wonder that California Lutheran University students are feeling pressure.

Stress is part of everyday life, but college students experience unique stressors that may ultimately lead to adverse health effects.

College students are expected to balance the pressure of academic performance on top of countless other stressors. Some college students have multiple jobs; students are expected to not only manage multiple bosses, but also multiple professors. This leads to what is commonly known as feeling "pulled in all directions."

College is a unique environment for stress because a college student's work is never done. Unlike a 9-to-5 job, there is always an essay to be written or an upcoming project to work on, after a regular day of class is over. In addition students experience

many of the everyday kinds of pressure that non-students and graduates deal with, like paying for car insurance or doing your own laundry for the first time. In between laundry, classes and jobs, students are expected to decide what to do with the rest of our lives, both personally and professionally.

While working toward our future career choices and finding a life-long partner, students also need to worry about normal adult stressors including social, financial and intrapersonal issues. It seems as if many older adults devalue and dismiss the pressures that come along with being a college student while managing and planning for the future.

A normal level of stress is a good thing. Stress motivates and stimulates us to get things done and it can even heighten performance. However, stress levels tend to build over time, and chronic high levels of stress can lead to a condition called over stress. When not managed well, over stress can result in a physical illness or anxiety and depression.

Just listing all of these causes and effects of stress has completely stressed me out. So what can we do about our stress?

The first step is to recognize when your stress levels are high

and acknowledge that it is a serious issue that needs to be addressed.

CLU does a great job offering students resources to deal with stress and anxiety. The counseling department offers one-on-one counseling, and has offered stress reduction and relaxation groups in the past.

For the over-committed student like me, scheduling one more appointment or one more meeting would probably send me over the edge; however it is helpful to be informed about the causes and effects of your stress. The Student Counseling Services' Web site is full of great resources to help students address their stress. There is even an anxiety self-test on the Web site.

I particularly liked the "Ten Self-Care Techniques" offered by the CLU Student Counseling Services. These techniques included things like learning to relax, getting organized, exercising, and talking to friends.

I also recommend taking up yoga or pilates. These classes often combine your workout with personal meditation time. I strongly believe that it is essential for all people to have time for intrapersonal reflections.

Learning how to manage your stress level is vital for maintaining your health and overall well-being. So take a deep breath, relax, and enjoy each moment for what it is.

Lacrosse is on the rise out west

New conference and tournament fuel Kingsmen

By Jeff Chaney
Echo Staff Writer

A new season, new conference and premier tournament are on tap for the Kingsmen lacrosse team this year. This year is the first opportunity for the California Lutheran University club to host its own exhibition tournament, the Kingsmen Invitational, on campus Nov. 15.

"We are really excited about having our first tournament. It's another big step in the right direction for the lacrosse program," one of the captains, Noah Flores

said.

Some of the teams that will be competing in the Kingsmen Invitational are the University of Southern California, Pepperdine, Cal State Long Beach and Occidental College.

"Building off last year, I feel that we have the most legitimate team CLU lacrosse has ever seen," Flores said.

Quite a few players that are going into their second season with the Kingsmen have been showing progress and seem to be hitting their stride stronger than the year before.

"Some of the younger guys got some games under their belts last year and they are fired up for this year," Flores said.

The Kingsmen are lucky to have the most dominant goalie in their entire league,

captain, Rudy Dini. He was the 2006 New Jersey state champion, and has proven himself in some critical matches from coast to coast.

Flores will also be laying down the defensive hammer out on the field. Opposing attackmen won't be sleeping well knowing that they have to go through those guys to score.



The midfielders are definitely going to be using their rookie season game experiences to stay sharp.

"Our midfielders have a lot of heart and are the

workhorses of our team," Flores said.

One of the most dominant attackmen in the league, Will Scarbrough, will be coming out full force, as this is his senior season. He is extremely fast on the field and handles his lacrosse stick well.

"Will is going to go big this season, it's his last year and his quickness and stick knowledge is stronger than we have ever seen it," Flores said.

He suggests that fans rally in support of the lacrosse athletes at Thousand Oaks' Stuft Bar & Grill on Nov. 1. Fans can meet the players and find out how to support this sport that is sweeping the West Coast and CLU.

The team is happy to get some preseason action before it jumps into the new

conference.

The Southwest Lacrosse Conference (SWLC) consists of teams from Cal State Long Beach, Occidental College, Pepperdine University, UC Irvine, Biola and Marymount College.

"I am really excited about our relationship with the community and the support we have gotten from the local businesses like Stuft Bar & Grill," Scarbrough said.

"It's the support from our school, the community and our peers that really help us achieve our goals, which of course is to make the playoffs and have a championship season."

Lacrosse fans can support Cal Lutheran at its home matches on the North Campus fields just across the foot-bridge.

Regals soccer flawless at home

Women take two SCIAC opponents down

By Krystle Van Deusen
Echo Staff Writer

Winning games half by half is the new strategy for the California Lutheran University women's soccer team.

The Regals won two back-to-back conference matches at home last week against Occidental College and the University of La Verne.

CLU will continue with the second round of SCIAC play today at Pomona-Pitzer Colleges.

"Occidental was a huge win for us," sophomore Brittany Clark said. "Developing these crucial wins will help our momentum going into the second half of conference play."

Clark dribbled through three defenders and drifted the ball right over Occidental's goalkeepers' head providing the opening goal.

Cal Lutheran drew many corner kicks creating many opportunities and finally benefited from the final attempt. Senior Lauren Hess crossed the ball finding Clark's head: She volleyed it to freshman Jennifer Jones who in turn, headed her first CLU goal, ending the match with a 2-0 victory.

"This was like our turning point

in the season," Hess said. "It was our last game of the first half of conference, and we're playing with a lot more heart and a lot more as a team."

With the momentum from the victory over Occidental, the Regals came into the second half of conference games with no mercy. Seeing La Verne for the second time the Regals knew what they were up against.

CLU was dominating the whole first half of play, out shooting the Leopards 9-3. With 30 minutes on the clock, La Verne's Falisha Ramirez booted one out of the three shots, placing it in the back of the net.

The Regals had a chance to tie up the score when junior Lynsey Gagnon earned a penalty kick late in the second half. Senior Marisa Zambetti hit it off the upper right post, as Cal Lutheran continued to halfime down one goal against the Leopards.

"At halftime we talked about not putting our heads down, we still had 45 minutes left," Clark said. "We focused on just winning the second half and forgetting about the first half."

CLU dominated the second half with many great attempts on goal, but ULV's goalkeeper kept the Regal's scoreless.

In the 80th minute, Clark, with an assist from Zambetti, broke through and bent in a shot, tallying her team high sixth goal of the season and tying the game 1-1.

"It shows a lot of character to



Senior Lauren Hess, 14, avoids giving the ball to an Oxy defender.

With three minutes left, and an "I don't want to tie" attitude for the Regals, senior Lauren McGuigan dished the ball to freshman Rosemarie Lombardi. Lombardi volleyed it off her chest and to her feet, booting it into the back of the net to conceal the game winning goal.

The Regals are off to a great start, winning their first conference game in the second round. Cal

Lutheran tied Pomona-Pitzer their first time against them. With two back-to-back wins, the women's soccer team will find it easier to play with a positive momentum.

"We know what Pomona-Pitzer can do, and we are both equally balanced teams," Marino said. "It's going to come down to who wants it more."

More than your average coach

CLU volleyball coach makes team a family

By Jeff Chaney
Echo Staff Writer

Some California Lutheran University athletes are lucky enough to experience their eligible years with a team of young adults that bond with their coach as a family unit.

The Regal's volleyball coach Kellee Roesel has made herself that parental figure for many of her players and her family values have resulted in success and respect.

"As a team, we are one big family that takes the good with the bad and always focuses on our success for the future," senior Summer Plante-Newman said.

Roesel is not only the Regal's head coach, she is also a full time teacher at Moorpark High School and assistant Men's Volleyball coach at Moorpark College. She has an impressive player success rate, academically and athletically.

"The success of her players is a direct result of the relationship she has established with them, and



Photo by Doug Barnett

Coach Kellee Roesel fires up her players to perform the best they can.

that is something the best coaches drive for," water polo coach Matt Warshaw said.

Coach Roesel has a special way of getting the best out of her players. She believes that a team is like a family.

"Kellee and her family are very close and she includes our team in that circle. It's not very common to see a coach invite her players into her mother's house for team activities or

to see your coach's mom at just about every game," senior Lindsey Benson said.

Roesel, like most coaches is focused on winning, but it's her extra efforts outside of practice hours that build a team capable of winning.

"She (Roesel) is also very concerned about our team connection both on and off the court," Plante-Newman said. "We will always

remember our team lip sync contests, our 'Amazing Race' competitions and story time during our road trips. She has helped turn our team into a family who would do anything for one another, both on and off the court."

Coach Kellee, who won her 50th game at CLU last week, is able to push her players to play their best.

She tries to get her players to

believe in each other and show just how much they mean to one another.

"She has taught me not only to be confident in my ability as a player, but to be confident in myself. Kellee is a very confident woman and she leads by example," Benson said.

Roesel has also helped her players on a more personal level.

"In all situations she helps me keep my faith and believe that everything happens for a reason," Plante-Newman said.

The respect she has among the volleyball community is a result of the respect she herself has given to all aspects of the sport.

"When I think of Kellee Roesel, I think: respect. Kellee is the type of person that you automatically have respect for, not just because she is your coach, but also because she treats everyone as equals. She treats everyone with the same amount of respect that she would want given to her," Benson said.

These days it isn't tough to come by someone with the title of "good coach."

But a coach who is great and is unanimously respected by players and faculty peers, is rare.

Broken jaw not enough to slow Regals

Cal Lutheran volleyball goes 3-1 at East Bay

By Jackson Damron
Echo Staff Writer

No pain, no gain. One might use this cliché to describe what happened to senior outside hitter Summer Plante-Newman over the weekend.

Right after becoming the university's all-time kills leader, Plante-Newman suffered a severe jaw injury when she collided with a fellow teammate.

CLU has the next week off for rest and will continue conference play as they take on NCAA Division III third ranked La Verne University on Tuesday.

When they last met, the La Verne Leopards swept the Regals at home. They will look to even the season series when they meet again at La Verne.

Last weekend CLU traveled up to Cal State East Bay and took care of business on Friday defeating Mount St. Joseph (Md.) 3-1, and sweeping Bowdoin (Maine) 3-0.

CLU has only lost one game to

an out-of-state opponent this year and hopes that will show up big in the eyes of the NCAA selection committee.

"The one loss against out-of-state opponents does a lot for our program," senior setter Lindsey Benson said. "It not only gives us more confidence as a team, but it shows other teams we can hang in there with other nationally ranked teams that might be ranked higher than us."

On Saturday the Regals fell to the host team, East Bay, but took care of UC Santa Cruz in three games.

"I think it was a good conference win for us," Benson said. "UC Santa Cruz is a great team. They were very scrappy and did not let many balls hit the ground at all. We really wanted to win that game for Summer and we did. We have a very stacked team and a lot of the girls stepped up to the plate for the match."

Although the Regals were able to put Plante-Newman's injury behind them and finish the tournament, they aren't eager to have her gone for long.

"Summer is a very aggressive player and will sacrifice herself to make a play and that is why

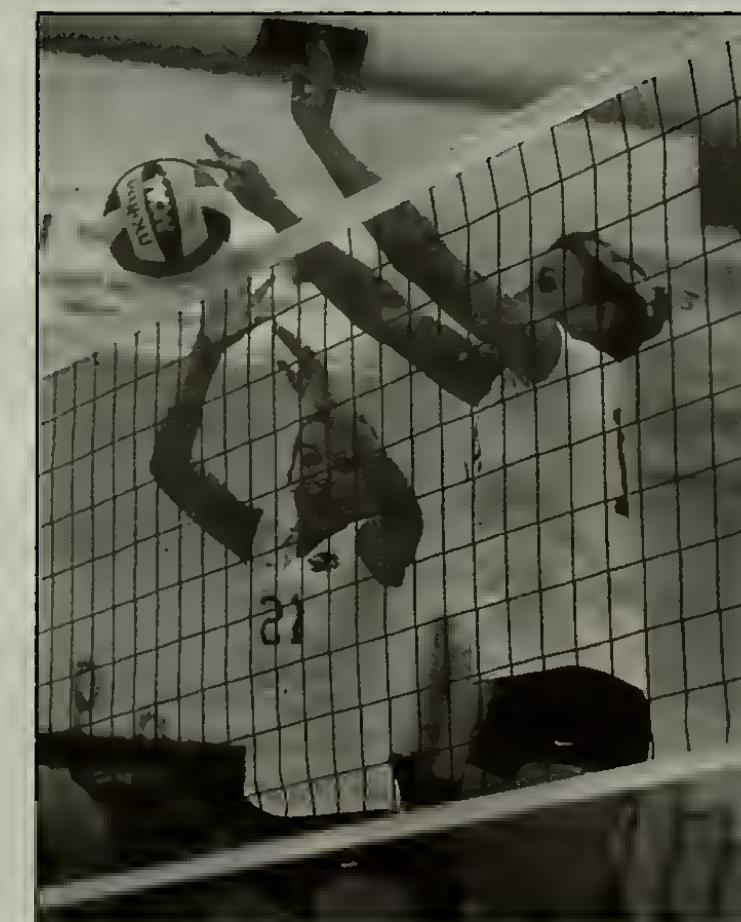


Photo by Doug Barnett

she is the player she is," Benson said. "Knowing Summer, she wanted to be back on the court the next day... But hopefully she will be back A.S.A.P., because we miss her."

Earlier in the week, CLU finished the first round of SCIAC play, beating University of Redlands 3-0.

Head coach Kellee Roesel earned victory No. 50 of her

three-year career at CLU upon defeating Redlands.

CLU sophomore Megan Thorpe hit .391 on the evening recording nine kills and 10 digs.

The Regals won by match scores of 25-22, 25-16 and 25-23. Since 2003 the Regals have not lost to the Bulldogs and extended their win streak over Redlands to nine matches.

CLU and SCIAC Athlete of the Week Cori Hayes has been on fire as of late and connected for six kills while hitting .294 for the match. Through six conference matches Hayes is hitting .500 and is second on the team with 18 assists.

Benson handed out 29 assists to go along with six digs and four kills. Her first of a match-high five service aces gave Benson 100 in her career before adding four more in the contest.

Allison Kerr had an efficient night going for eight kills on 15 attempts and hit at a .400 clip.

Redlands' Katy Douglas matched Kerr's effort with a .400 mark while connecting for a team-high seven kills.

The Regals hope to continue their strong play as of late into the second round of SCIAC matches.

Game makes coming home triumphant

By Nicole Flanary
Echo Staff Writer

Fueled by a large homecoming crowd, California Lutheran University severed the Sagehens Saturday at Mt. Clef Stadium 44-13.

The Kingsmen football team pummeled Pomona-Pitzer to earn its second SCIAC win of the season.

The Kingsmen play again on Saturday at Claremont-Mudd-Scripps at 1 p.m.

In the first possession for Cal Lutheran, junior quarterback Jericho Toilolo connected with senior receiver Jesse Matlock on two different passes.

Matlock's second reception of 46-yards was the first touchdown pass thrown by Toilolo this season.

"Jesse Matlock really had a big impact on the game. He made some exceptional plays," receiver Kevin Shaifer said. "The defense also played at a high level."

On CLU's next drive, junior Jackson Damron completed a 33-yard field goal to extend the lead 10-3.

Damron has a 100 percent completion rate for field goal attempts this season.

Following Damron's field goal, the Kingsmen defense dominated Pomona, giving the CLU offense another opportunity to drive down the field.

Toilolo added seven points to the running tally with a 3-yard touchdown run to complete a 50-yard drive.

"Jericho is beginning to hit



Photo by Art Miller

Antoine Adams, 20, receives a handoff from Quarterback Jericho Toilolo, 12. Adams rushed for 48 yards in the game.

his stride, the linemen are playing strong and the running backs are giving exceptional effort out there on the pigskin," Matlock said.

Pomona's defense stopped the Kingsmen on their next drive, but the CLU defense proved even more up against the Sagehen offense, forcing a three and out.

"Our defense really put us in good position the entire game," Shaifer said. "One player who stood out for me was Calzone. He had a great game."

Senior Jacob Calderon, otherwise known as Calzone, had a game-high ten tackles for the Kingsmen, four of which were sacks.

Fellow defenseman, freshman Dennis Clay made his presence felt throughout the game, contributing nine tackles including an interception.

"We played our pants off out there and the results were positive," Matlock said. "We're improving every week as a team and that is very encouraging."

Pomona managed to put

points on the board at the end of the second, cutting the Kingsmen lead to 24-6, and then playing well defensively forcing CLU's second punt of the game.

However, the Kingsmen kept up the intensity, with two successful field goals by Damron.

"The alumni and the crowd gave us a lot of energy to feed off of," Shaifer said.

Damron's 31 and 49 yard kicks kept his streak alive, making him 12-12 for the

season.

The last score for CLU came via freshman running back Derek Martinez. The 24-yard touchdown was his third of the year.

Martinez only got the ball twice in the game, netting 28 yards on offense, nearly all of it coming on his touchdown run.

Junior Alex Gomez added 27 yards on five carries to round out the Kingsmen three-headed rushing attack.

CLU's offense out did themselves, racking up a season high 304 yards of total offense.

The 44 points scored by the Kingsmen were also a season high.

Toilolo went 18-27 in the victory, proving to be a powerful leader of the CLU offense.

CLU's air-game caught the Sagehens off-guard Saturday.

Led by Matlock with 119 yards, the electric receiving corps accumulated a total of 187 yards and two touchdowns in the game.

Senior Kyle Van Vales and senior Danny Hernandez had three and four catches respectively, followed by junior Chris Hammond, senior Sean Coen and junior Antoine Adams who added two apiece.

CLU managed to convert 5-10 third downs, while holding Pomona-Pitzer to 7-20 in third down situations.

"We accomplished what we set out to in the game versus Pomona," Shaifer said. "Every week our main goal is victory."

Fitness Center Classes

Monday

Tuesday

Wednesday

Thursday

5:30-6:00 pm
Yoga

5:30-7:00 pm
Martial Arts

5:00-6:00 pm
Hip Hop

5:30-7:00 pm
Martial Arts

7:00-8:00 pm
Pilates

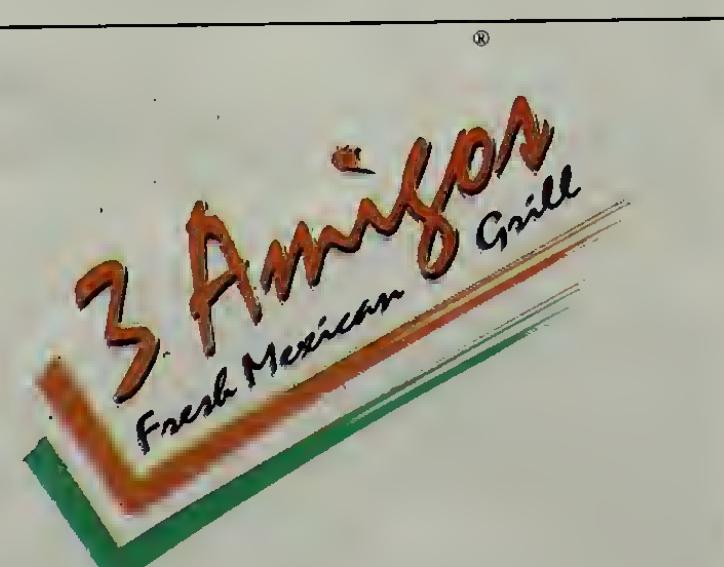
7:00-8:00 pm
Cardio Kick

7:00-8:00 pm
Pilates

7:00-8:00 pm
Cardio Kick

8:00-9:00 pm
Hip Hop Cardio
and Salsa

8:00-9:00 pm
Jazz Cardio



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THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

VOLUME 52, NUMBER 6

October 22, 2008

Trinity hall is becoming reality

Hall continues to take shape for on-time completion

By Kelsey Bonesteel
Echo Staff Writer

Students have noticed the lack in parking, restricted areas on the west side of campus and possibly the loud noises on a Saturday mornings. This is all due to the upcoming addition to campus, Trinity hall.

The new resident hall is scheduled to be open for students: Fall 2009. The \$14 million building will include rooms much like Grace hall. A few new floor plans will be added. Six, six-bedroom rooms including two bathrooms will be offered, also 12 studio style rooms as well. The remainder of the rooms will be four, single person bedrooms; mirroring Grace hall.

Valarie Crooks is the senior project manager at CLU. Trinity hall is her main focus this year, but Crooks is also responsible for the community pool, new facilities building, the six new tennis courts and the Swenson Center.

"I'm very excited; the students are going to love it," Crooks



Photo by Doug Barnett

A construction worker is hard at work building the frame for Trinity hall.

said. "This will be the first living learning center."

CLU is trying a new approach to learning next year. Trinity hall will include two rooms for classes. Next year some students will get the privilege to have a class right down the hall from where they live.

As well as new floor plans, this building has a unique architectural plan. "There will be five different levels and it will be a very interesting and appealing building," Chris Paul, associate

director of student life said.

The majority of the building has three floors, though in one section there will be four. The building is being built on a slope, giving it a 20-foot elevation change.

Trinity hall is on a very tight construction schedule.

Overtime has been approved for the workers to keep ahead of schedule.

All the underground plumbing, electric and communication lines are complete. The same

architect, construction firm and site manager from Grace hall are being used.

"We will be hiring a fairly large crew to frame the building. Because of the economy, construction crews are available," Bill Rosser, vice president of Student Affairs/ dean of students said.

The biggest concern is whether Trinity hall will be finished on time.

"We are desperately hoping we have a dry winter," Crooks said.

"The most important thing is the framing and the roof in January. As of right now, it's all looking very good."

The board is trying to avoid the confusion that happened around Mogen hall's grand opening.

The year Mogen hall was scheduled to open, the construction was delayed. Students that had signed up to live in the hall had to relocate to various hotels and apartments in Thousand Oaks.

"Next spring, during housing selection, we will have a better idea if the hall will be ready or not," Rosser said.

Some students are asking, whether the parking decrease and the loud noises are worth it?

"I think that for some students it is hard to be excited about a building that could be causing a lot of noise by where they live as well as parking hassles," said Paul. "But for the most part, I think that the community is eager to see what this building will look like."

There is a meeting every week to discuss the plans and status of the hall. In February there will be a board meeting to finalize pricing and construction deadlines.

"I have great confidence in this project," Rosser said. "If you like Grace hall, you are going to love Trinity."

Homecoming dance gets out of hand

By Dana Blackburn
Echo Staff Writer

Stories spread like wildfire across the California Lutheran University campus about excessive drinking before and during the dance during homecoming weekend. The dance was held at Cinespace on Hollywood Blvd., at the corner of Ivar and Hollywood on the top floor.

Upon arriving to the dance students were asked for identification, checked on the university's birthday list of students over the age of 21 and those permitted to drink were

given wristbands.

"Homecoming dress: \$100; alcohol before the event: \$40; ticket to the homecoming dance: \$35; and watching someone throw up on themselves before exiting the limo: priceless," said Ashley Casella, junior at CLU.

This year's homecoming dance sold a record breaking number of tickets, but presented a unique problem. Many students arrived at the dance in limousines and party buses, but due to the relatively unsupervised situation in arriving in such vehicles, students were able to drink prior to the event.

Roughly 45 minutes after the dance began, security at the door stopped issuing wristbands to help alleviate issues associated with excessive drinking.

"What I think it comes down

"Everyone got home safe which was a big thing."

— Jesse Knutson

to is students not knowing their limit and not taking responsibility for the decisions

that they made," said Amanda Whealon, coordinator for student leadership and programs.

Students may have observed an ambulance or police car outside of the venue.

Whealon dispelled the rumors circulating around campus by explaining that nobody was taken away in an ambulance or police car.

However, extremely inebriated students were sent to the ambulance to be checked out before being sent safely home with friends.

CLU administrators hold student safety as their priority

and take every precaution to make sure that students are safe.

Management at Cinespace, declined to comment on the situation.

"A couple people who we had to deal with outside were asked to leave because they were just too drunk to be safe for themselves and for the people around them," Whealon said.

Approximately 90 percent of alcohol consumed by youth under the age of 21 in the United States is binge drinking according to the Center for Disease Control and Prevention.

Continued on page 2

INSIDE



Collins brings flower power to CLU.



Regals soccer splits weekend matches.



Kingsmen water polo drops tough match against Redlands.

The madness begins at CLU

Midnight Madness kicks off the basketball season

By Gigi Arjomand and Amanda Lovett
Echo Staff Writers

Sports mania, merriment and madness ensued when the clock struck 12 as Tuesday night's Midnight Madness marked the beginning of the 2008-09 basketball season at California Lutheran University.

Sponsored by ASCLU-G, Midnight Madness introduced this season's players on the Kingsmen and the Regals basketball teams with fun games and player spotlights.

The event at the Gilbert Arena on the North Campus started at 11:15 p.m. and was hosted by Jordan Culpepper and Ryan Cudahy.

The 10-second countdown to midnight was a semi-climax directly followed by the main focus of the night, the introduction and presenting of the 2008-09 CLU women's and men's basketball teams.

The Regals were first to take place on stage, followed by presentation of the Kingsmen.

"Everyone in the crowd was going crazy which got me really excited to start the season," Shana Moore, a center for the Regals said.

The original Midnight

Madness started at the University of Maryland in 1970.

The head coach Lefty Driesell, who wanted to utilize every minute possible to get ahead of the competition, had his players, the Terrapins waiting for the first minute of the first day of practice at the stroke of midnight to occupy the court.

Since its inception, teams all

"I'm really hoping for an exciting season. Hopefully we can repeat the success of last season."

— Cameron Mitchell

over the country have picked up this routine and it has become a tradition at many schools as well as at CLU.

"[Midnight Madness] gives our team a chance to get ourselves out there for the school to see," said junior Cameron Mitchell, Kingsmen point guard.

The night began with the annual relay games to initiate the season.

The audience got fired up by as the CLU cheer squad danced to an intensive medley of pop and dance music.

Another crowd pleasing entertainment act of the evening was performed by CLU's dance team.

When they took the floor students could be seen dancing along with them in the stands.

Along with the games, entertainment and food they gave out T-shirts, iPods and a



Photo by Rachel Wolf

Members of the "Purple Pit" get excited for Midnight Madness and the start of the basketball season.

32-inch flat screen TV as the grand prize.

Members of ASCLU-G were also throwing out free T-shirts, which encouraged the crowd to cheer as loud as possible.

A surprised Kaitlyn Bell was the lucky winner of the TV at the event.

As the Kingsmen and Regal team members were announced one-by-one the crowd cheered loudly as each player was spotlighted, particularly the starting seniors.

Each player was given the chance to show his or her skills in a five-ball shoot out at different positions around the

court, soaking in the energy from the audience.

"It's exciting because the crowd is super pumped and we hope that they're that pumped at games," said senior Melissa Conway, Regals point guard.

Mitchell described the spotlight as a cool feeling that is really different from high school. She explained it to be a big deal, especially being put on the big screen.

The players also talked about what they do in the off-season and explained they still stay close.

"[My favorite part about playing at CLU] is being able to

make friends with all the guys. We are friends from the start, hanging out together even off the court," Mitchell said.

"It makes good relationships that will probably last a while."

Players are stoked for the upcoming season against SCIAC rivals.

"I'm really hoping for an exciting season," Mitchell said. "Hopefully we can repeat the success of the last year for the SCIAC season title."

The season will get underway with an exhibition against the Afghanistan national team on Nov. 15 at 7:30 p.m.

Dance causes some changes

(Continued from 1)

Binge drinking is defined as four or more drinks for women and five or more drinks for men on a single occasion.

A number of students that attended the homecoming dance were intoxicated.

"Although the intention may not have been for students to arrive uncontrollably drunk, it ended up being that way for a few people," said Andrew Brown, president of ASCLU-G.

Brown explained that on a positive note he was grateful that students took appropriate steps to ensure a safe ride home from the event, which was held 45 minutes away from campus.

"Everyone got home safe

which is a big thing," said Jesse Knutson, programs board director.

CLU students are reminded that university's policies still stand at functions and events held off campus.

More information on CLU's alcohol policy can be found in the student handbook.

Students can access the handbook online at <http://www.callutheran.edu>.

Administrators will be holding a meeting to discuss future CLU events and possible extra precautions that may be taken to ensure that future events do not get as out of hand as this year's homecoming dance.

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Opera performance mystifies audience

Beijing Opera brings Chinese culture to CLU

By Amanda Lovett
Echo Staff Writer

The Beijing Opera brought in a full house on Monday night, from California Lutheran University and the surrounding community, to witness the remarkable display of Peking Opera scenes, colorful costumes and an informative lecture about the history of China's cultural entertainment.

The event was brought to CLU by Dr. Debby Chang, instructor of upward bound, and hosted by the Multicultural Center.

"I think it is wonderful if we can help to provide an experience like this that students can take with them throughout their lives," Angela Rowley, assistant director of multicultural and international programs, said.

"It will help them to become even more interested in other cultural experiences that present themselves in the future."

Originally from Beijing, the Mei Lanfang Beijing Opera Troupe presented themselves in selected scenes from famous Peking Opera performances. The scenes depicted humor, love and martial arts, keeping the audience engaged in

the action on stage.

The lecture portion of the event included a history of the greatest female impersonator in Peking Opera, Mei Lanfang (whose disciple is one of the performers in the Beijing Opera Troupe), and the beginnings of Peking Opera, going into detail

"The intricacy of their movements was engaging... the details of their movements and costumes made it fun and interesting to watch."

— Hayley Woldseth

about some of the characters represented.

Among these characters are the sheng, the male roles; dan, the female roles jing, the painted face action role; chou, the clown role.

Many of these involved martial arts actions to portray the character.

Peking Opera uses song and dance to depict a story by incorporating beauty into movements and actions.

"I learned a lot about Chinese culture that I didn't know before," junior Lauren Bridges said.

"My favorite was definitely the monkey stealing the food scene. It reminds me of my roommates!" Bridges said.

Among the scenes were two

from "The Legend of White Snake," "The Crossroads," "The Monkey" and "Farewell, My Concubine."

"The two men in a pitch black room attempting to kill each other [The Crossroads] was the best scene. We could see them, but their expression lead me to believe the room was pitch black. It was awesome," senior Hayley Woldseth said.

"I laughed throughout the different scenes," Woldseth said.

This performance of the Peking Opera brings forth many aspects to the cultural diversity of Cal Lutheran, teaching students and community members about a culture that they are inexperienced with.

"What I loved about this performance is that I had students come up to me after the event saying that it was the first time they had seen anything like that before," Rowley said.

"For them it was a new experience that opened their eyes to a culture they had previously been unfamiliar with."

Many students enjoyed the artistic beauty portrayed in the Peking Opera scenes.

"The intricacy of their movements was engaging."

The details of their movements and costumes made it fun and interesting to watch," Woldseth said.

The 2 1/2 hour lecture was



Photo by Desiree D'Arzenzo
Member of the Mei Lanfang Opera performs in the Preus-Brandt Forum.

spoken in Chinese and translated into English for the audience. It was complete with humor.

"I had a student come up to me after the event and say how nice it was to go to an event and hear people speaking in their native tongue," Rowley said.

However, for some people in the audience, the lecture seemed to be a little bit too long with not enough action on stage.

"The balance between the lecture and performance was not ideal," Woldseth said. "I left wanting to see more opera performed and was a bit bored

with the discussion that seemed to go on for quite some time."

The Multicultural Center intends to bring more events like this back to CLU and the community.

"I think it is a great way for our students to learn more about other cultures," Rowley said.

The stage performance was a success in inspiring many students to learn more about this culture and representing fine arts.

"Overall, the event was great and I am glad that CLU is sponsoring artistic events," Woldseth said.

Non-profit panel encourages activism

By Jennifer Tholse
Echo Staff Writer

The career center at California Lutheran University arranged for seven speakers from different organizations to educate students about the non-profit world last Wednesday, Oct. 15.

Junior Beth Peters, one of the students present, had worked for a non-profit organization during the summer and was eager to learn more.

"I liked most of what I heard and I liked how real they were, how one of them said that she didn't earn as much money any more," Peters said.

Each speaker was given 10 minutes to explain everything about how they got to where they are in their career, how much money they make or what they like most and least about working for a non-profit organization.

The first speaker, Lynn Sylva, from Big Brothers Big Sisters of Ventura County, explained how she enjoyed working with kids for a good cause.

She shared that she is a Big Sister to three different girls and how wonderful that experience is.

Sylva said that it isn't about spending money on these kids but just to spend time with them, a few hours a week.

She encouraged everyone to try it.

"My spirit has been lifted since I started and I sleep very well at night."

We're not asking you to change your life, but to change theirs," she said.

The last speaker Terry Marcellino from Woodcraft Rangers - Corporate Outreach, explained that she used to work with things completely the opposite of non-profit work,

including doing digital art for Disney.

She explained how she got hooked into the field by doing a favor for a friend and then fell in love with the non-profit world.

"Working in a non-profit is so much more cool than working in a corporation. I took a \$20,000 pay cut but I'm so much happier and it's less stressful," Marcellino said.

All of the speakers also



Photo by Nathan Hoyt
Students listen to speakers from non-profit organizations.



Photo by Nathan Hoyt
Turning Point Foundation's Corliss Porter speaks to the audience.

encouraged the students to start doing internships.

Melissa Thompson-Jinariu from "Inner Circle Foster Care and Adoption Services" explained that non-profit is a very exciting field to be in.

She also said that she gets the opportunity to do a wide range of different things so she never gets bored.

"We are always looking for qualified interns."

We have our interns working as regular employees, but it's unpaid. You need to be prepared to be workable," Thompson-Jinariu said.

Lindsey Garner from Senior Development Associates

explained that her group offers paid internships, usually evolving into a part-time position.

She explained that their organization is huge, with 50 staff strong in which everyone has diverse jobs.

Garner said that the staff has everything from a business degree to an art or music degree.

"We try to get you involved in whatever you are interested in, and that it fits our needs," Garner said.

Students who missed the opportunity to listen to the speakers, can visit the Career Center to pick up information and contacts for the different non-profit organizations.

Around the Campus

WEDNESDAY October 22	THURSDAY October 23	FRIDAY October 24	SATURDAY October 25
University Chapel: Rebecca Stevens, Thistlewood Farms 10 a.m. Samuelson Chapel The Tournées Festival: Bamako 7 p.m. Preus-Brandt Forum The Need: Craft Club 10:15 p.m. SUB	Poetry Night 7 p.m. SUB Fall Blackbox Series 8 p.m. O.G. Black Box Theatre	Founders Day Concert: Romantic Visions 8 p.m. Samuelson Chapel Celebrating Diwali 9 p.m. Overton Hall	Kingsmen Football Tailgate Party 11:30 a.m. Kingsmen sidelines Kingsmen Football vs. Chapman 1 p.m. Mt. Clef Stadium
SUNDAY October 26	MONDAY October 27	TUESDAY October 28	NEXT WEEK ON CAMPUS
	Celebrating 30 Years of Service with Habitat for Humanity 10 a.m. Lundring Events Center How fathers and sons influence each other throughout their lives 5 p.m. Lundring Events Center	<i>“Double, double toil and trouble; fire burn and cauldron bubble.”</i> ~ Shakespeare’s “Macbeth”	All hallowe Eve

HALLOWEEN

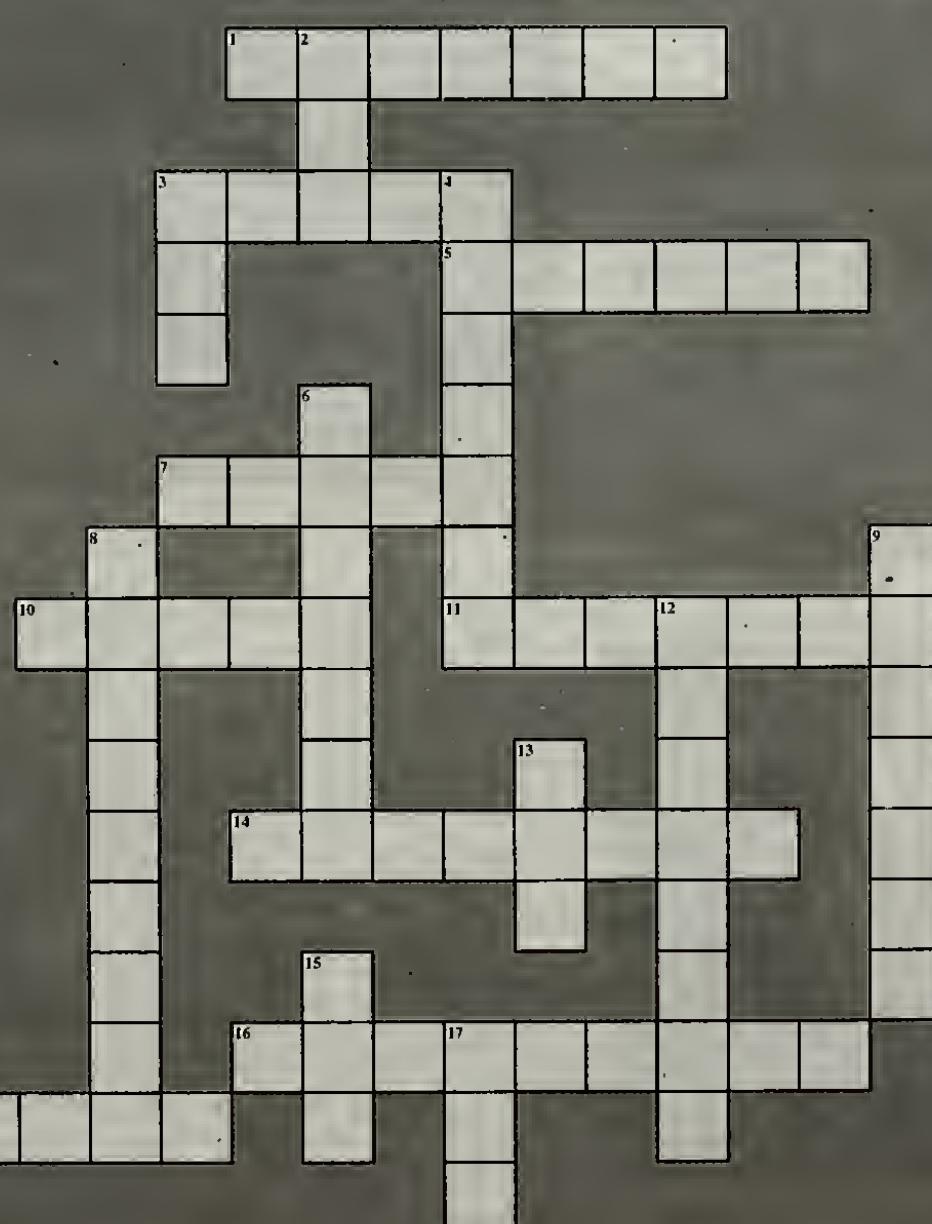


Across

1. Halloween Month
3. Rides a broom in the moonlight
5. Season of Halloween
7. You might wear a sheet to look like one of these
10. Trick or _____
11. The name of a famous vampire
14. Turns into a wolf when the moon is full
16. You find these stones in a grave yard
18. Sweet treats given on Halloween

Down

2. A black one is said to bring bad luck
3. A spider makes one of these
4. A house occupied by ghosts
6. You wear a _____ on Halloween
8. The dead rest here
9. Dracula is one of these
12. Potions are created in this
13. Hoots at night
15. Something you say to scare someone
17. Flying nocturnal mammal



Long-time professor gives back

By Natasha Spiroff
Echo Staff Writer

When walking across the California Lutheran University campus, one cannot help but notice the signage identifying the species of plants and trees that are part of the campus arboretum.

The Barbara Collins Arboretum is a joint project between Dr. Barbara Collins, professor of biology, and CLU with the purpose of educating individuals in the subject of botany while they enjoy the beauty of the plant life on campus.

"If you don't study it, you just walk by," she said.

Collins received a master of arts from Smith College and continued her education at the University of Illinois where she completed her master of science and her doctorate.

Originally, she studied geology but after taking a course in botany, she discovered that botany was the path for her. She continued on her studies in the subject of botany and developed a passion for wildflowers.

While living on the East Coast, Collins studied the local terrain extensively. But because the terrain on the West Coast is so different from that on the East Coast, Collins had a lot to learn



Photo by Rachel Wolf

Dr. Barbara Collins identifies a tree on campus. In 2007 the campus was dedicated to her as an arboretum.

when she and her husband, Lorence, moved to California.

"There is tremendous variety here," she said.

"I love it now; it is much more exciting than the East Coast."

The recent wildfires actually have a positive impact on the plant life in the chaparral. When a fire burns, nutrients are pushed into the soil and once the first rain falls, there is a boom in

blooming.

"A lot of plants will not bloom until after the heat of a fire," said Collins. "In a few weeks, it could be exciting to look in those areas."

In the late 1990s, she and her husband, a photographer, traveled all around Southern California cataloging the plants from various terrains including the chaparral, mountain ranges and the deserts.

During the summer months, Collins teaches a course focused on the wildflowers of the Sierras.

"Students would ask me questions so I decided to take them on a tour," Collins said. "On just one tour we saw over one hundred types of plants. I really enjoy finding out what is on campus."

The Barbara Collins Arboretum allows her to do just that.

Dr. Ritch Eich, vice president of marketing and communications, and Dr. Joesph Everson, professor of religion, first envisioned a labeling of all plants on campus. The two worked collaboratively with Collins and brought to life the arboretum.

"It is an ongoing process," Collins said. "We started with 25 signs and continue to add more. It is fun going around to see what needs labeling."

At the inauguration of Dr. John Sladek, former CLU president, it was announced that the arboretum would be named after Collins.

"It was a total surprise," she said.

The arboretum is divided into three tours, each corresponding with a certain area of the campus. To assist visitors, each tour has a separate brochure that highlights where classified plants can be found. Each brochure also informs the individual on the plant's common name as well as their scientific name.

Individuals who are interested in taking the tour may pick up brochures in the CLU Welcome Center. To find out more information about the plant life in California, you can visit Collins' various Web sites from www.callutheran.edu/plants.

Community Leaders Association raises funds for students through different events

By Ashley Soukup
Echo Staff Writer

Money comes back to California Lutheran University students every year with the help of the Community Leaders Association.

The Community Leaders Association has been around since the foundation of Cal Lutheran. The purpose of the CLA is to support the school, be an envoy to the community and collect donations for CLU (\$1.6 million since its inception).

The CLA has 150 members, which includes former faculty, current faculty and alumni.

Companies well known in Thousand Oaks, Ventura County and around the United States have made contributions to CLU through the Community Leaders Association.

Verizon, Toyota, Larry Winter of Thrivent Financial for Lutherans, Paseo Market Place in Thousand Oaks, Amador Whittle Architects, Limoneira Co., Santa Barbara Bank and Trust and University Village, have all made donations

to the CLA's annual Violet and Gold Gala auction.

The CLA gave a \$65,000 grant to the faculty of the science department for microscopes for biology labs, force plates, computers and software for the human performance lab, and instruments for the chemistry and environmental science labs. Also, last year, there were \$9,000 for scholarships and \$4,000 for endowments given.

"The Provost's Office coordinates with CLA to review faculty grant submissions and select awardees," Keitel said.

The process of deciding who will get the grant money in 2009 has already started and the decisions will be announced after semester break.

Last school year, the Community Leaders Association hosted a reception for Dr. Chris Kimball, university president, and announced of who received the CLA's 2008-09 scholarships.

This year the CLA is hosting the Violet and Gold Gala on Nov. 8, in Gilbert Sports and Fitness Center.

In June, the CLA hosts its annual golf tournament at Moorpark Country Club as well.

This past year, the golf tournament raised approximately \$12,500, with tournament proceeds going toward CLU student scholarships," according to the CLA's Web site.

The Violet and Gold Gala is a dinner program featuring CLU choral groups along with other musical entertainment.

Money is raised through business and individual sponsorships, ticket sales and both a silent and live auction.

Three ways are available to donate items to the silent and live auctions.

You can go to the auction's Web site and select the link, "donate items," call the University Relations Office at (805) 493-3151, or e-mail Keitel.

Guests attending the auction will have the opportunity to bid on and win one of many vacations, jewelry, a home entertainment system, dining experiences, golf packages and tickets to

professional sporting events.

Tickets for the Violet and Gold Gala are on sale now at the CLA's Web site www.callutheran.edu/cla/auction.

Tickets for general public are \$140, but for faculty and staff the

price is \$75 per person.

Community Leaders Association is a one way to stay involved with CLU.

"They raise money for faculty grants that benefit student education," Keitel said.

THE ECHO

California Lutheran University

2008-2009

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CLU: a different kind of university

By Megan Hindman
Echo Staff Writer

Everyone had that one moment that will change him or her forever. For Dr. Paul Gabrinetti his moment was the time he spent at California Lutheran College.

As a member of the tenth graduating class, Gabrinetti's experiences at CLC were much different than that of a California Lutheran University student's today. Despite the gap in time, one thing has remained constant.

Throughout the years, students at CLU have shared the opportunities that come with a small learning environment.

"This place made a hell of a difference in my life," said Gabrinetti, class of '73. "When you have professors here that give a damn about what you're doing it makes all the difference later with self confidence or whatever."

Gabrinetti graduated from CLC with a bachelor's degree in psychology. He then proceeded to obtain his master's degree from Cal State Northridge and later a Ph.D. in counseling psychology from the University of Southern California.

"It was here [CLC] that I decided to become a psychologist.

After my first year here I was committed and that was because of faculty involvement," he said.

Gabrinetti explained how Cal Lutheran's small setting truly provided him with an advantage after leaving school.

"I knew all the professors in that department, so by the time I went on, no one had as much contact with past professors as I did," he said.

He also described the difference in student to student relationships at CLC in comparison to the larger universities he attended.

"[At CLC] everyone was interested in helping everyone," he said.

He explained how students elsewhere didn't seem to have the same drive to help their peers.

When Gabrinetti attended Cal Lutheran the campus basically consisted of the freshman dorms, the administration building and the old gym. The college, now a university, has grown tremendously yet still holds true to its family like setting.

"Coming here was really life shifting," said Gabrinetti.

"I would like to see [CLU] continue to remain as intimate with students as possible, yet continue to grow and expand. If they can hold those two opposites, man, that's it."

Executive Cabinet leads ASCLU-G

By Natasha Spiroff
Echo Staff Writer

The Associated Student California Lutheran University Government, ASCLU-G, is comprised of the Senate, Programs Board and Executive Cabinet.

Five students and one faculty member comprise this year's Executive Cabinet, filling the positions of the ASCLU president, directors of Senate and Programs Board, Executive Cabinet recorder, Executive Cabinet controller and the Executive Cabinet Adviser.

According to the ASCLU-G constitution, "The purpose of the Executive Cabinet shall be to provide leadership for the Senate and Programs Board, to assure the execution and implementation of the policies and programs adopted by the Senate and Programs Board and to formally represent the interests of the students enrolled at California Lutheran University."

"This year we really want to work on outreach and getting our name out there," said Beth Peters, Senate director. "More communication is also a goal this year."

So far, the Executive Cabinet has been busy getting Programs

Board and Senate ready for the year.

On top of weekly Club-Lus, Programs Board recently sponsored two large-scale events.

"We have been extremely successful with all of our events so far," said Jesse Knutson, Programs Board director.

"We've had huge turnouts at each event." The trend of large turnouts continued with a sold-out homecoming dance.

Senate has also been busy this year, working on ideas fueled by their mission to improve student life on the CLU campus.

The Executive Cabinet has also been sponsoring programs relating to the upcoming presidential elections. Students were given the opportunity to watch the presidential debates and then participate in an open discussion complete with a panel.

"My favorite part of being on Exec. Cab is being able to work with such amazing people," Knutson said.

"I love being able to communicate with all of the members of ASCLU-G as well as listen to the student body."

Students with questions or suggestions for the Executive Cabinet can contact any of the members.



Photo by Rachel Wolf

The Kingsmen and Regal get the crowd ready for Midnight Madness.

A look behind the masks

By Aaron Hilf
Echo Staff Writer

As symbols of school spirit and pride, the California Lutheran University Kingsmen and Regal mascots continue to evolve and change, shaping student's love of their campus.

Since CLU was founded, the Kingsmen have been a symbol of its devotion to God. In the past students felt it was their attitudes and actions that spoke not only for their campus, but for themselves as religious beings.

"As students on campus, [they] were acting as God's people," said Sally Sagen, assistant director of student life. "[They] were the King's men."

The idea of the mascot has changed over time and now is a symbol of students' pride for the university.

CLU's mascots are still new to campus. Purchased two years ago during the 2006-07 school year, many students have been on campus longer than the mascots.

ASCLU-G was in charge of the new mascots and they teamed up with International Mascots, the company responsible for the Burger King, to create what is now the Kingsmen and Regal.

The Student Life office and its employees are now the caretakers of the mascots after being asked by the student government to do so.

"Students felt that with the change of the logo, they really needed to have true mascots," said Sagen, who during her years as a student at CLU remembered the mascot as resembling a plain, old knight.

The mascots were funded by student fees with some help from the Student Life office. The custom-made suits cost roughly \$15,000.

The mascots are more than an animated face of CLU's pride.

They are students who are proud to represent their school in secrecy and honor.

"Being able to show my school



Photo by Rachel Wolf

Kingsmen and Regal embrace their love for each other and CLU.

pride to others means the world to me," said one of the student mascots, who must remain anonymous. "I am so lucky and privileged to be able to be the Kingsmen."

The four students who now bear the responsibility of the mascots were required to audition.

"We had to 'throw down' to earn our position," said another anonymous student. "And we are going to keep 'bringing it' to establish our empire."

"Student Life upholds the secret of the student mascots," Sagen said.

Although many students will never know the identities of the mascots, the mascots seem to like it that way.

"I like the secrecy behind the mascot," said one mascot. "It gives a sense of question, and it also is a tradition. It not being a secret can hinder the performance of a mascot, so

being a secret is a good thing."

However, sometimes it is a challenge to keep the secret.

"It is really hard to keep the secrecy of our identities," one of the mascots said.

"For one I like to talk a lot and it might slip out, and somehow if one person finds out then like everyone will know who it is."

The mascots love the responsibility of getting the crowd pumped up at games and events, and feel that if people are laughing and having fun, then they have done their job.

"It is truly an honor and a pleasure," another mascot said. "I figure our athletes work hard to play and entertain us, therefore we should work hard to cheer them on."

So next time you're at a rally or a game look out for your Kingsmen and Regal and maybe you can be lucky enough to catch a glimpse of the man or woman behind the mask.

'Body of Lies'

DiCaprio delivers a superb performance

Where there is a lie there is always a truth that is hidden behind the lie. In politics you either tell the truth or you die. "Body of Lies" directed by Ridley Scott presents a political thriller that never lets go of you from start to finish.

Roger Ferris (Leonardo DiCaprio) and Ed Hoffman (Russell Crowe) are a team of covert CIA operatives. Ferris is working to infiltrate and uncover a major terrorist leader suspected to be operating in Jordan. Hoffman is Ferris's eyes in the sky, watching his every move from satellite.

Ridley Scott brings his usual in-your-face, true to life direction that he also used in his blockbuster hit "Black Hawk Down," years ago. The real life torture scenes make us wonder what actually goes on overseas when our soldiers get caught and are held captive.

"Body of Lies" takes us deep into the Iraqi deserts where Americans are trying to infiltrate Muslim terrorist groups who are bombing markets in Europe, Iraq and Jordan and pose a threat to the United States. The terrorist groups' main focus is to make the American infidel's bleed as they have bled.

Ferris puts himself in the middle of the violence that is in the Middle East by fabricating a rival terrorist organization, fabricating a fake leader

"It's a must see!"



By Scott Beebe
Movie Critic

that takes you on a ride unlike any political thriller in recent years. Torture scenes are graphic and real and this is not a movie for those that are faint of heart. It's a pulsating thriller that will leave you intrigued with the world and the life of the CIA.

The lesson behind "Body of Lies" is that America is not as feared as we think by neighboring countries and we aren't always safe.

and creating an evidence trail to get Al Saleem (secretive leader of the real terrorists group) out of hiding.

The relationship between Ferris and Hoffman is that of mentor and predecessor. But sometimes as we see throughout the film, the two of them don't always see eye-to-eye on things.

This is visible when Hoffman would go over the top and make decisions that would negatively affect Ferris in the field.

As Ferris positions his fake terrorist organization in the midst of the real ones, he puts others that are close to him in harms way.

His plan works, but being entangled in the lies he told to those who helped him, lands him on the wrong end of the interrogation table.

Living a life of a covert CIA operative has many costs and those costs often include people you work with and even those you may care about.

"Body of Lies" is a movie that takes you on a ride unlike any political thriller in recent years. Torture scenes are graphic and real and this is not a movie for those that are faint of heart. It's a pulsating thriller that will leave you intrigued with the world and the life of the CIA.

The lesson behind "Body of Lies" is that America is not as feared as we think by neighboring countries and we aren't always safe.

The Alma and Clifford Pearson Distinguished Speakers Series
The Center for Leadership and Values
The Office of Campus Ministry
Presents

Becca Stevens and the Women of Magdalene

Today, October 22
10:10-10:40 a.m. Samuelson Chapel

4:00 p.m. Samuelson Chapel
Creating Social Enterprise in Your Region
through Empowering the Powerless:
An Entreprenuership with a Mission

Becca Stevens is the founder of the Women of Magdalene and Thistle Farms. Magdalene is a twelve year old organization founded on a simple premise: love changes lives. They have five residential communities of women who all have criminal histories of drug abuse and prostitution. Without ever having to pay a cent, each woman shares in this community of recovery for two years, receiving housing, food, medical aid, therapy, education and job training. Magdalene residents also participate in Thistle Farms and hand-make nationally distributed natural bath and body care products.



Campus Quotes

"Who is going to win the World Series and why?"



"I think the Phillies will win because they beat the Dodgers and because they are an all-around good team."

—Sophomore
Erin Exline



"Well I'm from Maryland so I have to stick with my home team and have to say the Phillies."

—Sophomore
Logan Paris



"Anybody but the Red Sox."

—Freshman
Samantha Aguinaldo



"The Rays will definitely win it because Boston was a favorite and they spanked them."

—Senior Frank Gonzales



"I don't care who wins because the Dodgers aren't in it anymore."

—Senior
Trevor Thompson

A tricky proposition

As a California voter, it is hard to go anywhere or do anything without seeing something about Proposition 8, the Proposition to ban same-sex marriage.

And, while I am most definitely not undermining the importance of Prop. 8, there is another one out there that I feel deserves the same amount of attention.

Proposition 4 is a constitutional amendment to require a waiting period with parental notification before the termination of a minor's pregnancy.

Doesn't sound too bad, right? I mean, who wouldn't want to be notified if their daughter were to have an abortion?

Unfortunately, this proposition is just too good to be true. It

No law can force families to talk about these issues, and unfortunately some families will react much differently towards their children than others.

is basically a law to mandate family communication about the abortion issue and it will never work.

I believe that this is a very important issue that must be discussed between parents and their children, but I also believe it should be discussed much earlier than when the daughter is already pregnant.

No law can force families to talk about these issues, and unfortunately some families will react much differently and more violently toward their children than others.

Even girls in good, non-abusive families will not always feel safe or comfortable talking about their pregnancy with their parents.

This will lead to extremely dangerous, illegal methods of abortion, self-induced abortion, travels across the border for unsafe abortions or even suicide.

To be fair, the proposition does have a clause that waives notification if the girl can provide proof of abuse or substantial evidence that she could be abused as a result of the notification.

However, the notification then moves on to another member of the family who may or may not be more understanding, and a law enforcement agency will be sent to the girl's house to investigate the parents.

On one hand this would be a good thing and may help or stop the abusive situation for the girl at home, but on the other hand it could make things much, much

worse for her.

Opposers of this proposition rightly argue that "a scared, pregnant teen is not going to go to her doctor, claim abuse and then sit there and watch as law enforcement comes to her door-- the same door she has to return to."

Another way the girl could receive a waived notification is if she goes to court and the court finds that she is "sufficiently mature and well-informed to decide whether to have an abortion or that notification would not be in the minor's best interest."

There are a few things wrong with this to me.

First off, by what means are they able to determine maturity? I feel like almost anyone, when sitting in front of a judge, would be on their best behavior.

Obviously these girls have some level of maturity if they felt they were ready to have sex, and if they were raped and/or coerced into having sex; why make them jump through yet another hoop to bring their perpetrator to justice?

Second, I think if a minor has sex, whether by choice or not, and feels that she needs an abortion, wouldn't you agree that she already knows what is in her best interest?

She would not be requesting the abortion in the first place.

If it is parental abuse that determines her "best interest" then I go back to my previous argument that she would be more persuaded to seek dangerous, illegal help than drag her family through the court system.

Last, the court would have to hear and issue a ruling within three days, and appeals would need to have been heard and decided within four days.

This hardly seems realistic to me.

First of all, legitimately determining maturity and best interest in three days seems to me to be a judgmental, first impression, fly-by-the-seat-of-your-pants ruling.

How could anyone determine such personal matters in the span of 3 days?

On top of that, what if the courts take longer? Things come up; issues of lawyers and fair representation are at stake.

Costs will go through the roof and our already crowded court system will suffer immensely.

But, besides all of the technical difficulties I have with this

proposition, I find the safety of young girls to be the most important.

I put myself in the shoes of a parent with a teenage daughter.

Of course, I would want her to be able to approach me if she ever finds herself in need of an abortion, but if she can't I would hope that there were safe, responsible alternatives to help her through her time of need.

If this proposition passes, desperation will take over our daughter's lives leading them to make more unsafe, unhealthy decisions about themselves and their bodies which could end up in serious injury or even death.

Communication about teen pregnancy and abortion should take place within the family far before it ever actually happens, not after.

Laws like Proposition 4 don't actually work in the real world.

Opposers of this proposition rightly argue that "a sacred, pregnant teen is not going to go to the doctor, claim abuse and then sit there and watch as law enforcement comes to her door-- the same door she has to return to."

And while it seems like a good idea, it is actually extremely dangerous and could cause more teenage deaths.

This proposition will not prevent or deter teens from having sex and/or having abortions. It will only prevent them from getting safe, reliable care.

If you care about the young teenagers you will have one day, then vote no on Proposition 4. Talk to them first and protect them always.



Missy Bain

How to Respond

Mail

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Phone

(805) 493-3465

E-mail

echo@callutheran.edu
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity

CLU lack condom access

Availability of contraceptives does not encourage promiscuity



Kristin Gilman

With the extensive resources provided to its students, it is surprising that California Lutheran University has limited its resources for practicing safe sex.

The Health Services Center on campus is the only place where students have access to condoms. Health Services is only open Monday through Friday from 9 a.m. to 4 p.m., it is closed an hour for lunch, only open for half a day on Wednesdays and is closed on weekends. I haven't done an official survey but I am assuming that the average college student isn't looking for condoms at three in the afternoon on a Tuesday. Perhaps, a Friday night would be a more likely time when a condom is needed.

Now, Health Services is a busy place and I don't expect them to be open 24 hours a day like a 7-Eleven. However, it would be ideal for students to have an alternative place to purchase condoms in order to practice safe sex.

I am in no way suggesting or encouraging sexual promiscuity. The simple fact is that sex is happening, and looking the other way will not change that.

United States, though they make up just a quarter of the sexually active population. This is a scary statistic.

The CDC acknowledges that condoms are effective against the spread of HIV and in reducing the risk of gonorrhea, chlamydia and trichomoniasis. However, since 2002, the CDC has toned down its emphasis on condom use in favor of abstinence. This candy-coated thought process,

adopted by many, is disconnected from reality.

To merely hope that college students do not engage in sexual activity and not offer alternative safe options is simply not the best plan.

As a private Lutheran university I understand that it is not appropriate to be handing out cherry-flavored condoms on the steps in front of the Soiland Humanities Center. Neon condom vending machines in the lobby of Mogen or Grace would probably not send the right message to visiting parents either.

However, a discrete condom vending machine in the laundry room or in the public dorm restrooms would be a great way to encourage CLU students to be safe if they choose to engage in sexual activities.

Not only would it be unbeatably convenient for students, it would be open 24 hours a day and there would be no awkward conversation with a Rite-Aid employee about which aisle the condoms are on.

I understand that many parents would cringe at the thought of condom vending machines available to their children, but we are all adults here at CLU and we make our own decisions about our sexual activities.

Our school should provide us with the resources to make the best decisions possible.

Flu and cold infect CLU

It's that time of year again: cold and flu season that is. Between classes, activities, jobs and all the other demands that fill the day, it's easy to forget to take care of your health. I've recently noticed a lot of students getting sick. This keeps many from attending classes and ultimately makes them miss a lot of school work and exams.

Although we all try our hardest to avoid getting sick, it's almost inevitable.

Being confined in small classrooms, where we have no control over the germs our classmates spread, leaves us less able to protect ourselves.

It always seems we get sick at the worst times, like right before a major project or report is due, or even during midterms or finals.

Viruses, such as the cold and flu, are highly contagious; all it can take to get sick is someone next to you to sneeze or cough in your direction.

Cold and flu season occurs when the weather is cold, so there must be a connection, right? Well, not quite.

No matter how many times your mother and grandmother told you not to go out in the cold because you would catch a cold or the flu, it just doesn't work that way.

The truth is the flu and common cold are both caused by viruses.

People get sick more often during cold weather because we are exposed to more people, in confined spaces, than during warm weather.

When it's cold outside people tend to stay inside and are more likely to spread germs.

Because we are in class hours at a time during the fall and winter, we have a higher risk of spreading and catching germs.

Be smart about staying healthy. Prevent it from happening. Yes, washing your hands is important, but they only stay clean until you touch something dirty.

Use vinegar to disinfect your desk, keyboard, mouse, door knobs, cell phones, sunglasses and steering wheel and anything else you are in close contact with on a regular basis.

Make sure to wash hands thoroughly after handling money.

For those of you who live on campus, be smart about sharing your room and bathroom facilities.

Don't take naps or allow friends to take naps on your beds or share towels.

Germs thrive off of warmth, so beddings and moisture on towels

are a mecca for bacteria.

Don't leave your toothbrush lying around on the counter or around the sink where people wash their hands.

Instead keep it in your own room in a clean container.

Make sure you wear your shower shoes.

Warm, damp spaces are the perfect area for germs to grow.

Be sure you eat healthy all year around.

Fill up on fresh fruits and vegetables that are naturally high in antioxidants to keep your immune system on defense mode.

Oranges and berries are very

high in vitamin C, and are great immune builders.

Supplement your diet with 500 milligrams of vitamin C daily.

Be sure to take probiotics on a regular basis; probiotics will fortify your intestinal flora, which is essential for proper digestion and nutrient absorption.

This is key to good health and a strong immune system.

Zinc is also beneficial. Zinc ions are attracted to the rhinoviruses (the viruses that cause most colds) and effectively keep the

rhinovirus from reproducing. Foods such as red meat and poultry, beans, nuts, fortified cereals and dairy products are good sources of zinc.

Many herbs are also noted as effective, most notably, Echinacea and Goldenseal is well known to combat colds, even preventing them from starting.

Viruses, such as the cold and flu, are highly contagious; all it can take to get sick is someone next to you to sneeze or cough in your direction.

Don't shun the sun! Get at least 15 minutes or so of good direct sunlight so your body can naturally synthesize vitamin D.

Scientists have shown that a single 2.5mg dose of vitamin D may be enough to boost the immune system.

Popping a daily multivitamin and carrying around hand sanitizer are also highly recommended in the prevention of certain illnesses.

Although cold weather won't actually give you a cold, dressing for the weather is still important. Flip-flops and tank tops are not appropriate clothing when it's 50 degrees outside.

Sleep is the best method for fast recovery.

Potent immune enhancing compounds are released during sleep and many immune system functions are greatly increased by an adequate night's rest. Going about the day could just make it worse.

Do yourself a favor and rest when you're not feeling well. Not only will you feel better, but also you won't be spreading it either.

Once you start feeling better it is vitally important to drink plenty of water, get good nutrition and plenty of rest. Allow your body to recover before returning to normal activities and habits.

Failure to do so can result in a very nasty relapse. Remember, your body is still fighting an infection, even though your symptoms have abated.

After your cold or flu subsides, make sure to wash all of your sheets and bedding, towels and PJ's.

Last, throw away your toothbrush and get a new one. Don't continue to expose yourself to germs, especially when you're feeling better.

Getting sick is a major bummer, but if you take care of yourself properly, the risk of getting sick can be greatly reduced. Stay healthy this semester and holiday season.

Mandatory vs. Voluntary Evacuation

By Leslie Richman
Echo Staff Writer

It's 3 a.m., you are sound asleep and suddenly you hear a policeman's deep voice over the blaring loudspeakers of his car: "Everybody must evacuate...this is a mandatory evacuation."

Barely up and awake, you begin to panic and gather your most precious belongings as the policeman says that you only have one hour to leave your home.

This is an extremely frightening situation and unfortunately one I know about all too well.

Last year my family and I were forced to take part in a mandatory evacuation as "more than a dozen uncontained wildfires raged across Southern California, [and threatened] thousands of structures, forcing people to flee homes from San Diego to Malibu to Lake Arrowhead" (CNN.com).

Luckily, my family and my home were salvaged. Nevertheless, I still have yet to find a more frightening sight than hundreds of firefighters attempting to put out a wild blaze right in your own backyard.

With my personal experience and the recent wildfires that started on Oct. 12, I began thinking about mandatory

versus voluntary evacuation. How do you know when is the right time to leave your home?

As I was watching the news coverage on the October wildfires, I paid close attention to police, fire and city officials because they were constantly stressing the importance of public safety.

This was especially relevant after Gov. Arnold Schwarzenegger released a report that Southern California was in

Fires are not only scary, but unique in how drastically circumstances such as weather can affect the fire's lifespan.

a state of emergency due to the fiery flames that continued to incinerate thousands of acres.

The Federal Emergency Management Agency defines Voluntary Evacuation as "a warning to persons within a designated area that a threat to life and property exists or is likely to exist in the immediate future."

Individuals issued this type of warning or order are NOT required to evacuate, but it would be to their advantage to do so."

Mandatory or directed evacuation is described as "warning to persons within

the designated area that an imminent threat to life and property exists and individuals must evacuate in accordance with the instructions of local officials."

I personally find it unbelievable that people would choose to stay in their homes, if safety officials release a mandatory evacuation in their community.

I understand the personal connection that many have with their homes.

However, I do not think waiting out a fire that is burning directly behind your home to be something worth losing your life over.

Now, I do understand waiting as long as possible to take part in a voluntary evacuation until it becomes required.

Firefighters are remarkable with how quickly and efficiently they can contain wildfires.

Therefore, if a voluntary evacuation is offered I believe it is smart to be patient to see if your home will be safe.

Fires are not only scary, but unique in how drastically circumstances such as weather can affect the fire's lifespan.

With the most recent Southern California wildfire finally contained and extinguished, I can only hope that Mother Nature blesses us with a safe and fire-free fall season.

Students lead the Way to Save Energy at Cal Lutheran

Student efforts through the CHEER Program lead to \$20,000 a year in energy savings

October 9, 2008

If students bearing light bulbs have recently visited your dorm room, you have met the group behind the CHEER Program. Short for Campus Housing Energy Efficiency Retrofit Program, CHEER is a partnership between Strategic Energy Innovations (SEI) and Quantum Energy Services and Technologies (QuEST) to work with students at universities within Southern California Edison service area to promote energy efficiency.

Funded entirely by SCE, this program trains students to perform energy audits on their campuses and to replace standard, less efficient light bulbs with more economical, compact fluorescent light bulbs--better known as CFLs.

"The CHEER Program provides tremendous benefit to CLU," says Mark Jacobsen, Director of Facilities Management. "The students learn useful skills and gain knowledge about operating facilities in a more sustainable manner. The University benefits not only through reduced operating costs, but because these students are educating others on the importance and benefits of curbing energy waste on and off the CLU campus."

Since the spring semester of 2008, CHEER has worked with Mr. Jacobsen, Associate Director of Student Life Christine Paul, and four student interns--Stacy Stone, Nate Mihoch, Jennifer Arceo and Danny McKnight--to help save the campus energy and money and to reduce campus' contribution to the production of climate-changing greenhouse gasses. The group of four interns performed comprehensive audits of all light fixtures in the dorms, from hallway lights to EXIT signs. Noting the types and numbers of the fixtures and hours of operations, the CHEER interns then calculated expected energy and cost savings based on their recommendations for retrofitting existing lighting with more efficient fixtures.

But don't forget the CFLs! In August and September of this year the CHEER interns focused their efforts on distributing 650 CFLs to replace existing incandescent bulbs on campus. Because of their efforts, CLU will save nearly \$20,000 a year on its energy bill and help prevent nearly 63 tons of CO2 from entering the atmosphere. To learn more about energy efficiency programs and rebates, visit Southern California Edison's website: www.sce.com



Photos by Nathan Hoyt

Above: Sophomore David Garcia, 27, runs down a loose ball
Left: Senior Kyle Smith, 17, gets tangled up with a Pomona-Pitzer defender

Kingsmen continue dominance

Kingsmen improve in conference with win over Whittier

By Jeff Chaney
Echo Staff Writer

The men's soccer team at California Lutheran University gets a chance to catch its breath in conference play this week.

CLU (8-7, 6-4 SCIAC) will embark on a road trip against Caltech Beavers (0-14-1, 0-10 SCIAC), on Wednesday Oct. 22.

The Kingsmen haven't lost to the Beavers in more than a decade or even as far back as our records go.

It is a sure victory for the CLU, which will help build confidence for the team coming into a showdown with Claremont-Mudd-Scripps (5-5-4, 5-2-3 SCIAC) at home this Saturday.

With a road win the California Lutheran University men's soccer team took sole possession of third place.

The Kingsmen shutout the Poets of Whittier last Saturday with a score of 3-0.

This is the 12th straight win the

said junior mid-fielder Brad Hendrickson.

In the 19th minute, the Kingsmen's leading scorer Ryan McDermott netted his ninth goal of the season.

In the final five minutes of

"This is the first game where we have been complete on offense as well as on defense."

— Kai Werring

the first half, sophomore mid-fielder Robbie Spangler popped in a second goal and senior defensemen Kai Werring added a third with an assist from John Barley.

"Our defense was sending in really good crosses that helped score our third goal," Hendrickson said.

Considering the Kingsmen have outscored the Poets, 54-1, since 2003, this was an important opportunity for the Kingsmen because it was going to allow them the chance to rotate all their players into the game.

At this point in the season it helps to keep everyone's sharp.

"I feel like we're finally coming together as a team and all working hard toward our main goal of taking the SCIAC tournament," Hendrickson said.

Defensively, the Kingsmen struggled to find a good rhythm in the early minutes before taking control of the game.

"This is the first game where we have been complete on offense as well as on defense," Said Werring.

Freshmen goalkeeper Braden Hoyt made some great blocks to

fight off an early Whittier attack. Hoyt went on to play 80 straight minutes of shutout soccer.

"We came out a tiny bit slow and they got a few shots," said Hendrickson.

The Kingsmen had possession most of the game and fired off 28 shots to the Poets 11 in the match.

With a few shots hitting the crossbar and one goal being called back for off sides, the offensive pressure from the Kingsmen was relentless and hard pressed from the first minute to the last.

"There was a good connection between the defense and the offense and the transitions were smooth," Werring said.

With four games left in conference play, the Kingsmen spirits are high and their eyes are set on the SCIAC title.

For the Record...

In the Oct. 15 edition of The Echo, Lacrosse is on the rise out west.

It was said that the Lacrosse team was an affiliate of the Kingsmen name which is not true. Club sports are not affiliated with the Kingsmen or Regents name. The men's lacrosse team is called "Knights Lacrosse."

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Kingsmen have handed the Poets since the 2003 season.

"This game was really good for us. Every player got in the game to contribute to the shutout,"

Regals finishing season strong

Cal Lutheran wins five games in a row

By Krystle Van Deusen
Echo Staff Writer

On a five-game winning streak, the California Lutheran University women's soccer team defeated the Pomona-Pitzer Colleges in double overtime on Wednesday.

Continuing with its streak, the Regals secured a victory against Whittier College on Saturday.

With four games left in the season, the Regals continue conference play on Saturday against the Claremont-Mudd-Scripps.

In the first half of the Pomona-Pitzer game the Regals were playing really well and with lots of intensity. Cal Lutheran was taking a lot of long range shots, but they just weren't finding the back of the net.

Feeding off the Regals intensity, the Sagehens began to play very physical and took out a few Cal Lutheran players. With what was shaping up to be a scoreless half, Katy Metcalf scored with 2 seconds left in the first half, putting the Sagehens up one goal



Photo by Nathan Hoyt

Senior Sarah Rickert, 21, moves the ball up field against the Whittier Poets.

at halftime.

"In our halftime talk we all just said that we had to put the first half behind us," Marisa Zambetti said. "We lost the first half but we still had 45 more minutes to turn the game around."

The second half started off well, with many opportunities created but none ending successfully. Within the 60th minute, Brittany Clark drew a foul in the box.

Jessica Dingman took the

penalty kick and tied the game at one a piece.

For the rest of the half, the Regals were faced with playing a little more defense than they wanted. With not much of an attacking threat, the Regals settled on taking the game into overtime. This was the third time this season that the Regals have had to play longer than the 90-minute regulation.

"I always tell the girls the same

overtime speech," coach Nancie Moskowitz said. "We do not get scored on, worst case scenario we end with a tie, and I leave it up to the girls to go out and finish hard."

With neither team scoring in the first overtime and with only one minute left on the clock, Kristin Borzi punted the ball finding Kelsey Sullivan up field. Sullivan broke away from the Sagehen defender and snuck it

past goalkeeper Caroline Flynn to end the 109-minute match with a 2-1 victory.

CLU breezed past Whittier College on Saturday at home. The Regals tallied two goals early in the first half. In the first 10 minutes, Sarah Rickert took a free kick finding Jennifer Jones to get Cal Lutheran on the board.

In the twenty-first minute, Kelsey Sullivan shot the ball and it deflected off the Sagehens defender. Jones was right there to follow it up, acquiring her second goal of the game.

Lynsey Gagnon scored the last goal of the game in the 40th minute with an assist from Alyssa Yamauchi. The game ended with a 3-0 win over Whittier College.

CLU will travel to CMS on Saturday for a game that could possibly be for the first place spot.

The Regals soccer team fell short against Claremont-Mudd-Scripps in their first meeting this year.

"I think playing away at Claremont is not really an issue for us," senior Michelle Hedcock said. "We tend to play very well on their field and, personally, it is my favorite field to play on."

The training sessions this week will be focused on what they need to do as a team to finish this season on a winning note.

Slip of the tongue leaves some fans upset

What language is appropriate for motivation?

By Nicole Jacobsen
Echo Staff Writer

The homecoming football game last week against Pomona-Pitzer created some controversy after some parents and grandparents heard some of the California Lutheran University coaches and players swearing on the sidelines.

While there were no students who heard the comments, the players and coaches say some fans may have misinterpreted what was said.

"We try to practice self-control with the language policy as both players and coaches," head football coach Ben McEnroe said. "Things can get heated on the sidelines during a game so if anything was said it was probably taken out of context."

Football isn't the only sport where the coaches and players may say things that are offensive to the fans cheering on the CLU Kingsmen.

"Sometimes the coaches swear but not very often," sophomore

baseball player David Brethouwer said. "If they do, it's mainly when we start making stupid mistakes and to motivate us."

Junior linebacker Roland Jenkins says it doesn't happen very often but when it does, nobody on the team takes it personally.

"The coaches usually do a good job of watching what they say but sometimes they get frustrated," Jenkins said. "Sometimes they do it to motivate us and sometimes they do it because they're pissed at us or at a bad call by the refs. The team knows it's nothing personal so it's not a huge deal to us."

While some may take foul language personally, others find it motivating. If a coach of a Kingsmen or Regals team were to constantly swear at the players for every mistake, over time those comments would cause more problems than there were to begin with.

"Surprisingly the coaches don't swear at us," sophomore volleyball player Allison Kerr said. "They usually keep it clean. I think each [Kellee Roesel] has only sworn a couple of times at practice but it's definitely not normal."

Kerr may believe it's surprising that more coaches don't swear

regularly, but she doesn't agree that it works as a motivational tool.

"I don't think any of us would take swearing offensively, but it definitely wouldn't help us play better or motivate us."

No matter what the sport or situation a team is in, the players all know the coaches are there to help improve their game and only want the best.

"We don't take offense to it because we deserve it," Brethouwer said. "That's just how guys talk sometimes."

McEnroe understands that sometimes things get out of hand, but wants his players to know that the coaching staff at CLU would never do anything detrimental to their players on purpose.

"The players know we love them and only try to help them," McEnroe said. "If anything was said that was offensive I can assure you we will take care of it within the coaching staff and as a team."

CLU coaches and players know the high expectations that family, friends and the Thousand Oaks community holds and never want to disappoint them.

They realize they're looked up to and are careful of their actions on and off the field or court.

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Kingsmen fall short at home

CLU fails to beat SCIAC opponent Redlands

By Nicole Flanary
Echo Staff Writer

The Kingsmen water polo team was unable to tame the University of Redlands Bulldogs Saturday, and they lost their first conference competition 10-6.

California Lutheran's next competition is today versus Occidental College at 4 p.m. at the Samuelson Aquatic Center.

Occidental comes in with a record of 8-12, 0-1 in SCIAC after falling to Pomona-Pitzer 5-3 in their conference opener.

Earlier in the season, Cal Lutheran defeated Occidental in the CLU tournament 11-9.

Following today's match, the Kingsmen will play at home Saturday against the Pomona-Pitzer Sagehens (6-12, 1-0 SCIAC) at 11 a.m.

Coming in confident, Matt Heagy scored on CLU's first possession in the game against Redlands.

Heagy was named SCIAC Athlete of the Week earlier this month.

"I think that we are right about where we need to be going up against Redlands Saturday. We have an exceptional starting line-up with great players contributing off the bench," Heagy said prior to the match-up.

Unfortunately, the Bulldogs matched Heagy's rapid goal with three consecutive scores of their own.

CLU was unable to respond offensively, and the first quarter came to a close with the Redlands ahead 3-1.

The Kingsmen played tough defensively the second quarter, holding the Bulldogs scoreless.

Captain Jordan Bouey helped keep Redlands out of the net, racking up six saves by halftime.

"Our goaltender Jordan Bouey has played really well all year," Heagy said. "He has really stepped up for us."

Bouey saved 11 goals throughout the game, adding to his commendable running total this season.

CLU's Wes Lewis scored the last goal of the half for either team.

Lewis added two scores for the Kingsmen in Saturday's match-up.

Redlands came out firing the second half, scoring three quick goals with no sign of slowing down.

The Bulldogs went on to win 10-6.

Brian Giegoldt and Ricky Mulcahey contributed fourth quarter goals for the Kingsmen and Scott Bergemann posted two assists in the game.

Despite the loss, the Kingsmen are confident in their abilities.

"We really gel as a team. We spend lots of time together outside of the pool and that has really helped us," Matt Heagy said. "This is probably the closest water polo team I have been on since coming here to CLU."

The Kingsmen are a young team who believe in the direct correlation between having fun and being successful.

"In my three years of playing water polo for CLU I have not



Photo by Scott Chisholm

CLU captain Jordan Bouey made 11 saves, six of them coming in the second half against Redlands.

been with a closer group of guys," Bouey said.

"We all eat together in the cafeteria. We get together and watch baseball games after practice, order pizzas and just hangout. It's the little things that we do that make us a tight-knit family that is allowing us to play better together in the pool."

Fun and games aside, the Kingsmen are working to combine their tough team mentality with a high level of athleticism.

"As captain I feel like I am always being picky about how the guys are performing and how I am performing most of all," Bouey said. "Every once in

a while though I take a step back and I see that behind me are a group of guys that are playing the best water polo that I have seen at CLU."

"Our goal is to play every game according to what we go over in practice and in turn come out on top. If we stick to the plan then everything should turn out fine."

Fitness Center Classes

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Tuesday

Wednesday

Thursday

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5:30-7:00 pm
Martial Arts

5:00-6:00 pm
Hip Hop

5:30-7:00 pm
Martial Arts

7:00-8:00 pm
Pilates

7:00-8:00 pm
Cardio Kick

7:00-8:00 pm
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THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

VOLUME 52, NUMBER 7

October 29, 2008

Curtains open on the new theatre

Blackboxes open in the new campus venue

By Gigi Arjomand
Echo Staff Writer

Opening night of the fall Blackbox series was combined with the grand opening of the Blackbox Theatre and presented the premiere of two student-directed plays. The event was held Thursday at the newly converted Old Gym, now the Blackbox Theatre.

Opening night brought together teachers, students, parents and friends for the premiere of two highly anticipated shows alongside the grand opening and ribbon cutting ceremony of the Blackbox Theatre.

It was a proud moment for all of those who had been working hard on these projects, who finally got to showcase their work and talent.

"Theater not only gives you insight to other people and places but it helps us mature and become the people we want to be," said Diane Machin, a theater major and treasurer for the Drama club.

The Blackbox Theatre is a

venue with a stage and space for the art department to have improv shows, Blackbox productions and theater and drama performances.

The new theatre will also be used as teaching space for acting classes and the setting for class-final acting scenes.

"The best way to learn is by these kind of hands-on experiences and it's a privilege to have a real and professional production space," Machin said. "Here we can get accustomed to what's out there in the comfort of our school environment."

The first show, "The Flooding of the Grand," started at 8 p.m., but guests were invited to come at 7 p.m. for food and refreshments at the Grand Opening party.

It was a formal event hosted and sponsored by the Theater Department.

A chocolate fountain, exotic fruits, cheese assortments and Martinelli's bubbly along with live music and an opportunity to meet the cast and the directors, brought out a crowd of roughly 100.

Among the guests was Kaila Hochhalter, a senior theater arts major and director of the first play ever to premiere in the new theater, "Flooding the Grand."



Photo by Doug Barnett

The set is worked on during an intermission between shows on the opening night of the Blackbox series.

The 30-minute play written by senior Brigitte Stevenson is an exploration of a young woman and the troubles she goes through in her relationship because of haunting memories and ghosts from her childhood trauma.

"It's amazing what a group of students can create when they combine passion with drive," Hochhalter said. "Our shows are produced entirely

by students; directed, written, casted, costume and makeup, the whole shebang. We even do our own sound and light."

Between the shows there was a 10-minute intermission before the second play of the evening started. "Bright Ideas" was written by playwright Eric Coble. The play is directed by senior Chelsea Brown and served as an upbeat, comedic alternative to the first show,

which was a drama.

Kiah Shapiro, a starring actress in "Flooding the Grand," was delighted with the success of the opening of the Theatre and the premiere of the plays.

"After all those weeks of rehearsing it was really good to finally be in front of an audience," Shapiro said. "The audience makes the show, and is one of the most important aspects of theater."

Founders Day celebrates 50 years

By Jennifer Tholse
Echo Staff Writer

The 50th Founders Day Convocation took place in the Samuelson Chapel at California Lutheran University Friday.

Stanley N. Olson, executive director for Vocation Education unit of the Evangelical Lutheran Church of America (ELCA), flew in from Chicago to speak.

He spoke about how the center of education is appreciating the wonderful complexity of the world being deeply aware of the risks and being engaged to respond to opportunities.

"It has been a great privilege to do this. I think it went great.

I always watch and see if people are listening and that's all I ask for. I give out ideas and I hope for people to build on those ideas," he said.

Angela Rowley, assistance director of multicultural and international programs, explained that she had attended the convocation ever since she was a CLU student.

"I always love hearing from the speaker and I really enjoyed hearing his thoughts on appreciation," she said.

Rowley also said that she liked how the speaker always tends to incorporate the university's mission statement. She added that it is great for students, faculty

and staff to be able to hear more about it and why it is important to CLU.

The mission of the university is to educate leaders for global society who are strong in character and judgment, confident in their identity and vocation and committed to service and justice (www.callutheran.edu).

During the annual convocation the Christus award was given out to Beverly Anderson. The award is in recognition of the contributions made to strengthen the bridge between the church and the university and/or those who have made significant contributions to higher education in ELCA.



Photo by Nathan Hoyt
Founders Day brought a packed house to the Chapel last Friday.

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Kingsmen soccer suffers first-ever loss to Caltech.

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Immigration topic at sanctuary movement

1,150 people were deported in Sept. in California

By Amanda Lovett
Echo Staff Writer

Humane immigration reform is the agenda for The New Sanctuary Movement, whose campus meeting was held on Saturday in Overton Hall, focusing on the families who are being separated due to the new immigrant deportation policies in place around the U.S.

The events host was Ventura County Clergy and Laity United for Economic Justice and was sponsored by Cal Lutheran's Center for Equality and Justice.

"This is such a politically charged issue," said Dr. Rick Derderian, professor of history. "There are 12 million foreign presences, and what do we do with it?"

Immigrant laborers uphold the agriculture business in Ventura County, making them important constituents to the economy in this region.

They are also leaders and members of congregations in the area.

Chances are some of the people on campus are undocumented immigrants and are not known by others as such.

One of these days they could disappear because they have been

deported.

Many of the families facing deportation are being sheltered in sanctuary churches around the nation.

In many cases, the parents of children born in the United States have come as undocumented citizens, so they face the risk of deportation even though their children are U.S. citizens.

Laws like the Patriot Act are causing families to be torn apart by a border.

It is reported that 1,150 people were deported during three weeks of September in California alone.

"These people have been here a long time," Derderian said. This is a post 9/11 issue for national security, but it could be dealt with more humanely than having families being separated."

At the event, the Rev. Alexia Salvatierra of Clergy and Laity United for Economic Justice CA was the keynote speaker and discussed the 'beloved community' that Dr. Martin Luther King spoke about in one of his famous speeches.

She spoke about how there is a belief that some people are worth more than others, but in truth, each person is "equally infinitely precious."

Salvatierra then told the crowd stories of immigrants who, under certain circumstances, committed a crime by living in the U.S. as undocumented citizens.

A specific example is the woman known as Liliana Santuario, who

is seeking refuge in the United Church of Christ in Simi Valley.

Her family came to live in the U.S. legally to work in the fields but she wanted to finish high school back at home. Santuario family tried to petition that she become legal along with them. However, during the many-year wait she made the decision to fake citizenship at age 18 with a false birth certificate.

She was caught and sent back to Mexico. Santuario returned to America later in her life, married an American citizen and started a family in the U.S.

"Sanctuary is a place to protect people from cruel and unusual punishment- a safe and sacred place until they can get a fair trial," Salvatierra said. "Is the government response appropriate for the crime?"

Because she had committed a felony many years prior, the immigration agency came to her house to deport her.

They gave her a week to prepare her children, one of which is less than a year old, for her departure, and in this time she sought sanctuary at the church.

"Separation of families is immoral and unjust," said Pastor of San Gabriel Mission, Fr. Steve Niskanen.

So far, the government has not gone after deportation of any sanctuary families yet.

"The opposite of slavery and oppression is not freedom. It is community," said the Rev. Phil

Lawson, veteran of the 1960s Civil Rights Movement alongside his brother Jeremy Lawson, senior Pastor of Jones Memorial United Methodist Church and co-founder of the Black Alliance for Just Immigration.

Why should the community stand up for just treatment of immigrants in this country?

According to Niskanen, all people should have the opportunity for life and security wherever they live and the right to migrate to provide for themselves and their family.

Sovereign nations have the right to legislate and regulate for the protection of the border, but protection should be for refugees and that protection should be respected because of basic human rights.

Basic human rights also allow for betterment of an individual's life by the means of education. It is difficult for children of immigrants to attend college and further their careers because of the financial situation of not being able to legally work in the United States to make a living.

"[Having a work permit] would give us the opportunity for permanent legal residence with the right to work and contribute to the community," said Juana (who did not want her last name revealed), a CLU graduate who is finding difficulty furthering her career as a teacher because of legal status.

Students can take part in being a

community by civic participation.

"Getting out the vote, that's how we create change," Salvatierra said. "We get it with voice, pressure, unity, support and sacrifice."

Alice Linsmeier, executive director of Ventura County CLUE, commented on how she became involved with being part of the community that works for 'prophetic hospitality.'

"I was inspired by the prophetic hospitality that the community showed me during war in El Salvador," she said. "When the army wanted to take me away, with a life or death issue the community stood up for me despite the consequences."

In order to support families like Liliana and students who aspire an education to succeed in our country, leaders in the New Sanctuary Movement call upon the community to stand up for what is just and moral, despite political affiliation.

"Our move for just immigration needs people walking in the streets along with appealing to Congress for legislation," Lawson said. "We need to intensify the struggle until we can get an appropriate response."

A fund raiser to help the Ventura County Sanctuary Family will be held on Nov. 1 from 11 a.m. to 3 p.m. at United Church of Christ Simi Valley in celebration of Halloween and Dia De Los Muertos.

Contact VC CLUE at (805) 890-0990 for more information.

CLU Founders Day marks achievement

Continued from page 2;

Anderson came to CLU in 1973 and has served in many different church and education related positions since then.

"It's just really overwhelming. I feel that there are so many others that also deserve this award. I really appreciate it," she said.

After the award was given out, the audience was present for the installation of the regents and the commissioning of the convocation.

Also special for this year, they honored one of the first CLU employees, Effie. She had recently celebrated her 100th birthday and during her lifetime she has been extremely active in the university.

"The campus has changed so much. There are so many new people, it is really pretty

wonderful. It is also always something new, one building gets changed into something else," she said.

There was also student involvement. The California Lutheran University Choir sang songs and "Wade in the Water," with Missy Bain as Alto and Reshai Tate as the Tenor.

Instrumental offerings were presented with Wyndi May on flute and Aurelio Melero on clarinet.

"The choir was so incredible, I loved listening to them," senior student Sahar Saberi said. "I've been a student here at CLU now for two years and this was definitely the best convocation so far. It was also fun to see how they honored the first employee on her 100th birthday. She looked so proud to be a part of the university for so long."

For the Record...

In the Oct. 22 edition of The Echo, Madness Begins at CLU, it was stated that ASCLU-G was in charge of running Midnight Madness. But in fact it was Student Life who put on the event Midnight Madness.

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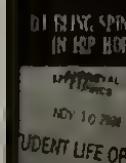
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WEDNESDAY, OCTOBER 29, 2008

Libertarian party visits CLU

By Kelsey Bonesteel
Echo Staff Writer

It all started when someone wouldn't take his picture. James De Haan, president of the Campus Libertarian club, decided to take action when the Libertarian club wasn't included in a photograph of the political clubs on campus.

"A lot of students don't know about the Libertarian Party," he said. "It's important to hear the third side."

De Haan was able to convince Wayne Root, candidate for vice president of the Libertarian Party, to come to California Lutheran University. Last week at the Samuelson Chapel, he discussed the upcoming election and Bob Barr, the party's presidential candidate.

Some of Barr's top priorities include dramatically reducing government spending, repealing legislation like the Patriot Act, which violates civil liberties, and to return power to the people by decreasing the size and scope of the federal government.

Root had been a life long Republican until two years ago. He believed the Republican Party had changed their interest from the people and moved to large companies.

"Most people think this party is a wasted vote; a party that never wins. But I'm here to change all

that," Root said.

Root has a 16-year plan to win the presidency, based off of Ronald Reagan's plan. He set a goal to be on this year's ballot for president and without spending any money, he made the candidacy for vice president.

During his speech he used many examples from past elections and presidents. His goal is to expand and broaden the message other presidents had to offer and to make people feel good about it and themselves.

Root graduated from Columbia University in 1983 with Barack Obama. He is also the second Jewish member ever on the ballot.

His speech was full of strong viewpoints about the other candidates. He believes the government is not the solution, but that it is the problem that will not be able to fix itself.

"Obama says he wants change, and that's true because when he's done, that's all you will have in your pockets," Root said.

One of his main points tackled the issue of government spending. He said the government could cut all they wanted but if they do not reduce their spending, nothing will change.

"Our government doesn't



Photo by Doug Barnett

Libertarian Party Vice President Wayne Root speaks to an audience at the Chapel.

know how to budget tax revenue," Barr said. "They come to us for the extra and for every dollar we give in taxes, the government spends a dollar fifty."

The Libertarian Party stands for the people. Root's main objective, when his 16-year plan to become president becomes reality, is to give it all back to the people.

After Root finished his speech there was a three-way discussion between the representatives

from the Campus Libertarians, James De Haan, Democrats, Grant Berg, and Republican, Ben Martinez.

They all debated topics such as the war in Iraq, the concept of world police and Propositions 4 and 8.

Feminism Is and the Gay Straight Alliance came to show their support for the speaker. They displayed their own booths in the lobby campaigning against Propositions 2 and 8.

Kaitlyn Masai, one of the presidents of Feminism Is said, "We petition mostly off campus [about Prop. 4]. Right now, it's really small, mostly around Planned Parenthood."

Since the election is drawing near, both groups will continue to campaign against the propositions.

This speaker was brought to campus to make students aware that there are more ways to vote than Republican and Democrat.

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Around the Campus

WEDNESDAY October 29	THURSDAY October 30	FRIDAY October 31	SATURDAY November 1
Mission: Rwanda 11 a.m. to 9 p.m. Stuft Pizza The Tournées Festival: La Môme 7 p.m. Preus-Brandt Forum Borderline: Halloweecn 10 p.m. Borderline Bar and Grill	Día de los Muertos (Day of the Dead) 10 a.m. SUB 	Third Annual CLU Halloween Festival 6 p.m. Kwan Fong Gallery 	CLU Soccer vs. Occidental 11 a.m. Soccer Field Kingsmen Football Tailgate Party 11:30 a.m. Kingsmen sideline CLU Football vs. Occidental 1 p.m. Mt. Clef Stadium
SUNDAY November 2	MONDAY November 3	TUESDAY November 4	NEXT WEEK ON CAMPUS
<i>"The ballot is stronger than the bullet."</i> <i>- Abraham Lincoln</i>	Educational Sorority Mixer 7 p.m. Overton Hall	GO VOTE! 	Artist and Speakers Series: <i>A Universe of Dreams - Ensemble Galilei</i> 8 p.m. Samuelson Chapel Nov. 7



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ON CAMPUS
Tuesday, November 4

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Professors' past shapes present

By Elicia Hildreth
Echo Staff Writer

California Lutheran University emphasizes hiring great faculty. It went above and beyond when hiring Tim Hengst.

He is the director of the Multimedia program, the new executive president of Kingsmen Shakespeare Co., has illustrated more than 60 medical and surgical textbooks and was a member of the 1971 Kingsmen football team.

Hengst was the starting strong tackle for the 1971 National Association of Intercollegiate Athletes National Championship team.

The Kingsmen who upset Westminster College of Pennsylvania, a powerhouse from the NAIA Division II, 30-14 to win the national championship.

"We surprised many people in winning the championship game, but we had a good team and played hard for the win," Hengst said.

During his junior year at Cal Lutheran he married his wife, Jeanie, and during his senior year they had their first child.

After his career at CLU he headed to John Hopkins School of Medicine where he perfected the craft of illustrating surgeries. Illustrating textbooks means a play-by-play drawing of a surgery, he explained.

Hengst had the honor in shadowing Dr. Denton Cooley, a renowned heart surgeon in Texas. Hengst has illustrated three textbooks for him in three years.

While illustrating the textbooks, he observed and drew different kinds of surgeries.

Hengst has illustrated eight textbooks for facial surgery and assisted in illustrating retinal detachment repairs for professional boxers.

He had the opportunity to watch Ernie Shavers and Sugar Ray Leonard, two professional



Photo by Doug Barnett

Multimedia professor, Tim Hengst, was a member 1971 of the NAIA Division II football team at CLU.

boxers, surgeries. Hengst was asked to join the faculty in 1977 at John Hopkins. He accepted the position and became the primary illustrator at Wilmer Ophthalmological Institute, the eye center at John Hopkins.

Hengst enjoys teaching and has also taught at the graduate level during the 70s and 80s.

His family decided to settle in Thousand Oaks, where he had a freelance center training in medical and biological illustrating.

He started teaching in 2000 at CLU and became full-time in the Multimedia department. He helps students in web design, digital and interactive media.

"Tim is an overachiever who has worked really hard to get where he is at today," said Randy Toland, factually secretary. "He sets high standards for his students and is really involved in seeing them succeed. He is just an overall great guy."

Regarding his inspirations, Hengst said that Ben Webber, creator of the Luther statue, was his mentor.

Webber's dedication to quality and traditional art techniques pushed Hengst to excel and to work harder. Kurt Nelson was also his inspiration because he was his anatomy professor and introduced him to the field of illustration.

Clubs raise awareness about political issues

By Natasha Spiroff
Echo Staff Writer

In just six days, the U.S. as a nation will be electing a new commander in chief. Regardless of which presidential candidate comes out victorious, this election is guaranteed to be historic.

The excitement surrounding this election has given fuel to both the College Republican and College Democrat clubs on the California Lutheran University campus.

"We have had many volunteer opportunities with local candidates, as well as opportunities to volunteer for [Barack] Obama," said College Democrats president senior Missy Bain. "We have registered people to vote and some of us have participated in debates around campus."

The College Republicans have also been busy hosting voter registration drives, campaigning door-to-door, and participating in debates with the College Democrats and the Campus Libertarians.

"We are focusing on outreach a lot more than in previous years," said College Republicans president sophomore Ben Martinez.

For many CLU students, this is the first presidential election that they are able to vote in and both the College Republicans and the College Democrats want to make sure that voters are educated. "The most important thing you can do is educate yourself," said junior and College Republican treasurer Mike Swaidan.

This year, the two clubs have gotten together to watch the presidential and vice presidential debates and also held debates of

their own.

In addition to voting for the next United States president, American citizens everywhere will be voting on state propositions. This year, Californian voters will be deciding on 12 propositions.

Proposition 8, which if passed would eliminate the right of same-sex couples to marry, has proven to be a controversial topic through its numerous commercials and the groups of protestors lining the streets of neighborhoods across California.

Bain encourages individuals to vote no on Proposition 8.

"I think that it is one of the most important decisions we could make," she said. "It will help set a precedent for the entire country and would hopefully encourage other states to follow in our footsteps toward equality and justice."

Despite his differing opinions on who should be the next president of the United States, Swaidan also believes in voting no on Proposition 8.

"On this issue I hold a more conservative view than a Republican one," Swaidan said.

Both groups agree that it is important that everybody gets out and votes on Nov. 4.

"So many students have registered to vote this year," Bain said. "Now all we have to do is make sure that those newly registered people actually get out and vote."

"Know the issues and vote for the direction that you want the country to go in," Swaidan said. "Students are constantly complaining about the Bush administration. This is their chance to change something, to earn their right to complain."

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California Lutheran University

2008-2009

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The Ronald Reagan Presidential Library



Photo by Matt Kufeld

One of the real Air Force Ones is on display at the Ronald Reagan Library. The Boeing 707 which served seven presidents is now open to the public to walk through.

Reagan's library: a hidden jewel

By Margaret Nolan
Managing Editor
and Matt Kufeld
Features Editor

Just four miles from the campus of California Lutheran University sits the Ronald Reagan Presidential Library and Museum in Simi Valley.

The library, which is unbeknownst to many CLU students, offers research opportunities and a museum that looks back on the presidency of Ronald Reagan.

It is one of 12 presidential libraries directed by the National Archives and Records Administration that aims to educate visitors on his eight years in office through official and personal documents, photographs, videos and other artifacts.

The Reagan Library is the first presidential library under the Freedom of Information Act and the first to have an electronic library.

The archive department has more than 50-million pages of Reagan's records including more than 10-million pages of his personal papers such as his diary entries.

"Reagan's personal papers and diaries are probably my favorite part of our collection," said Mike Duggan, supervisory archivist. "He wrote the same way he talked so what you saw was what you got with him."

All of the Reagan's personal papers are available for public viewing, including for research by undergraduate and graduate students.

"We have a working relationship with the university," Duggan said.

He explained that there have been CLU classes that have come a few days a week for an entire semester in order to complete their assigned research project.

If a student is interested in conducting a research project at the library, he or she must fill a research request form and talk to an archivist. An archivist will then help



"Tear down this wall." A piece of the Berlin wall is on display at the Ronald Reagan Presidential Library.

the student figure out which boxes to begin looking at in order to find the appropriate documents.

"We will try to find enough material for the student, but we don't want to overwhelm them," Duggan said. "Our job is to provide information in a nonpartisan way."

Even if one's not interested in using the library for research purposes, there are many other interesting opportunities for students to take advantage of that follow the life and political career of the 40th president.

While at the library, visitors can walk under a model of the Dixon Arch in Illinois to explore Reagan's youth. From there, the

REAGAN LIBRARY

The Ronald Reagan Presidential Library and Museum is open daily 10 a.m. until 5 p.m.

Students admission is \$9 for a one day pass or \$25 for a year pass.

The archive facility holds:

- 55 million personal and government documents
- More than 1.5 million photographs
- 20,000 video tapes
- 25,000 audio tapes
- 670,000 feet of film
- 100,000 personal artifacts

Air Force One by the numbers:

- Boeing 707
- The plane tilts at a two-degree incline to simulate a real flight
- Served as the plane for 7 presidents including Reagan, Nixon, Ford, Carter, Bush Sr., Clinton and Bush Jr.
- Has flown over 1.3 million miles on 445 presidential missions that have totalled 2,798 hours

exhibit follows his time as a radio sports announcer, an actor, during his term as the governor of California and through his presidential campaign.

For fans of the formal first lady, there is a traveling exhibit that follows the fashion of Nancy Reagan during and after her time as first lady.

After learning about his campaign, visitors move to the area that covers his two terms in office including a display of the miles he traveled on Air Force One, his part in the ending of the Cold War and his official limo.

The Boeing 707 aircraft is available for boarding and offers visitors an opportunity

as they can walk through the flying white house.

Before visitors board the plane they can pose as the president and first lady while their picture is taken on the airplane's red carpet.

"Air Force One is my favorite exhibit at our library," said Melissa Giller, director of Communications and Operations. "Not that many people get to board an actual Air Force One that flew one of our nation's presidents."

Also in the Air Force One Pavilion is a new Discovery Center that opened in 2007.

"The Discovery Center will be a uniquely exciting and engaging educational experience," said R. Duke Blackwood, executive director of the Ronald Reagan Presidential Library Foundation.

The center is able to provide school kids with interactive role-playing scenarios to further engage them in learning.

Within the Discovery Center there is an Air Force One flight simulator, a White House Press Room to give visitors an opportunity to write and deliver a speech, a recreation of the oval office so that students can sit at the desk of the president and a high-tech replica of the Command Center of the U.S.S. Ronald Reagan where students can communicate with sailors.

The museum also has a realistic replica of the oval office, decorated in the same way Reagan did for his eight years in office.

In preparations for Reagan's 100th birthday on Feb. 6, 2011, the museum and library will be undergoing complete renovations to every gallery and exhibit, with the exception of Air Force One.

For history buffs, Reagan enthusiasts or just a student looking to kill some time on a Saturday afternoon, the Reagan Library and Museum is a great place to check out. It will provide a unique insight into both the personal and business life of one of the nation's presidents.

Movie review: 'Saw V'

A dull blade for a dull Saw film

Halloween is a time for trick-or-treating, pumpkin carving, and in recent years, a time for a new installment in the Saw franchise that was started five years ago.

The puppet master Jig Saw has returned so there is no scarcity for bloody gore, with at least 10 quarts of it by the end of the film.

This Halloween, treat yourself to the blood-bath that is the Saw trademark.

Director David Hackl returns for his fourth installment of these films, this time presenting a Saw movie that is unlike its predecessors.

Each Saw movie has a distinct identity within the way the game is played. Saw V presents the audience with an interesting scenario, the notion that Jig Saw is dead.

With only three notable returning actors from previous Saw films, the plot is centered on the connection between the three of them.

Tobin Bell (Jigsaw) returns in his torturous ways, Costas Mandylor (Agent Hoffman) is returning for his third installment; (little is known of Hoffman other than he is not who he seems) and Scott Patterson (Agent Straum) returns as the one man who believes to know the true identity of Jigsaw.

As with every Saw movie, we begin with a gruesome death and of course it wouldn't be a Saw film without a little gore.

However, right from the beginning there is a different feel to this film in comparison to the others.

As you watch it, you get the sense that Hoffman overshadows the game that is being played and Straum grudges.

As in previous films the game captures the audience's attention, but Saw V combines more suspense and intrigue to hold its audience captive.

We are taken on a wild chase on the hunch that Straum believes Hoffman is actually Jigsaw. This hunch is fueled by jealousy because Hoffman received an award for killing and capturing Jigsaw in Saw IV.

However, Straum can't fathom how he was able to do it.

The chase between Hoffman and Straum overshadows the game between these five strangers, who in the end realize that they all had something in common.

It's a bit of a dull story line compared to the previous four films that left an avid Saw fan like myself disappointed and hoping that they will create a more classic Saw film the next time around.

If you've seen one you will

have to see them all. Whether you like or dislike this one, we must hope that they hear our cries and go back to what works as far as their films go.

Go back to the scares and shocking endings that made us fall in love with these films.

For now the game is over. Let's hope it will be reborn next Halloween.



Scott Beebe
Movie Critic

More Than Meets The Eye

Disability Awareness Week

2008

Monday
November 3rd

A Beautiful Mind
Film & Discussion

7pm
Pavillion



Wednesday
November 5th

Chapel
John Soyster

10:10am
Samuelson Chapel

Friday
November 7th

Linnaea Mallette
Training Coordinator
Office of Research Administration for UCLA

10:00am
Samuelson Chapel

Campus Quotes

"What are your plans for Halloween?"



"I'm taking my little nephew trick-or-treating in Beverly Hills."

—Freshman
Jackie Delapaz



"[I'm] going to Santa Barbara."

—Sophomore
Sam Lovetro



"Party, party and party some more!"

—Freshman
David Lundberg



"Well it's my birthday, so I'll probably go to Club Lu."

—Junior
Jeannie Schmitt



"My roommates and I are dressing up as Disney princesses and we are going to a Halloween party."

—Senior
Luscinda Paguaga

Must it always come to this?



Missy Bain

As we close in on the last weeks before the election, our TVs, mailboxes and e-mail inboxes are flooded with negative political attack ads.

Most people will say that they hate these ads and that they hardly pay attention to them anyways.

So, if everyone hates these ads so much, why do the campaigners keep running them?

Because they work.

The very people who hate these ads are the same people who will cite information from any one of them as a reason to vote or not vote for someone else.

It is completely hypocritical and we would all like to think that we are not

susceptible to this sort of behavior. Yet we continue to do it, year after year.

These ads try, in about 30 seconds, to persuade you to think and/or vote one way or the other.

In order to accomplish this, they must grab your attention and make a point.

However, most of the points they make are exaggerated, fear-based or just not true.

Both political parties and both presidential candidates are doing it, especially now as they scramble for last minute votes and support.

So how can we determine what is true and what is just being thrown at us to evoke a certain feeling?

Research. And lots of it, too.

I know, you are all thinking that you do enough research for your classes as it is. Who has the time to fact check?

The scary thing is, the people who run these ads know this, and fully take advantage of it.

For example, a local ad being run by the Tony Strickland campaign (the man running as a Republican for our Senate District) talks all about the high-tax policies of Hannah-

Beth Jackson (the woman running as a Democrat in the same Senate District).

They list off bills AB 822, 81 and 94 as sources to her raising property taxes, when really these bills are about bringing opportunity to recycle to

Both political parties and both presidential candidates are [producing attack ads], especially now as they scramble for last minute votes and support.

every Californian, extending the baby surrender laws from 72 hours to 30 days and requiring 33 percent of energy to be renewable by 2020, respectively.

None of these things have anything to do with raising property taxes, and if they do, it is so abstract that they most definitely should not be cited.

Also, they list off bills AB 16, 1058, 1706, 1707 and 1740 as bills she voted for that would raise the gas tax.

However, Bill 16 requires HPV

vaccinations for all girls entering seventh grade, 1058 supplies facilitators to child support services, 1076 requires sex offenders to register, 1707 requires employers to maintain employment records and 1740 was a bill about the state budget.

None of these things have anything to do with raising gasoline taxes. In fact, none of them have anything to do with transportation of any kind.

So why do they list these bills? Because it looks like they did their research, and therefore you are more likely to believe that what they are saying is true.

But, they also count on you not doing the research to find out that these things actually have nothing to do with what they are talking about at all!

I don't know about you, but I find all of this to be quite frustrating. Why lie to me? Isn't there something you can tell me about your opponent that isn't a flat out lie?

They are exploiting and demeaning our intelligence by feeding us false information, and we should all be offended.

How to Respond

Mail

Letters to the Editor
Calif. Lutheran Univ.
60 W. Olsen Rd. #3650
Thousand Oaks, CA 91360

Phone

(805) 493-3465

E-mail

echo@callutheran.edu
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity

LETTER TO THE EDITOR

Stoposition 8: No on Normality'

"If there is a man who lies with a male as those who lie with a woman, both of them have committed a detestable act; they shall surely be put to death. Their bloodguiltiness is upon them." Leviticus 20:13

Proposition 8 is simply a fight between Christian morals, keep homosexual beliefs and agendas. Both should never be pushed onto another person who is not a believer in those same thoughts, yet it is apparent everywhere we turn. As far as I am concerned, I am a Christian brought up with true Christian morals and I believe that all individuals should be treated equally.

However, when I see people of the homosexual orientation pushing their rights and agendas on those who are heterosexual, it makes me think a little differently of them. I am not using that as a blanket statement and saying that all homosexuals or bisexuals are that way, but I have seen plenty of examples that do not exactly knock this opinion down.

It seems to me these days that while homosexual people are fighting their way to freedom, they are doing it all the wrong way. In 99 percent of the world, homosexuality is condemned, just as it is condemned in all of the major religions. In those countries that condemn homosexuality, they consider it perverse, obscene,

vulgar and punishable by death in many societies.

While homosexuals are coming "out of the closet" heterosexuals are being pushed into that same closet, unable to speak their minds without it being called "hate speech." Is that honestly fair? Is it fair that we have to be pushed into a different closet by believing someone else's beliefs?

They expect to be treated like normal people by forcing us to not act like the normal people.

Stereotypes are needed in order to have some basis for judgment, and they will always exist.

Everyone desires to be different, but normality is expected so the extent to which one can be different is hindered.

Don't get me wrong, I have a few friends who are homosexual or bisexual, but they don't strive to constantly shove their orientation in my face and I would never try to do that to them. The previous sentence is not an example of "staying in the closet."

If you would like an example of the extreme lengths that they are taking to "come out of the closet," just look at the Folsom Street Parade pictures taken up in San Francisco. Once you do, you will see exactly what I am saying.

Not only that, a group of 18 first graders were bussed as a "field trip" to attend their lesbian teacher's wedding which was of course officiated by San Francisco's mayor, Gavin Newsom (whether you like it or not).

Arnold Schwarzenegger has banned the words "mother, father, husband and wife" out of textbooks now. What is coming of America's family ideals?

Everything is slowly shifting to a state of abnormal behavior. Every

Heterosexuals are being pushed into [the] closet, unable to speak their minds without it being called "hate speech."

Christian knows that marriage is between a man and a woman, but somehow our Christian morals are being forgotten.

Since I do believe in equality, I will say that if homosexuals want the privilege of marriage and those people voting yes on Proposition 8 obviously don't, why doesn't the nation come to some kind of relationship that everybody can agree upon?

If Christians don't believe that homosexuals should be able to get married, why don't we think of a different term for it that would mean potentially the same thing? After all, love isn't about a written certificate, or a ring on a finger; it is about being together with the one you love.

The certificate and ring are material objects that cannot possibly amount to the intangible emotion that is felt between two people. Love is not about looking

at your certificate or your ring and thinking "Well, I'm married" and going about your day normally.

Besides, the ongoing rate is that one out of two (50 percent) marriages end up in a divorce, so why is this issue so hard-pressed?

A true loving couple would wake up one morning and be thankful that they have their loved one and they know they would never be unfaithful and that all they want is to be with that person. The nation cannot seem to understand that, and I am speaking of homosexuals and heterosexuals alike.

The Center for Disease Control is constantly trying to push cancer behind AIDS. Here's the issue: cancer affects everybody regardless of behavior, while AIDS is strictly behavior-related (unless a person is born with it, of course).

The homosexual lifestyle is one that is mostly hypersexual, anti-monogamous, and filled with random encounters. These diseases are made to seem like one-and-the-same, but AIDS is controllable by eliminating promiscuous, shameful behavior.

Voting no on Proposition 8 will not help this nation move on smoothly. The issue is not about marriage as a whole, but only gay marriage; the message has been distorted. Of course we need to change rules or certain standards to excel, but how many times have you actually seen Christian morals change?

Voting no will most certainly cause upheaval by Christians

and heterosexuals alike, so how can we say that our nation is looking at a smoother path? Christianity is a morally positive, longstanding tradition, but it is not anachronistic.

So, if "crazy, selfish right-wingers" were the ones who had the strength to speak up for their rights and beliefs, kudos to them. It was the "radical, depraved left-wingers" who started this mess in the first place. Four California Supreme Court Justices knocked down the vote of the majority, basically showing that our votes don't matter.

In regards to Tyler Homesley's article, amazing job on his part for standing up for what he believed and providing a conservative outlook on the election. I can say though, both he and Missy Bain could possibly benefit from researching in the eyes of both parties because while Tyler's article was fully conservative, Missy's was radically leftist.

Also, although Lutheranism is generally a liberal type of religion and this is a liberally sloped school, I can understand where Tyler was mistaken.

Overall, Christianity as a whole is a conservative religion; however certain branches of Christianity, like Lutheranism, are more liberal (but not completely) in their views. Is that something to brag about though? Great job Tyler!

Sarah Koerting, class of 2011,
Republican, Criminal Justice

Halloween notice: keep it local

UC Santa Barbara mails out notice entitled "Know What's Legal and What Isn't"

Every year on Halloween, college students within driving distance of Santa Barbara flood the streets of Isla Vista for one purpose: to party.

In the past, there have been horror stories told by a friend-of-a-friend, and rumors about the city "cracking down this year."

However, the week-long festivities in IV seem to be ever-present despite all warnings.

Could this year be different? Mailed all the way from UC Santa Barbara was a Halloween notice entitled, "Know What's Legal and What Isn't."

It lists various laws such as "furnishing alcohol to a minor: \$1,000 (18-20 years) - \$3000 (under 18 years) - multiplied by the number of minors at the party!" and "possession of less than an ounce of marijuana - \$100 + license suspension if under 21."

I will admit, I went to IV last year and had a great time.

It was quite the reunion, I saw high school friends that I hadn't spoken to since I left for college plus a ton of California Lutheran University students.

I even remember running into a friend from elementary school.

That is how many people attend the Santa Barbara festivities.

What is it that attracts college students to SB from up and down the coast of California?

After having experienced the craziness of a Halloween celebrated Isla Vista-style, I can honestly say it isn't much different than going to any other college party.

Only last year I left the party with no money because of the cost of hotel and cab fare and more than several blisters from my new Steve Madden heels.

Picture a crowded CLU party multiplied by a thousand and that would be the average number of people in the drive-way of an IV fraternity house.

The scene looks a lot like a parade down Disneyland's Main Street, only with college students in french maid costumes Instead of colorful leotards and rain that tastes and looks a lot like beer in place of confetti.

With really big issues such as underage drinking and drug use, stricter policies and a greater emphasis on the law are necessary.

Statistics have shown that the majority of violations are from out-of-town college students.

I.D.s will be checked in residence housing at UCSB and Santa Barbara Community College to prevent non-locals from staying in dorms.

Even noise ordinance viola-

tions are in place, "\$144 to \$500 administrative fines (unpaid fines will appear on your credit report.)"

Now I can't single-handedly shut down all partying down in IV this Halloween.

In fact, before reading the warning notice I would have recommended spending Halloween in SB, but I think city police along with UCSB and SBCC are looking too provide a safer place to spend the holiday.

I know that no matter what, college students are going to be there wearing french maid costumes in all their glory.

Some advice for those persistent partyers:

Get a hotel room, if you haven't already.

It is good to know that at the end of the night (or 4 a.m.) there will be a safe, frat boy free bed available when you get back.

Call a cab. I know that the majority of the time you'll be walking, but a taxi is always helpful to and from the hotel.

Parking is a huge hassle.

Roadblocks will be placed by 8p.m. at the following intersections:

Del Playa at Camino Corto
Camino del Sur at Trigo

Camino Pescadero at Trigo
El Embarcadero at Trigo
Embarcadero at Trigo

With really big issues such as underage drinking and drug use, stricter policies are necessary.

Know the owners of the house party you are attending.

This way you and your friends won't be one of those wanderers who gets kicked out of the

party.

Even though my friends and I managed to stay safe the entire weekend, I can't count on that happening every year.

Staying local might be the best option.

Both schools, just like CLU, have standards to uphold.

If you do decide to visit Santa Barbara this weekend be sure to behave as appropriately and responsibly as you would here in Thousand Oaks.

Avoid costly taxicabs, sore feet and a Minor in Possession ticket by dressing up for the occasion in the area.



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Defense dominates Panthers

CLU defense scores only TD for Kingsmen

By Nicole Flanary
Echo Staff Writer

The Kingsmen football team defeated the Chapman Panthers 16-7 Saturday in a non-conference bout on its home turf.

Cal Lutheran plays home Saturday Nov. 1 against SCIAC rival Occidental at 1 p.m.

CLU's defense was instrumental in the victory, holding the Panthers to 139 yards total offense.

"I think the defense really stood out on Saturday. We played as a whole and played how we need to play every week," junior tackle Sawyer Merrill said.

The first of several big plays for the defense came when Roland Jenkins sacked Chapman quarterback Eric Marty for a loss early in the first quarter.

Although the offense was unable to convert on their initial possession, the defense for CLU came up with another huge play.

Junior linebacker Roland

Jenkins sacked Marty, causing him to fumble the ball and Sophomore Jordan Barta scored on the fumble recovery, running 12 yards into the end zone to put the Kingsmen up early in the first.

"Barta's fumble recovery for a touchdown was a huge play for us," senior wide receiver Kevin Shaifer said. "Our defense did well, they got their hands on a lot of balls."

In addition to grabbing loose balls, the Kingsmen defense got their hands on quarterback Marty. Jacob Calderon and Roland Jenkins sacked Marty for a loss.

The Panthers first and only score of the game came with a 23-yard touchdown reception by Chris Langstaff.

The touchdown pass was one of only 11 completions for Marty.

The Kingsmen defense was relentless, holding the Panther quarterback to 67 total passing yards.

"The defense played well together Saturday. Our goal is to be consistent and keep the intensity up week in and week out," junior Victor Edwards said.

Following Chapman's only score of the game, CLU's offense, led by quarterback



Photo by Rachel Wolf

Receiver Chris Hammond, 1, had three receptions for 47 yards Saturday.

Jericho Toilolo, drove 57 yards down the field.

The offense came up empty-handed after a failed field goal attempt by Jackson Damron. He kicked two through the uprights

in the second half, for a total of three on the day.

CLU's offense was held to field goal attempts five different times during the game, unable to finish out drives and put the

ball in the end zone.

"Overall, the offense did what they needed to in order to secure the win. At the same time, we need to finish our drives," Shaifer said. "We need to concentrate on playing a complete game, eliminating turnovers and mistakes."

An offensive mistake came early in the second half for the Kingsmen when Toilolo fumbled the ball at Chapman's own 45 but the Panthers were unable to convert.

On CLU's next possession, Toilolo threw his seventh interception this season. Fortunately, CLU's defense was able force a punt.

Clayton Cardenas and Edwards each posted picks of their own. Edwards' fourth quarter interception sealed the victory for Cal Lutheran.

"We were prepped really well for the game versus Chapman," Edwards said. "Next week, we need to stay focused, continue to work hard in practice and execute come game day."

"We need to work on everything we can on both sides of the ball to beat Oxy,"

Merrill said. "If we can play to our potential, and eliminate mistakes and turnovers, I am confident we can come out on top."

Sink or swim for water polo

By Jackson Damron
Echo Staff Writer

Two SCIAC teams left a sour taste in the Kingsmen's mouths last week as the Kingsmen water polo team (8-12, 0-3 SCIAC) fell to Occidental University and Pomona-Pitzer College, each by one goal.

CLU will travel to face the University of La Verne (3-15, 1-2 SCIAC) today at 4 p.m.

On Wednesday CLU was

defeated by the Oxy Tigers 5-6 in a match where the Kingsmen never held the led.

Later in the week the troubles at home continued as the Kingsmen were defeated by the Pomona-Pitzer Sagehens, ranked third in NCAA Division III, 6-7.

"We played hard and came up short twice," junior 2M Matt Heagy said. "It doesn't sit well with us to not have

a conference win. We're going to work hard in practice and take care of business from here on."

Senior defender Andrew Valdes, the nation's third leading scorer, found the net four times in the first half and single-handedly provided Occidental with a 4-3 lead at the half.

The Kingsmen were shutout on power play chances, 0-5, and missed two penalty shots with both having a chance to tie the game.

CLU did force a tie late in the first half at 2-2, but following the third Valdes score with 5:07 left in the first half the Kingsmen would trail for the remainder of the game.

The leading scorer for the Kingsmen, Heagy, put away two of his three goals in the second quarter, while junior goalkeeper Jordan Bouey had nine saves to keep Cal Lutheran close.

"Heagy had another good performance," said CLU coach Craig Rond. "This is what we come to expect from

our two-time All-American."

The Tigers were 50 percent on power play opportunities, with both providing two goal cushions at 4-2 and 5-3. Occidental goalkeeper Max Kelly also had nine saves in the victory.

The Tigers made up for an earlier 11-9 loss to Cal Lutheran this season during the CLU Fall Tournament on Sept. 20 and put an end to its losing streak of six games against the Kingsmen.

On Saturday neither team led by more than one goal over all 32 minutes of play. Sagehen junior Jason Henshall scored the game-winner with 61 seconds left in regulation to give the Kingsmen back-to-back one goal conference losses.

Sophomore Mikey Blanchard and Heagy provided the first three leads of the game for CLU at 1-0, 2-1 and 3-2 with Pomona-Pitzer striking right back with two scores from sophomore Ben Hadley and a third from fellow sophomore, Ryan Balikian.

Both teams provided a lot of early action combining for six goals in the opening quarter but would only score seven over the final three periods.

The Sagehens took their first lead of the game after Balikian put away his second goal of the game with 6:27 left in the second quarter.

Facing its first deficit of the game, CLU sophomore Wes Lewis tied it up at 4-4 with 1:44 left and it remained that way into halftime.

Two goals by Jeff Chaney provided a 5-4 and 6-5 third quarter advantage for the Kingsmen that stood through the start of the final quarter.

"We felt good going into the fourth quarter," said Scott Bergemann. "We had it and just let it slip away."

The Kingsmen offense sputtered, not scoring a goal in the final 10 minutes of play while junior Andrew Ayers tied the game with 6:26 left and Henshall the game-winner for the Sagehens.



Photo by Nathan Hoyt

Jordan Meaney looks to pass the ball against Pomona-Pitzer.

Knights rugby ready to go

CLU believes it is ready to be a champion

By Jeff Chaney
Echo Staff Writer

Back in 1971 a small group of California Lutheran College football players started the Rugby Football Club. Almost 30 years later, the men's program has climbed its way up to the No. 3 in Division 3 with their eyes on the championship.

The Knights will play their first match of the season on Nov. 1 at Riverside at noon.

From coast to coast other rugby clubs know Cal Lutheran. The Knights' opponents remember teams that are built like brick houses but will reach out to their opponents and help them up off the ground after they barrel through them.

"We feel really good about this upcoming season," said senior Andrew Aguiniga. "There's a solid core of us that have played together since freshman year, so the chemistry is there. We've picked up some good recruits and have a good group of sophomores and rookies coming in."

Southern California has 25

collegiate rugby clubs. This year the Knights will try to take down the top two teams, the University of Southern California and Occidental College, ranked above them in their new division.

"We get USC and Occidental at home, who are ranked above us, so we hope to use the home field to our advantage," said Aguiniga.

The Knights have catapulted themselves through the ranks since 1971 and have established themselves as a powerhouse in Southern California.

"It really just comes down to consistency and commitment," Aguiniga said.

"Since we'll be playing some tough teams early in the season, we have to be at the top of our game before our

season starts in January."

The last two years the Knights have finished 10-3, and the club's popularity is on the rise. Not many sports include the two teams having socials after they play each other in such a physical match. Rugby is one of those sports.

This fall, the Knights will play a handful of preseason matches as well as at least nine

regular season and the always cheerful alumni game in the spring.

Senior Vince Bartels, who brings leadership and experience to the team, will captain the Knights. Bartels will be starting at flyhalf, just like he has since his freshman year.

Other players to look out for are seniors Pat "The Mighty Oak" Patterson, Rico "Sexy Man" Portaro, Mike "The Mexican" Aragon, Ian Freeman, Jake "Calzone" Calderon and Hector De Alba.

Juniors returning to the Knights will be Erik Sparby, Nick "the Quag" Dettorre, and "Ace and Gary" (a.k.a. Ryan Cudahy and Malcolm "Click Clack" Mostoles).

Three sophomores and a handful of new freshmen will also be stepping up their games to keep the spirit of hard hitting and camaraderie alive for future years.

"Expect our key players to be leaders on and off the pitch," Aguiniga said.

Forwards like Patterson, Aguiniga, Freeman, Serna, Dettorre and Sparby will attempt to score many tries and demoralize their opponents.

The backs for the Knights also bring an exciting element to the game with their lightning-fast moves and speed on the field.



Courtesy of the Rugby Team

The Cal Lutheran Knights fight to stay on their feet in a match.

Fitness Center Classes

Monday

Tuesday

Wednesday

Thursday

5:30-6:00 pm
Yoga

5:30-7:00 pm
Martial Arts

5:00-6:00 pm
Hip Hop

5:30-7:00 pm
Martial Arts

7:00-8:00 pm
Pilates

7:00-8:00 pm
Cardio Kick

7:00-8:00 pm
Pilates

7:00-8:00 pm
Cardio Kick

8:00-9:00 pm
Hip Hop Cardio
and Salsa

8:00-9:00 pm
Jazz Cardio



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Regals sweep doubleheader

Cal Lutheran beats out of state opponent

By Nicole Jacobsen
Echo Staff Writer

Friday was a memorable day for one of the California Lutheran University volleyball players. The afternoon game against North Park University (Ill.) was the first game back for Summer Plante-Newman, a senior outside hitter, after sitting out for a week due to an injury.

Plante-Newman was cleared to play on Thursday by the doctor after breaking her jaw during the second game of the Oct. 10 match versus Mount St. Joseph (Mary.) University at the Wild West Shootout tournament at Cal State East Bay.

"It was so exciting to be out there with my team again," Plante-Newman said. "It felt so great to be back on the court and it really makes me love and appreciate my team and everything that CLU

volleyball stands for."

As much as she wanted to get back on the court, Plante-Newman said she was nervous to ask the doctor to clear her and before she could even consider the idea, they had to have a long talk about the risks.

"The doctor took some x-rays and said the titanium plate was still perfectly in place," Plante-Newman said. "He said I would just have to be patient because after six weeks my jaw would only be five percent healed."

The entire volleyball team was excited to have her back as well. After losing to their biggest rival, La Verne University, last week without one of their starters, the Regals were ready to have the entire team back on the court again.

"We were so excited to have her back," sophomore middle blocker Allison Kerr said. "Our team has been blessed that she's healed so quickly and has made such a fast recovery."

Before last week's game versus La Verne, the Leopards head coach Don Flora emailed coach Kellee Roesel giving their

condolences about Plante-Newman, wanting to let them know they were praying for her and wishing her well.

"It was a nice gesture but the team knows it was a load of crap," sophomore Cara Ihde said. "They're our biggest rival and when a starter on your rival's team gets injured you're secretly happy about it even if you try to act otherwise."

Plante-Newman says the team wouldn't have gotten through this obstacle by themselves.

"We are so blessed to have an amazing group of girls, coaches and fans," Plante-Newman said. "They support us through all situations. I'm so thankful because I know God has an amazing plan ahead of our team and I'm so excited and grateful to be a part of it."

With the entire team together again, the Regals are ready to finish out the season on a high note.

"From here on out every game is for conference title," Ihde said. "Having her back and knowing she's on her way to a full recovery makes us that much more excited for these last few games."



Photo by Desirée D'Arienzo
Erin Exline, 4, keeps the ball in play against North Park (IL).

Beavers make history vs. Kingsmen

Caltech wins first game against CLU

By Krystle Van Deusen
Echo Staff Writer

For as far back as the university's records go, Caltech has not been able to beat the Cal Lutheran men's soccer team. But for the first time in school history, the Beavers earned a 1-0 victory against the Kingsmen on Wednesday.

Following the shocking loss, Cal Lutheran dropped the game to the Claremont-Mudd-Scripps on Saturday afternoon at CLU's West Field.

With playoff hopes still alive, the California Lutheran University men's soccer team will play its final SCIAC road game at the University of Redlands today at 4 p.m. To stay alive for the SCIAC Tournament, the Kingsmen need at least a tie against Redlands on Wednesday.

It took Caltech more than a decade and 35 losses before CIT's Tyler Volkoff

ended their losing streak by burying a goal in the back of the net with less than a minute left in regulation. CLU did have many scoring opportunities with 17 shots to Caltech's six.

"Sometimes we can underestimate a team like Caltech. They are better than they were in the past," junior midfielder / forward Ryan McDermott said. "We couldn't get an early goal and we couldn't execute our plays."

The Kingsmen had a season-high 11 corner kicks, while the Beavers were held to only three in the match.

"We are no longer looking in the past," assistant coach Clark Cripps said. "We are moving on with the rest of the season, we just need to connect and play more as a team."

On Saturday, the Claremont-Mudd-Scripps scored two first half goals and held the Kingsmen to no goals in the match.

In the first 45 minutes, the Stags' fifth shot attempt hit off the head of Stefan Gonzalez. A hard cross bounced off CLU goalkeeper Braden Hoyt and rebounded to Gonzalez, who headed it



Photo by Rachel Wolf
Victor Perez, 10, tries to clear out a CMS defender and maintain possession.

in to open up an early lead at 1-0.

In the 40th minute, a misplayed ball through the CLU midfield led the defense to scramble back. CMS's Ryan Weaver drew a counterattack and led Chris

Lowen to a one-on-one with the goalkeeper, where he was able to capitalize on the broken defense and increase the lead to 2-0.

"We were dominating for the majority of the game," junior defender Alex Tragos

said. "We were just getting unlucky with our chances."

The Kingsmen had many close scoring opportunities with the best chance coming from David Garcia. He ran across the goal and received the ball in front of the net, but was unable to capitalize by striking just slightly over the top crossbar of the CMS goal.

During the final 45 minutes of the match Cal Lutheran kept the ball mostly on their offensive side. With 11 shots taken in the second half, out of a total of 16 shot attempts, the Kingsmen still could not find the net.

Cal Lutheran (8-9, 6-6 SCIAC) has six conference wins with only two games left in conference. Redlands (13-4-1, 11-0-1 SCIAC) will be their biggest competition, followed by Occidental (6-7-2, 6-5-1 SCIAC) to wrap up the season.

"Redlands is weak defensively so they tend to push the ball through their midfield and forwards, in order to keep it out of their defensive half," Tragos said. "Our strategy for Wednesday is to shut down their midfield and keep it on their half."

THE ECHO

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Halloween festival fills gallery

Sculptures and lights decorate the Kwan Fong Gallery

By Amanda Lovett
Echo Staff Writer

Attendees at Friday night's third Annual California Lutheran University Halloween Festival enjoyed pumpkin pie and sparkling apple cider as they admired the light sculptures by Sean Sobczak and other events held in honor of the spooky holiday.

The event was in the Kwan Fong Gallery courtyard.



Photo by Erik Hagen
Art Professor Michael Pearce announces the results of the costume contest.

It was sponsored by Cal Lutheran's art department and hosted by Michael Pearce, who sliced the pumpkin pies and handed each person as much pie as their heart desired.

Light Sculptures featured a 12-foot brightly-illuminated octopus, wrapped around a broken car door.

The gallery also had other sea creatures, including seahorses, sea dragons, a jellyfish, a caterpillar, a black widow spider hanging on the wall of the gallery and student artwork in the upstairs region.

"The idea for the octopus was commissioned," said Sobczak, designer and installer of the

sculptures.

"My friend was getting rid of the car door, so I took it and built the octopus around it."

Last year's feature was the two headed dragon, Chewie and Esmerelda that was 25-feet long.

"The sculptures are all about curving the wire. It's fun, but constrained," Sobczak said.

In fact, he has an entire gallery of his own in various places and of many different creatures.

"I've been doing this for seven years, and this is the third year I have presented the sculptures here for Halloween," Sobczak said.

Among the crowd, many attendees were seen wearing costumes.

Dr. Dru Pagliassotti walked the festival as a character based from her novel, "Clockwork Heart," a 19th century time traveler who has come into the modern world, dressed with aviator goggles and carrying a peculiar briefcase with photos relating to a steampunk theme glued on the front.

"I've got to have something to put my underwear in," she said.

"Have you ever gone to the future without your underwear? There's a future without underwear? That's shocking."



Photo by Erik Hagen

Community members view student sculptures in the Kwan Fong Gallery.

"I've been in a steampunk mood this year," Pagliassotti said. "The novel I wrote was about steampunk."

According to Pagliassotti, steampunk is the idea that the future should be as Jules Verne and H.G. Wells wrote it.

Apparently her character was quite shocked to see the modern world as it is.

Others were dressed up in characters such as Juno, a skier, Michael Jackson and Gov. Sarah Palin.

The lighting of the sculptures was followed by a special ballet performance on a floor designed like an ouija board and a dance performance by the Michael

Jackson impersonator, who humorously exaggerated Jackson's famous moves such as his moon walk.

At the end of the evening a costume parade was held and various gift certificates were given to the best-dressed.

The community can expect to see more galleries featuring Sobczak's artwork.

"My future ideas for light sculptures include a flying angel and more sea creatures," he said.

For those interested in viewing Sobczak's online gallery can find more events where his artwork will be featured, visit his Web site (www.sandmancreations.com).

Housing changes cause concern

By Jennifer Tholse
Echo Staff Writer

Starting next semester, changes will be made regarding housing at California Lutheran University's campus.

No decisions of what exactly is going to be changed has been decided, but according to Nathan Fall, coordinator for Residence Life, when Trinity Hall is finished, students will be moved around.

As of now there are discussions about Kramer Court becoming

housing for married students and about moving the graduate and off-campus students into the campus houses.

"There is also some housing for five persons living in one apartment. That will be changed to four since we will have more space available," Fall said.

Junior Andreas Kolstad said that he thought the idea of marriage dorm housing sounds a little odd, but understands why the school would want to accommodate married couples.

"So what they have in mind is for some people to create a little campus family and maybe have campus kids? The idea of living as a married couple in a dorm sounds more like an Adam Sandler movie than a practical solution," Kolstad said.

According to Fall, the reason for the idea of marriage housing is because there is a lot of couples that are living on campus right now.

However, they cannot live together because of the campus policy that doesn't allow

students of the opposite sex to be in each other's dorms between 2 - 6 a.m.

"I like the whole apartment style, the backyard, the kitchen and a lot of good stuff can be used..."

—Anthony Vasquez

"We have a lot of couples on campus but they may not stay together."

So we want it more stable by

only allowing married couples," Fall said.

He also explained that Trinity Hall is scheduled to be completed next semester, but if not, there may be students that will stay in their dorms in the beginning and later move over when Trinity is done.

"It is kind of separated and it's just easier to have everyone in one area. As of fall '09 most likely won't be any students in Kramer," Fall said.

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Theater is reborn in old gymnasium.

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Regals Soccer prepares for SCIAC tournament.

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Kingsmen suffer devastating loss to Oxy.

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Dia de los Muertos vigil at CLU

By Gigi Arjomand
Echo Staff Writer

Festivities were very much alive on the California Lutheran University's campus Thursday, during the celebration of Dia de los Muertos, translated as "The Day of the Dead."

Students came together in the Student Union Building to remember and honor their deceased friends and relatives.

The Latin American Students Organization along with Multicultural Programs organized the event in celebration of the holiday that occurs on Nov. 1-2 in connection with the Catholic holiday of All Saints Day and All Souls Day.

"It's not evil and there's absolutely no negative connotation associated with this traditional holiday," senior Will Gonzalez said.

Although from an outside perspective the method of homage might seem morbid, it is in all actuality a respectful and time-honored custom that originated in Mexico.

The Mexican culture believes there are certain saints dedicated to this particular day. The holiday focuses on gatherings of friends and family to pray for and celebrate the lives of those who have passed.

"Honestly I used to not understand what this whole thing was about," said Sara Ghirum, a junior student at Cal Lutheran. "I understand that it's actually kind of inspiring, celebrating life not death."

Traditions typically include building private altars honoring the deceased, using sugar skulls, marigolds, the favorite foods and beverages of the departed and visiting graves of the dead with gifts.

Although this was a Mexican holiday and celebration, those in attendance came from various backgrounds and traditions.

"It's so amazing how we



Photo by Desree D'Arienzo
Students make crafts in Dia de los Muertos festivities in the SUB.

embrace all different cultures and educate each other with our own here at Cal Lu," said Mark Lindstrom, a junior international student from Sweden.

The Students Union Building was decorated authentically. Students contributed by bringing pictures and sentimental items associated

with their deceased loved ones.

The Latin American Association provided the famous paper cutouts of saints along with pictures and information detailing the history of the holiday.

The traditional pan de muerto (bread) was available to sample.

"I was pleasantly surprised by the authenticity of the food and décor," said Michelle Wong, a student visiting from Pasadena City College.

From 10 a.m. on Thursday, people were welcome to visit the altars erected in the Student Union Building. At 7 p.m. a program coordinated by the Latin American Student Organization began.

While death is a generally skirted topic of conversation in the United States, the remembrance of departed ancestors is traditional among diverse cultures around the globe.

Scholars trace the origins of the modern holiday Dia de los Muertos to native observances traced back thousands of years to the Aztecs.

"The vibe was incredible," said Elise Williams, a senior student at CLU. "I was chillin' in the SUB because I had a meeting on campus later that night and it was amazing to witness such a vibrant, joyful and festive celebration around a topic as serious as death."

Kramer Court will no longer house students

Continued from 1;

Senior and resident assistant of Kramer Court, Jaymes White, explained that he is sad about the decisions of not allowing students to live in Kramer any more.

He said that it is a unique set of dorms and he knows a lot of people that would like to move in.

"It is more secluded and more of a community feel. Everybody hangs out with each other and everybody just keeps their doors open," White said.

"I am still happy though that we were the last one's who got a chance to live here."

— James White

available next year. But when I told them they got bummed," he said.

Fall said, "Kramer court is more attractive to the students since each residency got a kitchen and a backyard and they like the fact that it is more secluded," Fall said.

Kramer Court is not the only housing option that will be missed, however.

Students currently living in houses, like junior Margaret Nolan, explain living in a house is nice because they feel more independent than they did in regular dorms.

One thing is for certain with CLU housing, however: big changes are imminent.



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Leader in 'humanity'

32 years and
300,000 homes
for Clive Rainey

By Dana Blackburn
Echo Staff Writer

Habitat for Humanity's first volunteer, Clive Rainey spoke at the California Lutheran University campus last Monday.

Rainey joined Habitat for Humanity in April of 1977 as the organization's initial volunteer and during the organization's early years, he served as a chair member of the family selection committee. He told inspirational stories about families who have been greatly affected through the work of Habitat for Humanity.

Rainey is credited for introducing the concept of "sweat equity" to Habitat for Humanity, a concept now widely familiar to those involved in the organization.

"Sweat equity" is a process in which homeowners volunteer hours of work in place of money for a down payment.

The future homeowners of Habitat for Humanity houses are required to fit in a certain amount of labor hours into building their house, and the houses of others in the surrounding area. The opportunity is a miracle for

families involved.

"Sweat equity is used in a situation in which would-be homeowners don't have the money for a down payment on a house," Rainey said.

He explained that through the use of "sweat equity," Habitat for Humanity is not giving people hand outs, they are giving them a hand-up.

Habitat for Humanity offers housing solutions to 145 families every day.

This week Rainey, along with many other Habitat for Humanity members, will celebrate the ground breaking on their 300,001st house. "Thirty-two years ago I never would have imagined this week we would have built 300,000 homes," he said.

Rainey challenges college students to see the ground breaking of the one-millionth house during their lifetime.

He encourages anyone who wants to lend a hand to get involved with the organization.

"Now is your opportunity to pick up the hammer and get involved," Rainey said.

In addition to working as an active promoter of Habitat for Humanity, Rainey spends his time teaching Sunday school classes, preaching and speaking at fund raising events. Through his years of work with Habitat

for Humanity, he is an honorary chief of the village of Assin Akropong in Ghana, West Africa; an honorary conch of the Florida Keys and an honorary citizen of several communities in the U.S.

"The stories he told about families and the programs he has worked with around the world inspired me to continue my work and to continue to get others involved," said Danielle Mohr, president of the Habitat for Humanity Club and junior at CLU.

Pastor Melissa Maxwell-Doherty, campus pastor at CLU, explained that she hopes Rainey's story will help students get motivated and ask themselves how they can get involved and be mindful of others who live in substandard conditions.

"It is important for students to get involved in Habitat for Humanity so they become aware of greater issues in the community and the nation. Sometimes we are so focused on school and our own lives that we forget about how good we have it," Mohr said.

CLU students who want to get involved hand-in-hand with the Habitat for Humanity Club on campus can visit <http://www.habitat.org> to find projects sponsored by the Ventura County chapter.

A "Taste of the Outback" with the CLU Dance Team

Sunday Nov. 9th 2008

Noon to 1:30 p.m.

\$15 for a plate includes:

- Sirloin steak
- Chicken on the barbie
- Bleu cheese chopped salad
- Roasted garlic mash potatoes
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- Soft drinks

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Around the Campus

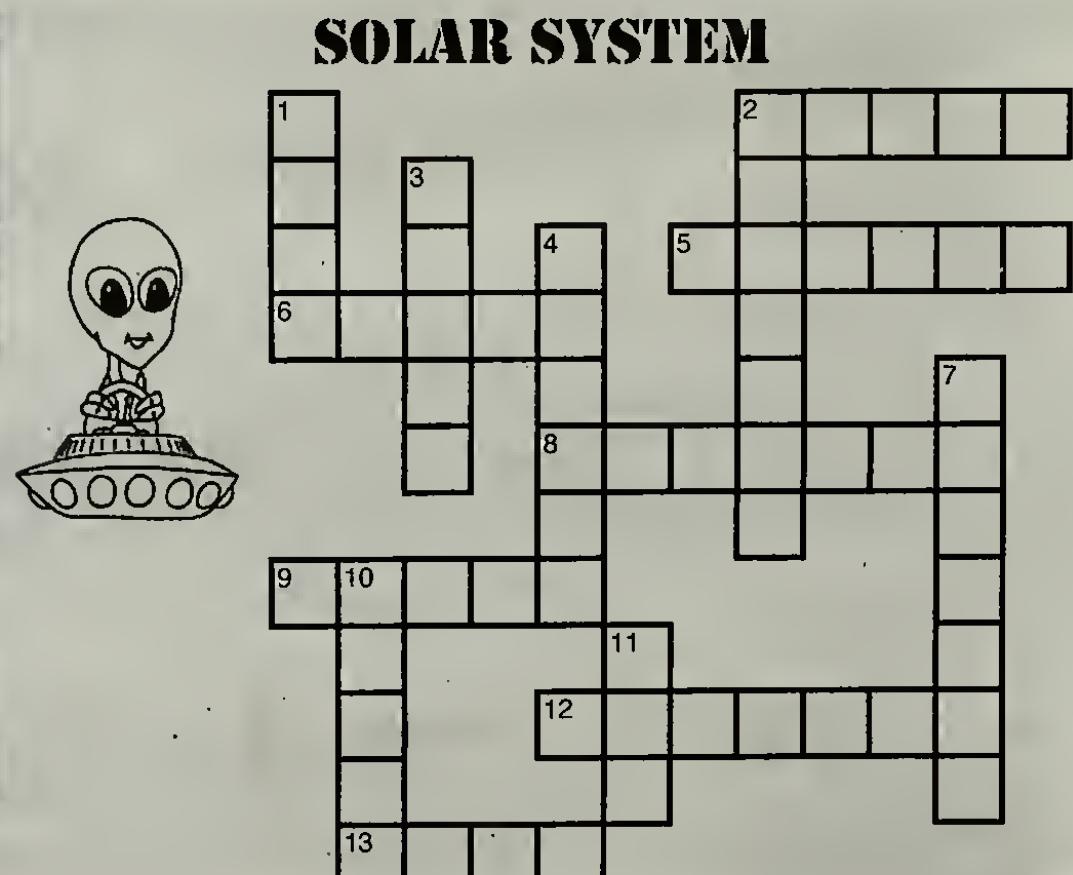
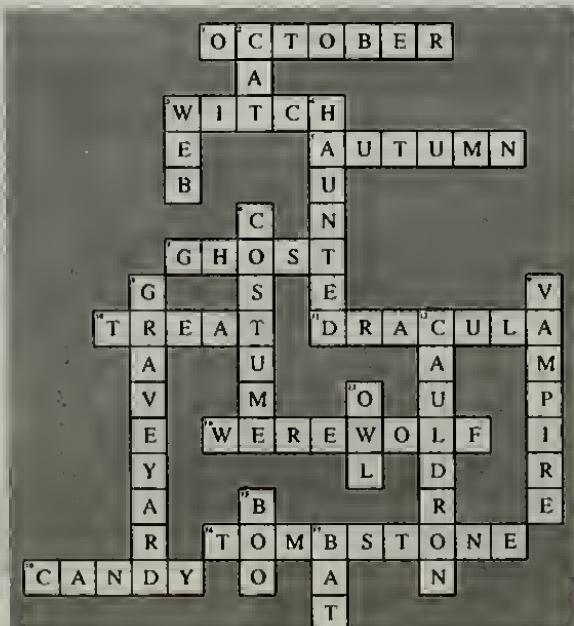
WEDNESDAY November 5	THURSDAY November 6	FRIDAY November 7	SATURDAY November 8
National French Week: Cheese Tasting Event 5:30 p.m. Pederson Hall Lounge The Need: TJ Alvarado 10:15 p.m. SUB		Disability Awareness Week Keynote Speaker: Linnaea Mallette 10 a.m. Samuelson Chapel A Universe of Dreams - Ensemble Galilei 8 p.m. Samuelson Chapel	Kingsmen Football vs. La Verne 1 p.m. Mt. Clef Stadium Community Leaders Association Auction 5:30 p.m. Gilbert Sports & Fitness Center
<i>“Every leaf speaks bliss to me, fluttering from the autumn tree.”</i> ~Emily Bronte	Site-Supervision of School Counselors-in-Training 1:30 p.m. Roth Nelson Room	Creating a Video Resumé Workshop Noon Roth Nelson Room	Mainstage Theatre: Anatomy of Gray 8 p.m. Preus-Brandt Forum Nov. 13 - 15, Nov. 19 - 20, 22; 2 p.m. Nov. 23
SUNDAY November 9	MONDAY November 10	TUESDAY November 11	NEXT WEEK ON CAMPUS

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Answers from Oct. 22 Crossword



ACROSS

- Once considered a planet, _____ was recently reclassified as a dwarf planet.
- This planet is known for its rings.
- _____ System.
- 8th planet from the sun.
- Planet nearest to Earth.
- Largest planet.
- Black _____.

DOWN

- The red planet.
- There are eight in our solar system.
- _____ Way.
- 7th planet from the sun.
- Planet closest to the sun.
- The third planet from the sun.
- This star heats the Earth.

Farrell honored as young alumni

Alumna works with death-row inmates in Oregon

By Ashley Soukup
Echo Staff Writer

Christin Farrell, class of 2000, is a special alumna. She graduated from California Lutheran University with a degree in Liberal Studies and in 2007, she earned her master's degree in Marriage and Family Therapy from George Fox University in Newberg, Ore.

Farrell now works as a mental health specialist with the Oregon Department of Corrections at Oregon State Penitentiary and so far she has counseled more than 150 inmates, many who are on death row or in hospice care.

She has found this to be an

eye-opening experience.

"I had a preconceived idea about the inmates," Farrell said.

But after spending more time with the inmates she discovered that people are just people, not just the crimes they commit, she said.

A few of the inmates gave Farrell pieces of art that they made while incarcerated.

Some of the art that is made by inmates is put on display then auctioned off with the proceeds going to charity.

After she graduated from CLU, she was the incoming executive director of Camp Lutherwood located in Cheshire, Ore.

The camp is a year-round outdoor ministry that offers programs and facilities for the encouraging of the Body of Christ.

Farrell also serves a volunteer firefighter with the Lane Rural fire and rescue.

She has a private practice for counseling families and youth

in churches and enjoys playing the cello.

After graduating, Farrell moved back to Oregon where she became director of family life ministries at Christ the Good Shepherd Lutheran Church in Salem, Ore. in 2001.

It was during this time that she joined the Oregon Synod Youth and Family Committee and is still a part of this committee.

Farrell returned to CLU to receive the 2008 Outstanding Young Alumni award from the CLU Alumni Association Board of Directors at Opening Convocation on Sept. 2.

"It was a complete surprise, a humbling and eye opening experience," she said.

Farrell said that she misses CLU very much. She still keeps in touch with her friends and her roommates.

"I learned that everyone has a story at Cal Lutheran," she said.

She has some advice about life after graduation from CLU.

"It is important to rely on the education and experience received at CLU," she said.

Also, she added, try to keep in touch with friends and

roommates, use what you learned at CLU long after you graduate.

"You can make it happen," she said.

THE ECHO

California Lutheran University

2008-2009

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Mixed reviews on new space

By Megan Hindman
Echo Staff Writer

Fall leaves are not the only things changing this semester at California Lutheran University. The Theater Department has grown tremendously, not only in its size, but also in its anticipation for the future.

With the opening of the Gilbert Sports and Fitness Center, the old gym was left unoccupied, providing an opportunity of growth for the Theater Department.

After many strenuous hours last summer, the facility has now begun its transformation into a new home for the theater arts. Gaining an estimated 9,000 square feet, the department was given the opportunity to expand its learning environment.

Temporary walls have been installed to break the area down into individual classrooms and offices. Rooms include a scene shop, costume shop, makeup room, separate dressing rooms, a large acting classroom, design studio, restrooms, green room and a large Blackbox Studio.

"I feel we are much more consolidated as a department now," said Kelly Derouin, drama club president. "We are moving in the right direction even though it's not ideal."

As wonderful as the new space is, it hasn't come without its room for improvement.

"The gym is temporary and is designed as a temporary space. So, there are a lot of challenges," said Michael Arndt, professor of drama.

Students and faculty have been coping with the lack of air conditioning and the much needed sound control. Although the department has gained more classroom space, in actuality, only one class can be held at a time because of the poor sound conditions.

"I have class in there two times a



Photo by Doug Barnett

The recently renovated old gym is now the new home of the drama department and will house the upcoming play "Anatomy of Gray."

week and it's really hard to focus on what my teacher and other classmates have to say because of the loud construction noise and interruptions," said Megan Albe, senior design student. "People think that because there's no ceiling to our classroom that means they can just walk in whenever they want."

The department, now included in the strategic plan for the first time, has high hopes for the future and the new building to come.

"If the money becomes available, or if each student on campus wants to donate like 50,000 dollars we will be set," Gardner said. "It's been a waiting game."

Moving into a new building is not the only big thing happening with the theatre department this fall.

The department is focusing its attention towards the opening of their first main stage production of the year, "Anatomy of Gray."

"We encourage everyone to

come see "Anatomy of Gray" which opens Nov. 13, and will run for two weekends," Gardner said.

The department is also very excited toward working more closely with the Kingsmen Shakespeare Co. The company is becoming a professional resident theater company at CLU.

"This means that the company which has always been separate, now is a part of the university much in the same way as KCLU," Arndt said. "Hopefully it will allow for greater integrations

between students and the professionals."

The department also plans to bring in more professionals to help strengthen the program. Last Monday, the department also welcomed Gary Sinise as a guest speaker in an acting class.

"We are a small department but we are very active," Arndt said.

These are just the beginning steps toward a much-anticipated future for the theater arts at CLU.

"A lot of really exciting stuff is happening," Derouin said.

Club puts on event to celebrate two important Indian holidays

By Natasha Spiroff
Echo Staff Writer

As a student at California Lutheran University, there is the opportunity to join more than 60 different clubs and organizations. New to that list, as of March 2008, is the Indian club.

According to the Indian club constitution, the purpose of the organization is to "organize socio-cultural activities for undergraduate and graduate students."

The club also aims to help students get accustomed to CLU and American culture and to

provide non-Indian students with a general understanding of their culture.

On Oct. 24, the Indian club hosted an event titled "Celebrating Diwali and Dandiya," a combination of two important Indian holidays.

Diwali, otherwise known as the festival of lights, is celebrated to bring in the New Year according to the Hindu calendar.

"It is the biggest festival in India and amongst Hindus," junior Vineet Samtani said.

The festival of lights is celebrated because according to Hindu mythology, this is when Lord Ram

returned from his forest exile after fourteen years.

"We celebrate the festival in order to welcome his return," said Samtani. In India, this festival is celebrated over the course of three days. Pujas (prayers) are offered by Hindus to the deities both at home and in the office. Families also travel to each other's homes to exchange gifts and Indian sweets.

At night, firecrackers are burned to honor the welcoming.

The festival was different at CLU. People from CLU and surrounding communities were invited. Attendants were treated

to traditional Indian dances, food and sweets.

"An effort was made to share the culture rather than a traditional celebration of the festival," Samtani said.

More than 50 people attended the celebration from various cultural groups.

"It is all about sharing each other's cultures and making people aware of Indian culture and tradition," said Manshi Kothari, Indian club president.

CLU's Hip Hop club made an appearance at the event and performed a dance to traditional

Indian music.

Many more events are planned for this year including a get-together at faculty advisor Dr. Randall Donohue's house, associate professor for the school of business; a trip to a temple in Santa Monica, a business workshop and a large Holi event in March.

The Indian club is open to any interested student regardless of their cultural background.

For more information on the Indian club visit www.callutheran.edu/student_life/clubs/.

Howie family legacy

By Aaron Hilf
Echo Staff Writer

As an alumnus of California Lutheran University, Shawn Howie used the skills he learned at CLU to help himself create an impressive career and is now able to give back to the school and community that helped him get his start.

"I am a dedicated Christian and Lutheran," Howie said, "and I like the vision and mission of Lutheran higher education."

As a Summa cum laude and National Honor Society graduate of the class of 1978, Howie definitely left his mark at CLU.

Shawn was a four year varsity member, captain and MVP of the Kingsmen tennis team, ASCLU treasurer and participated in many other programs around campus.

After graduating with a bachelor's degree in management, Howie attended Harvard University where he received his MBA.

Then he began his career as a Certified Public Accountant for Ernst & Young.

Howie has held numerous positions over the years including vice president of finance and chief financial officer for several companies.

He and his wife plan to move back to Thousand Oaks in 2009 as he serves as the vice president of finance for an Oxnard-based company.

Perhaps his biggest contribution to CLU over the years has come as an outstanding donor and as a member of the Board of Regents.

"I was on the 'Now is the Time'



Photo courtesy of the Howie Family
The children of Shawn Howie, from left Robert, Melody, Amanda and Mary Howie have all followed in their father's footsteps by attending CLU.

campaign," Howie said, "[which] raise[d] the \$93 million for North Campus."

He was also the founding chairperson for the Audit Committee, and is on the Administration and Finance Committee, Academic Affairs and Student Life Committee and several others.

With his help, they have also raised thousands of dollars of student scholarship money and have helped to fund the chapel and library.

However, his most well-known claim to fame is his family's support and involvement with CLU. He and his family are one of the true CLU legacy families with multiple generations coming through CLU.

All four of his children: Robert, class of '04; Amanda, class of '06;

Mary, class of '08, and Melody, a sophomore, all followed the family legacy and have attended CLU.

Some of his children have even met their spouse at CLU much like how Shawn met his wife, Susan, who graduated in the class of '81.

"We told the kids that we would support their college choice wherever they decided to go," Howies said.

"Since they decided to go to CLU, it has become a central part of who we are as a family. We are blessed by God and are eager to be a blessing to others."

With his impressive career and continuing support of CLU, Shawn Howie and the entire Howie family are living proof of the impact that CLU has on its students, not only for the time they are on campus, but for years to come.

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Campus Quotes

"What is your favorite pick up line?"



"Do you have a band aid? Because I scraped my knee falling for you!"

–Junior
Adam Czajkowski

"Are those space pants because your a** is out of this world."

–Sophomore
Janett Garcia



"I wish I was a DNA helicase, so that I can unzip your genes"

–Senior
Stephen Roberts



"I lost my number, can I have yours!"

–Freshman
Mike Zavala



"Can I have a picture of you, so I can show Santa what I really want?"

–Junior
Jenny Guy



Safety first on campus

You know that prickle you feel on the back of your neck that tells you something is wrong or possible danger is near?

I feel that numerous students here at California Lutheran University have been lulled into a false sense of security and we are not listening to this prickle or this intuition as acutely as we should be.

As students we are told that the city of Thousand Oaks and the campus of CLU are safe places to be.

Our parents were thrilled to find out that Thousand Oaks is rated one of the safest cities in the United States, but are these legitimate reasons to let our guard down?

CLU Safety and Security does a decent job of providing students with the resources to be safe.

Certified assistance is available to students 24/7. A campus security officer is on duty at all

times.

Late night escort service is provided and emergency call stations around campus.

However, these resources do not aid students if they are not utilized.

According to the 2007 crime statistics on the CLU campus in the residence halls, there was one forcible sex offense, one non-forcible sex offense, two aggravated assaults

and five burglaries with forcible entry.

These are relatively low numbers in comparison to larger universities, but it only takes one incident to change your life.

Imagine if you were the one victim of the forcible sex offense. The lasting effects of a crime of this nature should not be taken lightly.

Twenty-nine registered sex offenders live in Thousand

Oaks, according to the Megan's Law Web site.

They live on streets as close as Hillcrest Drive and Los Robles Road.

Their offenses range from rape

Twenty-nine registered sex offenders live in Thousand Oaks, according to the Megan's Law Web site.

with force and threat, attempted oral copulation when the victim is unconscious of the nature of the act and sexual battery.

This knowledge should make you feel uneasy.

It is important to not be lulled into a sense of complete safety on campus.

If anyone with the intent of rape or sexual battery is looking for a young adult as a victim, where do you think the ideal place to look would be?

Perhaps a college university, with a plethora of young women and men.

While CLU remains one of the

safest campuses in the nation, I would like to reiterate that it only takes one incident to change your life.

It is better to be over-defensive and alert than be in the unfortunate position of being a victim.

The CLU department of Safety and Security offers a list of top 10 tips for staying safe at CLU on their Web site.

These tips include walking with groups and staying in well-lit areas of campus.

These tips are common sense and I think the major issue is to just be aware that we are not immune to crimes like rape and sexual battery here at CLU.

It is clear that we are not completely safe in Thousand Oaks or where ever you are for that matter.

It is crucial to be aware of your surroundings.

The best advice comes back to the prickle in your neck.

The No. 1 tip from Campus Security is to "trust your gut. If your instinct tells you to leave, leave immediately."

How to Respond

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Letters to the Editor
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60 W. Olsen Rd. #3650
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Phone

(805) 493-3465

E-mail

echo@callutheran.edu
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

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Student/teacher ratio

Students give CLU an A+ in student/teacher relationships

Many schools are faced with the problem of overcrowded classrooms.

Fortunately for me and other California Lutheran University students, this is not an issue.

The small ratio of students to teachers at CLU gives students the ability to connect with professors on a much more professional level.

Attending Los Angeles' Pierce College for two years gave me the opportunity to observe both sides of the spectrum.

In the time spent at Pierce, I had an average of 45 students in each class.

It was very rare that the teacher would know me by name, even by the end of the semester.

At CLU, I have an average of 20 students per class.

I'm now only halfway through the semester and all my teachers know me on a first-name basis.

This is something that is very important when it comes to success in a classroom.

While asking some other

students on campus how this issue affects them, most said similar things.

Senior Steven Omlar said that "the ratio is definitely something which is a plus for the students, but what people don't also see is that it is a plus for the teacher as well."

He has only 14 students in one of his classes.

Many aspects in this matter can help a teacher rather than just a student.

A teacher with fewer students can give more time to each student than when there is a stack of 45 papers high on his or her desk.

This, in turn, gives more feedback to a student, resulting in a better education.

It was not until I got to CLU that I realized how important a relationship is with a teacher in determining your success in the class.

Many people determine the issue of student/teacher ratio as a result of the funding in the school.

The worse the funding the worse the student/teacher ratio will be.

In a class-study conducted in 1996 in Tennessee it was said

that "small classes lead to higher graduation rates: preliminary data from participating STAR school districts in Tennessee show that students in small classes were more likely to graduate on schedule, they were less likely to drop out of high school and they were more likely to graduate in the top 25 percent of their classes," according to Dr. Jayne Boyd-Zaharias, a STAR researcher since 1986.

In addition, she found that

At CLU I have an average of 20 students per class...and all my teachers know me on a first-name basis.

small class-size students graduated with higher grade point averages (GPAs) than regular class-size students."

This information is something that schools should pay more attention to.

I found a significant difference in my ability to succeed in school when I transferred to CLU because of the ability to connect with my professor on a higher and more personal level.

I suggest we all look at the relationships between a teacher and a student much more as we go forward in the quest to better educate students.



Jordan Ott

Separation between church and state?

I know that this article will be published after election day and people will have already made up their minds about Proposition 8, but I feel that there were some extremely offensive and mis-educated statements made in the "Letter to the Editor" that need to be set straight.

First of all, I would like to know how homosexuals are "pushing their rights and agendas" on heterosexuals. Isn't it the other way around?

Heterosexuals are not only pushing their agendas on homosexuals, but their religion as well.

I don't think that a parade or a gay pride rally is "pushing an agenda" on anyone or forcing anyone to feel that they should be gay too.

It's not like homosexuals are going around knocking on doors, handing out pamphlets trying to get the whole U.S. to join the Office of Lesbian, Gay, Bisexual, Transgender and Questioning Resources community.



Missy Bain

It is the heterosexuals who are door-knocking and pushing their "straight, Christian" agenda on everyone else.

It was also stated that "heterosexuals are being pushed into the closet" and that anything they say is twisted into hate speech.

I don't think that is true at all.

Sure, if you say something hateful, then yes, it will be defined as "hate speech." But if you are simply expressing your opinion about your "moral values" then I doubt what you say would be considered hate speech.

Personally, I think this whole thing is a "hate action"- the act of preventing someone in achieving their pursuit of happiness, and I will argue and debate and stand up for equality for everyone until the day I die.

And no, we do not "need stereotypes in order to have some basis for judgment" because we don't need or have to have judgment.

Why do we have to judge people all the time? Of course stereotypes will

always exist, but let's not go a step further now by encouraging them!

Sarah Koerting asked whether it was "fair to be pushed into another closet by believing someone else's beliefs" and the answer is no, it is absolutely not fair.

That is why voting yes on this proposition is so wrong. People are being forced fed the "morals" of Christianity and the bible and they are being forced to adhere to them whether they believe them or not.

If a gay couple gets married it will in no way affect you or anyone in your life. You won't even know it happened.

Your "Christian morals" are not being forgotten, they are just not being imposed on everyone. The founding fathers specifically put rules against a national religion into our constitution because they had seen the death and the mayhem that came with it.

And you are right, love isn't about a certificate or a ring, but when your loved one is in the hospital dying and you can't go in and sit by his or her side because you technically aren't married, then what does that say about love?

It says that although love is a

powerful thing, in the eyes of the law, it is not enough. A marriage certificate is needed to truly join people together as a family under the law.

The California Supreme Court justices, who I might add are not crazy, deviant liberals, were all appointed by Republican governors, with the exception of Justice Moreno.

And they didn't vote overwhelmingly for same sex marriage the vote was 4-3.

Our court is known for being moderately conservative and Republican dominated.

They voted to legalize same-sex marriage not to merely be difficult and go against the "people's will" but to acknowledge that "an individual's sexual orientation—like a person's race or gender—does not constitute a legitimate basis upon which to deny or withhold legal rights."

Sixty years ago the California Supreme Court struck down a ban on interracial marriage and that went against the majority opinion too.

I don't know about you, but I think that we are better off without

all these hateful bans and I am thankful that California has seen the error of its ways.

Last, I want to discuss the statement made about homosexuals having a "promiscuous lifestyle that is mostly hypersexual."

This statement could not be further from the truth, and to imply in the same paragraph that homosexuals are responsible for AIDS is completely outrageous, I will never tolerate a statement like that.

Tons of straight people have and spread AIDS too; should we "eliminate" their "promiscuous shameful behavior" as well?

Why is it that when a straight couple has a one night stand it is all right, but if a gay couple does it, it is shameful? Isn't that what you are implying?

I know, why don't we just ban sex completely? That way we can ensure that AIDS will never spread.

This is just a suggestion coming from a "radical, depraved left-winger," but before you tell me to "research in the eyes of both parties" maybe you should have written an article that had any research done at all.

LETTER TO THE EDITOR

The following is a submission regarding last week's letter to the editor by Sarah Koerting.

Sarah,
I couldn't disagree more with your letter to the editor from last week's Echo.

The religious beliefs of some Americans should not affect the legal rights and protection of all Americans.

Whether or not "marriage" originated as a religious practice, the act now has legal ramifications as well.

In order to be recognized as legally married, a couple must receive a license provided by the state, not the church.

Though this country's founders operated from a Judeo-Christian ethic, our nation's strength is the separation that theoretically exists between church and state.

Even if our nation were to operate on one standard of "right living," whose standard would be considered right?

Among Christians, values and interpretations of scripture vary considerably.

Engraining a religious value in the state constitution complicates separation of church and state and compromises individual rights and liberties.

Proponents of Proposition 8 argue that same sex couples currently have equal protection and rights under the law. I don't agree.

I share an anniversary with a friend who is in a same sex marriage.

While I received a license from the state affirming the validity of my union, she did not.

While I changed my name

by simply signing a waiver, her process to change hers has been much more laborious.

While I can be certain that should something happen to me, my husband will have the right to determine the outcome for our family—my friend must take legal action to ensure the same rights.

I was also very disturbed by your remarks regarding people living with AIDS.

Nearly every disease has some factor of prevention associated with it.

Unfortunately, AIDS can be sexually transmitted, but it is not always the result of sexual promiscuity.

AIDS is a global epidemic that affects people of all sexual orientations, of all ages and of all ethnic backgrounds.

No matter what you believe about why AIDS exists, it is wrong to abandon research on prevention, treatment and eventual eradication.

I am disappointed in your oversimplification of this complex issue.

You allude to homosexuality as "shameful behavior."

Leading into the election I've heard pre-teen picketers holding "Yes on Prop. 8" signs shouting "faggot" and "God didn't make you that way" at same sex couples passing by.

I've seen students targeted by messages of hate in the name of Jesus.

As a fellow Christian, I have to ask: what is the real shameful behavior?

Sincerely,
Diana Cherry
Coordinator for Residence Life

Facebook: friend or foe?

Don't get me wrong, I'm not trying to bash Facebook.

Actually I think Facebook is pretty cool.

Facebook allows me to keep in touch with some close friends; including ones from high school, relatives out of state and reconnect with friends that I didn't think I would ever speak to again.

I can share pictures and memories and use it as endless source of procrastination to actually doing my work.

It doesn't depict the full reality of the individuals behind the



Hollie Lowenberg

Thanks to the rise of social networking sites such as Facebook, having access to just about anyone is just a click away.

It would be an absolute understatement to say that social networking sites have changed the very way we communicate with one another.

For some, Facebook acts as somewhat of an autobiography, or a narration of one's life.

Facebook gives users the ability to customize their profiles.

People can choose the aspects of their lives they want to publicize, and by doing so they create an image of themselves that may not entirely reflect who they truly are.

I recently read an article for a class "Virtual Friendship and the New Narcissism" by Christine Rosen.

In her article she compared self portraits of the past to the modern digital self portraits of today.

Self portraits were used for centuries as a documentation of one's power and status in life.

Today self portraits are digital, interactive and invite viewers to participate and respond to your life portrayed online rather than merely glancing at it.

These self portraits or profiles can be tweaked, edited and manipulated to fit our view of who we think we are or how we want to be perceived.

These profiles are superficial

digital personas.

They don't characterize the full being of the individuals behind the profile.

The amount of privacy displayed on Facebook is another issue entirely.

While Facebook allows an individual to block or hide any personal material, people still share everything from their class schedule to their religion to their sexuality.

Public displays of affection are captured on the Internet as lovey-dovey snapshots of each other are displayed on Facebook walls.

On the flip side, hearts are broken in plain view when Facebook reports to all friends that your lab partner last year is "no longer listed as in a relationship."

Further, digital relationships don't reflect real life relationships.

On Facebook, the quality of friends comes second to the quantity.

Facebook is great for keeping in touch, but not so great when developing new relationships.

I can stay in my room all day long and add CLU students as 'friends' but I still wouldn't be any closer to them.

While the list of friends that belong to your network can grow to numbers reaching into the thousands, it doesn't boost the social aspect of real world networking nor does it supplement for 'real life' relationships.

Just because something [on Facebook] can be made public does not mean that it necessarily should be.

profile.

In a sense, profiles identify people more as a commodity than an actual physical, emotional, breathing individual.

Moreover, I believe people are too open with personal information on social networking sites like Facebook.

Just because something can be made public does not mean that it necessarily should be.

Further, social networks should not be used as a substitute for real life relationships.

No comparison between physical relationship versus a digital one exists.

Ultimately, I believe that the fewer items posted in cyberspace, the more control we will have over our real lives.

Seniors celebrated in the rain

By Krystle Van Deusen
Echo Staff Writer

Wrapping up the 2008 season, the California Lutheran University men's soccer team went out in style. Last Wednesday the Kingsmen went into double overtime with No. 1 Redlands, and ended in a 3-3 tie. At home on Saturday, the men defeated Occidental College, 5-2.

Cal Lutheran (9-9-1, 7-6-1 SCIAC) ended its season in fifth place, just missing the SCIAC playoff spot by one place.

As the conference leader the University of Redlands has not been beat by a SCIAC opponent this season. Trying to keep that streak alive, the Bulldogs took a quick 1-0 lead on the Kingsmen when CLU scored a goal in the first seven minutes of regulation. Later in the half Redland's Ross Schunk tallied another goal from the top of the box, and the Kingsmen went into halftime trailing 2-0.

In the second half the energy was quickly switched when CLU scored a goal in the 51st minute. Matt Fernandez stroke a shot from well outside the box that found the back of the net.

At the 55th minute, senior Ryan

McDermott gained his team-leading 10th score of the season. He capitalized on a well-placed pass from Steffen Isetorp, striking the ball perfectly into the bottom right of the goal and tying the game at 2.

Redlands, feeding off Cal Lutheran's two quick goals, took the lead back in the 77th minute when Schunk scored again putting Redlands ahead 3-2.

With the end of regulation nearing, McDermott found Victor Perez, who promptly placed the ball in the back, tying the match with only six minutes left.

The game was sent into double overtime but neither team was able to score. The Kingsmen walked away with a well played tie to the first place team in SCIAC.

"I was really happy with the way we performed after the loss to Caltech," senior Kai Werring said. "Our team really came together with a lot of intensity against Redlands."

The Kingsmen finished their season with a 5-2 victory over Occidental College on Senior Day.

McDermott put Cal Lutheran on the board in the fourth minute of the match. This goal put fans on the edge of their seats, as the ball traveled back and forth across the goal. With help

in the form of a cross from teammate, Jorge Martinez, McDermott directed the ball in the back of the net.

In the 25th minute, McDermott took a shot that deflected off Occidental's goalkeeper. Nick Martinez capitalized on the rebound and tallied his first goal of the season.

With only seconds remaining in the first half, a senior duo left the Tiger's goalkeeper with no chance of making a save. Senior Josh Moskowitz passed the ball to Werring who blasted a shot well outside the 18 yard line, and put the Kingsmen up by 3 at halftime.

Occidental worked to make a comeback when Fran Taylor scored its first goal in the 50th minute of the second half. Twelve minutes later Deryck Lim put away a close range shot, minimizing the Kingsmen lead to 1.

Feeling the game grow tighter the Kingsmen knew they had to put the game out of reach. Only 32 seconds after the Lim goal, Ryan Dosh booted a long range shot past the Tigers' goalkeeper.

Cal Lutheran still didn't think that was enough. Moskowitz ended his four year soccer career with the final goal of the match. With what looked like a far post cross, the ball tipped off Occidental's goalkeeper's hands and



Photo by Rachel Wolf
Sophomore Nick Martinez, 8, hurdles an Occidental player.

slowly rolled into the side of the net giving the Kingsmen a 4-2 lead.

"For my final year at Cal Lutheran," Moskowitz said, "I'm really happy for how we ended in these last two games."

The CLU graduating players are Hiroki Sera, Kyle Smithe, Werring and Moskowitz. They were recognized in

what was their final game at Cal Lutheran. These four men had a total of 40 goals and 26 assists during their time as a Kingsmen.

"We went through tough times, we proved that we could do it and we ended the season great," Smithe said. "This will help next years' team begin with a positive outlook."

Excuse me, I'm trying to cheer

By Matt Kufeld
Features Editor

For the past couple of weeks I have contemplated writing about the atmosphere of athletic events at California Lutheran University.

This weekend the issue came to a head when the group of students I was with were asked to sit down while we were cheering for our team during the Occidental football game.

For those who don't know, last weekend's game against Oxy was the biggest football game on campus this season.

Our football team was playing to keep their Southern California Intercollegiate Athletic Conference championship hopes alive, a berth to post-season play and for a national ranking as Oxy entered ranked 20 in NCAA Division III. And I was asked to sit down?

I know that athletically CLU cannot be compared to any of the NCAA Division I schools, but that doesn't mean, I, or any other students who are passionate about college sports, our college and who care enough to brave the weather and stand in support of our team, should be asked to sit.

Standing is our way of expressing our support for the university we attend, for the hundred or so football players who dedicate

countless hours and to try and bring the big-game atmosphere that we see every Saturday around the nation to our campus.

And while we are not a Division I school, we still have teams that are competitive on a national stage. May I remind you that Regals volleyball is ranked 16th in the nation, football beat itself on Saturday and lost by three points to national ranked Oxy and men's water polo ranked fifth in Division III has played competitively against ranked Division I opponents, so there is no shortage of athletes on this campus.

I am not angry by any means. I am just frustrated; I have a feeling that the woman who asked us to sit had no idea what that game meant to the football team and that she was inconvenienced because she couldn't see the action.

This is a legitimate argument, but at the same time there were plenty of seats that were available for her to sit in. And to be fair, my group of friends could have moved, but we were in our seats before she was in her seat. I also feel that students should be able to sit in the center section of bleachers next to the pep band.

I know that the Purple Pit has been working with the athletics department to establish a student

section for home games in the Gilbert Arena, and they have been successful. The Purple Pit is also working to create a student section at Mt. Clef Stadium as well, but as far as I know, nothing has come of it.

The athletics department did a great thing when it established the student section in Gilbert, the first in school history, but it is also time to create a student section at home football games.

It is not enough just to create

the sections, students have to know about them and where they are. And furthermore, if students know what our teams are playing for, there might be an added incentive to come out to the games.

Sport Schedules

	Wed 5	Thurs 6	Fri 7	Sat 8	Sun 9	Mon 10
 REGALS Soccer	@ CMS* 4 p.m.					
 KINGSMEN Water Polo	@ CMS* 4 p.m.			@ Whittier* 11 a.m.		
 REGALS Volleyball		@ Occidental* 7:30 p.m.				
 KINGSMEN Football				La Verne* 1 p.m.		

Shade denotes home game. * Conference Game.

Regals soccer tames Tigers

By Jeff Chaney
Echo Staff Writer

The California Lutheran women's soccer team closed their regular season this past week with a loss to University of Redlands and a victory on the road against the Occidental Tigers.

On Wednesday, the Regals were hungry to avenge their earlier 0-3 loss to Redlands, but despite holding the Bulldogs to one goal, the Regals could not score before the final whistle.

There is a chance that the Regals and the Bulldogs will see each other once more in the SCIAC tournament at the University of Redlands this Saturday.

Six Regals were recognized as part of the annual Senior Night including Sarah Rickert, Michelle Hedcock, Marisa Zambetti, Lauren Hess, Jen LaMoure and Lauren McGuigan. All six of these players were part of the 2007 squad that won the SCIAC

tournament and qualified for the NCAA playoffs.

This past Saturday, the Regals headed to Occidental University to take on the Tigers in another exciting match, which happened to also be the final regular season game.

The Regals were able to obtain the only goal in the shutout contest and seal a record of 7-4-1 at home and 3-4-2 on the road.

The Regals are now seeded second in the conference going into the SCIAC tournament and will see the third seeded Claremont-Mudd-Scripps at their field in the first round today. Cal Lutheran split the season series 1-1 with CMS.

In the 68th minute, Hess scored her second game-winning goal of the year.

Regals goalkeeper, Kristin Borzi, who has 47 saves on the year so far, protected the box and earned her third solo shutout of the season.

"It feels great to end the season with a win, it's our best finish in about seven or eight years and we are very proud and excited about it," Zambetti said.

There were only four shots attempted by the Regals, and their defense was constantly sweating. They kept their composure and got the score they needed and held the shutout.

"Offensively we didn't have too many opportunities but it was great that with the few we received we were able to put one away," Zambetti said. "Defensively we were on our heels for the majority of the game but we were able to withstand the pressure and come away with the shutout."

The Regals will be utilizing these last few days of practice before the conference tournament to tie up any loose ends with the offense and defense.

"This week in practice I think we are going to be working on

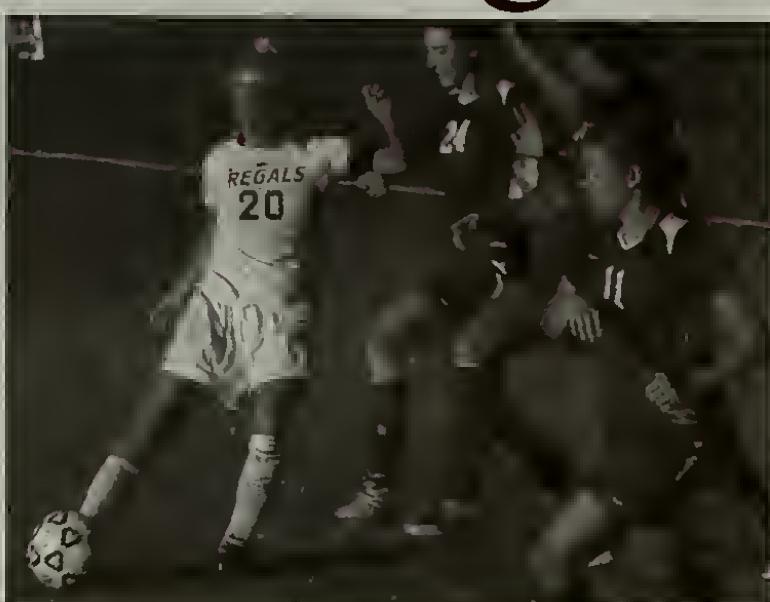


Photo by Rachel Wolf

Senior Lauren McGuigan clears the ball away from Redlands.

our set pieces, like corner kicks and free kicks and our movement off the ball," Zambetti said.

These ladies have a good chance at upsetting University of Redlands and taking the tournament. They are going to

have to turn up the heat on the Bulldogs since they lost to them 0-3, and then 0-1 earlier this season. There are definitely six California Lutheran University seniors hungry for a big SCIAC tournament victory.

Kingsmen sink the Beavers

By Nicole Jacobsen
Echo Staff Writer

It was a memorable Senior Day for the California

Lutheran University men's water polo team Saturday.

The Kingsmen defeated the Caltech Beavers in a 19-3 victory in the last home

game of the regular season.

Just two days before the Caltech game, junior Matt Heagy scored three goals at La Verne, earning him the

all-time goals record at Cal Lutheran.

Following the game against Caltech, he has now scored 198 goals in his career.

Next, the Kingsmen will face Claremont-Mudd-Scripps today in one of their final regular season games.

The Kingsmen defeated CMS earlier in the season 13-12.

The Kingsmen took over the game early on and were ahead 9-0 within the first 15 minutes.

Heagy and sophomore Wes Lewis each scored two goals in the first quarter to put the team on top.

In the both the third and fourth quarters Cal Lutheran scored five goals.

Jeff Chaney, Alex Donner, Scott Beatty, Carter Martinusen and Quinn Smith all put away a goal in the third while Jordan Meaney, Cameron Shannon, Brandon Gross, Gannon Smith and Jake Wakely each scored in the final five minutes in the fourth.

"We were expected to win by a lot," Heagy said.

"It was good to give everyone a chance to score. Everyone is stepping up and the team seems to be gelling in the water."

Even with the expected win, the Cal Lutheran Kingsmen know they can't ignore anybody.

"SCIAC is a very challenging league," captain Jordan Bouey said.

"We can't overlook anyone. Even though we won by a large margin, the toughest thing is getting

everyone on the same page and working together like a well-oiled machine."

With two games left in their regular season, the Kingsmen are hoping to finish the regular season with a pair of wins and enter the conference tournament with a high ranking.

"We have two tough games this week," Heagy said. "We need to prepare like we have been all season: working hard in practice. Our next game is on the road so we have to come out fired up because Claremont is a good team but we can beat them if we play well and run what coach is asking us to run."

Having two weeks of practices and games before the conference tournament, the Kingsmen know what they need to focus on in order to become the new SCIAC champions.

"The rest of the games in the regular season are important," Bouey said.

"We need to go into the SCIAC tournament with a good ranking so that we can play some easier teams in the first two rounds."

The men believe that their hard work will pay off and are ready to see the results.

"We're excited for these last couple games," Lewis said.

"Coach Rond is pushing us and encouraging us to be the best we can be," he said."

"We have to stay focused on our next game but look ahead and prepare for the conference tournament."

Mass of the Children

John Rutter

Susan Frye, Soprano

Steve Johnson, Baritone

Royal Oaks Chamber Orchestra

Zwei Gesänge

Johannes Brahms

Joe Ehlinger, Baritone

Giovana Moraga, Cello

Soon Seop Kim, Piano

Oaks Chamber Singers

Annette Murphy, Director

Los Robles Children's Choir

Donna Young, Artistic Director

Saturday, November 15 at 7:30 pm

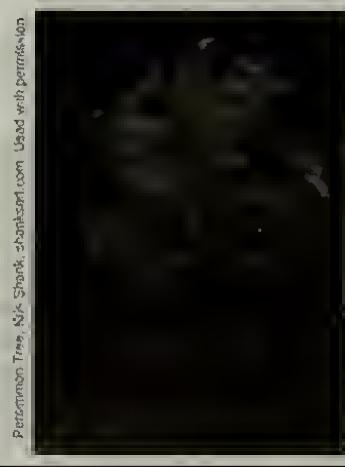
Samuelson Chapel

California Lutheran University

Tickets \$20

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Performer Tree, Nick Shantz, zshantz.com Used with permission

Sophomore pair brings heat

Cal Lutheran wins a nail biter in home finale

By Jackson Damron
Echo Staff Writer

On a night for the seniors it was two sophomores who stepped up to bring home the victory for the Regals.

Outside hitter Megan Thorpe provided a match high 15 kills to go along with 10 digs as the California Lutheran University volleyball team defeated the Claremont-Mudd-Scripps Colleges in five games last week.

Sophomore middle blocker Allison Kerr picked up four blocks while hitting at a match high .310 clip. Kerr was also named female SCIAC Athlete of the Week.

Cal Lutheran (21-6, 9-2 SCIAC) has three road games to close out the regular season schedule. It will start with a match at Pomona-Pitzer on Nov. 1, scheduled for a 6 p.m. start.

CLU overcame multiple deficits on senior night and had five players rack up double-digit kills.

It was a see-saw battle in the



Photo by Erik Hagen

Sophomore Erin Exline, 4, hit 12 kills against Claremont-Mudd-Scripps.

first set with CLU prevailing 27-25. Knotted up at 25, the Regal defense came up with a great dig and on the ensuing

play Kerr sealed the deal with one of her 12 kills.

Claremont came out strong in game two jumping out to an early lead, 15-7. The Regals scratched and clawed their way back in coming within two points at 22-24 before dropping the game 22-25.

An intermission dance party seemed to energize the Regals as they came out for game three. CLU jumped on the Athenas 13-3 and never looked back as they took the game in dominating fashion, 25-14.

Claremont led for all of game four as CLU couldn't get over the hump. Coming within three points several times, game four went to the Athenas 25-22. In game five there was no denying the Regals. After the two teams traded points to tie them at 4-4, the Regals went on a 11-5 run to close out the match.

"This is the first time we have beaten CMS in the second round of SCIAC," said Thorpe. "We're in second in SCIAC right now and we've beaten some ranked teams so our playoff chances look good if we win out in conference."

The game was the last at home for the CLU seniors and they made it one to remember. Senior Lindsey Benson set season-high marks with 52 assists and 13 digs. She added

three aces, including two in a row in the fifth and decisive set.

"It was pretty emotional for me," said Benson. "I've been playing volleyball for 13 years and this is the last time I will be part of a team."

Fellow senior Summer Plante-Newman added 13 kills to her career list, 16 digs and two aces. Senior Elicia Hildreth tallied a team-high 18 digs along with two assists.

"I was very nervous," said head coach Kellee Roesel. "This was the first time we've gone five games all year. I told the girls we needed to stay loose, but focused. When we tense up is when we start to break down."

Claremont freshman Sarah Marietta led the team with 12 kills. Sophomore Jessica Waggoner and senior Greer Donley notched 24 and 21 kills respectively.

Before the match the Regals took time to honor Benson, Plante-Newman, Hildreth, Elizabeth Orona and Kelsey Hart, their five seniors in the final home game this season. Framed jerseys were presented to Benson and Plante-Newman, who have been with Coach Roesel since she started at CLU.

Playoff hopes slip away in the rain

Pair of safeties pushes Tigers over CLU

By Nicole Flanary
Echo Staff Writer

The Kingsmen football team hosted the 18th ranked Occidental Tigers on Saturday for one of the most highly anticipated SCIAC bouts of the season.

Occidental and Cal Lutheran came into the game undefeated in SCIAC play.

CLU plays their last home game this weekend versus La Verne on Saturday at 1 p.m.

With only a few minutes left in the game, and Occidental up 24-21, the rain came pouring down and the intensity sky-rocketed.

Jackson Damron was set-up at the 30-yard line, thanks to a last minute 60-yard drive, for his 16th field goal attempt of the season. The ball looked as if it were headed right through the uprights, but was ruled wide to the left.

With the missed field goal, the Tigers defeated the Kingsmen 24-21.

Despite the loss, the Kingsmen are anything but defeated. Although clearly dissatisfied with the outcome, the players are taking what they can from the

game and moving forward with optimism.

"Just because we lost to Oxy doesn't mean it's over," junior Sawyer Merrill said, "Oxy is a great team but so are we."

Merrill, eight tackles, one sack, one TD, was part of CLU's defensive core Saturday that forced an impressive five turnovers.

Coming into the game, Occidental's Justin Goltz had thrown 10 touchdowns and zero interceptions, but Victor Edwards managed to pick Goltz off three times on Saturday.

Edwards' first interception came after Kingsmen quarterback Jericho Toilolo was sacked and then fumbled the ball on the 33 yard line.

Oxy recovered the ball only to have their quarterback Goltz give up his first interception of the season to Edwards.

CLU was unable to capitalize on the interception, and were forced to punt the ball back to the Tigers.

Incredibly, Edwards grabbed his second interception of the game to put the CLU offense back on the field.

CLU again was unable to convert, but thanks to another great defensive effort, the Kingsmen were able to get the ball back and put some points on the board.



The CLU defense forced five turnovers and two sacks in a loss against the high-powered Occidental offense.

Toilolo found Danny Hernandez early in the second quarter to put up CLU's first points of the game. The 65-yard completion was the longest offensive play for the Kingsmen on the season.

Cal Lutheran's defense had another big play when Sawyer Merrill scooped up the ball after Goltz's fumble.

The second half opened with a field goal for the Tigers followed by yet another interception by

Edwards, his third and final of the game.

On CLU's next possession quarterback Toilolo fumbled a snap surrendering a safety, tying the score at 21-21.

The Tigers drove down the field on the ensuing drive relying heavily on their running game, headed by Jason Haller, who ended the game with 153 rushing yards and two touchdowns.

The Tigers' kicker completed a

field goal, making the score 24-21 with just over two minutes remaining in the fourth quarter.

Ian Freeman had a sack and 11 tackles in the loss.

Roland Jenkins and Eric Lopes each contributed 10 tackles in the loss.

"In the upcoming weeks we need to stay focused, work hard and win out. If we play as hard as we have been and stay confident, we can win out," Merrill said.

THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

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By Scott Beebe
News Editor

People with disabilities face countless struggles that non-disabled people take for granted every day.

Last week the California Lutheran University campus held a week of events honoring those that live with a disability.

The Echo staff chose to take part in the Disability Awareness Week by testing the wheelchair accessibility that handicapped students face around campus.

Photographer Doug Barnett and I ventured to Health Services to ask to borrow a wheelchair to test the accessibility around campus. Health Services had the same outlook as we did that the campus was not very accessible for the disabled.

We began our journey by rolling out of the health services building which was a tremendous task in itself. I didn't think the task was going to be this hard but wheelchairs are very hard to maneuver.

It took a good 15 minutes before we grasped how to control the wheelchair, by going forward and trying to turn. We decided

to go through five buildings to test their wheelchair accessibility: Spies-Bornemann Center for Education and Technology, Soiland Humanities Center, the Student Union Building (SUB), Nygreen Hall and the Pearson Library.

The Ed-Tech building was the hardest building to enter because there was only one handicap entrance, by the tennis courts.

I entered the building from the humanities entrance where there was no handicap button to open the heavy door.

Throughout our trip we realized that the campus has steep inclines that made it tough to operate a wheelchair. I had to take a break every 20 feet because of the strain on my arms.

The experience that had the biggest impact on me was whenever I rolled by students I didn't know; they would look down and not look directly at me like I was not even there.

This does happen in our society, we look down on those that are disabled because they are different from us. They are humans just like us;

they breath the same air and we shouldn't pretend they are not there.

We should offer help if it is needed. Luckily there were students who helped me open doors when I struggled in both the SUB and the Humanities center.

Visiting the library was one of the toughest tasks of the day, because of the steep hill that is on the way.

It's very accessible on the outside with handicap buttons to press to open doors, but when we decided to take out a book; it proved to be a difficult task.

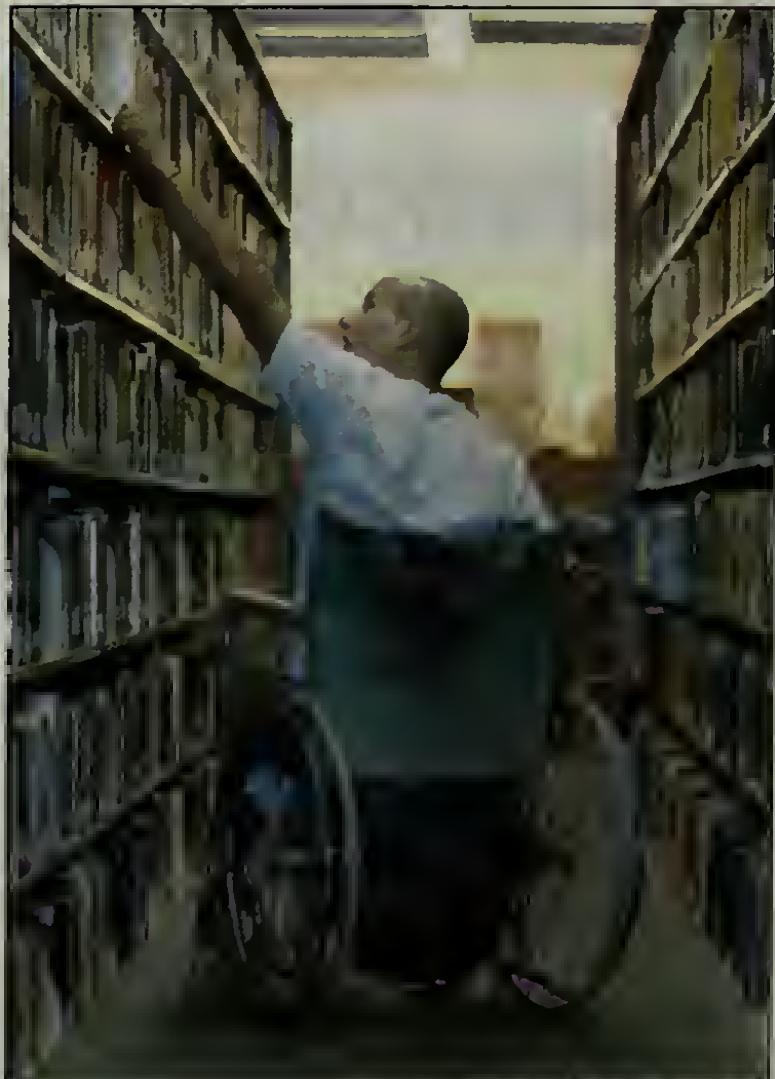
From sitting in the chair, I was only able to reach as far as my arms could stretch. To reach any higher I would have had to ask for help.

It was a great experience and I learned a lot about what it's like to be in a wheelchair. I now have greater respect for those who are disabled.

Experiencing life through the eyes of the disabled made me realize how lucky I am and how I take my ability to walk and see for granted.

For more
Disability Awareness
coverage see:

Pg 2



Photos by Doug Barnett

Scott Beebe explores the campus in a wheelchair testing the accessibility.

INSIDE



Program
works to
recruit
students.



Swimming &
Diving open
SCIAC with
OXY.

Page 10



Kingsmen
dominate La-
Verne in home
finale.

Page 12

Speakers triumph over adversity

By Amanda Lovett
Echo Staff Writer

In honor of Disability Awareness Week at California Lutheran University, the chapel service last week enlightened the congregation with stories of how disabilities have made a difference in the lives of many.

The event was sponsored by the Cal Lutheran's Accessibility Resources Center and coordinated by Wendy Perkins.

Pastor Melissa Maxwell-Doherty said CLU started looking into Disability Awareness programs a few years ago and she began thinking about how to support the cause in the Chapel, by bringing in speakers to focus on the topic.

"It's more than what meets the eye," Maxwell-Doherty said. "There are hidden disabilities, cognitive and emotional, that most people do not recognize."

Personal experiences were shared with the congregation by Kayla Legare, Keith Persico, a Gospel reading by Wendy Perkins and a sermon by Pastor John Soyster of Mt. Cross Lutheran Church in Camarillo.

Legare read a poem about the experience of being blind in a world full of questions of how

blindness feels and whether she knows what it is like to be able to see.

The poem also spoke about her questioning God's reason for making her blind, and concluded that someday it will be the Lord's face that she finally sees.

"I wrote [the poem]. Writing is my passion," Legare said. "I intend on writing a book, but I need more poems first."

Persico also shared his enlightening story of his genetic disorder with the congregation, explaining that over time, especially in college, he began to realize that he was not so different and that could lead a normal life and be happy.

Soyster's sermon focused on the concept of the wall of fear that surrounds people who are not willing to accept others with disabilities and disconnects them from the learning experiences that come with getting to know someone with a disability.

His story focused on a deaf man named Rodney from a camp that he attended about 30 years ago.

At first he was afraid to meet and associate with Rodney because he was so different; however, as time went on, he got to know him and they became close friends. This friendship

allowed Soyster to experience the joys of friendship based on the soul, without any judgment.

"He was the catalyst for the wall of fear to be brought down," Soyster said.

The main focus in his speech was the concept of Epitha, a word that means to "be open" to life's great wonders and to learn from the experience.

Soyster explained that Rodney inspired him to become an active leader in helping the disabled in our community, especially the deaf.

His friendship with Rodney grew beyond the time they spent together at the camp, as he continued to keep in contact with his new friend many years later.

"I was reacquainted with [Rodney] some years back. I have a photo of us in a fishing boat. We didn't catch anything the whole day but that didn't matter," Soyster said.

He said that this experience guided him down the road of ministry and leadership in the Disability Awareness programs.

Disability Awareness Week is dedicated to sharing relationships with, caring and respecting those who have disabilities, so we can educate ourselves in the process.

Multi-Media Department presents 3rd annual CLU 24

By Kelsey Bonesteel
Echo Staff Writer

Most students have noticed the walls in the Soiland Humanities Building covered with pictures, banners and collages.

Everything on those walls is the work of CLU's multimedia department.

This is part of a junior level multimedia class project CLU 24.

It is a compilation of pictures and video representing 24 hours of the CLU campus, the Thousand Oaks areas and Los Angeles County.

Dan Restuccio, multimedia instructor, oversees the project. This is the third year CLU 24 has made an appearance on campus.

"[The project] hasn't quite been cemented as to what exactly you do for the 'tradition' of 24," said Matt Johnson, multimedia student. "It has evolved a lot over the three years, and probably will every year."

Along with the masses of pictures covering the walls there are two other sections to the project. Located on the back entrance of Humanities there are six computer screens continuously playing footage from the 24 hours in the various locations.

These were video segments taken

by the students and pictures.

Also there was also a book made compiling all of the photographs taken in chronological order.

Every multimedia student involved in the project received one along with Dr. Chris Kimball university president, Jacqui Irwin, mayor of Thousand Oaks and Antonio R. Villaraigosa the Mayor of Los Angeles County.

This project has been stretched over a year, but all the pictures were taken during October 2007.

"You learn a lot about dedication from colleagues or classmates and how much a few helping hands can do. It's also a great practice in the path of turning an idea into something real," Johnson said.

Sean Pelton, senior multimedia student, was involved in putting together the gallery along with Johnson.

"I was excited about the project when I was a sophomore. There were so many things I wanted to change and make better," Pelton said.

The project is subject to change every year. This has become part of CLU and now part of the community as well.

"When it was all done and over, I could see the reward of all the hard work," Johnson said.

Speaker embraces limitations

Mallette discusses losing hearing as a child.

By Dana Blackburn
Echo Staff Writer

Linnaea Mallette, Disability Awareness Week's keynote speaker, discussed the trials, tribulations and triumphs she has experienced as a deaf person in Samuelson Chapel on Friday.

Mallette lost two-thirds of her hearing at age 4, due to an extremely high fever and she remembers the day she realized she could no longer hear everyday noises.

However, she has not allowed her hearing loss to keep her from accomplishing great things. In 2002, she received the Oticon Focus on People Award, which is given to 12 individuals nationwide, who defy stereotypes of what it means to have hearing loss.

Additionally, Mallette served as District Governor for Toastmasters in 2003-2004, began a club for recovering alcoholics and drug addicts at the Canoga Park Salvation Army

Adult Rehabilitation Center, started a club for the Mary Magdalene Project in Los Angeles and received the Staff Assembly Scholarship Award at UCLA for her e-learning endeavors.

Her profound hearing loss inhibits her from hearing high frequency sounds such as birds chirping and the sounds made by the letters s, ch and t.

"It is a minority that anyone can join at anytime, but never voluntarily," Mallette said.

She explained that when she was in school she tried to pretend she had no hearing loss, so that people wouldn't know she was different from them.

"As with many minority groups, people aren't aware of the issues or struggles that people in these minorities face and how they have to overcome them," said Wendy Perkins, accessibility resources coordinator at CLU.

Mallette humorously recalled a skydiving experience: as she was plummeting toward the earth she couldn't hear the instructor tell her to pull the cord, but refused to turn her head and ask because she didn't want him to know she couldn't hear.

After years of covering up her disability, she made the

monumental decision to embrace her limitations and let the world see her as hearing impaired person. It became her goal to blow people away with what she could do.

"My hearing impediment and speech makes me unique and that's great," Mallette said.

She joked about the way that her hearing loss has worked to her advantage. Mallette explained that when she is on a plane with a crying baby, she just turns her hearing aid off and enjoys a relaxing flight while passengers with normal hearing must endure the frustrating noise.

"Some students may not have any interactions or encounters with a person with disabilities, so the main purpose of Disability Awareness Week is to bring the awareness to them that there are different challenges that students face," said Angela Naginey, director of retention at CLU.

Mallette used an analogy with her listeners: one out of every five apples is green, but people don't think of the green apple as bad. This concept mirrors American society.

"No matter what the wrapping, inside is a precious human being," she said. "The only way



Linnaea Mallette shares her story of overcoming hearing loss.

that I can receive that gift is unconditional acceptance."

Through her inspiring story, Mallette encourages everyone to

accept people with disabilities and not be afraid to get up close and personal with them.

Students get glimpse of future

By Gigi Arjomand
Echo Staff Writer

Although grad school means another couple of years of classes, books and papers, this year's Graduate School Fair at California Lutheran University offered sunny beaches and jungle monkeys along with classes, books and papers.

Students got an opportunity last week to meet and speak with representatives from various colleges and universities at the fair held in the Lundring Events Center. The event was sponsored and organized by the Career Center.

In addition to the traditional popular California universities represented, were universities specializing in theological, veterinarian and other unique fields of study.

"Education is the best form of permanent gratification, I know it's a total cliché but education is power, Amber Cox said. "I mean we could all be doing other things than going to school but we are gaining knowledge that can never be taken away from us, regardless of what the world will look like."

The school representatives at



Photo by Oesiree O'Arienzzo

A student visits the California Lutheran University booth to receive graduate school information.

the Fair shared Cox's opinion and views on education. They were excited to be at Cal Lutheran and spoke well of the students they had met.

"I really like to talk to people," said Tasia Eraseren from the Chicago School of Professional Psychology. "I am really excited about our school so it's great to be here and get to inform others of

what we can offer them."

"Education is the best form of permanent gratification."

— Amber Cox

Although the fair was scheduled on the same day

as the presidential election, it didn't seem to interfere with people's voting.

The event started at 10 a.m. and was over by 2 p.m. This left plenty of time to make it to the polling places.

"I cast my vote right before I came here," said Brooke Hall, a sophomore. "The election is a big deal but so is grad school, so I'm glad they worked it out

time wise."

The diversity in the schools attending ranged widely. Most of the big and popular universities in California were there but also many out-of-state colleges and universities.

One of the delegates, the Rev. Sherry Sparks from Pittsburgh Theological Seminary, had flown in from the East Coast just for the day of the event.

"The delegate at the table right next to me is also from Pittsburgh so we are having a great time talking to each other when not talking with students," Sparks said.

Ashley Oddo, a CLU student, was excited to find the Fashion Institute of Design and Merchandising at the Grad School Fair.

"I already knew I was going to FIDM," she said. "It's still really nice to get to meet them here, especially for those who don't really know where they are going after Cal Lu."

For additional information about the Graduate School Fair and the schools attending, students can visit the Career Services on campus or go to their Web site at www.callutheran.edu/career_services.

CLA Auction raises thousands to benefit CLU academic programs

By Margaret Nolan
Managing Editor

The annual Community Leaders Association auction attracted hundreds of guests, including donors, sponsors, alumni and current students.

Altogether, the auction raised close to \$64,000 with numbers still being calculated from the dinner ticket sales as well as from both the silent and oral auctions.

This year, the Violet and Gold Gala was held in the Gilbert Sports and Fitness Center.

"You walked in there and everything was so elegant," said Sharon Nelson, administrative assistant to marketing and communications and a member of this year's auction team.

"The place was transformed. It didn't look like a sports arena; it was beautiful."

With the 50th anniversary of California Lutheran University coming up next year, this auction was designed to showcase the history of the school and its relationship with the surrounding community.

Upon arrival, guests were treated to valet parking, music by student musicians and wine from local sponsors, including Trader Joe's.

The night consisted of a silent auction where guests could bid on everything from trips to Mexico, tickets to various Los Angeles sports team games, restaurant gift certificates and framed artwork and many other items.

The silent auction ended up earning

about \$20,000.

Dinner, catered by Sodexo, began at the conclusion of the silent auction.

Guests were able to enjoy entertainment from the Kingsmen and Regal quartets as well as other musical theater students while they dined.

"This year's dinner was fabulous," said Suzanne Freeman, a member of the auction team. "It was the best food I've ever seen come out of that kitchen."

After the dessert was brought out, the oral auction began.

There were 12 items, including an original painting of Kingsmen Creek by CLU faculty member Michael Adams, reserved seats at one of the final episodes of the Tonight Show with Jay Leno and a homemade sushi dinner from CLU faculty member Tim Hengst.

"The highest selling item was the painting of Kingsmen Creek by Michael Adams which went for \$2,750, to Jack and Carol Gilbert," said Freeman.

"The bidding for that item was very brisk because they were quite a few people who wanted it."

The oral auction raised a total of \$41,650 for the CLA. Jeff Tanenbaum, president of Rock the Gavel, preceded over the oral auction.

"The auctioneer did an excellent job of soliciting generous bids from the guests," said Peggy Johnson, university editor, who participated as one of the scribes recording the oral auction bids.

Bidders were also able to show their

support for individual CLU students by adding \$450 dollars to their tab for the annual trip to Biloxi, Miss. to rebuild homes of the Hurricane Katrina victims.

As soon as the auctioneer asked for bids, paddles shot up all around the room with a total of 20 people each giving \$450 for the Biloxi trip and one table showed 100 percent contribution.

\$2,100 was also raised for faculty grants that will go straight to funding new programs.

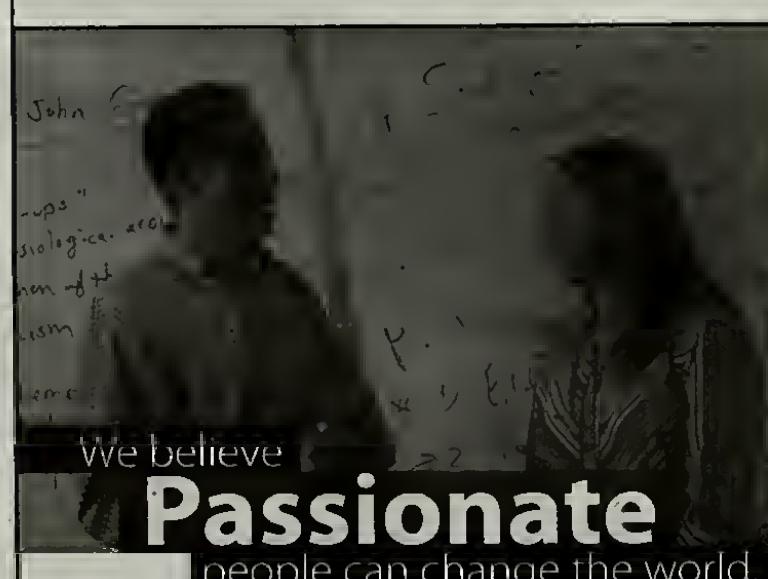
The French Club acted as bid runners, bringing credit cards and receipts to the guests at their tables and the Accounting Association processed all of the bids from the silent and oral auctions.

All proceeds from the auction go to benefit CLU academic programs. Over the years, the CLA has donated more than \$1.6 million toward equipment and technology enhancements for the university.

Last year, the CLA raised about \$78,000 for faculty grants, scholarships and scholarship endowment.

"We have challenged ourselves to increase the grants by a significant amount this year because we want to do all we can for CLU students," said CLA president Ernie Sandlin, according to the CLA Web site.

Overall, the members of the Violet and Gold Gala auction team are very satisfied with the outcome of the event as they were able to raise thousands of dollars to further the various educational programs here at CLU.



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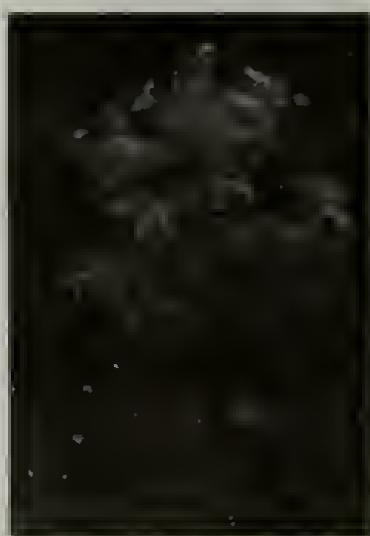
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Around the Campus

WEDNESDAY November 12	THURSDAY November 13	FRIDAY November 14	SATURDAY November 15
<p>Professional Development Day 12:15 p.m. Lundring Events Center</p> <p>Borderline: 80s Night 9 p.m. Borderline Bar & Grill</p> <p>The Need: Cinemania 10:15 p.m. SUB</p>	<p>Criminal Defense Investigations in the Media 10 a.m. Roth Nelson Room</p>	<p>Immigration: A Lawyer's Perspective 5:30 p.m. SUB</p> 	<p><i>“Always do what you are afraid to do.”</i></p> <p>-Ralph Waldo Emerson</p>
<p>SUNDAY November 16</p> 	<p>MONDAY November 17</p>	<p>TUESDAY November 18</p>	<p>NEXT WEEK ON CAMPUS</p>
	<p>Harold Stoner Clark Lectures, Dr. Andrew Newberg 10 a.m. and 4 p.m. Samuelson Chapel</p>	<p>Study Buddy 3:30 p.m. First United Methodist Church of Thousand Oaks</p>	<p>International Chapel Service 10 a.m. Samuelson Chapel Nov. 19</p> <p>Wind and Jazz Ensembles 8 p.m. Samuelson Chapel Nov. 21</p>



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Steve Johnson, Baritone
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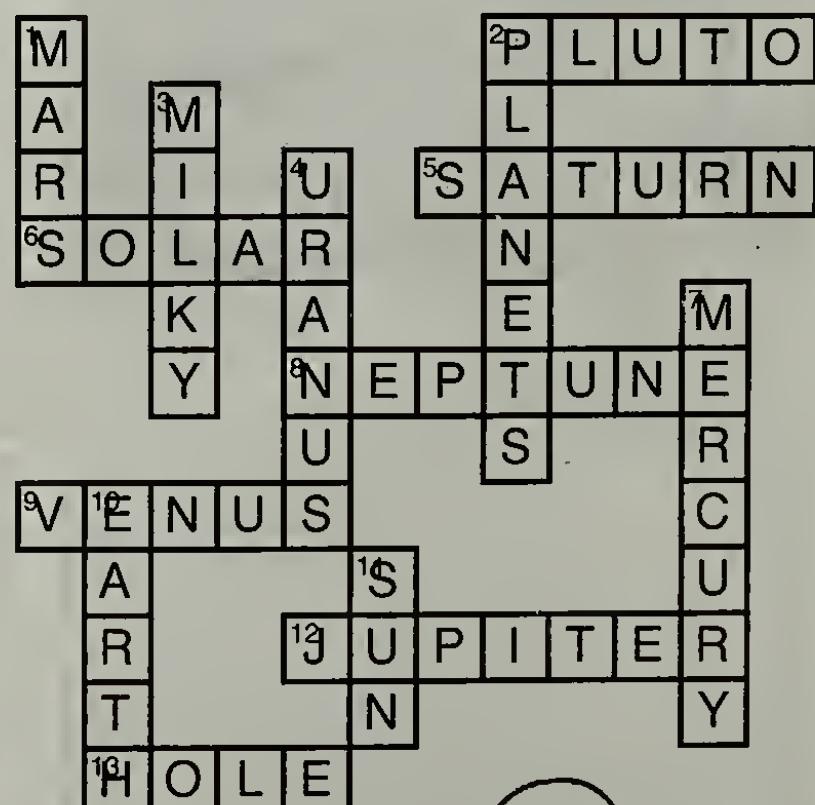




Photo courtesy of Pete Brown

Current Presidential Hosts work to recruit new hosts to share their experiences with perspective CLU students.

The Presidential Hosts

Students highlight qualities of the university to perspective students

By Aaron Hilf
Echo Staff Writer

Acting as tour guides on California Lutheran University's campus, the Presidential Hosts play a vital role in the admissions process for many prospective students.

Through their tours and personal contact afterward, hosts help those thinking about applying to CLU in any way they can.

"The Presidential Hosts are an integral part in the admission process," said Peter Brown, enrollment marketing and communication manager and one of the faculty in charge of the program.

Presidential Hosts are responsible for two shifts per week. However, this does not mean that they give two tours. As a host you are not only responsible for giving tours but for acting as concierge when prospective students come into the admissions building.

"I can answer any questions about student life, campus life, on-campus activities and whatever else they need," said Jon-Erik Livingston, a Presidential Host.

As a host for three semesters, Livingston knows that he plays a big part in many students' decision-making process.

The tours consist of a walk around campus with the prospective students and their families.

Hosts are responsible for showing off academic buildings, residence halls and other campus landmarks.

They must also know about current events and about what is going on with CLU at the time of the tour.

"Hosts also add their own flare to their tours," Livingston said. "You get somewhat of a different perspective from each host. It's a lot of fun."

Presidential Hosts also try and build relationships with those they give tours to.

"We try to stay in contact with the student and family after the tour," said Eric Eggleston, Presidential Host coordinator.

Through letters and pictures, the hosts continue to help the students in any way they can, even after they've left the campus.

As one of the program's coordinators, Eggleston helps set

up all aspects of the tours.

He helps plan the tours and coordinate all parts of the tours for the hosts. After being a host for two years, he knows what it takes to have a great tour.

Hosts give group tours year-round to high schools and even to the occasional middle school. The group tours are also very popular during Fall Showcase and Admitted Students Day held in the spring.

"Fall Showcase is an opportunity for students to come on campus and meet faculty, clubs and have tours," Brown said. "The hosts help with the tours, and also answer any questions that the students might have."

They are always looking to grow the program and are now accepting applications for the spring semester.

"We are looking for students who love to meet and interact with new people," Brown said. "And who love CLU."

To become a host, pick up an application and turn it in by Friday. For any questions regarding Presidential Hosting contact Brown or Eggleston in the admissions office.

Regents excited about current direction of CLU

By Ashley Soukup
Echo Staff Writer

Budget projections were met according to the California Lutheran's Board of Regents, who convened two weeks ago.

"The board reviewed the budget in terms of how it's played out, and we met the budget of the university, but we did not meet it quite the same way as we thought," vice president of Student Affairs Bill Rosser said. "Enrollment as you know, is way up."

Undergraduate enrollment increased eight percent and the number of freshman on campus had an increase of four percent. Although the board was expecting a larger growth in graduate students, the program only saw a growth of 1.4 percent.

The operating budget of the CLU is \$67,386,300. Faculty and staff will receive a half percent raise if enrollment goals were met.

Dr. Matthew Ward, Dean of Undergraduate Enrollment, has been promoted to vice president for enrollment management.

He has 10 years of experience in enrollment at University of Miami, Florida, and the University of Wyoming.

"Having the reorganization that is going to bring graduate and undergraduate enrollment together under Dr. Ward is going to be a really great thing," Rosser said.

The new tennis courts being put in on north campus are going to be named for Ron and Sue

Poulson, who have been active at CLU for the last 20 years.

Ron Poulson served three three-year terms on the Board of Regents.

Sue Poulson is a big supporter of the Community Leaders Association and has served as co-chair and chair of the Auction Committee in 2002 and 2003.

Michael Arndt, professor in the Theater Arts Department, has been granted a sabbatical to go to Vietnam in the spring of 2010 to shoot a documentary looking back on the Vietnam War.

The Board of Regents also announced that they will bring back HMH Construction Co. to build the Swenson Center of Academic Excellence, dedicated to social and behavioral science departments.

"Very positively," Rosser said, of working with HMH Construction, "we had great success with the past two major building projects."

The Regents are very happy with the direction that CLU is going in.

"When we have leadership at the top of our university it's a trickle down effect," ASCLU-G President Andrew Brown said. "It first makes everyone excited about where we are today, where we've been and where we are going."

The Regents are happy and excited for Dr. Chris Kimball, CLU's new university president.

"The Regents, myself included, are very impressed with President Kimball and the work that he has done since being announced as our president," Brown said.

THE ECHO

California Lutheran University

2008-2009

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Ed. professor brings drama to class

By Elicia Hildreth
Echo Staff Writer

With great professors employed at California Lutheran University, it's no wonder that CLU's own Dr. Michael McCambridge is deserving of the President Award for excellence in teaching.

McCambridge, who prefers to be called "Mac," is a legend in the teacher prep program. He has invented the Active Collaborate Teaching method, which helps engage the professors and students in a fun learning environment.

"Education helps develop students to grow into their potential," he said.

McCambridge is the associate professor of education and his teaching style has inspired students to look at their subjects of study differently and often times through drama.

In his 501 Theories of Teach and Learning class, he makes the class more interesting and fun.

He puts the students into groups called "families" and presents them with imaginary kids. He takes these groups through their study material and they learn by interacting within their families.

"Instead of lecture with power point, note-taking and midterms, I create 'families' that go through issues and then they have to present their conclusion of how they handled the issues within the family. Learning needs to become real," MacCambridge said.

Growing up, he didn't know what he wanted to do as an adult.

His parents are teachers and tried to influence him to become one but his heart was set on acting and the theatre.

McCambridge went to school for business communication and has been involved with theatre arts since elementary school. While in high school he was very involved in theatre and the debate team.

Later in life he moved to New York and decided to be a professional actor. While acting in New York, he found that his passion was to teach others how to act and decided that he would go in the direction of teaching.

His colleagues and students think that his techniques and style of teaching are pure genius.

"He is a great professor who shows his passion in the classroom," said former student Robert Benedict. "He made my class fun and I looked forward to going to every class."

McCambridge has won the Teaching Award, President Award for Excellence in Teaching and Best Director for his theatre group for 2007-2008 year. He has developed a theater group called Elate, based in North Hollywood.

In addition, the teacher prep program was just recently granted an approximate One-million-dollar grant.

"Mac is very successful, very active, and very important," said associate professor of education, Thomas McCambridge. "He has an important role for the teacher prep program, and definitely the most effective of us in the

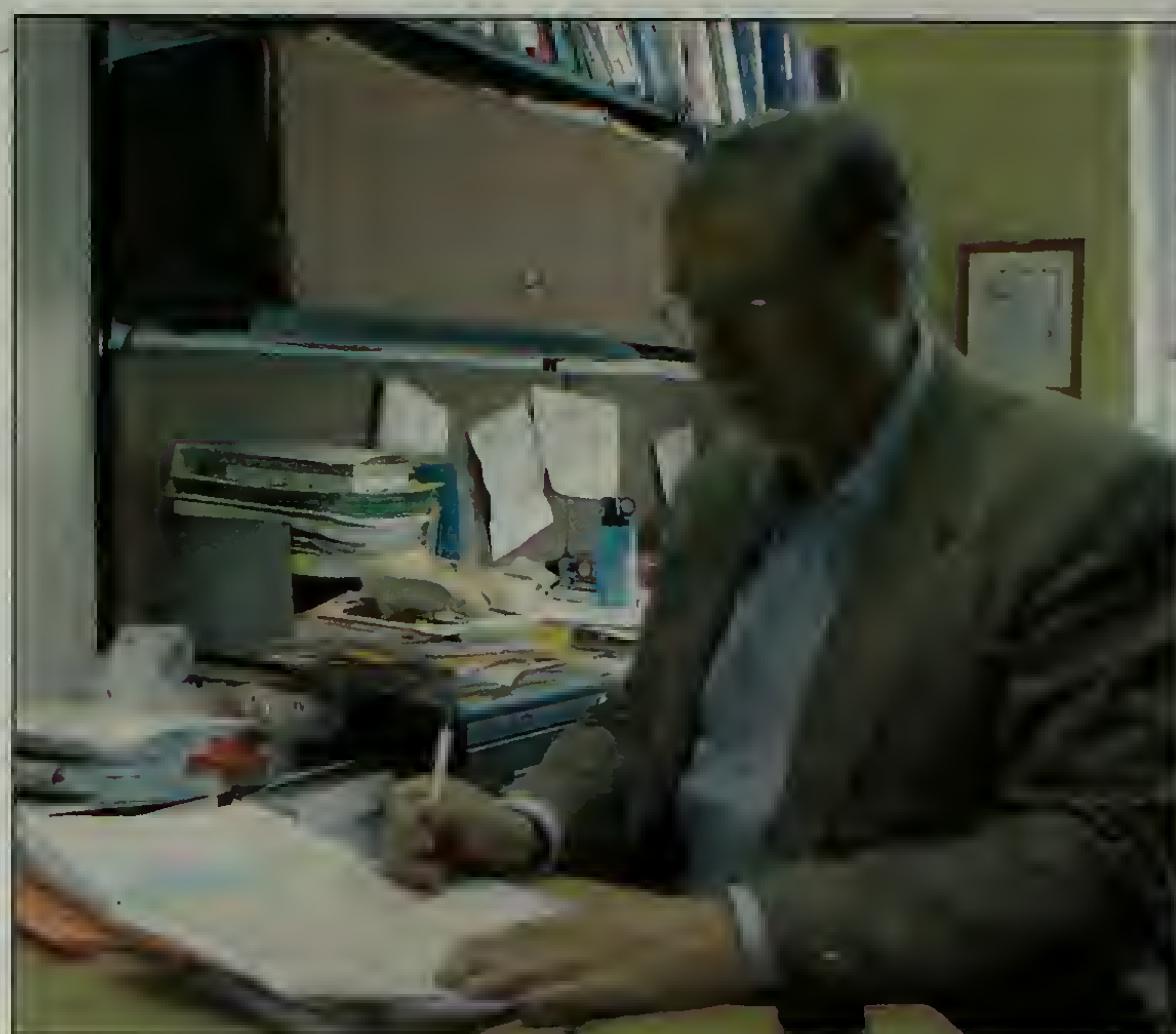


Photo by Nathan Hoyt

Dr. Michael McCambridge is putting a new spin on education by bringing drama into the classroom.

program."

In his spare time he is in the process of wrapping up his first book, "Becoming the Good Teacher in Pursuit of Effective Teaching and Learning." The book is based on his active collaborate teacher ideas. McCambridge wants to inspire teachers of all grade levels to be committed to their profession. He understands

that learning is a cognitive process and that is what he explains in the book.

The book is also meant to act as a workshop that asks teachers to examine and look at the way they are teaching and to take them through a process that could make their methods better and their classes more fun and engaging.

McCambridge is currently training around 60 teachers about the active collaborate teaching method and understands that there is more that they can learn.

"I wouldn't do it justice if I were to describe his method," said Thomas McCambridge. "He is an intelligent person who has been an inspiration and a pleasure to work with."

In beautiful harmony

By Megan Hindman
Echo Staff Writer

Eight students have dedicated their time toward preserving a long-standing tradition at California Lutheran University.

Beginning in the early days of California Lutheran College, the Kingsmen and Regal Quartets have been a unique addition to the campus community.

"They are probably the longest running thing at CLU as far as the arts go," said Dr. Wyant Morton, chair of the music department. "They have been around since the funding of the school and we try to keep that alive."

The Kingsmen Quartets have been a part of the institution longer than the Regal Quartets. Back in the day, women's music was written more commonly for a trio. The Regal Quartets were established a few years after.

The group consists of four men and four women specifically selected from the CLU choir. Once accepted into the prestigious group, a member is allowed to continue on for as long as they are at the university.

"They're selected not just based on their voices, but by those who

can work well on their own. They have to be really solid musicians and very independent," Morton said.

Members this year include high tenor Ryan Strand, high base Chris Power, low base Jeff Opine, high soprano Kelly Derouin, low soprano Karen Emmert, high alto Lindsey Riddle and returning members, low tenor Skyler Butenshon and low alto Missy Bain.

"It's a very young group this year. There's only one returning guy and one returning girl. That's why I've been working with them this year to help get them started," Morton said. "They work very independently. I oversee what they do, but they work mostly on their own and pick their own music."

This year the Quartets sang several times during homecoming weekend. They performed at the half time show, the homecoming concert and at coronation where they sang "Sweethearts" to the king and queen.

The Kingsmen and Regal Quartets also sang together last Saturday as an octet at the Community Leaders Association's 29th Annual Auction.

"I enjoy it because it's a group of people who are dedicated and really want to be there," Opine said.

The Quartets often perform together as an octet and typically sing a cappella to pop music or lighter pieces. Ryan Strand and Skyler Butenshon have also composed a few pieces for the group.

"They are a really great group of combined voices that create a really refreshing sound," said senior Christina Aamodt. "When I heard them they sang a cappella and it was just really nice to be able to hear their voices independently rather than having competing background music."

The Kingsmen and Regal Quartets are currently gearing up for their Christmas season when they anticipate caroling in the area and are scheduled to perform at the Christmas Festival Concert Dec. 5-7. The concert will be held in the Samuelson Chapel Friday and Saturday at 8 p.m. and Sunday at 4 p.m.

"It's a lot of fun. We get to learn new music, perform and keep up a tradition of CLU. We are pretty good, come and see us," Opine said.

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“Madagascar 2: Escape 2 Africa” is a movie for all ages that is filled with song and dance.

The entire cast is front and center, and the stage is set in the plains of Africa. The penguins are back full-force and create the largest laughs in the audience.

Alex (Ben Stiller), Marty (Chris Rock), Melman (David Schwimmer) and Gloria (Jada Pinkett Smith) return to the screen along with a few new friends: Makunga (Alec Baldwin) and Zuba, Alex’s father, played by the late Bernie Mac.

Eric Darnell and Tom McGrath return as the directors and are joined by writer Ethan Coen. From the beginning we are taken on a trip back in time to the start of the group’s friendships (Alex, Marty, Melman and Gloria), when they were all young.

We discover that Alex was once a wild animal living in Africa with his father, Zuba, and his mother. His father is leader of their pride and during a challenge by a rival male named Makunga, Alex finds himself stepping off the reserve and into the arms of his captors.

His father chases them down to rescue his beloved

son but is unable to save him and Alex winds up lost. Alex finds himself floating to the shores of New York where his story begins.

“Madagascar 2: Escape 2 Africa” opens with the group boarding a plane from Madagascar that is taking them back to New York. The pilots of the plane are none other than the penguins whose scheming ways cause the group to experience a plane ride like never before, ultimately crash-landing on the very reserve in Africa that Alex had left behind so many years ago.

“Madagascar 2: Escape 2 Africa” is a treat for all ages and incorporates humor that’s suitable for parents and children. The same comedic songs and dances that are featured throughout the original film are peppered in the sequel. It’s an enjoyable film for anyone wanting a good laugh.

Friendships are what guide us through life; they are there for us when we are down and they are there for us when we’re in need of help.

“Madagascar 2: Escape 2 Africa” shows us how valuable true friendship is and how nice it is to always have a friend.

“Penguins fly with laughs!”



By Scott Beebe
Movie Critic



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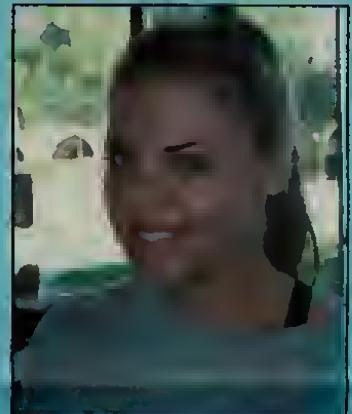
Campus Quotes

“How do you feel about Proposition 8 being passed?”



“I voted yes. I feel that marriage is a religious term and I don’t think that it should be forced.”

—Junior
Michael Swaidan



“I am really mad that it passed. It is unfair. Everyone in California should have the same rights.”

—Freshman
Megan Ceriale



“I am neutral. As long as gay people don’t hit on me I’m fine.”

—Sophomore
Michael Zubach



“I didn’t vote.”

—Senior
Will Scarbrough



“Separate but equal is inherently not equal and that has been forgotten with this whole Prop. 8 business.”

—Junior
Robert Duff

Congrats California

Upheaval about the passing of Proposition 8

Congratulations California, we have officially shown the rest of the nation how truly incompetent we are.

On Election Day, millions of us told thousands of other people that they are not as good as we are, that they are not equal and that their relationships will not be respected in the eyes of the law.

While Proposition 2 passed overwhelmingly, giving animals more freedom, we for some reason couldn't do the same to respect our fellow human beings.

Some say God was at the center



Missy Bain

of this issue, but I say fear and hate were.

People throughout history have constantly used their religion as a means of justifying their hateful actions (i.e. the KKK, the Holocaust, the Crusades, etc.), and I believe that this is the biggest sin of all.

Shouldn't religion be a means by which people live their life and learn to treat others with compassion and grace?

Maybe I was mistaken when I read I Corinthians 13:4: "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of

wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails...."

Where does it say "Love is heterosexual, love is unequal or love is wrong if a bunch of ignorant people vote and say it is"?

However, it does say that "Love never fails," and I believe that statement to be a foreshadowing of things to come.

Our fight for love may have failed this time, but in the end we will win. We may have lost the battle, but we will win the war.

Who are we to decide the fate of another person's relationship? How would you feel if we put your marriage on the ballot and voted against it?

We have treated homosexuals appallingly and those who contributed to the passing of Proposition 8 should be ashamed.

I want to apologize on behalf of the rest of this selfish, discriminatory state of California, to all the people who will be affected by this passage.

I want to apologize to the

17,000 married same-sex couples who will have to now fight to keep their marriages valid, to the children raised by same-sex partners who now have to endure the law's

Where does it say "Love is heterosexual, love is unequal or love is wrong if a bunch of people vote and say it is"?

implication that their parents aren't as good as others and to those who worked so hard to help people realize that only good things would come of gay marriage, not bad.

I want to apologize, but I also have to say that I can't wait until this ban is overturned for good, And believe me, it will happen.

I can't wait for the day when all those "Yes" voters will feel like big, selfish, ashamed jerks.

I want to apologize for when the children of same-sex couples read about this upset in their history books, alongside those with parents in an interracial marriage, and think, "I can't believe people would actually do that to other people!"

To everyone who voted Yes on Proposition 8, shame on you.

Get ready to try and do it again because we will never leave this issue alone until we get true equality for all.

We will let you celebrate for now, but just know that next time we will come back even stronger than before.

Eliminating the right to gay marriage does not eliminate gay people or their supporters.

It only makes us want to work harder to achieve the justice we know is right.

I will fight for this right until the day I die, so brace yourself California, because here we come again.

Students too party happy?

A lot of college students, including those at California Lutheran University, spend their weekends at bars, parties and small gatherings, drinking alcohol and having a good time. It's all fun and dandy until you wake up the next morning kissing the toilet seat with a throbbing headache that makes you regret the over-consumption from the night before.

Although only about half of college students are of legal drinking age, it seems that does not matter when it comes to alcohol.

Thanks to fake IDs, older friends or negligent policies at liquor stores, purchasing alcohol while underage isn't too hard to do.

Twenty-four years ago Congress passed the National Minimum Drinking Age Act, that raised the purchase and public possession of alcohol from 18 to 21 years old.

A proposal called the Amethyst Initiative is circulating among college and university presidents proposing an "informed and unimpeded debate" about the current status and effectiveness of America's alcohol legislation.

According to its Web site, AmethystInitiative.org, it is unfair for adults who are under 21 to not to be legally allowed to purchase alcoholic beverages since adults 18 to 20 are eligible to vote and

enlist in the military.

While they raise a good argument, it does not take into consideration the consequences of lowering the drinking age. If the drinking age was to drop, it is likely that the number of alcohol-related accidents would increase.

The general public and many university students are divided at both ends of the spectrum on this

particular issue. Interest groups such as MADD (Mother's Against Drunk Driving) believe that lowering the drinking age will only cause and lead to more fatal car crashes.

According to the National Transportation Safety Board (NTSB), each year 55-58 percent of highway accidents are related to alcohol. Furthermore, the National Highway Traffic Safety Administration (NHTSA) reported 670,000 people are injured due to alcohol-related accidents.

Since Congress passed the act in 1984, NHTSA has confirmed that the number of young people killed annually, in crashes involving drunk drivers under 21, has been cut in half, from more than 5,000 young people in the early 1980s to nearly 2,000 in 2005.

If the drinking age is lowered,

a drive down the freeway could be even more dangerous than it already is now.

Amethyst argues that the problem of irresponsible drinking by young adults continues, despite the minimum legal drinking age of 21. This, they say, is the result of dangerous binge drinking on many college campuses.

Sure, we all could have access to alcohol if we really wanted it, but how is lowering the legal age limit going to cease binge drinking? Binge drinking will still exist, especially when more people will have access to alcohol.

More binging means more students having their stomachs pumped or getting alcohol poisoning. If lowering the age will release a great deal of problems, the law should stick to its original creed.

Of course there are still people out there who abuse alcohol. Obviously it's not just underage college students who binge drink and drive drunk. I'm sure there are many of us who have never abused alcohol, much less driven while under the influence.

It's those who are not responsible, not safe and who do not worry about others that I'm concerned about. Statistics prove to me that most young adults under 21 are not concerned with being responsible for their actions and therefore, I believe the drinking age should not be lowered.



Hollie Lowenberg

Room for rent:

- \$ 600/ month plus utilities.

- Only 2 miles from campus in Sunset Hills Golf course area.

- Private bathroom with some furniture in the room (bed & dresser).

- Applicants should be clean, responsible and quiet.

- No party animals please.

The phone # is (805) 231-6356 and e-mail izadfitness@aol.com

How to Respond

Mail

Letters to the Editor
Calif. Lutheran Univ.
60 W. Olsen Rd. #3650
Thousand Oaks, CA 91360

Phone

(805) 493-3465

E-mail

echo@callutheran.edu
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

A bang for your buck

Farmers' market provides healthy, cheap alternatives

The current buzz about healthy eating is everywhere, but on a limited budget

Lutheran University students struggle to find economic solutions. What if I told you there is a simple approach that could spice-up your healthy eating routine, help the environment and stimulate the community?

Visit Thousand Oaks farmers' market. Located on Hillcrest Drive, this market is one of four Ventura County Certified Farmers' Markets.

Farmers' markets of today are not exclusively reserved for middle-aged, mother-earth types, although they are more than welcomed. CLU

students should be aware of the personal and community benefits to be gained by these markets.

Farmers' markets are an economic way to buy the freshest local fruits, vegetables, bakery items, eggs, nuts, honey, potted plants and cut flowers, all at the peak of the season.

If you are tired of the often mealy, bruised apples at the cafeteria, I suggest picking-up a 3 pound bag of Black Arkansas apples at the Thousand Oaks farmers' market for around \$4.

The market is a great place to try something new and branch away from the routine foods we buy on a budget. Ramen noodles come immediately to mind.

If fresh, nutrient-rich produce is not enough to tempt your taste buds, the rooftop, where the farmers' market is held, is filled with the aroma of fresh kettle



Kristir Gilman

corn on a weekly basis. Banquet tables are also filled with bakery goods ranging from jalapeño bread to snicker-doodles, so if you are looking for a taste of home this might be the place to find it.

One more suggestion, is to pick up some fresh gerber daisies or sun flowers for your girlfriend or anyone that would appreciate them. Not only will you get points

CLU students should be aware of the personal and community benefits to be gained by [the Thousand Oaks farmers' market].

for being thoughtful, but you will get double points for purchasing them from a local farmers' market.

While this market is a treasure trove for any hungry student on a budget, shopping here has an even longer list of benefits. Buying your produce from local farmers helps

to support Thousand Oaks.

All of your money goes directly to the local farmers who grow your food.

You are keeping your money in the community and not spending added dollars to transport food across the country.

Our existing food transportation and distribution system requires massive amounts of energy and resources. Before food gets to you in the cafeteria or in the grocery store, the average food item in the United States will travel 1,300 miles. All this inefficiency creates many environmental problems.

It is clear that the Thousand Oaks farmers' market is beneficial to your health and the environment, but it is also a great way for CLU students to be involved and talk to the people we share this community with.

This exciting community event takes place every Thursday from 2 p.m. to 6:30 p.m. on the rooftop of Recreation District at 403 W. Hillcrest Drive, right across the street from The Oaks mall.

Pros/cons to on-campus housing

Should it be mandatory to live on campus?

It's that tiny room most of us at California Lutheran University have experienced, and no, it's not a hospital room or a cold doctor's office.

Most of us have experienced this type of room because it was mandatory for us to live in during our freshman year.

It's the dreaded dorm room.

What do you think of when you hear the word "dorm room?"

For me, I immediately think of a shoe box, mouse trap or jail cell.

My question is whether or not college campuses should make it a requirement for students to live on campus their first year.

Don't get me wrong, I do believe there are numerous advantages to living on campus as a freshman.

Student bonding, recreational activities that the resident assistants provide and a sense of community are definitely reasons for students to live on campus.

I also think that by putting students into an environment where everyone is in the same boat makes the bonding between new students even stronger because they are all going through a new and frightening experience together.

When I attended California State University Chico in

Northern California, I carefully read over the brochures and Web site to see what their goal was for students who lived on campus.

CLU also holds standards for campus housing which states that "in support of the values defined in California Lutheran University's mission, Residence Life will work to create a living environment that promotes and enhances student education opportunities by focusing on developing a respect for and connection to the CLU community."

For students experiencing their first time living away from home, and for parents nervous about their child leaving home for the first time, mandatory on-campus housing provides a way for parents to feel as though their child is taken care of.

I think part of the reason why I see more disadvantages in mandatory on campus housing is because I have experienced living in a small dorm room when I attended Chico.

At the time, I was over 18 years old and felt extremely responsible for myself and my daily actions.

When I realized that it was mandatory for freshmen to live on campus their first year, I felt like most of my ability to make decisions for myself was being taken away.

No candles. No matches.

Visitors must be continuously checked in.

If you lost your room key, it was a ridiculous \$50 to replace.

The list went on and on and I truly couldn't believe that so many rules were created for students who were forced to live in a dorm.

I also found it much more difficult to concentrate on my homework, study without procrastinating and attempt

I believe too often students get matched up with a roommate that is the polar opposite of themselves or what their typical daily habits are.

to get to bed early because my roommate and I were always on different schedules.

However, there are some options for students at CLU.

For example, if you are within a specific mile radius of the school, you are allowed to live off campus property.

Ultimately, I think that students should be free to decide whether or not they want to live on campus and in the provided dorms.

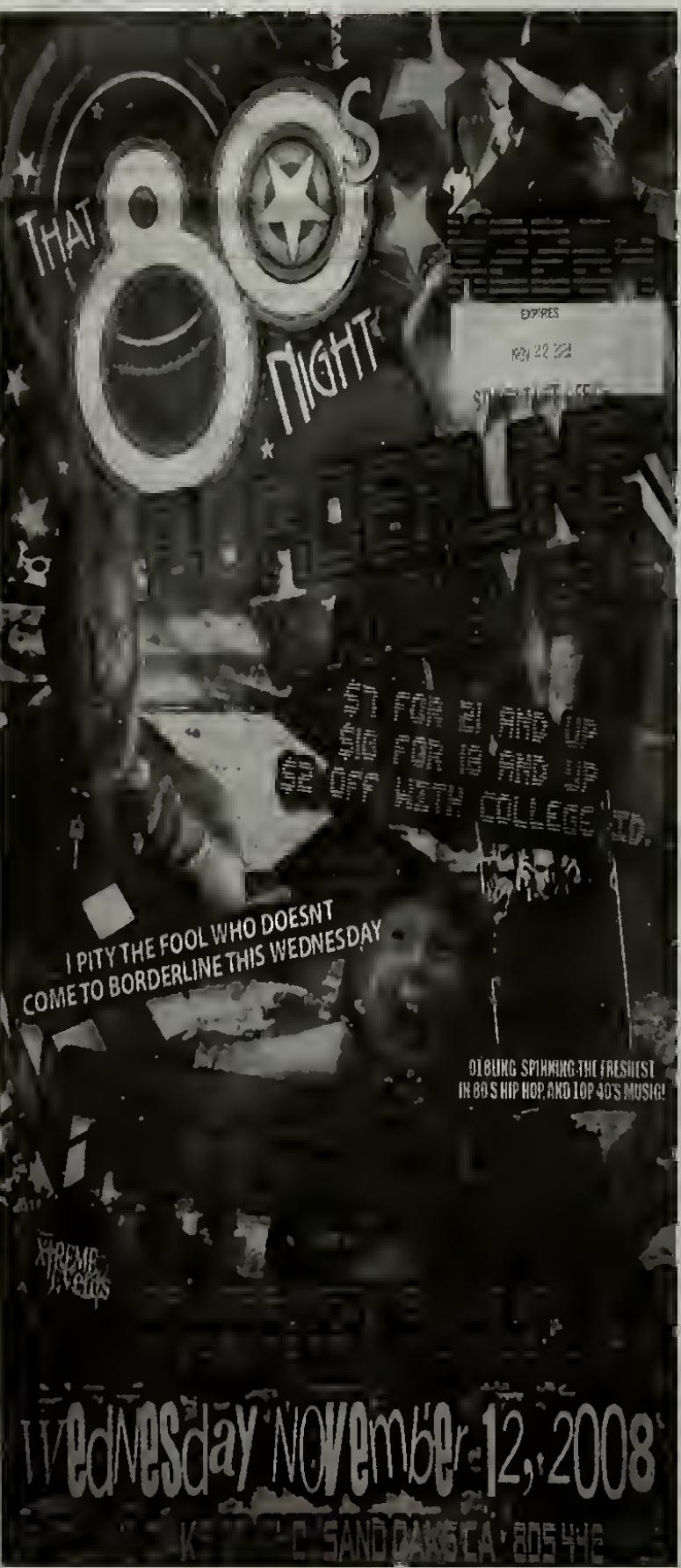
Every student studies and interacts differently.

I believe too often students get matched up with a roommate that is the polar opposite of themselves or what their typical daily habits are.

We all know that freedom of speech is important.

Whatever happened to freedom of choice?

Wouldn't it be neat to finally let student's decide how they want to start off their college experience?



Leslie Richman

Tigers are not afraid of the water

Outnumbered swimmers can't top Oxy at home

By Nicole Jacobsen
Echo Staff Writer

It's likely that the Cal Lutheran women's swim team is wishing it had a few more members this season.

The Regals lost 110-126 against Occidental College Saturday morning in the first SCIAC meet of the 2008-09 season, mostly due to not having enough members on the team to compete with larger teams such as the Tigers.

Cal Lutheran's Amanda Graves took first in both the 200-yard individual medley (2:23.01) and the 100-yard back stroke (1:06.88) to put the Regals on top but throughout the day the Tigers caught up and eventually took the lead.

"Oxy was tough because their team is so much bigger," junior Mikayla Avrea said. "If we had more people on our

team we would have a better chance, but we did well and won a lot of races."

Despite the loss, the Regals are excited for the rest of the season and are getting ready for upcoming meets by focusing on their specialty strokes and sprinting during practice.

"The team has been doing really well," Avrea said. "We

started swimming earlier this season so we were more prepared for our first meet this year. Everyone has been improving all their times even after we added weight lifting to the program this past week."

Encouragement played a key role in last weekend's meet versus Occidental.

Coaches and swimmers cheered for their fellow Regals

when tension was high and the score was slowly getting closer.

"Coach Dodd was proud of us this weekend," Bridget Nurdung said. "He's been so encouraging during both practices and meets."

The girls are amazing, too. They're always yelling and cheering, getting us excited and pushing us to go faster."

The 400-yard medley relay team, consisting of Avrea, Leah Williams, Jenna Snyder and Kelly How Tam Fat, took first while senior captain Jill Minehan was first in the 100-yard fly with a time of 1:00.45.

"Everybody worked really hard this weekend," Lindsay Nolan said. "We're all excited to see what happens this season."

She won the 50-yard free style with a time of 25.91, only 1.74 from the record set by Aimee Vermillion in February of 2007.

Nolan also took second in the 100-yard freestyle with a time of 56.92, just .4 seconds behind Occidental's Karie Nickle.

"We still have things to work on and we always have room for improvement, but overall we're proud of how we did," Nolan said.

The Regals 400-yard freestyle relay team consisting of Graves, Minehan, Avrea and Nolan got first with a time 3:48.47, out swimming the Tigers by 7.89 seconds.

By Krystle Van Deusen
Echo Staff Writer

In their conference opener at Samuelson Aquatics Center, the California Lutheran University men's swimming and diving team came up short 92-124 last week.

Cal Lutheran divers will be on the road to compete at the Bulldog diving invite on Nov. 22. The whole team will take on the University of Redlands on Saturday, Dec. 6 at 10:30 a.m.

Despite the loss, three Kingsmen standouts won individual events to contribute to their scoring.

Cal Lutheran's lone male diver, senior Eric Vaughn, won the 1- and 3-meter diving events putting up the most points for any Kingsmen of the day.

"I've been the only diver both for the men's and women's the past three years," he said. "It's been great one-on-one training, but it's nice to have girl divers this year."

Most schools in the SCIAC typically have two or more divers on their roster. Vaughn has to make every dive count in order to make up the uneven odds he is facing.

Aside from Vaughn's individual event win, sophomore Jordan Liebhardt won the 100-yard freestyle swim (50.83). Freshman

Jake Kaija led the 500-yard freestyle (5:06.97) to rake up the CLU individual event winners.

Kingsmen sophomore Ryan Cota finished second, just seconds behind teammate Liebhardt, in the 100-yard freestyle (52.41). Cota just missed another first place finish in the 100-yard breast stroke (1:05.62), finishing two seconds behind Occidental's Jeven Dovey.

Cal Lutheran also had a strong team performance in the 400-yard freestyle relay finishing first overall (3:28.32). Kaija swam the first leg of the race, junior Jared Vermillion and sophomore Spencer Votipka swam the middle legs, and Liebhardt secured the victory for the Kingsmen.

The Kingsmen water polo team is finishing up the end of their season, and some polo players make up the rest of the swim team, part of the reason they're shorthanded at

the moment.

The Kingsmen lost a good chance to gain some points

when they didn't have enough numbers to compete in the 400-yard Medley relay.

This was the only event they did not compete in.

"Other teams have more swimmers, so they have more numbers to fill out the events," Vermillion said. "With our full team we will be much more diverse."

Kingsmen swimmers are excited for what's in store for them as the season continues and the SCIAC championships in February.

"We're building up for the future," said sophomore Chris Knorr. "We're excited to put in a good show in SCIAC."



Senior Amanda Graves won the 200-meter individual medley and the 100-meter backstroke on Saturday.

Photo by Ashley Bentz



Jake Kaija won the 500-meter freestyle event against Occidental College.

Photo by Ashley Bentz

Living the college dream

By Jackson Damron
Echo Staff Writer

So many people dream of being the hero, the go-to-guy, the one everybody looks to for leadership. For senior midfielder Josh Moskowitz that dream was a reality.

The graduating senior has played his final game for the Kingsmen soccer team and scored his last collegiate goal. However, he has come away with a number of friends he can call his brothers, friends that will be in his wedding, friends that will last a lifetime.

Being a part of the Kingsmen soccer team was something Moskowitz had never before experienced.

"The camaraderie of this team is amazing," he said. "The best part of playing soccer here isn't all the goals or assists, but having the opportunity to meet all the great people that are in my life now."

A two-sport athlete at Oak Park High School, Moskowitz also played football besides being a standout soccer player.

After his senior year of high school he had thoughts of attending the University of Nevada at Las Vegas to

major in casino management.

Following a visit to the UNLV campus he decided to stay close to home and attend California Lutheran University and major in journalism.

"I felt like [NCAA] Division I was going to be too serious," Moskowitz said. "Being from Oak Park I felt like the atmosphere at CLU would be more what I was used to."

On the field for the Kingsmen, Moskowitz has had a stellar career. He is on CLU's top-10 list for goals, assists and points with 33, 22 and 88 respectively. For his first three years Moskowitz was the leading scorer and second leading scorer in his senior season.

Following the 2006 season he was named to the All-SCIAC Second Team and in 2007 he was named to the All-SCIAC First Team and the NCAA All West Region Third Team.

"Josh is the type of player that leads with his intensity," said assistant coach Clark Cripps. "I have never had to worry about whether Josh was going to show up for the game. He has a mental edge about him that is hard to find in a player in any sport."

While Moskowitz has excelled on the

soccer field, someone very close to him hasn't been able to see it. His mom, Nancie, is the women's soccer coach at CLU and couldn't see him play because her games were at the same times.

For Josh's entire high school and college career, Nancie had to wait and hear how her son's games turned out. She would receive a phone call or text message with the news of her son's successes. She even had thoughts of resigning.

That changed this year when the CLU athletic department helped devise a scenario in which Nancie

could choose four of her son's games to attend. Assistant coach Frank Marino was left in charge in the women's team.

"I don't know of a lot of universities where they would allow me to do this, especially your bigger Division I programs," she told a Ventura County Star reporter. "I am very appreciative they gave me this opportunity. It really means a lot to a mother."

Not only did it mean a lot to her, it was also very important to Josh. In high school his mom coached at Newbury Park High School and his dad filmed the Oak Park games so his

mom could watch them later.

"She's never been able to watch me play," said Josh Moskowitz. "It really meant a lot to her to get to see me play this year."

Moskowitz plans to get a job in the television industry on the East Coast. However, he hasn't ruled out continuing his soccer career overseas in Sweden.

"Soccer is in the back of my mind right now," he said. "I've already started applying for jobs, but I know after winter break I'll get the itch to train and play again."

Nationals or bust in college finale

By Jeff Chaney
Echo Staff Writer

Eric Vaughn never thought he would have a college diving career until he was recruited his sophomore year of high school to help his swim team get the diving points it had been missing out on.

Already a player on the soccer field and tennis court, he soon acquired a love for the precision and nerves of steel required for diving.

Coming from Washington to Southern California as the sole diver for the Kingsmen swimming and diving team, Vaughn soon discovered that there was more opportunity and higher competition.

"We didn't even have 3-meter boards in Washington, so I had a whole new set of dives to learn and practice," he said.

Right now, as the season approaches, Vaughn has been refining where he left off last year. Working on his front three and 1/2's has been the focus as

of lately, as well as reverse and back 2 and 1/2's.

Vaughn has his eyes set on making nationals this year, and he knows that those are the dives he needs to build off of throughout the season to get him there.

"There are clear tiers in the diving competition, and I want to be in the top percentage of our division to make it through to nationals," Vaughn said.

Vaughn is gunning for Claremont-Mudd-Scripps, as the Stags are his clear rivals on both the 1 and 3-meter boards.

"Last year, going into the season my goal was to Podium at the SCIAC championships, and I took third place on both boards behind CMS, and although I accomplished my goal and dove really well, I want to build off that year like I have since my freshman year and finish at the top," he said.

Vaughn's coach, Arsen Javadian, was a world class diver from Russia who has competed against the 15 time gold medalist Greg Louganis. With his guidance and expertise, Vaughn plans on making some huge improvements on what he is capable of at this time.

"He is a diamond in the rough in the dive-coach world. I feel very lucky to have him as my coach," he said. "With not a lot of diving in the off season it's very important to have a coach who can get you back to where you left off, and he gets me back to that so fast."

A dive that Vaughn hopes to have down by the time the big show comes around is a 2 1/2 twist-1 1/2 somersault.

"It's not about just doing the dive, it's nailing the dive," he said.

Just before Thanksgiving, Vaughn heads down to University of Redlands for the Bulldog invitational.

"It's a big meet with lots of Division I teams," he said.

It will give him a chance to size up some of the competition he hopes to see at nationals.



Photo by Ashley Bentz

Eric Vaughn aims for nationals this year, his senior season.



Photo by Erik Hagen
Josh Moskowitz is ninth in CLU history with 33 career goals.

Sport Schedules

	Wed 12	Thurs 13	Fri 14	Sat 15	Sun 16	Tues 17
 Kingsmen Basketball			@ Cal State Northridge 7:05 p.m.	Afghanistan National 7:30 p.m.		
 Kingsmen Water Polo			SCIAC Tournament CMS 2:30 p.m.			
 Regals Volleyball		-NCAA-Puget Sound @ La Verne				
 Kingsmen Football				@ Redlands* 1 p.m.		

Shade denotes home game. * Conference Game.

Defense dominates Leopards

La Verne held to three points in home finale

By Nicole Flanary
Echo Staff Writer

The Kingsmen leveled the La Verne Leopards Saturday in their final home game of the season.

Cal Lutheran outscored La Verne 37-3 at Mt. Clef Stadium.

The Kingsmen travel to Redlands on Saturday to take on the University of Redlands Bulldogs at 1 p.m. in their last regular season game.

"We came into this game wanting to bounce back from a hard loss to Oxy," senior Kevin Shaifer said. "We were confident and prepared and I think that made the difference."

On the Leopards' first possession, junior linebacker Roland Jenkins sacked quarterback Anthony Andre and the Kingsmen defense didn't let up forcing La Verne to punt early.

CLU drove the ball 53 yards down field, setting up a 15-yard touchdown pass from junior quarterback Jéricho Toilolo to freshman Derek Martinez.

The score at the end of the first quarter was 7-0 and it wasn't until early in the second that CLU added more points to their total.

Junior kicker Jackson Damron connected a 33-yard field goal to increase the Kingsmen lead to 10-0.

On the next possession for La Verne, Jenkins earned his second sack of the game.

Senior lineman Jacob Calderon forced the ball out of the hands of La Verne quarterback Anthony Andre. Senior Ian Freeman hustled to recover the ball for the Kingsmen.



Photo by Rachel Wolf

Bobby Rodrigues, 39, throws a block for Quarterback Jéricho Toilolo, 12. Toilolo threw four interceptions against La Verne on Saturday.

CLU's next possession resulted in a 50-yard touchdown pass by Toilolo to Danny Hernandez.

The touchdown pass was Toilolo's second of the half, and put the Kingsmen up 17-0.

La Verne was forced to punt on its next possession as CLU's defense made their presence felt.

Toilolo completed four of four passes on the following drive and then connected with sophomore receiver Christian Edwards in the end zone increasing the lead 24-0.

Toilolo went 13-25 with 219 yards and four touchdown passes for the day.

"Toilolo made a huge impact on the game," Shaifer said. "He

was undoubtedly a key to our victory."

Cal Lutheran's defense again stopped the Leopards, forcing them to punt for the second consecutive time.

After a 9-yard return by Hernandez, Toilolo drove the ball down the field again connecting with Edwards for the score.

CLU led 31-0 at halftime.

The third quarter began with a 63-yard drive by the Kingsmen offense resulting in a 1-yard touchdown run by freshman running back Bobby Rodrigues.

The Leopards entered the red zone several times in the second half of the game, but were unable to convert those

drives into points in all but one.

ULV's first and only score came mid-way through the third quarter as kicker Wesley Dean converted a 31-yard field goal.

Sophomore Wes Garwood replaced Toilolo at quarterback late in the third quarter and was 3-7 for 28 yards.

The keys to the Kingsmen's success was a number of outstanding individual performances by both offensive and defensive players.

CLU's defense was led by Jenkins with 11 tackles, 3.5 tackles for a loss including 2.5 sacks.

Calderon followed with nine tackles and senior defensive

back Selase Amoaku with seven.

The Cal Lutheran defense has racked up seven interceptions this season, four of which are accredited to Victor Edwards.

The strong receiving core for the Cal Lutheran came up big on Saturday, as Toilolo connected with eight different receivers.

Seniors Hernandez and Chris Hammond had huge receptions of 64 and 63 yards respectively.

Fellow senior Jesse Matlock caught two passes for 18 yards, while Shaifer added a 13 yard reception.

"Next week we need to win," Shaifer said. "We have to win to give ourselves a chance".



Photo by Erik Hagen

Senior Wideout Chris Hammond, 1, lays out for a 37-yard reception.

October 29, 2008

The hottest new trend in kids' fitness—Knuckleheads Gym—is partnering with the American Heart Association to raise money for the AHA and to promote youth fitness!

Knuckleheads invites the community to join us from 10A.M. to 12 Noon on December 7th to jump rope to benefit the American Heart Association and experience our gym.

On December 7th, we will be kicking off our "Jump Rope for Heart" fundraiser at our gym, located at 2080 Newbury Road, Newbury Park, CA!

Knuckleheads will also welcome non-members Monday, December 8th through Saturday, December 13th from 5PM until close to earn not only money to benefit the AHA and if they jump for 20 minutes, they will have the remainder of the evening to enjoy the Knuckleheads experience.

Any child can participate or donate. Contact Knuckleheads staff for registration information.

Come to Knuckleheads, jump rope, have fun, and earn money for a great cause!

THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

Volume 52, Number 10

November 19, 2008

Southland ravaged with fires

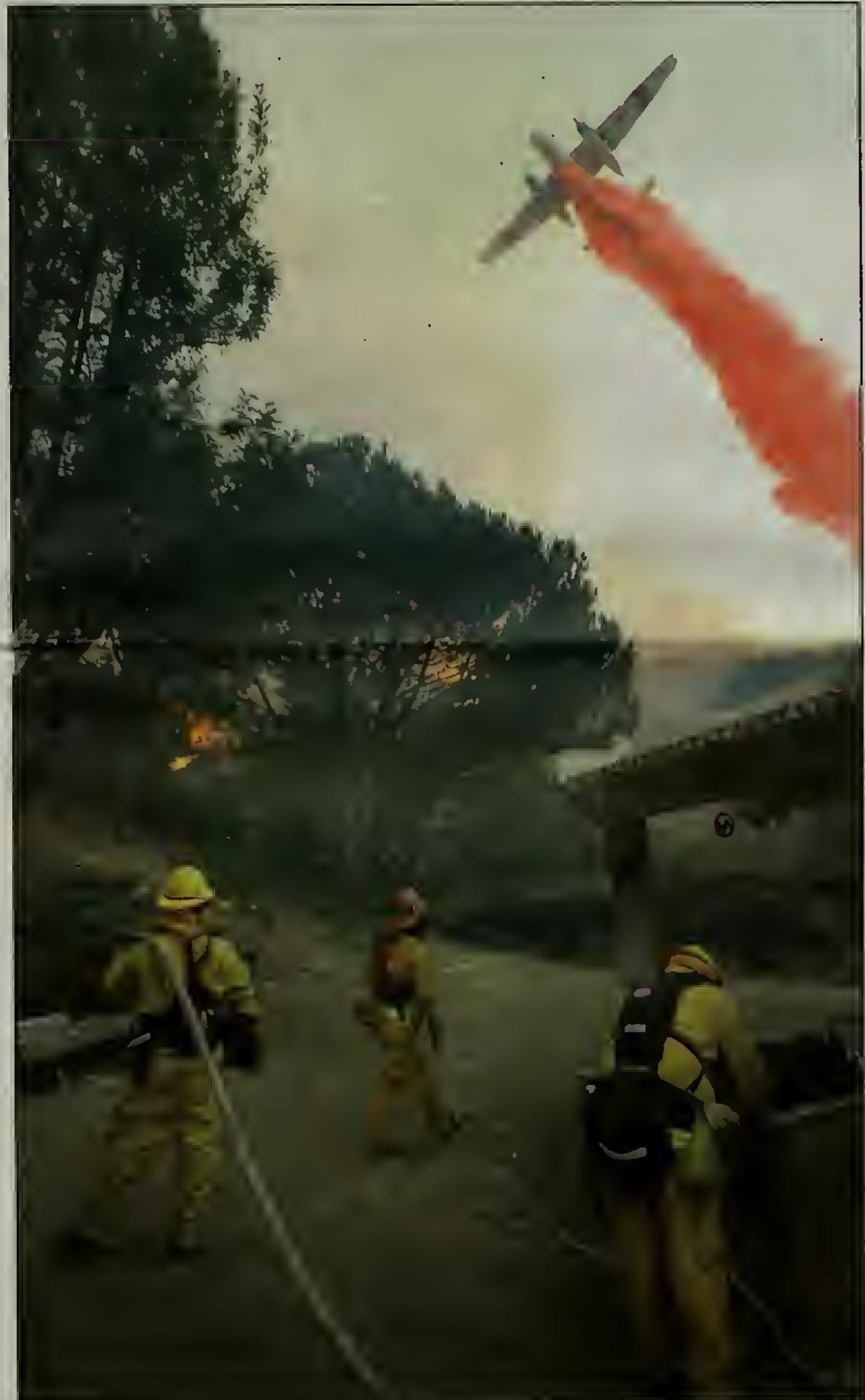


Photo by David McNew/Getty Images

A firefighting airtanker drops Phos-Check fire retardant over firefighters trying to protect a house on November 15, 2008 in Yorba Linda, California. Strong Santa Ana Winds are destroying hundreds of homes and charring thousands of acres around southern California.

By Margaret Nolan
Managing Editor

Westmont College, a private school in Montecito, on Thursday caught fire around 6 p.m. and remained fueled by the intense winds that swept through Montecito and the surrounding Santa Barbara area.

Flames spread out to cover more than 2,500-acres of land, including portions of the 110-acre Westmont campus.

Firefighters began working immediately, evacuating close to 1,000 students and fighting to get the flames under control.

Students on campus when the fire struck said that the blaze came out of nowhere and immediately took over everything.

"It came pretty fast," said Tyler Rollema, a Westmont sophomore to Amy Taxin of the San Jose Mercury News. "We came out and it was just blazing."

Soon after its birth, the Tea fire had engulfed the physics, math and psychology buildings, along with three dormitories and 14 faculty homes.

Despite firefighters working full force to tame the blaze, the flames continued through the night as bewildered students looked on from the safety of the gym.

Some students said that they weren't even aware of exactly what part of the campus was burning.

"I live about seven minutes from the school and one of my friends on campus sent me a text message that there was a fire," said Westmont senior, Derek Fugitt.

"From our house we could see the fire blowing as it came over the hill and it kept getting closer and closer. Right as we finished packing, they told us to evacuate."

The Westmont students who were able to get off campus have not been able to return since the flames have forced many roads and freeways to shut down.

CLU, along with the surrounding homes and churches, immediately reached out to provide physical, emotional and spiritual support for the student and faculty of Westmont College.

Some students were welcomed into the homes of local families and churches that were out of the fires reach.

CLU held a prayer vigil at the flagpole Friday morning to pray for students and faculty members of the Westmont community who are experiencing this disaster.

Students and faculty also signed a large banner to send over to Westmont that offered words of prayer and encouragement.

In an e-mail to the CLU community, Dr. Chris Kimball university president, thanked everyone for all the offers of support and encouraged the continual thoughts and prayers for the Westmont community.

"I appreciate all of the offers to provide assistance to Westmont College that have been pouring into my office this morning," Kimball wrote. "It is a blessing to be part of such a service-oriented community."

Fires should be contained mid-week with help of dying winds.

As of Monday, the flames were reported as 95 percent contained and the students were supposed to be allowed back on campus yesterday.

"We just got word that we will not have school until Dec. 1," said Fugitt.

The fires also affected some of the neighborhoods surrounding Westmont.

Several celebrities who have homes in Montecito have evacuated their families and pets including Rob Lowe and Oprah Winfrey.

Since the start of the fire in Montecito, other fires have also broken out around Southern California including the aforementioned Tea fire, which has struck Santa Barbara; the Freeway Complex fire, which is burning through Orange County; and the Sayre fire which is affecting the wilderness areas just north of Los Angeles.

California Gov. Arnold Schwarzenegger declared a state of emergency for Santa Barbara, Los Angeles and Orange Counties.

Continued on pg. 2

INSIDE



Students entertain at improv show.

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Regals suffer loss to rival in Regional Final.

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Kingsmen fall short in SCIAC title game.

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IN BRIEF

By Amanda Lovett
Echo Staff Writer

Backpack to Briefcase

Backpack to Briefcase was held last week in the Lundring Events Center where students interacted with alumni and discussed career options.

The event was set up in a speed-dating format and 20 alumni shared their post-graduate experiences in their fields with 20 students who shared their career goals. These business professional meetings often lead to internships and job opportunities.

Freshmen Retreat

The Freshmen Retreat was held on Friday and Saturday at Silverstrand Beach in Oxnard. Freshmen and mentors reflected on the events from the past two months and what they hope to accomplish in the near future.

The mentors involved were five upper classmen that spoke of their experiences as well. This event created team bonding and personal development and allowed students to take 25 hours to forget school and focus on goals and reflection.

Call + Response

Call + Response, a movie about the global slave trade in today's world and what we can do about it, is having an exclusive free screening for CLU students,

Fire coverage from page 1

According to cbcnews.com, the three fires combined have burned about 35,000-acres, destroyed over 800 homes and apartments and caused more than 50,000 people to leave their homes.

Several freeways throughout Southern California were shut down due to the fires over the weekend and are only recently being reopened.

One of the most affected areas by the three fires is the foothill community of Sylmar.

Firefighters from the Los Angeles County Fire Department and from the Los Angeles City Fire Department are working with Super Scoopers and helicopters to have continual water drops over the flames.

Thousands of Sylmar residents were evacuated early Monday morning as the flames got past firefighters and engulfed large portions of the city including a mobile home community and buildings by the Lopez canyon landfill.

"We have almost total devastation here in the mobile park," said Los Angeles Fire Capt. Steve Ruda to

faculty and staff on tomorrow at 7:45 p.m. The screening will take place in the Laemmle Monica 4-Plex located at 1332 second St., Santa Monica.

All of the profits made from this event will go directly to helping initiatives on the front lines of this issue. The exclusive free screening was purchased by the Not For Sale organization, so by attending this free event you are still contributing to the cause.

Sign up online at the Service Center's events calendar to reserve a spot or visit www.laemmle.com to purchase box office tickets. More info about Call + Response may be found at www.callandresponse.com or contact Amy Brown at aebrown@callutheran.edu.

Senate Go Green

Nearly 80 people showed up on Saturday to take part in the Senate Go Green event sponsored by the Senate committee in charge of environmental service on campus, led by senior Jessica Kolstad.

The event was designed to help people on campus become more aware of the green initiative. A recycling truck was brought to campus to aid the initiative, and all the money that was made from recycling was given back to the school.

Many people helped clean the campus while enjoying a free breakfast and lunch and a raffle drawing giving away bikes, scooters and gift certificates, uniting in the effort to make our campus environmentally friendly.

Students look to future with jobs in the medical field

By Jennifer Tholse
Echo Staff Writer

The International University of Medicine and Health Science was represented at California Lutheran University last week for a discussing of attending medical school.

Students attended to learn of possible options of attending medical school on the Caribbean island of St. Kitts.

According to the Myra N. Harris, assistant director of Admissions, students will only need to attend UMHS for one and a half years, after when they will transfer to a school in the United States to complete their last year at a school that the university has an affiliation with.

She also emphasized that the tuition is approximately \$7,800 per semester and that the university has the newest technology available.

"St Kitts is a beautiful place and it is great to study abroad and see different cultures," Harris said.

In use is a new piece of equipment especially designed for medicine programs, called "Elmo," that makes teaching and learning easier.

Programs also have fake patients in a doll form that can be programmed to have certain kinds of diseases. The dolls can talk back and make different noises if something is wrong and even die.

Senior Kenny Smith, the president of the American Medical Student Association, was the one responsible for putting the presentation together.

He said he wanted to make people more aware of the opportunities of attending foreign medical schools.

"I thought it would be important for the student body to be aware of the requirements that are needed to practice medicine in the U.S. after studying abroad. And as we found out, a few tests is all that's needed," he said.

Senior Garret Mosley, an aspiring medical doctor attended the seminar to learn more about his opportunities.

"UMHS is a great alternative for people whose GPA is not terribly high and that you don't need to take the MCAT [Medical College Admission Test]," he said. "But, the negative part is that the university is not so well known yet."

Harris mentioned the advantage

of not needing to do the MCAT and explained to the students who will transfer somewhere else the importance of having a good MCAT score.

"Definitely take your time and find out all about the MCAT, so make sure you are well prepared and study a lot before," Harris said. "Because the score for most schools are important for being admitted and they can find out how many times you tried."

Senior Katie Foster came to learn more of UMHS since she is interested in becoming a dentist.

However, she found out that UMHS didn't provide that program.

"If I was going into medicine I would definitely consider the school since the technology seems so advanced and the different culture, etc," Foster said. "The only negative thing is that you can't practice medicine in California yet."

Students interested in learning more about UMHS and other medical programs can visit Dr. Barbara Collins in the Ahmanson Science Center in room 118 or e-mail her at bcollins@callutheran.edu

Immigration lawyer discusses laws on illegal immigrants

By Kelsey Bonesteel
Echo Staff Writer

The state of the economy has been on people's minds these past few months. It has overwhelmed the media coverage and has been a hot national topic for the election.

Illegal immigration hasn't been the topic of discussion recently, although CLU brought it back Friday night in the Student Union Building.

Jessica Dominguez, immigration lawyer, was invited to campus to discuss and answer any questions CLU's students had about the immigration laws.

On Nov. 7-9 a group of students organized by the Community Service Center traveled to the Mexican border and Tijuana. They crossed the border, went to co-ops and experienced border politics.

Many questions were raised by the students involved. Reshai Tate, senior student intern for the Community Service Center wanted to help students receive those answers and the solution fell right in his lap.

"I was actually giving a tour to [Dominguez's] son, I was explaining the last community

service," Tate said. "Everything just fell into place from there."

The event was set up in a casual fashion. Each table was adorned with white butcher paper table cloths, and had a different word about immigration written on it.

The first activity asked all attendees to write anything they thought of related to that word, such as facts, misconceptions and stereotypes.

This allowed for open communication between members of the table. More tables were added for the latecomers.

A power point was shown that documented the "Justice on the Border" Trip.

Then it turned to Dominguez to help them answer the questions they had from their trip.

She helped break the misconceptions about illegal immigration such as: not all immigrants are criminals, they still have to pay taxes and a green card isn't green anymore.

"We need more attorneys that work with their heart," Dominguez said.

Some people are trying to deceive the immigrants from Mexico who wish to become legal citizens.

The immigrants hire fake

consultants who charge them a large sum of money and ultimately turn them in for deportation.

"Before you become a citizen you must become a legal permanent resident for at least five years," Dominguez said. "During those five years they must prove good moral character, that they pay taxes and they speak English."

If any crime is committed within that time, a 10-year ban is automatically put into effect.

If they are caught in the United States and have lived here longer than one year, this will also institute a 10-year ban.

Some of the questions were very personal.

One woman spoke of her brother who came to the United States when he was a baby and when he finally decided to file for citizenship, he was flagged for deportation.

"If the U.S. wanted to stop this problem all they would have to do is enforce the labor laws," Dominguez said. "But that would be too harmful for the economy."

She closed by challenging the group to give back to the community and take everything one step at a time.

Defense lawyer talks of high-profile cases

Ross shares stories from his career in criminal defense

By Dana Blackburn
Echo Staff Writer

The defense lawyer for a number of high-profile cases spoke to students at California Lutheran University on Thursday about how intricate the defense process can be.

Scott Ross, Director of Investigations for the Law Offices of Gerragos and Gerragos and the criminal defense lawyer behind many cases shared his experiences and valuable knowledge.

Cases Ross has investigated as a criminal defense lawyer involved Michael Jackson, Scott Peterson, Robert Blake, Winona Ryder and LAPD Rampart.

As an expert in his field, Ross has made appearances on MSNBC News, "48 Hours" and CNN News.

In addition to providing expert testimony, he is deeply involved in preparing his team for trial through interviews, preparing witnesses to testify and writing detailed case reports.

During his career Ross has worked on more than 20,000 cases ranging from misdemeanors to murder cases.

"A criminal defense is based on the weakness of the prosecution," he said, as he stressed the

importance of credible witnesses and evidence.

Ross discussed a question he is frequently asked: How do you defend someone who may in fact be guilty? He explained that during the trial process he often develops a relationship with the client and their family.

He worked with Scott Peterson and his family for an extended amount of time during his murder trial, and consequently developed a friendly relationship with them.

Ross acted as one of Jackson's defense attorney's during his trial stemming from child abuse allegations. He shared pictures from the interior of Jackson's home and floor plans of his 3,000 square-foot master suite that were utilized by the defense during his trial.

"The system is not always designed to work fairly," he said. Ross discussed various ways that the media may taint cases through sensationalized journalism or outlandish book deals.

Ross spent a great deal of time investigating the Blake murder case. He used this case to illustrate the importance of securing a crime scene.

He revealed photos never before

seen by the public of Bonnie Lee Bakley just days before her brutal murder.

Ross explained to students that on occasion, evidence that may have been beneficial to a client's defense may be overlooked or mishandled during the investigation, often due to the lack of communication and attention to details.

He discussed the facts that during the Blake case, the crime scene (Blake's car) was corrupted by paramedics and others who entered the car in an attempt to help the victim.

Ross used many aerial and police photos to help those in attendance understand the logistics of cases he discussed.

"You would be amazed how many murder cases go unsolved," he said.

"Students should be aware that the system of justice does not always work smoothly and in criminal cases everyone has a right to a quality defense," said Dr. Robert Meadows, a professor of criminal justice.

He explained that Ross' extensive knowledge and expertise along with years of experience as an investigator for a well-known law firm make him a great source for students to draw knowledge from.

"A criminal defense is based on the weakness of the prosecution."

— Scott Ross



Photo by Nathan Hoyt

Local law enforcement agencies speak to criminal justice majors.

Criminal justice majors hear panel talk of future plans

By Dana Blackburn
Echo Staff Writer

insight on what types of students will excel in law enforcement. He shared stories of his thrilling experiences of traveling world wide as an FBI agent.

"Nothing is better than this gig, plus you're helping people," Freihon said.

Carpenter shared her insight as a probation officer. She is committed to helping people better their lives.

She shows her support to clients in a variety of ways including taking high risk-children to a Lakers basketball game.

"You can only give people the tools, they have to make changes themselves," she said.

As a CLU student, Egnatchik shared the lengthy hiring process that many criminal justice majors will experience during their job search. He explained that the experience can be stressful for many but the payoff is long lasting.

Egnatchik recommended that any student interested in law enforcement participate in ride-alongs to gain some firsthand experience.

Brose shared the details behind his career at the Ventura County District Attorney's Office. "I've never found my job to be boring," he said. "There is always something new coming up."

Career Services shared information with students about future employment opportunities and strategies. They were in attendance to help criminal justice majors learn what they can do with their major, how to write effective resumes, how to find internships and conducting a proactive job search.

"There are many opportunities out there for this major and there are many people willing to help them accomplish their goals," said Cindy Lewis, director of career services.

She explained the importance of criminal justice majors starting early with the hiring process, since it tends to be rather long and drawn out due to extensive background checks and training.

Professional Development Day was hosted by Alpha Phi Sigma, The National Criminal Justice Honor Society, and the Criminal Justice Student Association.

Outdoor Recreation and Adventure Club invite you to come to

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December 5th-7th



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be very rewarding because you get the opportunity to make an improvement in the lives of many.

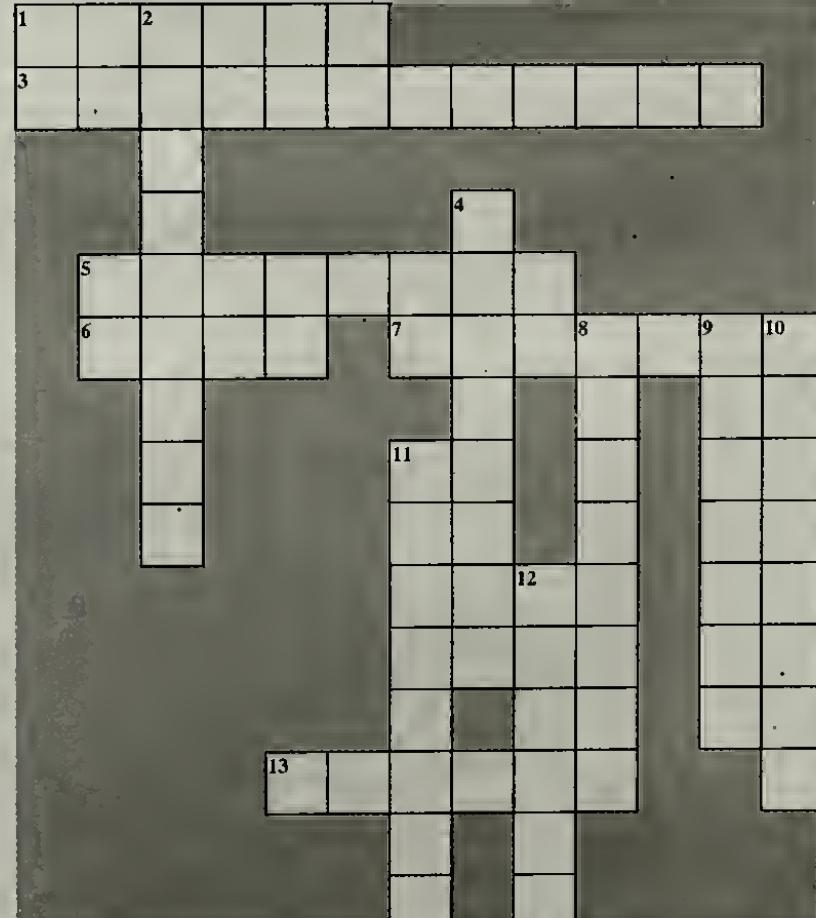
He is a huge advocate for higher education and told students that he realized he wanted a career in criminal justice during his first semester at CLU.

With 22 years of FBI experience under his belt, Freihon shared

Around the Campus

WEDNESDAY November 19	THURSDAY November 20	FRIDAY November 21	SATURDAY November 22
International Chapel Service 10 a.m. Samuelson Chapel World Fair 5 p.m. Pavilion Wisdom of Men Panel Discussion 7:30 p.m. Overton Hall	"On Thanksgiving Day, all over America, families sit down to dinner at the same moment---halftime." ~Author Unknown	American Scandinavian Foundation Lecture Series 7:30 p.m. Roth Nelson Room Wind and Jazz Ensembles 8 p.m. Samuelson Chapel	Kingsmen Basketball vs. La Sierra 7:30 p.m. Gilbert Arena
Gobble, Gobble, Gobble	Family Activism for Regional Community Problem-Solving 4 p.m Lundring Events Center		Time for Thanks and Giving

THANKSGIVING



ACROSS

- These are the people that you eat Thanksgiving dinner with.
- Celebrated the last Thursday in November.
- Thanksgiving was first celebrated at _____, Massachusetts.
- Vegetable at first Thanksgiving.
- This pie is a Thanksgiving favorite.
- You gather at Thanksgiving to give _____.

DOWN

- The ship the Pilgrims sailed to the New World on.
- You can find this inside of a Thanksgiving turkey.
- People who sailed on the Mayflower.
- People who befriended the Pilgrims.
- Thanksgiving month.
- Sport enjoyed on Thanksgiving.
- A meat served on Thanksgiving Day.



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Improv: Funny without a script



Photo by Rachel Wolf

Senior Dan Perkins reacts during one of the games at the Nov. 13 improv show. The last two improv shows of the semester will be on Dec. 4 and 11.

By Ashley Soukup
Echo Staff Writer

The Improv Group of California Lutheran University brings laughs to students every other Thursday at 11 p.m. at the Preus-Brandt Forum.

Improvisation (improv for short) is a form of entertainment where the members play games which force them to think "on-the-spot" and act out certain scenes. The results are often very amusing and downright funny.

"Making people laugh," Improv member Ryan Capriccio said, is just one inspiration when members take to the stage.

Another inspiration is trying not to intentionally say something funny because the audience will not laugh.

Having a lot of energy on stage helps. "Drink a lot of caffeine," Dan Perkins said.

One of the games that the group plays is called "cat-call" where the members of the group act like construction workers who make "cat-calls" at people walking by.

The members of the audience fill out pieces of paper with the subjects of the cat-calls according to a given topic.

One night the topic was animals and the audience provided the type of animal for the improv group to make into "cat-calls."

In one of the other games a member of the improv group is selected by the audience to leave the room, and the other members are assigned a characteristic or flaw.

When the first member rejoins the group they act out a scene and he tries to guess the characteristic or flaw of the other members. This is very entertaining for the audience, which cheers the member on as he or she gets close to guessing the answer.

The members of CLU's Improv Group make decisions as to what games they are going to play every time.

The "We-ness" in the group is very important. During tryouts, they look for potential members that will get along with everyone.

"We are truly brothers and sisters," Improv member Chelsea Brown said.

Some of the Improv Group members are friends and roommates. Each member brings their own flair as they come together to perform for students.

Members of the CLU Improv Group will graduate and move on with their lives. Brown and Perkins will graduate in May of 2009.

"Once someone leaves, they become an immediate legend," Perkins said. Brown is going to audition for Second City in Chicago.

An alumni improv group, may be a possibility one member said but, right now they are just not sure.

Theater people are not the only ones that go to improv performances. Students from all majors come to these performances.

Auditions for CLU's Improv Group for next semester will be held in January. The group has thought about making a Facebook group for fans.

The CLU Improv group has been on campus for more than eight years. There is also an Improv class that meets on Tuesday at 5:30 p.m.

Students who need a break from school work can come to improv to forget about life for an hour and laugh.

The last two Improv shows of the semester are on Dec. 4 and Dec. 11.

Former running back now M.D.

By Elicia Hildreth
Echo Staff Writer

An example that California Lutheran University has a proven track record and that its alumni go on to lead productive and very successful careers is Dr. Tracy Downs.

Downs attended CLU from 1984-88 and earned his Bachelor of Science in biology.

He moved on to UC San Diego to receive his M.D.

While attending CLU he played running back for the Kingsmen football team and started all four years.

In 1988, CLU was a National Association of Intercollegiate Athletics Division II institution and faced strong opponents.

His team never made the playoffs, but Downs really enjoyed the team camaraderie and the student-athlete atmosphere.

He made some great friends and had a fun time traveling with the football program.

One of his teammates and roommates, Noel Chestnut, became one of his best friends.

"He is a great person, who is open to other people," Chestnut said of Downs.

He also ran on the track team

for a season to stay in and get in better shape for football.

Downs' experience at CLU was great.


Downs

"I learned a lot from being an athlete, but also learned that you have more time to develop. At CLU you have the opportunity to make some great connections that you always keep," he said.

Although sports were the reason that he came to CLU, he wanted the ability to do a lot of things while in school.

He was involved in drama productions and sports.

"There's something special about smaller universities. You (the student) can be more than one dimensional," Downs said.

Chestnut also had a good experience while attending CLU.

"It was a great experience. I enjoyed the small campus environment. I am very excited to see that it has grown and changed since I have been there," Chestnut said.

CLU was a great fit for Downs. "It was the perfect size for me.

As a science major it's good for the one-on-one experience,"

he said.

After CLU he moved to San Diego where he still lives today.

Downs is now a professor at UCSD in the school of medicine.

He is also a surgeon, and teaches urology.

He studies cancers and works on prostate, kidney, bladder and other forms of cancer.

Downs also trains groups of doctors and enjoys doing research in his field.

He has his own practice and teaches interns, students and doctors and gives them hands-on experiences during surgery.

Downs didn't have a lot of negative things to say about CLU, except for the cafeteria.

"Believe it or not, you guys are very fortunate now then how it was back then," he said. Downs also said that he wished that CLU had fraternities and sororities.

"Thousand Oaks is Thousand Oaks; you choose California Lutheran because of its location; it's not L.A. or any other big city," he said.

He also suggests that if a college has those things that are similar to larger institutions, a small college might lose the small "family" feel.

While being on staff at UCSD, he recognizes and appreciates the

buildings within the campus and wishes that CLU had those same building atmospheres.

The bookstore at UCSD is a coffee shop and places to sit and read, but it isn't as intense as the library.

He feels that other universities should have somewhere else to go besides the library to study.

When made aware of the plans to build a new Student Union

building he was excited to hear that CLU is moving forward.

Although Downs has a very busy life he has been able to fit in some time for a family. He and his wife Lisa met while in graduate school and now have been married for sixteen years.

Together they have a son Jonathan, who is now 7 years old.

THE ECHO

California Lutheran University

2008-2009

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Photo courtesy of Victoria Lopez

The 2008 Fall Peer Advisors pose during Orientation Week after painting the CLU rocks.

Peer Advisors help new students with transitions

By Natasha Spiroff
Echo Staff Writer

The "freshman 15," academic requirements, fitting in, "living with a roommate, financial responsibility and social life. These are just some of the worries that students have before coming to California Lutheran University, either as freshmen or as transfer students. Luckily at CLU, each new student has somebody that they can turn to for answers from day one: their Peer Advisor.

According to the Peer Advisor application, the program is aimed at assisting in the transition of incoming students and providing support on a personal, social and academic level to freshmen and transfer students.

"The best part about being a Peer Advisor is the ability to give back to my peer students what was given to me as a freshman," Peer Advisor Ashley Beasley said.

Each winter, the selection process begins. CLU students from all different social groups are encouraged to apply.

"The number one thing that we try to do is not to have someone that 'fits the mold,'" said Kristin Price, assistant director of Student Life. "We don't want to have a mold, we want all different types of people because there are so many different types of students that we have to serve."

Each student that applies has a different motivation for wanting to be a Peer Advisor.

"My Peer Advisor really inspired

me to become a Peer Advisor," Beasley said. "I was really homesick and felt out of place and basically I just didn't want to be here. But she really encouraged me to get involved and to stick it out."

Peer Advisor Ashley Ramos enjoyed the orientation process and wanted to be able to help other students.

"I wanted to help people find what they need on this campus," Ramos said.

The application process involves completing a paper application, participating in a group process session and then, if offered, a final interview with members of the Student Life staff and the student orientation coordinators.

Once selected, the Peer Advisors participate in a spring training session and are given instructions for summer.

During the summer, Peer Advisors are responsible for reading the selected book for the summer reading program, keeping in contact with their faculty/administrative mentor team, and initiating communication with their peer students and their families.

Before the new students arrive on campus for New Student Orientation, Peer Advisors are required to complete a week-long training program.

"My favorite part of the Peer Advisor program is training," Price said. "Coming back early, being so busy and so active really brings students together in a very

unique way."

During training the Peer Advisors take place in various sessions and activities that help prepare them for orientation as well as the academic year. "Training is invigorating, energizing and exciting," Price said.

Peer Advisors play a very important role during New Student Orientation. Many times, they are some of the first people that new students and their families interact with on their first day at CLU.

"Orientation is great," Ramos said. "There is a lot of interaction."

The Peer Advisors continue to be engaged with their peer students during the academic year through their freshman seminar course, which is exclusively for freshman students, and various peer group outings.

"I have really enjoyed hanging out with my peer students outside of the classroom," Ramos said.

The Peer Advisor application will be available in the SUB at the beginning of January and will be due on Feb. 9.

"We are looking for confident people who can think on their feet," Price said. "We look for the potential in people. We don't expect them to be stellar, outstanding Peer Advisors when chosen; there is always room to grow."

Students with questions can contact Price or attend one of the three info sessions being offered in January and February.



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Movie Review: 'Quantum of Solace'

Bond is back for revenge

"The name's Bond, James Bond." But wait, where was that legendary line in this new Bond film? This year's installment in the James Bond franchise is unlike any Bond film before. There is no phrase such as "Bond, James Bond" or the "shaken, not stirred" martini references uttered throughout the movie, like Bond lovers have come to expect.

Instead, "Quantum of Solace" presents the audience with another side of James Bond, a side that is full of anger and focused on revenge.

Daniel Craig reprises his role as the 007 agent working for the MI6 organization. This time around Bond is seeking revenge for the death of Vesper Lynd, his lover who gave her life at the end of the last movie, "Casino Royale." It's the first time a James Bond movie begins exactly where the previous film ended.

Using the creative talents of first time Bond director Marc Forster, this film is given new direction in comparison to its predecessors. The action scenes are filmed with precision and each chase and punch is so precise that it seems it could be real. It's no wonder that Craig was actually injured on set, during a fight scene that ended with a few stitches to his face.

However, throughout the film, hidden behind all the action and explosions, is a plot that never seems to develop or even hold a major place in the story line. You think the plot is going to be about Mr. White, whom Bond has captured in the beginning of the movie. But once he escapes and M (Judi Dench), the director of MI6 is shot at, the plot goes in a completely different direction.

After the film's opening the story quickly moves

from the rollover plot we were left with from "Casino Royale" to a political battle. The audience is left with a lot of unanswered questions and quickly begins to want to ask more as they are bombarded with the idea of an eco-friendly organization called Green Earth that is seemingly on the hunt for oil in Bolivia, South Africa.

Craig is solidifying his spot as one of the best 007 agents of all-time with his hard nose and his "I won't take crap from anyone" attitude. It's hard to compare each Bond actor because each role requires a different type of acting. Craig is by far standing above all as the toughest 007 agent.

Craig's Bond is a completely new entity with his niche for killing everyone, including people who have vital intelligence to his investigations. In a way, Bond has become a rogue agent, always looking for a way to get his revenge and fulfill his hidden vendettas.

"Quantum of Solace" will keep you intrigued from the first high-speed chase all the way to the last moving scene. Its action scenes are sure to keep even the most hard to reach audiences on their toes, paying attention.

But when it comes to enjoying a story line or

having your many questions answered about what "Quantum of Solace" is or whatever happened to Mr. White, we can only hope to find those answers next time around.

Everyone is not always who they seem to be in respect to an action movie, so I would suggest you keep your friends close, but keep your enemies even closer.

"Follow the crowd... you be the judge!"



By Scott Beebe
Movie Critic

Wallace gets plugged in at CLU

By Pedro Gonzalez
and Carly Robertson
Special to The Echo

Starting college can be both exhilarating and nerve-racking. Transition from high school to college can be rough, but, even as a freshman, Amanda Wallace was eager to get "plugged in" to California Lutheran University.

As a freshman she was inspired by her peer advisors, Kelli Garretson and Kristina Victoria. Now a peer advisor herself, she hopes to instill a bit of her knowledge in her students.

To ensure a smooth transition, Wallace highly suggests getting involved on campus.

Her array of extracurricular activities includes the CLU Choir, peer advising and ASCLU-G, but her true passion lies on stage.

"Don't go into things blindly know who you are," she said. "You really have to explore, and this is the time to do that."

One of the first things that drew her to the CLU campus was the

student government program, ASCLU-G.

Even with theatre at the top of her list, Wallace was determined to make a diverse group of friends and encounter experiences out of her comfort zone.

She joined ASCLU-G Programs Board because of its goal to provide free, yet diverse events for students on campus.

"It's like weekly party planning," she said.

Wallace has been active in a choral group since second grade. So the CLU Choir was a must-join for her and she has been grateful for the relationships she has built there.

Wallace stays busy and has a lot to juggle. At one point this semester she said she had five different play scripts in her school bag.

It has been vital for Wallace to remain focused on her ambitions

so she can maintain some type of equilibrium.

An outlet for her is to attend plays on Broadway.

A recent favorite for Wallace is "Spring Awakening" which she described as moving.

"I can empathize with the characters. My goal is to affect others the same way," she said.

Wallace admitted that she would like to have more free time for her theatre major. However, she is still appreciative of the humbling experiences that come with her involvement.

"I just think in 20 years I want to look back and have such rich stories to tell people," she said. "It gives you so much more life."

After college she hopes to combine acting and community service. Amnesty International, the economic, cultural and social rights group, is one of her top choices for service.

Wallace stressed that branching out can prevent students from getting too comfortable in our small community.



Wallace

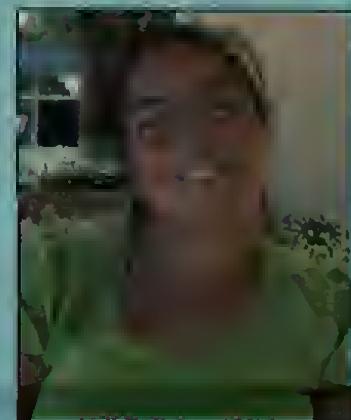
Campus Quotes

"What should Campus Quotes be in the future?"



"What's your favorite thing to eat in the Caf?"

-Junior
Luci Lapp



"What's your favorite thing to do in your free time?"

-Freshman
Allena Williamson



"What inspired you to come to CLU?"

-Sophomore
Amber McGaw



"How many classes do you actually go to each week?"

-Senior
Elizabeth Pohl



"What is the best way to break up with someone?"

-Freshman
Matt Lewis

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Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

Humans are not for sale

Did you know that in 2007 slave traders made more money than Nike, Google and Starbucks combined? Chances are you didn't.

I, in fact, had no idea that human trafficking takes place everywhere in the world, including the U.S. It is estimated that there are more than 200,000 people enslaved in America.

Until I met Amy Brown, the president of Not For Sale at CLU, I was unaware that human slavery even happened in America. I was also unaware that there are 27 million people enslaved worldwide, more than at the peak of the African slave trade.

So how does this happen in a modern world where everyone's basic human rights should be protected? Unfortunately we all know the answer to this question: while our country and the entire world have taken strides to ensure "everyone,

regardless of race, gender or religion, the most basic human rights, many groups are being denied these rights every day.

So what does human trafficking look like exactly? It is the fastest-growing criminal industry in the world in which people are bought and sold solely for the purpose of exploitation.

They are coerced into labor or sexual exploitation, 80 percent of slaves are women and 50 percent are children.

One million children are forced to work in the sex industry every day and in the minute it has taken you to read up to this point of my article, two more children have been forced into slavery.

The average price of a slave is only \$90. Who is allowed to put a price on a human life and why is it happening every day?

If your response was the same as mine, upon finding out

Candice Cerro
Editor in Chief

some of these statistics, you are horrified. I feel everyone should be called to action in being part of the change to eradicate human slavery once and for all.

If you are wondering what you can do, fear not. I will offer a few ideas for how you personally can help free human slaves.

First, visit notforsalecampaign.org. You can learn more about the national organization, donate and learn about joining the movement.

Next, join the CLU chapter of Not For Sale.

It is a new club on campus that is already extremely active; to

People are coerced into labor or sexual exploitation, 80 percent of slaves are women and 50 percent are children.

join this club contact Amy Brown at aebrown@callutheran.edu.

Want to make a difference right away though? If so, you could go see the "rockumentary"

Call+Response. The movie features Madeleine Albright, Ashley Judd, Daryl Hannah and many more.

These stars discuss the realities of human trafficking today while they are accompanied by performances by Natasha Bedingfield, Moby, Matisyahu, Switchfoot and more.

Catch this movie tomorrow, at Laemmle Monica 4-Plex at 1332 Second St. in Santa Monica. Show times are 1 p.m., 3:15, 5:30 and 7:45. Or you could go with a CLU group to the 7:45 p.m. showing and meet in the SUB at 6 o'clock.

To sign up to go with the group from CLU, look for Call+Response on the calendar of events on CLU's Community Service Center Web site.

It is important to remember that none of us are for sale, so help be part of the change.

I'll leave you with a final quote from Call+Response by Dr. Cornel West: "...justice is what love looks like in public."

Stand up and fight for equal rights.

Vanity vs. sanity

Is America too concerned about body image?

We are the beautiful people. We live amidst the Los Angeles world where all boys are 6-feet-4 and the girls are glowing with a summer tan all year long. Right?

Wrong. While the media portrays California, more specifically Southern California and Los Angeles, as a haven for all of the "beautiful people," regular students cannot live up to these unattainable standards of beauty.

Living in the surrounding areas of Los Angeles has shaped our campus environment here at California Lutheran University.

This struggle for an unattainable standard of beauty fosters a negative body image. Our personal body image is how we perceive our bodies visually and our sense of how other people view our bodies. It is dangerous when this image becomes negative.

CLU students are particularly susceptible to feeling these societal pressures based on the environment we live in.

As young people, we are told that



Kristin Gilman

these "beautiful people" are the norm. When comparing ourselves to these standards, it is no surprise that we feel unhappy with our bodies for being so different. When we fail to measure up, we have failed to accomplish something that is portrayed as very simple.

It is unfortunate that in today's society thinness or muscularity is directly associated with beauty, popularity and success, while obesity is associated with lack of self control, weakness or laziness. Thin and obese are no longer used as words to describe a physical character trait, they are now used to suggest psychological and moral characteristics of a person.

Some studies have shown that 50 to 60 percent of college students have disordered-eating patterns. I know I am one of them. I try to diet, limiting my starchy-carbohydrate consumption for a couple days, then I end up in front of the microwave at 10 p.m. waiting for my Bagel Bites to be ready to devour.

Eighty-five percent of college females believe that they are either slightly or seriously overweight. Seventy-four percent of the normal-weight women, in a study conducted on a college campus, stated that they thought about their weight

or appearance "all the time" or "frequently."

As women in the L.A. world, we are expected to be supermodels. Unfortunately, the body of an average fashion model is achievable by only 3 to 5 percent of the population.

This is not just exclusive to women, men feel the pressure too. The ideal that the media and our culture has for men is just as unattainable as the image women are expected to adhere to.

The obsession that numerous students, men and women, feel toward their bodies, ultimately leads to discontent.

A negative body image can result in extreme dieting, exercise compulsion, laxative abuse, vomiting, smoking, eating disorders and use of anabolic steroids.

CLU students do not have to deal with these issues alone. As usual CLU offers numerous helpful pages on their Web sites in regards to body image and eating disorders.

However, I think it is more important to recognize the pressure we are under as students of this environment.

Ultimately you cannot change your body type and comparing yourself to others is a futile endeavor.

Love your body; if we were suppose to look the same we would have been made that way.

CLU is full of beautiful people we merely have to learn to appreciate them all equally.

Registration woes

By Jordan Ott
Echo Staff Writer

What ever happened to the old-fashioned-way of signing up for classes? It seems as if we are constantly at a struggle to use new technology in every aspect of schooling. Yes, sure there are a lot of good things involved with technology but has anybody ever stopped to look at the negative aspects?

All around California Lutheran University's campus you will see modern technology such as new computers in the library, WebCT

Granted, we do talk to our advisers, but I would feel more confident about my decisions if they were there with me through out the [registration] process.

and even our new registration methods.

"I hate how we have to do everything with computers these days rather than face-to-face interaction," said senior Landon Smith.

I remember just three years ago this was not an option? It seems daily I'm faced with a computer screen instead of a person.

Smith later said that he can't believe how fast the world of education is changing. It is a

very scary thought when you think about the power that computers have in today's world. This whole phenomenon leaves me with the question: how far is too far?

It's hard to imagine what my children will be doing with computers.

While signing up for the spring semester I was faced with a few problems.

Granted, we do talk to our advisers, but I would feel more confident about my decisions if they were there with me throughout the process.

A few times I thought I was signed up for a class, but little did I know I had to continue another step further that almost caused me to miss out on a mandatory class for next semester.

Smith has been a four-year student at CLU seeing all the technological advances being made on campus.

"Sure most advances will benefit the students although there are some things that should just remain the same," said Smith.

In my opinion, signing up for classes should be one of them.

I just feel our schools and world are going to run into some future problems sooner than we think. The world is constantly moving to better itself.

I'm scared and excited to see where it takes us.

Preaching Politics

Imagine that you are sitting in church on a Sunday morning listening to either your preacher, priest, pastor, reverend, rabbi, etcetera speak during the sermon.

At first it is just the usual slightly interesting stories with Bible verses sprinkled inside, but then it turns into something else.

All of a sudden the leader of your congregation starts preaching politics, telling you who or what to vote for or against.

Even though you may agree or disagree you don't really think twice about it, as anyone has the right to free speech, right? Wrong!

Most churches are tax-exempt, non-profit organizations.

This helps to ensure that the government stays out of the church and abides one of our First Amendment rights: separation between church and state.

Without this tax-exemption, many churches would be unable to afford to keep running or offer community and social services like homeless shelters and food banks that so many people have come to rely on.

However, as much as the government should stay out of the church, so should the church stay out of the government.

In fact, as part of the rules of being



Missy Bain

a non-profit organization, these organizations are allowed to educate individuals about certain political issues, but are not allowed to advocate or encourage a position on any issue.

I don't know about you, but I can think about plenty of times when this law has been disregarded by the church.

The first and biggest one that comes to mind is with the Mormon LDS

church and its position on Proposition 8, although many churches in the U.S. also openly supported one presidential candidate over another.

Members of the LDS church gave millions of dollars to the Prop. 8 campaign and encouraged people to vote yes.

The only problem is, these churches are supposed to be tax-exempt, non-profit organizations which mean this sort of action is most definitely not allowed.

Of course any leader of any church accused of this sort of action will claim their rights of free speech under the First Amendment. This is fine by me, however, if a church would like to remain tax-exempt then they need to follow the rules set forth by the IRS in order to receive that exemption.

If preaching positions on candidates or propositions is more important

to a certain church than being tax-exempt, then let them say what they want and pay their taxes just like everyone else.

A classmate of mine had done some research on this issue and she noticed that most Americans, including clergy, agreed in the IRS' rules, stating that it upheld the separation between church and state.

Any clergy who defies this law is breaking the rules and should not benefit from taxpayer dollars. I most certainly do not want any of my tax dollars being spent on a 'Yes on 8' campaign, and they shouldn't be.

I believe that if a church would like to take and advocate a position on a political issue, then they should be able to, but they should not be considered a non-profit, tax exempt organization.

The IRS agrees and has put laws and rules in place to discourage such actions, yet clergy still defiantly break them.

I strongly believe that the LDS church needs to be stripped of its tax-exempt status and punished to the full extent of the law. Using the pulpit to preach politics is wrong and unfair to those congregation members who believe anything different.

A church should be community of all different people with similar faith values coming together in worship, not a divided political machine.

We have too many of those already.

Emancipation procrastination: the end of year slump issue

By Leslie Richman
Echo Staff Writer

It's one in the morning and I find myself starting to have a panic attack. I have seven hours until I need to turn in a paper and it looks like I'll be pulling the dreaded "all-nighter."

I'm sure many of you have been in this predicament before, waiting until the very last minute to do your assignment for your class the next day.

I don't recommend this, but unfortunately I'm finding myself in these procrastinating situations more and more.

I know the exact reason why. It's all because I only have two more semesters until I am a California Lutheran University graduate.

Only a few steps away from the finish line, graduation that is, and now more than ever I'm finding myself lacking motivation.

Why do students begin to slack toward the end of the semester, and what are some ways the college can help to keep students motivated during this time?

I think students begin to lack motivation toward the end of the semester for many reasons. We're burnt out, we're tired and we're drained.

However, that still is no excuse to throw your grade in the toilet because all you want is that anticipated winter, spring or summer vacation.

I also think students begin to let their minds wander during the last few weeks of classes because relaxation is right around the corner.

The last few weeks of classes are crucial to our success in our courses.

At the times when we are supposed to be concentrating the

hardest on our courses, we rarely concentrate at all.

One way for a college to help keep students motivated in their courses is to adopt what I like to call the "summer school routine."

Summer school courses are much shorter than your average semester courses, but with a downfall that a ton of information is jam-packed into eleven weeks.

I think if professors made the beginning of the course more strenuous, more material would be covered sooner, ultimately

Whenever I'm lacking motivation toward the end of the year, talking to friends helps me realize that many of us feel the same...

leaving more "free-time" toward the end of the semester when students minds start fading out.

The possibility of a student "support group" on campus is another way for students to help one another stay positive and upbeat all the way until the last day of school.

I know whenever I'm feeling tired or lacking motivation toward the end of my courses, talking to friends helps me realize that many of us feel the same way and that I'm not the only one who feels like I'm slipping.

As the end of the semester is rapidly approaching, I encourage everyone to stay afloat and to not get discouraged with this stressful time.

I know that walking out of the classroom on the last day of the year, knowing you worked your hardest, is a much better feeling than walking out feeling like you could have tried harder.

A time to be thankful

Thanksgiving is upon us again and soon families across America will be sprawled in their living rooms, idly watching the Arizona Cardinals lose to the Philadelphia Eagles while sniffing the aroma from a massive turkey roasting in the kitchen.

I love Thanksgiving. It happens to be one of my favorite holidays. Sure, I love Christmas too, but Thanksgiving is one of the only holidays that doesn't revolve around shopping frenzies.

Thanksgiving is the only holiday that gives time for our families to gather, give thanks and cherish the fortunes that we are so lucky to have; something that we usually take for granted.

For many people, Thanksgiving is really about giving thanks, but it's easy to forget that part of the holiday.

We have a lot to give thanks for, as a country, and even more to be thankful for, as students.

As college students, we are so grateful for turkey and sleep, yet in our own way, we can appreciate this time more than a lot of people.

We are all so busy with classes, tests, projects, sports and extracurricular activities, so, with this kind of schedule, two or three minutes of reflection is most definitely a luxury.

This is why Thanksgiving break is so highly anticipated.



Hollie Lowenberg

Yes, turkey and football are enjoyable during a semester of constant deadlines and frantic activity and who wouldn't welcome a few days of stuffing our faces and mindlessly watching television?

However, I believe students appreciate something more about Thanksgiving, besides not having to get up early to make it to class on time.

For a lot of students, Thanksgiving really is a time to reflect on life, especially in a world that seems to demand more and more of our time.

Sure, the initial meaning of Thanksgiving is a historical affair.

We all know the true meaning of Thanksgiving and how it originated, and although history holds the richest level of importance for any holiday, it's the traditions that matter the most.

To me, Thanksgiving is a time to gather with those I love and spend some time discussing things that bring us together. It's the one time of the year most of us actually get to sit down and eat with our families, and even use the good china.

It is a time to acknowledge the good things of life, and to forget about the daily stresses and duties

and focus on the things that truly matter the most, such as family.

It is a time to forget strife and struggle, a time to cast off the negativity and bitterness and a time to celebrate what is worth celebrating.

Unlike any other holiday, Thanksgiving doesn't require any material items.

We don't need to give someone something to show how much we care, nor do we feel the need to buy into tacky decorations to fulfill a sense of spirit on such a holiday.

Thanksgiving must be the most relaxed national holiday of the year.

What could be more satisfying than stuffing your face with turkeys, mashed potatoes and pumpkin pie?

What could be more enjoyable than watching the game on the couch or catching the Macy's Thanksgiving Day Parade?

What's more comforting than being at home?

It is hard to imagine people more blessed than we are.

We truly are blessed to have such a bounty of resources otherwise unavailable and unimaginable to most in the world.

This is something worth recognizing.

Ultimately, I love Thanksgiving because it celebrates the things that money can't buy.

I hope all of you have a wonderful and joyous day with your families.

Room for Rent:
\$ 600/ month plus utilities.

Only 2 miles from campus in Sunset Hills Golf course area.

Private bathroom with some furniture in the room(bed & dresser).

Applicants should be clean, responsible and quiet.

No party animals please.

**The phone # is 805-231-6356
and e-mail izadfitness@aol.com**

Eyes on the SCIAC prize



Photo by Doug Barnett

Aaron Fisher, 23, led the Kingsmen past the Afghanistan National team.

Six returners look to capture a conference title

By Jackson Damron
Echo Staff Writer

A home loss in the SCIAC tournament left the Kingsmen's stomachs turning as they were upset by Pomona-Pitzer in the semifinals. However, that was then, and this year the California Lutheran University men's basketball team is re-energized, re-fueled and ready to go.

During the 2007-08 season the Kingsmen finished with an overall record of 21-5 and earned a share of the SCIAC championship with a conference record of 11-3.

CLU plays on Saturday, at home against the University of La Sierra's Golden Eagles. Tip-off will be at 7:30 p.m.

CLU only graduated three seniors last year, Deshion Inniss, Chad Acerboni and Brandon Tussy, but is only returning six players from last year's team. Looking to make up for the loss in personnel will be six true freshmen.

Coming from as far away as South Carolina and from as close as Ventura, the freshmen will look

to have an immediate impact on the 2008-09 season.

"We're going to need consistency from our returners," said assistant coach Geoff Dains. "On any given night one of our freshmen will need to step up to give us a chance to win."

Dains added that the SCIAC will be very competitive this year, but CLU will be in the thick of the hunt, looking for back-to-back titles.

On a team without seniors, the leadership roles have fallen onto the shoulders of juniors Kyle Knudsen and Andy Meier.

Knudsen, a 6-foot-3 shooting guard from Tualatin, Ore. led the Kingsmen in three-point field goals with 44 while averaging just under 10 points per game. Knudsen also led the Kingsmen in free-throw percentage (86.8 percent) and also had 29 steals.

Meier, a 6-foot-7 forward from Parker, Colo. became just the fourth player in CLU men's basketball history to earn back-to-back first team honors and is the first to do it since 2003.

He led the Kingsmen scoring attack with 330 total points and averaging 14.3 points per game ranking him third in conference.

He was also among the SCIAC top-10 list with 7.7 rebounds per game (2nd) and a .543 field goal

percentage (third).

"I'm excited for this year because we have a bunch of new players," Meier said. "It's going to be fun to watch us gel as the season goes on."

With the help of returning sophomores Greg Grimm and Aaron Fisher the Kingsmen are poised to make another run at the SCIAC title.

"The SCIAC is always competitive, but other schools lost players just like we did," said Knudsen. "We look to be fighting for another SCIAC championship at the end of the year."

This year the Kingsmen will be playing in three tournaments along with traveling to Honolulu to participate in the Surf's Up Classic.

CLU also hosts the Thrivent Financial for Lutherans Tournament and will take part in the La Verne Classic in early January.

Last weekend the Kingsmen had exhibition games against Cal State Northridge and the Afghanistan National team. CLU dropped its game Friday at Northridge, an NCAA Division I team, 73-62, and took care of business at home on Saturday night beating the team from Afghanistan 87-63.

A new coach and a fresh start

By Nicole Flanary
Echo Staff Writer

The Regals basketball team has made substantial changes while gearing up for the 2008-2009 season.

CLU plays their first game of the season on Saturday against Cal State East Bay in the Gilbert Arena.

Last year, the Regals' record was 13-12, and they made it to their first-ever SCIAC tournament finishing in fourth place.

"The team is very excited about this upcoming season and for games to get started. I'm excited about our pre-season games and tournaments against top NCAA Division III schools in their conference to get us ready for season and SCIAC," sophomore Kourtney Jones said.

Last season, the Regals graduated All-SCIAC guard Mary Placido, but are confident that new additions to the roster will help fill the void.

One substantial newcomer to the Regals 2008-09 squad is coach Roy Dow.

Dow comes to CLU after coaching fellow-SCIAC team, the

Caltech Beavers for six seasons. He also previously coached at his alma mater Colby College as well as Chaminade University and Wheaton College.

"The new coach has brought a lot to the program. He is very excited for this year, and his excitement is rubbing off," junior Nita Sims said. "His style of play is very different from what the Regals have been doing for the last few years. There is a lot of freedom as well as a huge demand to play harder than we have before. This should help our team be very successful."

In addition to the arrival of a new coach, the Regals have added several impressive freshmen and a transfer.

"We have a very young team, a lot of incoming freshmen, only two seniors and four juniors," Jones said. "But our team captains, myself, Cheryl Lee and a transfer junior Kelsey Paopao are looking to contribute a lot to the team and step it up in each game."

The newcomers are working well with the returners to improve in every aspect of the game, concentrating not just on technique, but on increasing their

strength and endurance outside of official practices.

"Our focus this year is conditioning," Sims said. "We have a lot more pressure to be in good shape than we have in the last two years that I have been here. The extra emphasis on strength training will be a huge part of our success this year."

The Regals' practices have also been significantly extended with the players putting in two to three hours a day to ensure they are as prepared as can be for the upcoming season.

"Our team goal centers around continuing to push ourselves in every aspect of the game in order to not only reach our potential, but also to be as successful as possible," Sims said. "Everyone is putting in a large commitment to play, so in order to benefit as much as possible, we must all continue to improve both our individual and team game."

CLU's women's basketball team realizes that hard work and dedication are the keys to success. They also have realized that changes in personnel and improvements on-and-off the court aren't necessarily a bad thing either.



Photo by Desiree D'Arienzio
Freshman Shana Moore prepares for the season opener on Nov. 22.

The season to believe ends

La Verne spoils Elite Eight dreams for CLU

By Jeff Chaney
Echo Staff Writer

"Believe" was the motto of the California Lutheran University volleyball team going into their first regional match against powerhouse Cal State East Bay. The Regals knew that if they unanimously had no doubt about a win, victory was theirs.

In the championship round, CLU faced SCIAC rival La Verne, who beat them twice in regular season play.

The Regals took the first set 25-20 against La Verne, who committed 10 attack errors and hit only .036 while sophomore Megan Thorpe and junior Cori Hayes hit .304 and combined for nine kills.

In the second set, the Leopards came from behind and closed out the second set 25-21 despite sophomore Allison Kerr hitting .455 in the set.

Cal Lutheran dropped the third set 25-20.

The fourth set looked as if it was going to the Regals after a series of back and forth points, and they came up with a few key blocks and an ace to go up 25-24. However, the offense became inept as they committed three attack errors and a service error, eventually dropping the set 26-28 and match 1-3.

Previously, Cal Lutheran swept a tough regional opponent in Cal State East Bay.

"We took East Bay in three, we held to momentum the entire game, and never doubted one second," Thorpe said.

Sweeping the Pioneers was a step forward in the Regals volleyball program.

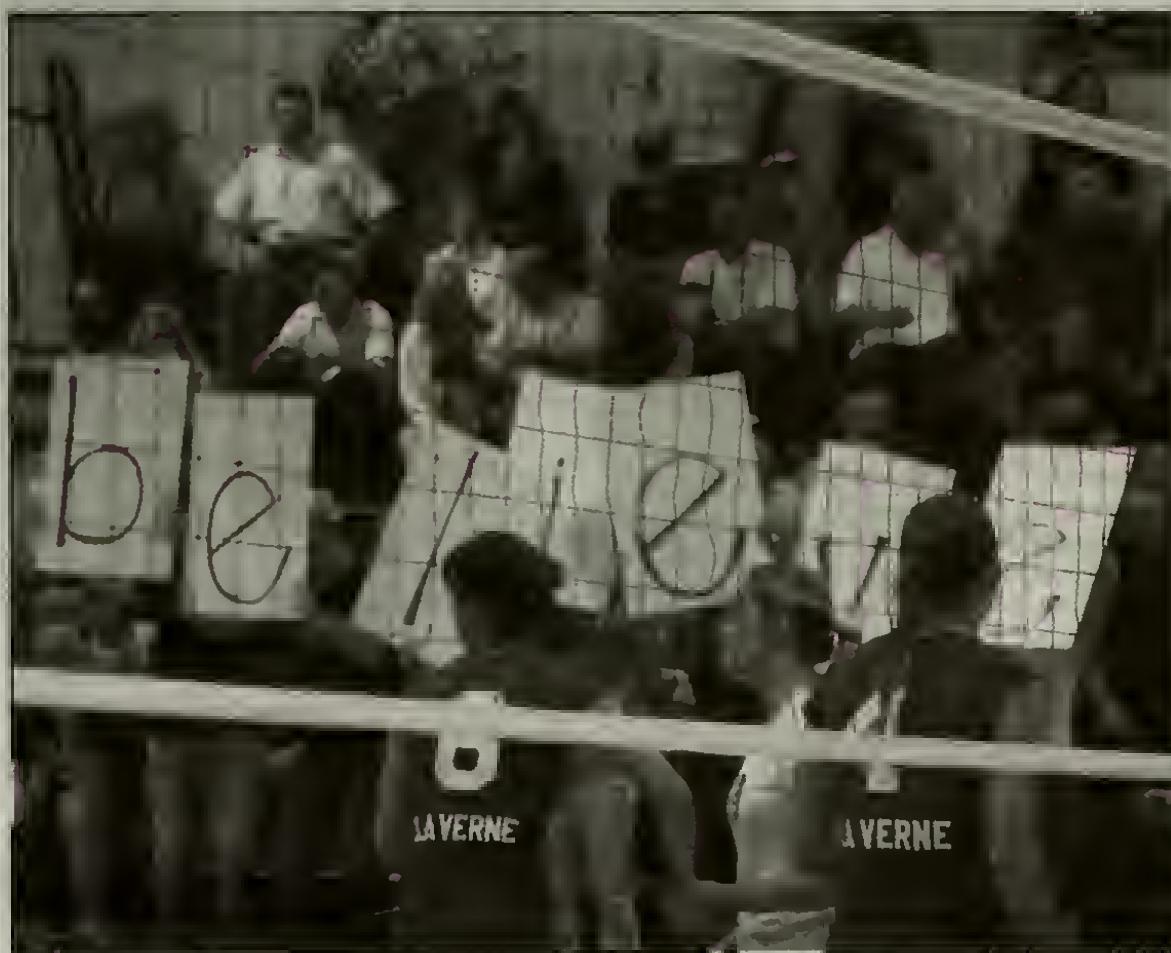


Photo by Scott Chisholm

A group of CLU fans traveled to La Verne to cheer on their Regals in the Regional final on Saturday.

Cal Lutheran controlled the momentum from start to finish in all three games.

In games of such proportion, Coach Roesel reminded her players to have fun and that their best game performances have yet to come.

"She told us that we were going to have to take our playing in to second gear if we were going to win this match," sophomore Allison Kerr said.

In the first set, the Regals built a 5-1 lead, and even stretched it to a 13-6 lead before the Pioneers crawled back to within two before Thorpe slammed her fourth kill of the match to put CLU ahead 25-22.

"I remember thinking to myself, 'OK, one point at a time, just play Cal Lu volleyball,'"

senior Lindsey Benson said.

The Regals were tied 6-6 in the second match, and then eventually pulled away from the Pioneers thanks to a 9-3 run from Thorpe, senior Summer Plante-Newman, and Kerr to end the match again at 25-22.

"Our teams momentum for the first two matches was indescribable. We just kept rolling with the punches and nothing phased us," Benson said.

In the third set neither team led by more than two points as the game was tied up 18-18. Setter Benson dished out the final seven straight points.

East Bay was attempting to control CLU's momentum by using both of their timeouts,

but the Regals still believed, without a doubt that this was their game.

"The main factor in the victory over East Bay was believing in each other even when it started to get tough," Thorpe said.

Four different Regals had eight or more kills in the game, with Kerr's nine kills leading the way following her 12 kills in the victory the day before against Puget Sound.

Thorpe and sophomore Erin Exline each had eight kills and combined to hit a .429 clip (16K-1E-35TA). Plante-Newman also had eight kills and also led all players with 18 digs helping the Regals maintain an errorless serve receive game.

2008 Season Highlights

•Summer Plante-Newman breaks CLU all-time aces record (132 by Liz Martinez), with 175 aces in her career.

•Lindsey Benson ties Tracy Little for third in CLU all-time aces with 127.

•Summer Plante-Newman breaks the CLU all-time kills record (1,055 by Sally Jahraus) at the Wild West Shootout hosted by CSU East Bay. Plante-Newman has 1,144 kills in her career.

•Lindsey Benson reaches fourth place in the CLU recordbook in all-time assists with 2,080.

•Allison Kerr and Lindsey Benson are selected to the 2008 West Regional All-Tournament team.

•CLU lands a record five players on the all-SCIAC team. Erin Exline, Allison Kerr, Cori Hayes, Lindsey Benson and Summer Plante-Newman were honored with the selections.

•The Regals amassed 24 victories, the most since 1995, and fourth most all-time.

(accurate as of Nov. 14)

Sport Schedules

Wed 19	Thurs 20	Fri 21	Sat 22	Sun 23	Mon 24
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 REGALS Basketball				CSU East Bay 5:00 p.m.	
 KINGSMEN Basketball				La Sierra 7:30 p.m.	
 REGALS Diving			Bulldog Diving Invite @ Redlands		
 KINGSMEN Diving			Bulldog Diving Invite @ Redlands		

Shade denotes home game. * Conference Game.



Allison Kerr, 21, led the Regals in kills in the sweep against East Bay.

Photo by Scott Chisholm

No. 1 Redlands dethroned

After an amazing upset, CLU finishes third

By Nicole Jacobsen
Echo Staff Writer

Playing in the SCIAC championship game wasn't expected by the California Lutheran University men's water polo team this year.

The Kingsmen hosted the conference tournament at the Samuelson Aquatic Center this past weekend and were defeated by the Pomona-Pitzer Sagehens 9-12.

"I don't think the team thought we would make it this far," junior Jordan Bouey said. "We had it in the back of our minds but it was hard to actually comprehend that this is how we would finish."

The Kingsmen were trailing early in the second quarter 1-3 but goals from junior Matt Heagy and sophomore Wesley Lewis tied the game.

On four separate occasions Cal Lutheran came within two goals trailing 4-6, 6-8, 8-10 and finally 9-11 with only 1:05 left to play.

Cal Lutheran defeated University of Redlands, ranked No. 1 in NCAA Division III, 13th in the nation (including NCAA Division I) and undefeated in SCIAC play, Saturday afternoon in a 13-11 victory after beating Claremont-Mudd-Scripps the previous day with a score of 10-7.

"We were confident going into the Redlands game," Heagy said. "We had been playing extremely well as a team going into the tournament."

Jeff Chaney and Heagy each had five goals to help defeat University of Redlands and Bouey had 11 saves in the goal and a total of 22 in tournament play.

The conference tournament didn't change the Kingsmen's preparation though. They kept the same mentality and work ethic while still living in the moment.

"We just relaxed and had fun with it," Heagy said.

The men didn't feel like they'd



Photo by Scott Chisholm

Jordan Bouey and Matt Heagy led the Kingsmen to 3rd place in SCIAC.

done anything differently than they normally do in preparing for the tournament, but they noticed that their intensity level was higher than usual.

"We basically did everything we

normally do for games except this time we were way more focused," Lewis said. "We knew we had to make a run at something great."

Even with the upsetting loss against the Sagehens, the Kingsmen

proved hard work, a positive attitude and a calm demeanor can take you a long way.

"We were all pretty relaxed for today's game," Lewis said. "Coach (Craig) Rond told us to smile and have fun and enjoy the moment, so we did. In the middle of the game he would stop and tell us to smile."

With the season at a close, the Kingsmen look back on the year with their heads held high and with high hopes for next season.

"The team was a little disappointed but we had an amazing year," Heagy said. "I couldn't ask for better teammates. They were amazing. At the end of the day I was happy with all that we achieved."

The Kingsmen finished the season as SCIAC tournament runner-ups and third overall with 11 points. This was the highest conference finish for the Kingsmen, the most wins in a single season (14), most SCIAC wins (6), first winning record in six seasons, longest win streak in school history (6) and the Kingsmen defeated their highest ranked opponent ever (Redlands-13th).

Fit and fun

By Krystle Van Deusen
Echo Staff Writer

Having fun and staying fit, what two better things could you ask for? The Intramural Sports at California Lutheran University offer both at the same time.

The CLU Intramural program offers several different leagues for students, faculty and staff to compete in each semester. The program has seen a great increase in participants this semester with the majority of turnouts coming from the co-ed volleyball and indoor soccer leagues.

"I saw a lot of teams come out for indoor soccer this semester. We had to use two different courts to allow all the teams to play," referee Sawyer Merrill said. "Some of the teams are really competitive and have really good players and others are just out there playing for their first time."

A wiffle ball tournament was set up for the students on Saturday. Three teams signed up, but only one was ready to play.

"We will see if there is a possibility to put together another tournament next semester during the week to get a better turn out," intramural intern Scott Beebe said.

The multi-fall intramural sports will begin their playoffs after Thanksgiving. Sofball, volleyball, dodgeball and indoor soccer comprise the fall semester sports.

Finals are right around the corner, and for a little study break, a Wii bowling tournament is set up on Dec. 14 in the Grace lounge.

Preparation for spring league signups is in progress. For the spring semester intertube water polo, co-ed basketball, flag football and small-sided outdoor soccer

will be offered. Ultimate frisbee will also be introduced as a new intramural sport at CLU.

"I played football growing up and then stopped to focus on basketball, so I like that I can go back and play intramural football for fun," Kingsmen basketball player Kyle Knudsen said. "My teammates for flag football all play a sport for CLU so we have that competitive nature, and hate to lose. Our team went undefeated last year and won the playoffs."

Along with this, there is also going to be a 3-on-3 basketball league this year which should get a lot of attention from the students.

The second annual Kingsmen shootout will be held next semester. The Kingsmen shootout is a 5-on-5 basketball tournament which held five different universities last year.

"I love to play all the intramural sports; I play volleyball, flag football, indoor soccer, dodgeball, kickball and basketball," senior Kelly Balch said. "It's a great way to meet new people and I just feel almost like a family with my teammates. Intramurals are the way to go if you just want to have a good time and don't want to play competitively."

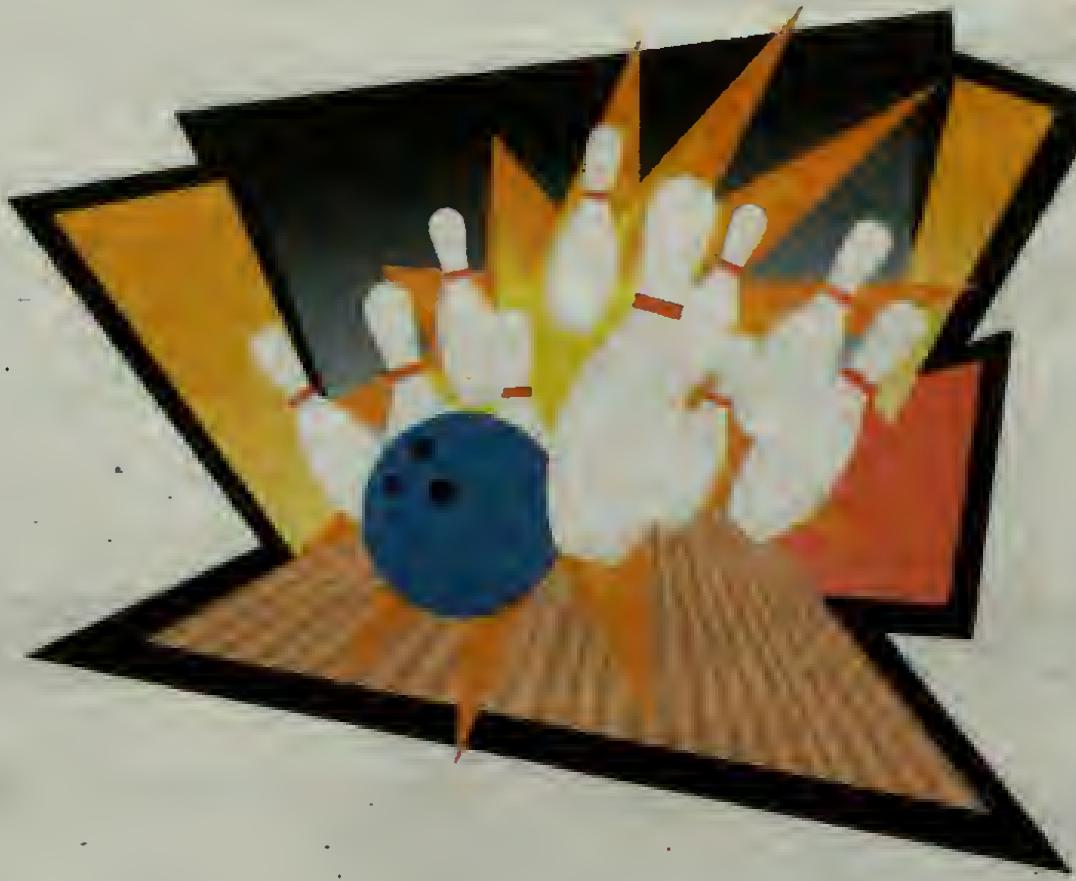
The intramural program includes league games and single-day tournaments along with other aspects such as outdoor recreation trips. These trips consist of rock-climbing, hiking, snowboarding, surfing and many other outdoor activities.

The next upcoming recreation trip is Dec. 5-7 at Joshua Tree National Park.

The trip consists of three days and two nights of camping, hiking, rock-climbing and bowling in Yucca Valley.

Cal Lutheran Intramural Sports introduces...

Intramural League Bowling



Tuesday nights for 8 weeks starting in February at Harley's Simi Bowl

For the first 20 individuals that sign up, the cost is \$44. The regular price is \$64. Costs are per person. This provides you with 8 weeks of bowling, 3 games each night as well as your shoes. Teams are co-ed and have a total of 4 bowlers. Overall team winners will be determined as well as the most

outstanding individual male and female bowler. Signups are available online at http://www.callutheran.edu/student_life/intramural_sports/rules_registration.php. If you want any further information please contact Clark at ccripps@callutheran.edu.

The brain and why God won't go away

By Dana Blackburn
Echo Staff Writer

This year's Harold Stoner Clark speaker explained the connections between the brain and religious traditions and beliefs on Monday in the Samuelson Chapel.

Andrew Newburg, M.D., is a current staff physician at the hospital of the University of Pennsylvania and Director of the University of Pennsylvania Center for Spirituality and the Mind.

He has studied the relationship between religion and the brain in various clinical and research atmospheres.

During his first lecture of the day, "Why God Won't Go Away," Newburg explained that our brain uses beliefs to make sense of the world around us.

He gave a brief overview of the brain's structures and functions.

"All parts of the brain function together as an integrated whole," he said.

Science attempts to pinpoint functions.

Our brain uses myths all the time to explain and understand the world. The word myth does not imply that something is false.

Myths unite opposites like good and bad or right and wrong to solve problems.

During his clinical research with Tibetan Buddhists, Newburg observed the effects of meditation on the brain through an intricate brain imaging technique.

He explained that meditation begins with a brief feeling of arousal, followed by an increased sense of bliss, followed by a diminished sense of self and total absorption into the object of meditation.

"It was very interesting to hear the actual effects that religion has on the human brain," Lauren Puopolo, a junior at CLU said.

"Science and religion are necessary to

understand the totality of the universe," Newburg said.

In his second lecture, "Why We Believe What We Believe," Newburg discussed where our beliefs come from and why they are important.

"Beliefs have an impact on virtually every aspect of our lives," he said.

Newburg defines a belief as biologically and physiologically as any perception, cognition, emotion or memory which a person consciously or unconsciously assumes to be true.

He explained that our beliefs are strongly influenced by other individuals we interact with throughout our lives.

Cognition helps us to find the "proof" in our beliefs.

We use cognition to create and maintain our belief systems.

Newburg explained that when people who speak in tongues have their brain images studied, there is a noticeable drop in frontal lobe activity due to the fact that the subject is surrendering himself.

"The brain in many ways is a belief machine because it has to be," he said.

Newburg explained the physiological aspect of beliefs with the phrase "neurons that fire together wire together."

The more that particular neurotransmitter paths are used, the stronger they become.

Thus the more we practice traditions and rituals of our religion or beliefs, the stronger the beliefs will become.

He explained that beliefs make us who we are and are the essence of our being.

Newburg is the author and co-author of several books that explore the connection between neuroscience and spiritual experience including: "Born to Believe: God, Science, and the Origin of Ordinary and Extraordinary Belief," "Why God Won't Go Away: Brain, Science, and the Biology of Belief," and "The Mythical Mind: Probing the Biology of Belief."

"The brain in many ways is a belief machine because it has to be."

— Andrew Newburg

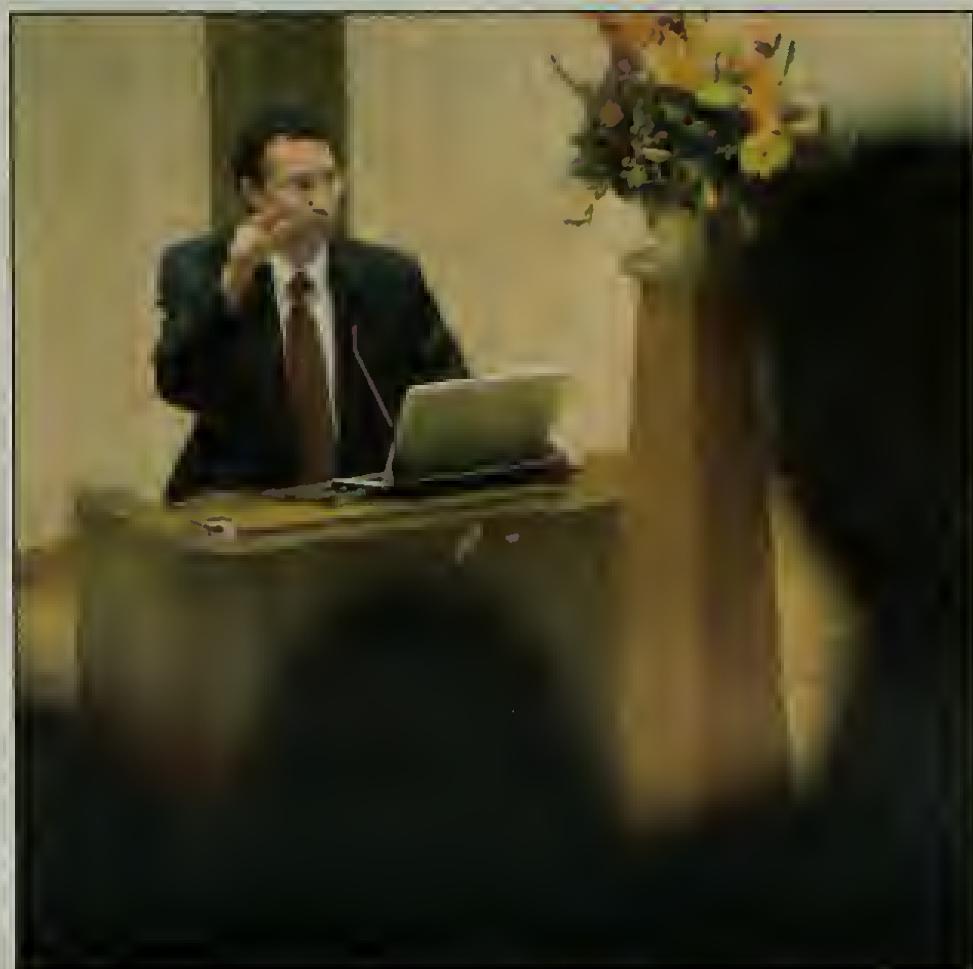


Photo by Doug Barnett

Andrew Newburg, M.D., speaks to students in the Samuelson Chapel.

Medieval manuscripts impact Iceland's national identity

By Gigi Arjomand
Echo Staff Writer

On Friday Nov. 21, during a lecture speech, the audience learned about medieval times literature and why two old and moldy, unfinished books have come to be known as the national treasure of Iceland.

University of California Berkeley graduate student Elisabeth Ward-Hightower spoke about ancient Icelandic sagas and manuscripts and their value and meaning in relevance to the Icelandic national identity.

"Literature has the unique ability to make you feel connected with people you've never met," said Ward-Hightower.

"Writing a Nation-Icelandic manuscripts and Icelandic identity" as she named her composition of research and data, starts by explaining to the listeners the concept of identity and the segments it can be divided into, one of them being a person's national identity.

Ward-Hightower clarified her understanding of how these books have come to play such a prominent role in the national Icelandic heritage supporting her ideas with extracts, footage and pictures illustrating how a country's literature can

carry their heritage, unifying people with their ancestors.

"Literature defines our identity," said Lana Lundin, an attendee and member of the American Scandinavian Foundation of Thousand Oaks.

"We had a book club in the Scandinavian Center and Icelandic sagas was one of the topics we discussed."

Ward-Hightower is not only interested in Icelandic literature but also has a personal connection to the topic as she is half-American, half-Icelandic and has visited the island many times.

"I started spending my summers there when I was younger. All my friends returned from their vacations and summer holidays all tanned, while I was pale as a ghost," she said.

Ward-Hightower specializes in the Viking period and also does museum consultation work, including having worked on the Smithsonian exhibit "Vikings: The North Atlantic Saga."

The audience who mainly consisted of members of the American Scandinavian Foundation of Thousand Oaks focused its questions mainly on the state of the Icelandic economy.

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Students rock out at Clu-Stock.

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New coach, new outlook on season for the Regals.

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Kingsmen prepare for holiday tournaments.

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CLU's national diversity seen at chapel service

By Amanda Lovett
Echo Staff Writer

In honor of the students representing 40 of the world's nations the International Chapel Service on Wednesday, Nov. 19, at California Lutheran University several students shared personal stories of global experiences.

Sponsored by the Multicultural Center on campus, both students from abroad and students who have studied abroad remarked on how their experiences have changed their lives.

Flavia May, graduate student '09, came to Cal Lutheran from Switzerland to study clinical psychology and also attended Harvard Medical School before returning to Cal Lutheran for graduate study.

She commented on the growing international interest and the strong community feeling at CLU compared to other places around the world.

"Here at CLU, everything is possible. Just ask for help and you will get it," May said. "All you have to do is follow your dreams."

A flag parade was presented, with a representation of all 40 countries that represent the international community at CLU, both studying abroad and nationally.

Students came from all over, including Australia, Canada,

European countries, Asia, Africa, Russia and Mexico.

Kaila Hochhalter studied abroad in London during her junior year, and reminisced on her time spent with her friends, remarking that the one thing she remembers most about her time there were "deep theological discussions" and her experiences visiting the famous churches of Europe.

She told the story of her trip to Italy and the Vatican where her friend said that she did not wish to visit the Vatican because it was "just another church."

"The love of God was overpowering," Hochhalter said. "I pretended to be Catholic when I needed God the most," in order to visit the holy cathedrals.

Hochhalter also elaborated on her deep theological discussions with her friends of different beliefs, sharing the conclusion of the incidents.

"We all find what works best to get us through the world we live in," she said.

Representing Vietnam, Khoa Nguyen said that by coming to the United States and California Lutheran University she has "learned to be open, to listen and share" in the experiences of a different culture.

Having studied abroad with Semester at Sea, "visiting countries that represent over half the population of the entire

world," senior Roberta Gaugert expressed the emotions and the learning experience of her 100 days traveling the globe.

Among the places she visited, Egypt stood out in her mind as one of her many favorite experiences.

"I went snorkeling in the Red Sea and then hiked Mt. Sinai in the same day," she said.

"Visiting the Ganges River in Varanasi was the most overwhelming emotion I've ever had in my entire life," Gaugert said, as she described her experience in the Indian holy land. "My senses were overpowering. There's no way to explain in words how that really felt."

Semester at Sea consists of visiting countries on the continents of Europe, Asia and Africa, while studying in between ports on a ship.

Gaugert elaborated on how the learning experience from visiting the different places far outstretched the number of hours spent in the ship classrooms during travel time.

"My eyes were open more during my time abroad more than my entire life combined," Gaugert said.

For more information about studying abroad and international studies, contact or visit the Study Abroad Center here on campus.

Food & cultures from all nations presented at World Fair

By Jennifer Tholse
Echo Staff Writer

The Multicultural and International Center along with the Study Abroad center and the Asian club arranged for the yearly World Fair to take place at the pavilion at California Lutheran University on Nov. 19.

Sophomore Kristen Luna, is one of the Multicultural and International Programs assistants and has been working on putting this event together since October.

"We will have food, music, entertainment, crafts and celebrate many diverse cultures," she said.

Attendees were able to make bracelets with powerful meanings, get hair braids from Ethiopia, have their names written in Chinese, paint maracas from South America, color a dala horse from Scandinavia, get henna tattoos from India and make paper-folding art named Origami from Japan followed by jumping into a fat man's suit to be a sumo wrestler. The pavilion was filled with students to enjoy all of the cultural entertainment.

Junior Dennis Twumasi said that he felt at home when watching the African man that stepped on glass. He also loved the fact that they had information available regarding options of studying abroad.

He explained that he had been interested in studying one of his semesters in either Australia or London and got a chance to pick up some useful information.

"I learned to Hula Hula dance with the pretty ladies. That was awesome." "This is one of the best events here at CLU I definitely must say," Twumasi said.

At the Rwanda table the president of the Action Abroad club, senior Melissa Harbison,

was present to inform students of their options of volunteering. She explained that they are gearing toward sending a small team of students to Uganda and Rwanda next summer to volunteer. Their club will help students afford the airfare by fundraising.

"We just want students to know that this is happening and that they can become a part of this project to better the life in Africa," she said.

Another goal their club has is to fund raise \$1,000 to build a school in Africa since the kids currently are in tents.

Besides trying out all different cultures' crafts and gathering information about studying abroad, diverse cultural entertainment was held and food from around the globe was given out.

Senior Chassan Castro was enjoying himself at the event.

"I like this, it is so mixed and gives a more different perspective and culture. I have learned things like Thai Chi and Belly Dancing. The food is great, I liked the hummus and pita the most," he said.

Senior Billy Doherty also had a good time.

"This is pretty cool. There is a lot of people here and a lot of different performances, which is fun to watch. I really liked the belly-dancing girl she was very attractive," Doherty said.

"Overall it is really good and really fun to learn about different cultures. I also enjoy watching the slideshow, it is fun to see the different pretty pictures of places around the world."

Angela Rowley, assistant of the Multicultural and International Programs said that she was happy with how the event turned out and is looking forward to next years events.

Outdoor Recreation and Adventure Club invite you to come to...

Joshua Tree National Park

December 5th-7th



Come enjoy three days, and two nights of camping, hiking, rock climbing and of course bowling in Yucca Valley. The cost is \$35 which includes everything but transportation. Signup at the SUB Front Desk or by sending an email to Clark at ccripps@callutheran.edu. Please also feel free to use contact regarding any questions you may have about the trip. Remember to act quickly because spaces are limited.



Photo by Nathan Hoyt

A Hula Hula dancer performs in front of students at the pavilion.



Photo by Nathan Hoyt

Chris Kajtor moderates a panel of six men on the subject of wisdom of men.

Panel discusses life without fathers and the wisdom of men

Medieval manuscripts key to Iceland's heritage

Continued from page 1

Although faced with questions not pertaining to her topic, Ward-Hightower engaged in answering, though not from a professional standpoint.

After the lecture, everyone was encouraged by the Vice President of the ASF, Anita Londgren, to "stick around and linger, have coffee, tea or water and get to know the others."

Anita, who is married to Richard Londgren, another essential member of the ASF is proud of the community found in the ASF.

However, they expressed an aim to attract more students and young people to the ASF.

"The younger ones are just as interested in their heritage but they just don't have the time," said Ward-Hightower of the topic.

One member of the ASF discovered a bloodline of royalty when she traced her relatives and ancestors.

"My genealogy has been traced back to King Harold of Norway in year 800 A.D.," said Elda Soderqvist.

"It's important to know your history and the records in Scandinavia are so amazingly good."

The ASF will continue their Lecture Series in 2009 but their most recent upcoming event will be a "Santa Lucia" celebration in the Chapel on the Dec. 10.

By Kelsey Bonesteel
Echo Staff Writer

CLU students had the opportunity to have any question answered at the Wisdom of Men lecture on Wednesday, Nov. 19.

A panel of six men, organized and moderated by Chris Kajtor, a dedicated helper of students, was present to answer questions students had about life and the responsibilities of becoming a mature man or woman.

Kajtor handpicked each member of the panel because they each played an important role in his life. Dr. Gregory Sawyer is currently the Vice President for Student Affairs at CSU Channel Islands.

During the panel discussion he spoke of the difficulties of growing up without a father; Sawyer's father died of a heart attack when he was a young teen.

He discussed his new-found motivation from losing his father and felt the obligation to continue his father's teachings.

Fox Jantz was another influential person in Kajtor's life. He fills the role of a coach, a businessman, a husband, a father and also a mentor to Kajtor. Jantz was responsible for raising himself and finding the meaning of manhood.

Coach Foxx has been the reason many of his players are "better men." "Love is the most important factor in team work and success is not measured by the number of points on a score board but by the type of person you become in life," Jantz said.

Also included in the panel was William Bersley, head of the Philosophy department here at CLU. He has helped CLU shape the Philosophy of Becoming a

Man course.

"Without the love, courage and passion of Dr. Bersley, CLU would not be the place it is today," said Kajtor. Struggling with inner turmoil, Bersley has overcome his anger and rage; results of his relationship with his father.

After being forced to talk about his emotions and express them in ways other than rage, he was able to open more doors in his growth.

Michael DeMartini was also included in the discussion and has taught at various schools including: Crespi Carmelite High School, California Lutheran University, Central City School for Values and a charter school in downtown Los Angeles.

His mission is to help improve the school systems and help the students.

One of his former students was in the audience and thanked DeMartini for everything he did for the school.

Along with educator David Doyle and former Ventura County CEO Johnny Johnston, each influential man shared his professional and personal experiences that helped him become the man he is today.

Those who attended the event were able to ask open-ended questions and receive advice. Most questions revolved around their fathers and the relationships each man had with them. The men talked about the life lessons they were taught and lessons they had to teach themselves.

Each attendee was able to leave with at least a few questions answered. These men were able to promote introspective thinking and send individuals to find a path to become the person they want to be.

Injustice in Truth

By Matthew Railla
Special to The Echo

Everyone gets caught in bad situations at some point in their life, but for four boys from Agoura Hills, one bad situation quickly turned into a nightmare.

Seven boys were involved in an incident in 1995 that left Jimmy Farris dead and his friend, Michael McLaren, with multiple stab wounds.

Jason and Micah Holland, Brandon Hein and Anthony Miliotti were all charged with first degree murder and sentenced to life in prison without possibility of parole. They were sentenced under the felony murder rule because the murder was committed during the course of a felony.

Christopher Velardo, who was the driver of the truck, was not involved in the fight and pled guilty to manslaughter and was sentenced to 15 years.

Jason Holland confessed to stabbing Farris after a brawl had ensued inside McLaren's fort. The Holland brothers, Hein and Miliotti, were all involved in the fight, apparently over McLaren's stash of marijuana that he was known to deal to the neighborhood kids.

This incident was presented at the Lundring Events Center at California Lutheran University on Nov. 18. A film, "Reckless Indifference," directed by William Gazecki and a panel comprised of Dr. Robert Meadows, chair and professor of criminal justice Dr. Helen Lim, assistant professor of criminal justice, Ken Witz, defense attorney and Gene Hein, the father of Brandon Hein was assembled to comment.

The film tells the story of this event and the prosecution team that had an agenda for putting these four boys behind bars for life.

The father of Farris was a homicide detective and was in contact with the judge during the trial. This gave the impression that he was doing favors for the judge and pushing for the maximum sentence for the boys accused.

The case was full of underlying accusations and assumptions.

"There was nothing stolen, they made them out to be a pack of wolves," said Gene Hein, who was appalled at the prosecution for assuming his son and the others were a violent gang. "My son was doing what he shouldn't have been doing that day, but he didn't kill anyone," he added.

The downfall for the defense was the fact that the four boys had a name for their gang, but they weren't a street gang like those seen on television. They were a group of kids who grew up together in the same neighborhood.

Lim pointed out that society is to blame for this kind of reaction to what appears to be a case of manslaughter.

"We are balancing individual rights and the community's safety," she said. "We are moving toward interest of community and the safety of the victim. Americans want a safe community."

Gene Hein continues to fight for his son's freedom today and is proud of his son who has been in jail for over 13 years.

"He's not comfortable in prison, but he is doing well. He got his GED and finished two classes at Indiana University. I'm very proud of Brandon," he said.

"Good topic to throw at the public to create awareness," said Dr. Meadows who organized the event.

"Our views of justice are narrow and this is a good venue to expand our notions of what the law is," Lim said.



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Around the Campus

WEDNESDAY December 3	THURSDAY December 4	FRIDAY December 5	SATURDAY December 6
Corporate Leaders Breakfast Series: Michael Towbes 7:30 a.m. Lundring Events Center		Christmas Festival Concert 8 p.m. Samuelson Chapel	Celebration of Kwanzaa 10 a.m. Lundring Events Center
The Need: Cinemania 10:15 p.m. SUB			Holiday Parent Reception & Christmas Festival Concert 6 p.m. Pearson Library
Las Posados 7 p.m. SUB		Hanukkah Celebration 4:30 p.m. SUB	Santa Lucia Festival of Lights December 10 10 a.m. Samuelson Chapel



Stuff Mondays - \$4 Cheese Stuff. Stix (6 p.m. - close)

Fat Tuesdays - \$2 Chicken Tacos, .50 cent wings (6 p.m. - close)

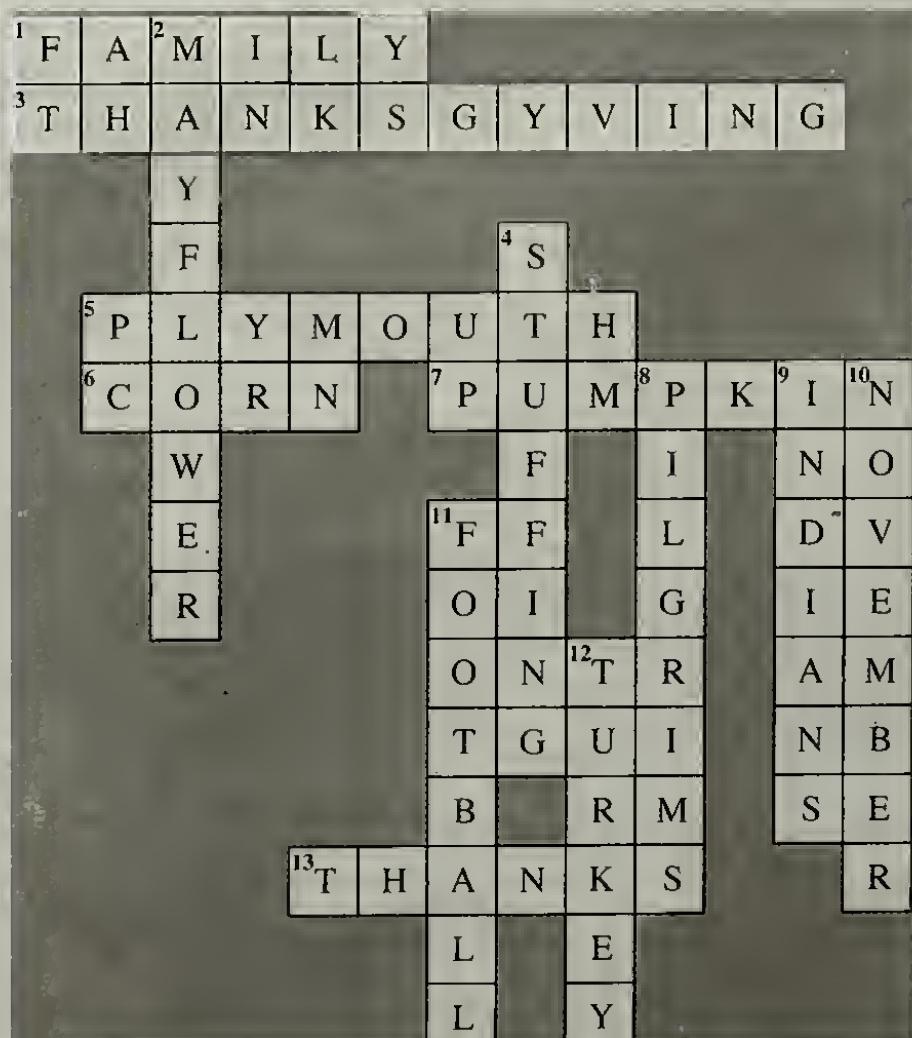
CLU Thursdays - 25% off with college I.D. (6 p.m. - close)

Kingsmen Saturdays - 20% off all pizzas (all day, dine-in only)

Drink and food specials everyday (3 - 6 p.m.)

Join us for Sunday breakfast during NFL season (9 a.m. - Noon)

Crossword answers from November 19



Clustock



Photo by Doug Barnett

Jeremy Kays (Right) preforms with his band the Taradactyles. They placed second in the event.

Club Lu recreates Woodstock

Under the Influence wins for the second year in a row

By Megan Hindman
Echo Staff Writer

California Lutheran University revisited the popular 1969 Woodstock festival with Club Lu's loud music, crowd surfing and candy that fell from the sky.

Clustock, CLU's own version of Woodstock, was held Friday, Nov. 21, in the Gilbert Sports and Fitness Center. Nine bands performed at the event with a surprise performance from Amanda Wallace, the host for the evening.

"I loved seeing a sampling of what people are doing musically on campus," said senior Scott Smith. "There was a lot of energy that night."

The performances were judged according to their musicality, creativity, showmanship and relation to the audience.

Ron and Magdalana Teichmann, Spanish professors at CLU, acted as judges.

Originally, the Teichmann's vote was planned to account for 50 percent of the judging along with a 50 percent popular vote. Unfortunately, due to tampering with the ballots, the popular vote had to be discarded.

The band People placed third, earning 100 dollars. Taradactyles placed second receiving 200 dollars and Under the Influence placed first for the second year in a row, receiving 300 dollars.

"A lot of the groups that are just starting were very good, but it takes time to develop that cohesion that they [Under the Influence] had," said the Teichmanns.

The band, now in its seventh year playing together has remained undefeated throughout the 10 competition-based concerts they



Photo by Doug Barnett

Junior Trace Ronning preformed as a solo act at this year's Clustock.

have participated in.

"It's always a huge compliment to us when we win. We're always a little self-conscious when we write our own songs. It's nice when other people enjoy our music," said senior Scott Kolarik, drummer for Under the Influence.

Other band members include Andrew Fausel, lead vocalist and guitar, Kyle Kinsey, keyboard, Brett Kolarik, backup vocalist and bass player, and the newest member to the group David Camou, guitar and backup vocalist.

Fausel and Kinsey are both sophomores at the University of Redlands, Kolarik is a junior at California State University San Bernardino, and Camou is a junior at Chaffey College.

"They're a well-practiced band with a well-defined style and that shows in their performances," said Smith.

The band has now played alongside other groups such as

Three Days Grace and Starting Line and have began to write their own songs.

"At first we wanted to get signed, but we've realized it's bigger than that. Now we just want to play for a wide audience," Kolarik said.

The band's unique name, Under the Influence, stems from Ephesians 5:18: Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

"Basically everyone is under the influence of something. We are under the influence of our music," Kolarik said. "Our message basically is not to be under the influence of things in this world but under the influence of things above."

The band is scheduled to perform next in the SUB at the first Need of the spring semester.

For more information on Under the Influence, visit www.myspace.com/undertheinfluence.

CLU students donate 2,627 meals to Kids' Caf

By Ashley Soukup
Echo Staff Writer

California Lutheran students, in the spirit of Thanksgiving, donated meals in the Kids' Caf food drive that took place from Nov. 19 to Nov. 25.

Since 2004, the Kids' Caf program has been at CLU. The program, sponsored by the Community Service Center and Sodexho, allows students to donate their meals from Thanksgiving break to local charities.

This year 536 students donated to Kids' Caf and a total of 2,627 meals were donated to Food Share of Ventura County.

"The first day of Kids' Caf, I made my goal," Community Service Center Intern Briana Aleman said. "My goal was 500 participants. Everyone here at the Community Service Center is super excited and proud of the generous donations CLU students showed this week."

Students signed up in front of the cafeteria and Centrum for the number of meals they wanted to give. The meals were given a dollar amount and then a total dollar amount was donated to FOOD Share, which is a member of America's Second Harvest, the national network of food banks and a member of the California Association of Food Banks.

The money given to FOOD Share is used for their Snack Attack Program. According to the FOOD Share Web site "FOOD

Share supplies healthy after-school and summer program snacks to an average of 2,100 children a day at 13 Snack Attack sites throughout Ventura County."

"[I] think that's great," said Debbie Cullen, Catering and Food Services Manager. "Students are very generous."

This year's increase in meal donations is partly due to the fact that this was the first year that Sodexho allowed students to donate five meals.

"Credit goes to ASCLUG because some members volunteered an hour each day," Aleman said.

The sign-up sheets were set out on tables in front of the Caf and Centrum for four hours each day of the drive.

The Kids' Caf program "targets hunger locally, especially during the holiday season. It is very important," Aleman said.

The Community Service Center at CLU provides an opportunity for CLU students to participate in various community service events.

"(I have) been in private school for four years of high school. They do stuff like this. It's great," freshman Breanna Arnold said.

The CSC's mission is to provide an environment and programs that promote leadership, social justice, responsibility, understanding and an appreciation of differences through opportunities to serve and engage communities worldwide.

THE ECHO

California Lutheran University

2008-2009

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Wards balance family and work

By Elicia Hildreth
Echo Staff Writer

While some people think that working with your significant other can be draining and difficult, Matthew and Mitzi Ward enjoy working and seeing each other throughout the day.

Matthew and Mitzi met at the University of Wyoming and traveled to the University of Miami together. They just recently added to the family; Mitzi gave birth to a baby girl.

Matt and Mitzi are full-time employees at CLU. Matt is the Vice President of Enrollment, while Mitzi is the Assistant Director of Alumni and Parent Relations.

"We like to see that our family is a part of California Lutheran University," Mitzi said.

Matt graduated with his Bachelor of Science at University of Wyoming in 1995. He received his master's at University of Miami with an emphasis in international studies in 2003. Prior to working at CLU he worked at several universities, helping a lot of students.

"At CLU we like to have placement with a purpose," Matt said. "We want our students to obtain a job that relates to their place in the world while making a difference in the world doing that job. They need to be trained to make more involved/ethical decisions and CLU offers that."

Matt goes to different venues and speaks on the highlights and successes of CLU.

He markets CLU by expressing how great it is to come to such an open school.

"The campus is a great size, and we are open to all faiths and denominations because it is important to us that students feel accepted," Matt said.

He and other recruiters for CLU have proposed many ideas that would encourage students to attend CLU.

For example, students who are accepted into University of California Santa Barbara would pay the same amount of tuition as it would cost to go to UCSB at attend CLU.

"CLU has done its best to give students award money to attend here; we have reportedly given 19 million in scholarships and grants for this year alone," Matt said.

Mitzi graduated from the University of Wyoming in 1998 and then moved on to University of Miami in 2003. There, she obtained her master's in public relations and also worked in the athletic development, helping with fund raising for their athletic programs.

Mitzi oversees the parent program, alumni relations, volunteer opportunities and so much more. She is very enthusiastic about students keeping in touch once they become alumni.

"You are alumni the minute you hit 24 credits here at CLU, which is about sophomore year," Mitzi said. "For the CLU students we want them to know that they always have a home here."

Because she is a very busy woman, she understands how important it is for parents to be involved in students' activities at the school. She has worked hard to promote events, such as homecoming and the weekend events for parents and alumni.

Mitzi doubled attendance at the cornerstone event which had 1,500 people attend. For October Fest, she made great strides with the parents.

She is currently working on creating a Web site and newsletter with more information for parents and she would



Photo courtesy of Peter Brown

Dr. Matthew Ward was recently promoted to a new position, Vice President of Enrollment.

like to develop an online community for alumni and parents.

Her goal is to have a link on Facebook or MySpace so that an application could be added to your Web site.

She also encourages students to never get rid of their CLU e-mail because it is theirs forever and is a good way for Alumni Services to keep track of what students are doing in life.

Class evaluations go online

By Aaron Hilf
Echo Staff Writer

With the semester coming to an end, students at California Lutheran University can look forward to taking part in the new and improved course evaluation program.

"We have been working to transfer the written process into an online one," Assessment and Educational Effectiveness Director Halyna Kornuta said.

For many schools in the area and around the state, students are asked at the end of each semester to take part in course evaluations programs to help better the teachers' understanding of their class and curriculum.

These evaluations help mold the future classes by getting real feedback from students.

In the past, the evaluations have been done entirely by hand and have depended on students in more ways than necessary.

"I didn't mind them," said Michelle Schwartz, a junior at CLU. "They get very tedious and sometimes you don't see the benefit."

Students have not only been responsible for filling out the evaluations, but also to ensure they were done in an allotted time given

during class.

With the initiation of this new process, students will have more freedom in the completion of their evaluations and will feel more comfortable being honest in their answers.

"Some students we talked to felt uncomfortable being very honest in their evaluations," Kornuta said. "With this new program they won't have to worry about that due to the complete anonymity of it."

The evaluations will no longer be done by hand during class, but on your own, through your MyCLU home page. The new process will look similar to other CLU online programs and will be very easy and self-explanatory to use.

The old evaluation process was reviewed by faculty and staff in 2007. The Teaching and Learning Committee, led by Dr. Deborah Erickson, was not sold on the idea of a manual process and believed there were better options out there.

"The current system was not serving faculty, administration, or students effectively," Kornuta said.

With the help of CLU's information and technology department, the committee began exploring new ways to improve the process. Through articles and interviews with other universities,

Course Evaluations are now ONLINE!!!

Check your CLU email starting 2 weeks before end of semester. Email Subject Line: CLU Course Evaluation.

Complete an evaluation for each course taken this semester, then submit.

After grades are posted, professors and departments see anonymous feedback and use it to make changes.

If you have any questions please contact Karissa Faulconer at KFaulconer@calutheran.edu

California Lutheran
Experiential Success

they landed on the idea of an online process.

Shortly after, the IT department built a prototype which was given out to two test classes and came back with outstanding results.

"We received a higher response rate in a classroom that was given a specified time," Kornuta said. "However, overall it seemed to work much better and faster."

One of the primary concerns of the committee when looking into new programs was being able to get the data back to the teachers as quickly as possible.

Kornuta and Karissa Faulconer, administrative assistant of academic affairs, believe the new program will be able to give professors results four times faster

than the pen and paper process, making it possible for teachers to adjust their techniques for the following semester.

"It was very inefficient and ineffective," Kornuta said. "Now, we will be able to cut down the hugely manual process and make results available quicker."

Like many great ideas however, there are some down sides to this new online format.

The main problem is the fact that teachers and staff now depend more on students to take time out of their busy finals week to complete these forms.

During the pilot program, one class was taken to a computer lab to complete it, where another was given an e-mail to be completed at

their discretion. The response rate was much higher in the class that was given lab time.

"I'm not sure how effective they will actually be," Schwartz said. "I don't think everyone will bother or care to help improve their past classes."

CLU is trying to offset this problem by dedicating a specific week where teachers can book computer labs to complete their evaluations.

Only time will tell the outcome of this new program but for now it seems to work, not only by getting the information out quicker, but by once again showing this campus' commitment to going green by getting rid of a wasteful paper process.

Movie Review:

‘The Boy in the Striped Pajamas’

“Everything, everything in war is barbaric... but the worst barbarity of war is that it forces men collectively to commit acts against which

During this holiday season experience a movie that will leave you humbled and appalled at what ignorance and hatred can accomplish. “The Boy in the Striped Pajamas” is a gut-wrenching film that captures the life of an adventurous little boy who lives beside a concentration camp during World War II.

Nothing will prepare you for what you witness in this movie, which was adapted from the novel, “The Boy in the Striped Pajamas” by John Boyne. The Holocaust and concentration camps come to life while movie-goers are given a first-hand look through the eyes of a curious and adventurous boy named Bruno (Asa Butterfield).

Written and directed by Mark Herman, the film takes us to Berlin during WWII at a time when many people were still ignorant about the sufferings and cruelties that were taking place in concentration camps.

The film begins with Bruno and his family moving from the city of Berlin to a desolate area of farmland. His father, a Nazi officer, has been promoted and is now in charge of overseeing the concentration camp located just a few miles from where his family is residing.

With nothing else to fill his time, this little boy begins exploring the woods around his home and soon makes friends with a boy named Shmuel (Jack Scanlon) who lives on the other side of the fence in the concentration camp.

Watching all of this happen right before your eyes makes it hard to imagine what the world was like all those years ago and how far we have come in respect to our tolerance for individuality.

We get a better understanding of what it's like for people who have been persecuted in the past, and can comprehend why they are easily angered when they are at the wrong end of peoples' stereotyping. All of the pain and suffering they have gone through over time has earned them this right.

“You will leave with a reality check...”



By Scott Beebe
Movie Critic

Shmuel is an unusual child in Bruno's eyes, mainly because he wears striped pajamas and lives behind a barb-wired fence. Bruno is young and innocent and thinks that it must be fun to live there and get to play in the yard all day and wear pajamas. He is lonely and adventurous so the two boys begin to develop a friendship, meeting each day to chat, play games and enjoy each other's company.

After Bruno's father (David Thewlis) hires a tutor for his children, Bruno discovers what type of job his father has and what the life of a German child should be like with respect to their loyalty to the Father Land.

Throughout the film you are given the feeling that something disastrous will happen between the development of Bruno and

Shmuel's relationship. And that feeling proves to be all too true.

The last five minutes of this film make you want to cry or just close your eyes because you can't believe that this could happen and that the cost of ignorance has to be paid with such an unnecessary tragedy. It's a movie that will captivate and mesmerize you.

This holiday season experience a film that will open your eyes and make you think twice about the way you think of other people as well as reaffirming all you have to be thankful for.



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Campus Quotes

“What is your favorite part of Thanksgiving?”



“The day after: Black Friday.”

—Senior
Jon-Erik Livingston



“I kind of like the food.”

—Freshman
Brittany Alexander



“Surfing on Thanksgiving. The waves are always good.”

—1st year grad student
Kelby Tursick



“The 3 F's: family, friends and food.”

—Sophomore
Kristin White



“Getting together with family that I haven't seen in a long time.”

—Junior
Jordan Bouey

Poor economy affects CLU

Students struggle to make ends meet

You would never know our country is in an economic crisis by the action of California Lutheran University.

In my three years of attendance at CLU, I feel as if the school has grown up around me at an alarming pace.

Our university is expanding and growing in a positive direction.

In the CLU 2012 Capital Plan, the university has mapped out a plan that extends through 2020 to "build a university of distinction."

Most students here at CLU are happy to see their university blossoming and improving, however, these expansions all come at a cost.

In the CLU 2012 Capital Plan, CLU has outlined three phases to reach their goal of building a "university of distinction."

We are currently in phase one, which extends from 2007 through 2012.

In this phase, CLU has identified nine major expansion projects to accomplish, including: the



Kristin
Gilman

Svenson Center, Trinity Hall, KCLU building, Dining Facility, Early Childhood Center, Facilities building and yard, Paulson Tennis Courts, Hutton Field and community-use pool remodel.

Many of these projects are either completed or nearing completion. Phases two and three also outline major expansions for the university.

To achieve this 2020 strategic vision CLU outlines this strategy: "Funding for improvements in the traditional undergraduate program will have to

come from a larger endowment and from the greater net tuition revenue provided by reduced discount rates."

This means the money for these expansions is going to come from all of the tuition revenue the university accumulates and donations to the university.

This is concerning.

It is no secret that tuition has been increasing every year. From the 2007-2008 year to the 2008-2009 year, tuition has increased from \$25,790 to \$27,600.

To attend CLU for one year, including all housing, meal plan, books, travel expenses and additional costs, CLU estimates it would cost the average student \$41,635! Compare this to what the nearby California State University Channel Island estimates for their students: \$10,170.

On a side note, do I even have to mention the outrageous cost of textbooks here?

As student, I am sure you all feel it. Don't even get me started.

To give you a little perspective, three years ago in the 2006-2007 school year CLU made 39.5 million

Most of CLU's current students made the financial decision to attend CLU before the economy took a turn.

dollars in tuition revenue; this is before multiple tuition increases.

Now, my little rant about costs here is not the main point I am trying to make.

The point is that most of CLU's current students made the financial decision to attend CLU before the economy took a turn.

Numerous students are being forced to make serious re-evaluations of this decision.

No matter how much you like the small classes and the friendly atmosphere here, it is hard to ignore a \$31,465 saving per year.

At the end of the day, you will put the same degree on your resume as any state school student.

Soon, many of us are going to have no choice but to transfer or make other arrangements.

I know of multiple parent plus loans being denied, and with the bank fiasco, who knows if our student loans will suffer as well.

With outstanding balances with the university, you will not be able to register.

In the presidential elections both candidates were asked what they would be cutting out of their original plans for the country due to the current economic status.

I think our school should be asking itself the exact same question.

As a student struggling to rationalize the outstanding costs here, I would rather my university cut down on its expansion plans temporarily and return some of these savings to its desperate students.

How to Respond

Mail

Letters to the Editor
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Thousand Oaks, CA 91360

Phone

(805) 493-3465

E-mail

echo@callutheran.edu
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

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Hit the books

Pearson Library is a positive atmosphere to study in.

By Leslie Richman
Echo Staff Writer

It used to be a facility where only "nerds" hung out. It used to be a place many of us dreaded going to and a place most of us tried to avoid.

I have to admit that the Pearson Library on the California Lutheran University campus is a place I have become very familiar with and now love going to whenever I need a place to just mellow out and study.

I don't understand why more students don't take advantage of the library on CLU's campus. The library has so many features to help you get your school work done on time, in a quiet environment.

The library has private cubicles for studying and a full computer lab equipped with MAC and PC desktop computers.

The computers are also fully loaded with the Adobe Creative Suite programs for all your imaging and video needs.

There are a few changes that

would like to see made to the CLU library because I believe they would greatly benefit the students and create an even more welcoming environment.

I think with proper funding, expanding the library would create more work space to hold more students. CLU is constantly growing and new students are always pouring in.

Adding on to the Pearson Library would leave more room for private cubicles, computers and lounging areas for reading.

I have talked to fellow students about the idea of adding a tutoring center into the Pearson Library as well.

I think a full tutoring center would help students utilize all the amenities our library has to offer.

Large sound-proof rooms would also be a great addition.

Students would be able to reserve rooms and have a place where they could meet and work on group projects. Group projects are often assigned in classrooms, however, finding a common meeting place isn't always the easiest task.

Group work rooms would provide a safe and effective environment so that all group members could have a quiet place to work.

As a student who has always been fascinated by interior design, I can't help but put my two cents in on how the current CLU library could be updated.

Most of the buildings on CLU's campus are extremely modern, brand new and incredibly clean. Pearson Library appears from the outside (and inside) as dated and old.

A newly decorated library would be illuminated with feelings of warmth and comfort, ultimately making students feel welcomed and relaxed.

I personally think that a library must exude feelings of calmness in order for it to be a place where people would want to sit down and curl up with a good book.

I know that there are always buildings to be fixed, classrooms to be re-furnished or offices to be added onto.

Nevertheless, the Pearson Library is a wonderful place that with minor changes can continue to help students succeed in these difficult college years.

I think it's about time to change the way students think about libraries, and start spreading the word on the numerous resources the Pearson Library has to offer.

Aborting a midnight law

Recently, I've been so excited that Obama became our president-elect that I forgot we still have another guy sitting in the oval office.

After another person is elected, many presidents become "sitting ducks," meaning they basically sit around and wait for the next person to replace them.

However, some presidents are participating in the more popular action of creating "midnight rules," which are rules or regulations made at the end, or the midnight period, of the administration.

Bush is jumping on the bandwagon, joining Presidents

like Jimmy Carter and Bill Clinton, and if these rules are published in the Federal Register by Friday, Nov. 21, they'll be very hard for President-elect Obama to reverse when he gets into office.

One of the rules he is trying to push through could create huge problems with millions of women in the U.S. while leaving a nice parting gift to the anti-choice extremists who have supported him for the last eight years.

The rule could allow health care organizations that receive federal funding to redefine abortion to include the most common forms of birth control

Missy Bain



Hollie Lowenberg

and then refuse to provide these basic services.

This means that the pills, patches, injections and even condoms could be seen as a form of abortion.

It is absolutely insane and even anti-choice people I have talked to about this rule agree.

This seems to me to be an attempt by the Bush administration to take away as many reproductive freedoms from women as it can, until we are left with nothing.

By allowing health care organizations to refuse their patients access to birth control they are putting the decision of whether or not to have a baby in the hands of the health organization.

I'm sorry, but shouldn't that decision be left to the couple?

Since when did the medical community have any say on who can and cannot have a

The rule could allow health care organizations that receive federal funding to redefine abortion to include the most common forms of birth control...

baby? (Except in obvious cases where the mother's health could be jeopardized).

Seriously though, turning people away from birth control will do nothing but hurt everyone, and wouldn't this hurt the anti-choice agenda anyways? I mean, by taking away birth control, wouldn't that lead to more abortions?

Are they expecting people to just stop having sex? That will never happen.

What is so wrong with allowing women to choose when they want to have babies? I don't understand the sin here.

Maybe people should stop worrying so much about whether or not a woman is taking a pill everyday to responsibly wait and have a family when she is ready, and start worrying about themselves and their own family.

Want to know what you can do to help make sure that a "midnight law" like this isn't passed?

Just visit www.plannedparenthoodaction.org to get all the information you need about the issue and what you can do to help.

Unsteady job market leaves students worried

As a senior, I'm excited to be graduating in the spring. I'm expecting to be able to start a career, only to find that no one's hiring.

But like all graduating seniors, I'm worried about finding a job in this declining economy.

Unfortunately for us, we're graduating smack dab in the middle of a recession, a less-robust economy full of potential layoffs and fierce competitions for new job openings.

As college students, we are currently or will be looking to be employed as we exit college and go into the workforce.

For anyone who has started looking for a job, they may have already found it difficult since so many companies are laying off personnel or closing their doors.

We are graduating at a very difficult time in our economy.

When we entered college a few years ago, things couldn't have been better.

The economy was booming and there was a bounty of jobs with perks and bonuses.

The uncertain job market is leaving many college graduates

When we entered college a few years ago...the economy was booming and there was a bounty of jobs with perks and bonuses.

nationwide worried about what will happen after graduation day.

Reports show that 240,000 jobs were lost during the month of October alone.

I'm assuming many more layoffs will be cut before the Christmas holidays. It's mind boggling for those of us who go to college

I'm sure all of us could think of someone who is finding it difficult to find a job.

Just this Thanksgiving, friends and family around the dinner table were complaining about cut hours, cut bonuses and having their paid vacation days taken away.

Some even admitted that they worry about losing their jobs.

This is a scary time in our economy, and an even scarier time for those of us who have never worked before, considering that we were studying for a higher education that was supposed to land us a better job in the first place.

Now, I don't know about you guys, but I didn't spend four years in college just to work next to someone with a high school education.

I'm expecting a professional career, but the future doesn't show any sign of hope, especially considering I'll be competing against millions of others who are unemployed or who will be unemployed by graduation.

Many college students in their late 20s and early 30s have had to return home because of the state of the job market.

Instead of finding our own apartments, it looks like a lot of us will have no other choice but to move home to save money and look for work.

So where does this leave us?

I suspect that the economy will rebound eventually, but for now it looks like we're just going to have to suck it up and be grateful that we have what we have.

When the job market does rise, at least we will have an edge over those who aren't as fortunate to

Looking for a new opportunity

CLU's new coach ready for the challenge

By Nicole Jacobsen
Echo Staff Writer

Coach Roy Dow began a new leg in his career on July 16, 2008. Being selected as the new California Lutheran University Regals head basketball coach has proven itself to be a new challenge.

Before coming to Cal Lutheran, Dow spent six seasons at Caltech where he helped the team improve in nearly every statistical category.

"You look for the right opportunities, not just anything," Dow said. "CLU is a new challenge and has all the good things coaches look for like great academics, a beautiful campus and respectful students."

While winning is the ultimate goal for the team, Coach Dow says winning isn't everything to this year's Regal basketball team. Instead, they're more focused on improving their game and individual skills as well as

maintaining a positive attitude both at practice and during a game.

"We talk about attitude and how hard we're going to play," Dow said. "We haven't talked about a winning season at all. We figure if we play hard, the wins will take care of themselves."

Keeping an open mind and encouraging players and teammates to be their very best is a common goal for both coaches and team members this season. Learning new drills from a new coach can be challenging, but working together and putting in time and effort can make all the difference in the world.

"Coach Dow pushes us to be our very best every single day," junior Nita Sims said. "The team is excited to have him here and to see what happens this season."

With the 2009 season underway, the Regals are excited to see what's in store for them. Even with very few statistics thus far, coaches and players look back to their first game to see what drills need to be emphasized during practices.

"It's really early in the season," Dow said. "The first game/win gives us a lot of feedback on what



Photo by Desiree D'Arienzio

we need to work on and what skills we can perfect."

Having only six upperclassmen return may cause a few difficulties this year, but Coach Dow and the rest of the team are positive they will be able to overcome any obstacle.

"Being a young team we have certain challenges, but the girls are mentally tough," Dow said.

The team may be young, but rather than cautious of how successful they can be, the girls are looking toward the season with optimism.

"Having a new coach and being such a young team has the potential to create a few bumps along the road this season," Kourtney Jones said. "But we have faith in each other as a team and are all working toward the same goals."

Regals start hot but fade fast

Young team is experiencing growing pains

By Nicole Flanary
Echo Staff Writer

Young talent has already made its impression on this year's Regals team.

CLU freshman forward Danika Briggs knocked down a 3 point shot with .07 seconds left in regulation to give the women's basketball team their first win of the season.

Cal Lutheran defeated CSU East Bay at Gilbert Arena with a final score of 104-103.

Following their season opening victory, the Regals have fallen into a three game losing streak against Whitworth, 57-69, who they will play again on Dec. 6.

They also dropped back-to-back matches to Chapman and Northland (Wisc.) by scores of 48-70 and 63-71, respectively.

The Regals' Saturday night shoot-out with the Pioneers really excited the CLU crowd for the upcoming season.

"This game was really a

preview of what we can do as a team and gave the crowd a taste of how fast-paced and exciting we play," sophomore captain Kourtney Jones said.

Jones had 17 points on the night, sinking all three of her 3 point attempts.

Saturday night started off on

the right foot for the Regals who were ahead of the Pioneers all night, up until the final few minutes of the fourth quarter.

Cal Lutheran was leading by 15 points with five minutes left in regulation, when CSU East Bay rallied and put up 13 unanswered points.

The Regals' next score came from Nita Sims, who posted a lay-up and ending the hot streak by East Bay.

"Nita had 24 points and 11 assists on the game," Jones said. "She was definitely one of our best contributors."

However, following Sims' shot, East Bay tied the game with a three-point shot late in the fourth.

CLU dug deep and refused to lose, playing tough to set-up one final shot attempt by Briggs with .07 seconds left in the game.

Briggs sank the shot and sealed the victory for the Regals in their first game of the 2008-09 season.

"I think overall this was a great season opener," Jones said.

"Danika Briggs' 3 pointer with one second left was really a great way to cap off an exciting game."

Briggs finished with 10 points overall and went 3-8 from the field. Fellow freshman Britlyn Garrett and junior Johanna Rothermel both contributed eight points apiece for the Regals.

Senior Cheryl Lee contributed

17 points in the win against the Pioneers.

CLU scored 104 in the bout versus CSU East Bay, which is the most scored by a Regals basketball squad since 1996.

"The new coach has brought a lot to the program. He is very excited for this year, and his excitement is without a doubt rubbing off on the rest of us," Sims said.

Saturday night showed a good sign of things to come for the CLU women's basketball team. Now that they have tasted victory the Regals are that much more eager to compete and show the fans what they're all about.

"Personally I am looking forward to seeing the way we challenge not only the teams in our league, but the non-conference teams as well," Sims said.

The Regals travel to Whitworth University (Wash.) to play in the NBC Camps Whit Classic where they will take on the universities of Whitman and Whitworth, beginning on Dec. 5 at 4 p.m.

SCIAC play will begin on Jan. 8, 2009 when the CLU takes on the Whittier Poets at home.



Photo by Ashley Benitz
Junior Kelsey Paopao drives to the net against Whitworth University.

Dance team has high hopes for Nationals

By Jackson Damron
Echo Staff Writer

Borderline Bar and Grill is sponsoring a fund raiser for the CLU dance team tonight at 10 p.m.

This will be the last college night sponsored by the dance team, the sixth of the fall semester.

The dance team receives roughly half of their budget from ASCLU-G for being a club and uses the money they earn at their sponsored events to take care of additional expenses.

All year the members spend countless hours in the dance studio perfecting their routines so they can compete at nationals, but they have to come up with a way to pay for getting there.

That's where media liaison and fund raising supervisor Margaret "Butta" Nolan steps in.

She has been on the dance team for the three years that she has been at CLU and is now in charge of making sure they raise enough

money for their trip to Florida.

The dance team holds a fund raiser at Outback Steakhouse each semester and also has a fund raising table set up at football games in addition to holding raffles at basketball games.

Nolan, the only junior on the team, can be seen posting flyers for the Borderline event.

Leading the squad this year is a trio of seniors. Captain Emily "Shady" Cowles in her fourth year on the team, choreographs some of the team's routines.

She even performed with a broken wrist at Nationals last year.

Co-captains Fina "Poppi" Lopez and Kelly "Roxy" Butler have also been on the team every year they have been at CLU.

Lopez came to CLU with a dance and cheer background, but after nine years of cheer she wanted to dedicate herself to dance. Joining the team was an easy choice for Butler. She

has been dancing for 13 years.

"I feel pretty confident in both of our nationals routines," said Lopez. "The routines are different than what we have done in previous years and the team is better overall than we have ever been."

The dance team returns three sophomores as well. Samantha "Spinnz" Quilay is the treasurer for this year's team.

Quilay has a recreational background, she swam in high school and started dancing at the age of three.

Nicole "Hammi" Simonson, team stylist and fashion expert, is one of two members from Arizona.

The final sophomore, Carly "Lulu" Robertson, is the marketing supervisor, a position she can be trusted with since she was class president all four years of high school.

Joining the team this year are three freshmen.

Allison "Scooter" Mehnert comes from a ballet background and has never



Photo courtesy of Katelyn Miller

The Cal Lutheran dance team performs at home football games in the fall.

participated in hip-hop dance before.

Tihana "Belle" Borhaug easily has the most nicknames on the team with seven and Borhaug has only been dancing for five years.

The last freshman, Katelyn "C-Bass" Miller, is a Westlake local and a huge Dallas Cowboys fan.

"Katelyn is easy to spot around campus," said Simonson. "She's the tiny girl in the giant truck."

With no coach, the members attend practice and collaboratively tweak and perfect each routine.

The dance team is working vigorously; they only have four practices left until they leave for Orlando, FL, for the UDA National Competition in January.

Going into Nationals, they are ranked 18th out 38 teams and have high hopes of raising their placement in Florida.

Cal Lutheran Intramural Sports introduces...

Intramural League Bowling



Tuesday nights for 8 weeks starting in February at Harley's Simi Bowl

For the first 20 individuals that signup, the cost is \$44. The regular price is \$64. Costs are per person. This provides you with 8 weeks of bowling, 3 games each night as well as your shoes. Teams are co-ed and have a total of 4 bowlers. Overall team winners will be determined as well as the most outstanding individual male and female bowler. Signups are available online at http://www.callutheran.edu/student-life/intramural_sports/rules/registration.php. If you want any further information please contact Clark at ccripps@callutheran.edu.

Kingsmen split games in Hawaii

CLU drops first basketball game of the season

By Krystle Van Deusen
Echo Staff Writer

Starting out the 2008 season with a bang, the California Lutheran Kingsmen basketball team has been too much to handle with only one loss thus far.

The team had a 76-52 victory over La Sierra University on Saturday, Nov. 22, and followed up with an 84-78 win over Carthage College on Monday, Nov. 24.

The Kingsmen squad flew to Honolulu, Hawaii for the Surf's Up Classic tournament on Nov. 28 and 29.

The Surf's Up Classic tournament consists of four teams, one of which is a fellow conference member Whittier College. The other two teams are from the Northwest Conference.

The men took on George Fox University (Ore.) and beat them 76-70 behind junior Andy Meier's 26 points and nine rebounds.

CLU was behind by as many as 11 points before coming back and topping the Bruins.

"The key to winning these games in Hawaii started from the defensive end. We needed to get into George Fox's guards as soon as possible," Meier said.

"We needed to try and get the ball into the post as much as possible and spot up Grimm and Knudsen to hit the three. We'll worry about Pacific as soon as we had taken care of George Fox."

The next day the Kingsmen faced another Oregon team, the Pacific University Boxers, who defeated CLU for the first time this season, 65-78.

The Boxers took an early lead by opening the game on a 13-2 run and Cal Lutheran was never able to completely catch up.

The Kingsmen trailed by as many as 24 points in the game



before closing the gap to 13 points in the end.

Junior Kyle Knudsen led the Kingsmen with 15 points, with freshman Marquis Johnson right behind him with 13 points and six rebounds in the game.

CLU took an early lead over La Sierra in the first half putting the Golden Eagles into a 24-7 deficit.

This lead proved too much for the Golden Eagles to surmount.

Every Kingsmen player

contributed to the victory and 10 out of the 12 players scored.

"We did a great job of executing both offensively and defensively. We have been working really hard in practice and the work has paid off," Cameron Mitchell said.

"We showed what we can do as a team and hope the success continues throughout the season."

On Monday, Carthage College came all the way from Wisconsin to suffer a loss from the charging Kingsmen.

The Red Men looked to have an advantage over CLU when they took an early lead in the first half.

Knudsen quickly took their momentum away when he scored his first of four three-pointers.

He raked in a career high of 25 points that contributed to the Kingsmen victory.

"This was a big win as we finally got to face a big opponent for the first time this season," Meier said.

"Knudsen played really well and was huge to our success."

Sophomore Greg Grimm scored 10 out of 16 points in the last 20 minutes of regulation, while 10 of his points came from the foul line.

Grimm also contributed with 4 assists.

Meier followed Knudsen's lead, tallying 25 points and a game-high 13 rebounds all while sinking 9 out of 10 free



Photo by Nathan Hoyt

Junior Kyle Knudsen drives for a lay-up in a victory against Carthage.

throws.

Cal Lutheran, as a team, went 26 of 50 from the field, 5 of 10 were from the 3 point range and 27 of 34 free throws

found the net on Monday.

"Saturday and Monday were both great games for us getting the season underway. Hawaii really gave us a chance

to get out and have fun with each other, but at the same time we knew we have goals to accomplish," Mitchell said.

"It should be a really fun weekend and we hope to return home with two more wins."

The Kingsmen will return to action at La Sierra on Dec. 11.



Photo by Nathan Hoyt

**CLU ULTIMATE
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-Beginners or Professionals

Questions? e-mail M3 at

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THE ECHO

CALIFORNIA LUTHERAN UNIVERSITY

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It's beginning to look like Christmas



By Kelsey Bonesteel
and Scott Beebe
Echo Staff Writers

With the 80-degree weather at the start of December, some students may be finding it hard to get into the Christmas spirit. But thanks to California Lutheran University's 49th annual Christmas Festival Concert series, students, faculty and members of the community were able to find that holiday joy.

The Christmas Festival Concert has been the longest running annual event at CLU.

This year's theme was peace. Performances by the university symphony, women's chorale, university symphony and select soloists took place.

"I love performing with the symphony because it adds so much to the music. You really have to listen to things a lot more to make sure everyone is in sync with each other," said senior quartet member Missy Bain.

This is one of the busier events on campus. The festival had three nights of performances that filled the Samuelson Chapel to capacity, with standing room only for audiences.

Christmas trees, lights and royal purple drapery covered the chapel. The colors matched the programs of purple and silver.

Throughout the concert Dr. Julia Fogg, religion professor, and Pastor Scott Maxwell-Doherty narrated selected readings. Each reading explained the songs that were about to be sung.

As both choirs entered the chapel, instead of lining up in the front of the chapel in the risers, they positioned themselves around the edges of the seating, creating a surrounding sound that filled the chapel from all angles.

The audience was also asked to participate throughout the concert. The programs printed the lyrics to classic Christmas songs such as, "O Come, All Ye Faithful" and "The First Noel."

"It's my favorite concert to

perform; the audience enjoys singing along with the choir," said first violinist Katie Foster. "The highlight of this year's concert for me was the playing of the traditional Christmas songs."

After a few non-traditional Christmas songs were sung, the Kingsmen and Regals Quartet sang a few classics, including a finger-snapping rendition of "Jingle Bells," "Have you Heard?" and a sultry rendition of "I'll be home for Christmas."

"We rehearse four-days a week for 75 minutes each day not to mention the extra time spent outside rehearsal memorizing music," Bain said.

"The Quartets rehearse on their own time and learn the music on their own, with little to no help from Dr. (Wyant) Morton."

The concert series brings people from all age groups; members from the University Village were shuttled over to attend the neighboring event.

It's a time to gather and enjoy the holidays with friends and family and sing Christmas songs that we all sang as children.

The Christmas concert marks the beginning of the Christmas festivities that also included Student Life's Christmas Chaos. It featured 20 tons of snow, ornament-making, cookie-decorating, carriage rides, hot chocolate and letters to Santa.

Christmas Chaos also allowed

"The highlight of this year's concert for me was the playing of the traditional Christmas songs."

— Katie Foster

students to respond to letters to Santa. The program ran in conjunction with the community service center along side the Post Office. The program is run nation-wide.

The Post Office gives letters from children who write to Santa to community services representatives and community workers respond to the letters.

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Students participate in snowball fighting at the annual Christmas Chaos at the student union building. (Top)
The Choir sings a traditional Christmas song during the 49th annual concert series.

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World AIDS Day

By Margaret Nolan
Managing Editor

World AIDS is a nationally-recognized day when people around the world come together to bring global attention to the HIV/AIDS epidemic.

On Dec. 2, California Lutheran University and the HIV/AIDS Coalition of Ventura County teamed up to host the Ventura County World AIDS Day on the CLU campus.

Dr. Adina Nack, director of the Center for Equality and Justice, and the lead organizer for the Ventura County World AIDS Day, was one of the main organizers of the day's events.

She expressed the need for people to be informed about the HIV/AIDS epidemic, as Americans can often get too comfortable in thinking that it can't happen to them.

"One of the things that means the most to me is that I feel that CLU has become a place that is now known as somewhere that serves the community when it comes to HIV/AIDS education for the students and community," Nack said.

The day began with a series of films focused on the various aspects of the HIV/AIDS crisis in the student union building.

Following the film screenings, Sharon Clack, the founder and president of the Lily of the Valley Endeavor (LoVE) gave a global perspective on the HIV/AIDS epidemic.

LoVE is a non-profit organization that is dedicated to helping the children who are

affected by AIDS or who are infected themselves.

The epicenter is in the very undeveloped and poverty stricken community KwaZulu, South Africa.

"It is an area where there is so much devastation, that it is unimaginable," Clack said.

Each three-bedroom cottage has one housemother for every six children.

At Lily, there have been big advancements in improving the quality of life for all of the children that are infected with the virus.

"AIDS wasn't allowed to be spoken of then because nobody knew what to call it."

— Lynn

She believes that "with privilege comes responsibility" so she encouraged the whole audience to get involved, whether it was by retelling the story about LoVE, sponsoring a child, donating, buying beads made by members of the KwaZulu community or by actually visiting the LoVE village yourself.

Ana Lopez of the Community Health Organization for Planned Parenthood, who coordinates the Positively Speaking Program, introduced the positive speaker panel of Ventura County residents who provided a local perspective on the epidemic.

The first speaker was Lynn, a 65-year-old former go-go

dancer who has been with living with AIDS since 1998.

"AIDS wasn't allowed to be spoken of then because nobody knew what to call it," Lynn said when she was growing up.

She shared her life story of how she grew up and when she was informed of her infection.

"The first anger is just so horrendous... it's a death sentence," Lynn said. "But now I'm the one that's telling people that you can live with it. I still go out dancing and I blow some of the young kids off the floor. I can even crump."

The next speaker was Doug, who has been living with full-blown AIDS for 21 years.

He shared his story of coming to terms with his own sexual identity and how both he and his partner Randy were diagnosed at the same time.

"This guy was telling me my life was over at the prime of my life," Doug said of the day he found out he was infected.

He had dropped to only 100 t-cells when he lost his partner to the disease but has since bounced back to a healthier level of over 500 after he dedicated his life to helping stop the HIV/AIDS epidemic.

Next, Danny told his stories of traveling around the world, working on a cruise ship and how the epidemic became a part of his life.

He explained that he has received great support from his family and is now sitting at a healthy 750 t-cells, thanks to a new medicine that he takes.

The final speaker was Lin, who spoke of how her shaky upbringing led her to choose sex as her drug of choice.

"My story is about lack of self-esteem," Lin said as she became teary-eyed sharing her experiences. Audience members watched in astonishment and disbelief as she pulled all of the medicine that she has to take in order to remain healthy, a total of 17 pills a day.

All the speakers emphasized the importance of being responsible for your own education in order to make sure that you and your loved ones stay healthy.

Following the panel of positive speakers, there was a "Keeping the Faith" candlelight vigil on the Mount Clef patio that was organized by Campus Ministries where words of prayer and hope were offered for all those that are affected by the HIV/AIDS epidemic.

For information on how to get tested, please visit <http://www.plannedparenthood.org/health-center> or for more information on LoVE and how you can help, please visit www.lilyvalleyusa.org.



Photo by Nathan Hoyt

Dr. Prichard describes a picture on a slide show of AIDS victims.

The many effects of HIV and AIDS

By Dana Blackburn
Echo Staff Writer

actively participating in family counseling, her condition greatly improved.

Prichard explained that HIV has direct and indirect effects on the nervous system. Indirect effects include infection and malignancy. Additionally, there are many psycho-social consequences.

It is extremely important that AIDS patients work toward gaining the ability to move along and look toward the future.

"Dr. Prichard stressed the role of guilt, an issue of particular relevance to marriage/family therapy trainees as they gain an appreciation of the way in which guilt can complicate compliance with medical as well as psychological treatment in their work with people who have been affected by HIV and AIDS," said Dr. Christopher Christian, director of Community Counseling Services and assistant professor at CLU.

Significant developments have been made to detect, diagnose and treat people with HIV. In many cases, psychological complications stemming from HIV weigh more heavily on a person's prognosis than their medical issues, Christian explained.

"Despite the fact that we can usually control viral reproduction, sometimes the damage has already been done," Prichard said.

Prichard shared the staggering fact that AIDS medication in America costs \$20,000 per year, on average.

California has established drug assistance programs that help with elevating costs; however, the anxiety involved with financing expensive treatment is still high for many patients.

Prichard stressed the importance of psychotherapy and counseling post-diagnosis that can help by extending and bettering the patient's life.

The discussion was made possible by the Community and Parent Child Study Center at CLU.



Photo by Doug Barnett

Lynn speaks of contracting and living with AIDS.

I'll be home for the holidays

Christmas festivities remind us of our youth

Continued from 1:

Christmas chaos features 20 tons of snow, where students

"Although people might have seen flashing lights at the event, it was just a precaution for a minor injury."

—Amanda Whealon

reliving childhood memories of having snowball fights.

With the idea of reliving childhood fantasies, there is a tendency for the activity to get out of control.

"People get out of hand when they see snow; friendly snowball fights turns into reckless behavior," said coordinator of student leadership Amanda Whealon.

"Since it's been shown students don't know how to control themselves, we are going to have to re-evaluate the program."

The program received a huge turnout with students participating in snow throwing, answering letters to Santa and participating in arts and crafts.

In regard to the rumor of a student being knocked un-conscious, Whealon commented.

"Although people might have seen flashing lights at the event, it was just a precaution for a minor injury," she said.

Traveling home for winter break has its costs

By Jennifer Tholse
Echo Staff Writer

This fall semester is coming to an end and Christmas is just a click away. Other than the stress of all the upcoming finals and papers that are due, students are simultaneously scheduling their plans for the holiday.

Junior Sara Ghrum explained that she has to catch a flight the same day as her last final, which will be very stressful.

However, she still appreciates that she was permitted to change the date of her final to fit her traveling plans.

"I think that it is really cool of the teachers to accommodate us with this privilege. It is so hard to get a hold of flight tickets now so I kind of had to take what was offered by the airline companies," Ghrum said.

She also explained that she will have to buy all her Christmas gifts at the tax-free shop at the airport, which she feels kind of awkward doing, but can't do anything about.

Andreas Kolstad said he is looking forward to Christmas Eve and can't wait to sit at the dinner table, with everybody gathered around, eating together.

"When I was a kid it used to be about Santa Claus and all the gifts, but now I'm older and wiser and look at Christmas in another light. Also, since I have been away from home for so long I really appreciate seeing everybody and catching up," Kolstad said.

Senior Sahar Saberi said that she is looking forward to Christmas, and to be able to spend time with her family and see her nephews.

Saberi said that she has a lot of great childhood memories with her siblings, staying up all night and playing Super Nintendo.

"Christmas is a time for grown-ups to be children and for everybody else to just relax and enjoy each other's company," Saberi said.

Saberi is excited to spend Christmas in a new way this year, with her boyfriend in the valley.

She said they had put up a lot of Christmas decorations in their apartment and it really feels like Christmas is on its way with all the candles and snowflakes.

The only thing left is the tree, which they will put up and decorate as soon as finals are over.

Senior Golenaz Arjomand said that Christmas has always been about getting gifts and all that other material stuff.

But now since the economy has been so bad, she thinks that people are starting to realize the true meaning of being with loved ones and appreciating each other's company.

Because of all the stress with finals, she decided to order her Christmas gifts online.

"A lot of people have a negative attitude toward Christmas because it is stressful and it is a time in which some people are lonely and depressed, but really we should just embrace the opportunities of being around our loved ones and create more memories," Arjomand said.

Most students have plans of meeting up with loved ones and celebrating the holidays with joy and happy faces. Students that will stay on campus will get a new experience of this tradition by eating good food with friends instead of family. Either way hopefully everyone will have very happy holidays. If you have been nice this year, you might even get to see Santa for Christmas.

CLU students celebrate African-American Heritage

By Gigi Arjomand
Echo Staff Writer

Students were filled with love, joy and pride as they celebrated African American heritage at California Lutheran University's Celebration of Kwanzaa last weekend.

In honor of the holiday Kwanzaa, the Multicultural Programs, together with the NAACP Saturday School, the Afro-Centric Committee of Ventura County and Brothers and Sisters United, organized a one-day celebration for students and family to engage in celebrating African-American Heritage.

"This is one of the few times throughout the year that we celebrate African American Heritage," said Robert Amey, president of Brothers and Sisters United (BSU).

"Kwanzaa and Black History month are the only times where we fully integrate Black history and its importance to this country's development."

Kwanzaa is a week-long holiday celebrated throughout the world, honoring African legacy.

The celebration is held from Dec. 26 to Jan. 1 each year. Because CLU is closed during Kwanzaa for Christmas break, the Multicultural Programs and participating organizations arranged for a pre-celebration of the holiday to be held Dec. 6 in the Lundring Events Center.

The event began at 10 a.m. and the festivities went on well past 2 p.m.

Guests got to eat authentic African and African-American food and watch several dance performances.

Also there were performances of African dance, gospel music and vendors with arts, crafts and jewelry.

Among the dance line-up was a dance group from H2O, the hip-

hop organization at CLU.

The crowd was mixed, consisting of roughly 80 students and some faculty.

"Although the students at CLU are predominantly white, it's important that we acknowledge this holiday so that everyone can learn about and embrace each other's cultures," Amey said.

Two of the main organizers and supporters of the Multicultural events held at CLU, Dr. Juanita Hall, director of Multicultural Programs and Angela Rowley, assistant director of Multicultural Programs, were there to enjoy and support the event.

Although Kwanzaa normally consists of seven days of celebration, the CLU Celebration of Kwanzaa fit in the majority of the traditional rituals including the candle lighting and the lighting of the kinara into one day.

"It means a lot to me personally that we acknowledge black culture at CLU," said senior Marshall Johnson. "Although it should be a given by now, not all schools do that."

Kwanzaa was created in 1966 as the first African-American holiday giving African-Americans an opportunity to celebrate themselves and their history.

The theme of décor consisted of vibrant colors and African masks decorated the walls. Although the celebration was not politically affiliated, artwork and jewelry sold and displayed representing a tribute to President-elect Barack Obama, the country's first African-American to be president.

"You can't help but have Obama represented at an event honoring black history," said sophomore Chaz Hodges. "It's just to show how far we have come as a people, and this country as a nation."



Photo by Rachel Wolf

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A group of dancers perform an African dance for the audience.

Around the Campus

WEDNESDAY December 10	THURSDAY December 11	FRIDAY December 12	SATURDAY December 13
Santa Lucia Festival of Lights 10 a.m. Samuelson Chapel	Fa la la la la, la la la la...	CLU History of Psychology Symposium 2008 1:30 p.m. Nygreen 4 On Depression and Narcissism 3 p.m. Roth Nelson Room	Fa la la la la, la la la la...
Faith in Rationality 7 p.m. Lundring Events Center			
The Need: Cinemania 10:15 p.m. SUB			
SUNDAY December 14	MONDAY December 15	TUESDAY December 16	NEXT WEEK ON CAMPUS
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The ultimate CLU family legacy

By Elicia Hildreth
Echo Staff Writer

It's something special when your family is known as a legacy at the university you attend.

The Mathre, Hermansen and Cowles family are all in attendance at California Lutheran University. A total of 10 have graduated from CLU. It started with the Hermansen family: Dawn, Karen [Cowles] and Linda [Mathre] Hermansen, all attended CLU. Now all three siblings have children at CLU.

Kristen, Annie and Erik Mathre are brother and sisters who were raised in Fremont. Kristen graduated from CLU in 2005, Annie graduated from CLU this past May in 2008 and is attending the teacher-prep program and Erik is a junior multimedia major.

"Growing up I knew I wanted to go to a small school and I love the small school atmosphere that CLU provides," Annie said.

Erik who is an RA at CLU, is very involved. He has been apart of ASCLU-G in the past and has helped to start an ultimate frisbee club.

Julie, David and Wendy Hermansen are also brother and sister. They were raised in Redwood City. David is a junior business administration major and Wendy is a freshman biology major.

Emily Cowles is a senior who was raised in Vista and is an exercise science and sports medicine major with a minor in psychology. She is captain of the dance team and is graduating in May.

Emily teaches dance in Woodland Hills and also holds tutor sessions with a fourth grader. Her two brothers chose not to attend CLU. One opted to attend a technical school and the other attended San Francisco State.

"It was not required that we come to CLU. It was a choice and we all

chose to attend this university," Cowles said.

Although their last names are different they are all cousins.

"It's nice to be with them, and to know that we always have someone to call on campus that can help with any situation," Cowles said. "My freshman experience was guided by my older cousins. It's a blessing that we all get along."

Even though they lived in different parts of California, they still remained close.

"We're such a close family, not only are they my cousins, they're my brothers and sisters," Annie said.

They would get together as a family and attend Homecoming and other social events, and that is how these cousins got involved in the CLU tradition.

After seeing their siblings move in and enjoy CLU, they decided that CLU would be the best fit for them.

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Beloved donor dies

By Aaron Hilf
Echo Staff Writer

its students for many years to come.

Pearson, who had no children, is remembered often saying that she had adopted a university filled with young people.

"They will still help for a long time through additional gifts that will come through her estate in support of scholarships and other funds," Wheatley said.

As Orville Dahl Donors, the Pearson's have taken steps to remain an active part of this campus for many years.

The Orville Dahl Society, named after CLU's first president, is reserved for donors who make unparalleled donations to CLU by including the university in their estate plan.

The Pearson's planned to support CLU long after they were both gone through their estate and other gifts that were put in place for the university.

"They are probably the largest individual donors in the universities' history," Wheatley said.

Not only have they greatly helped CLU, but they have also made substantial donations to the Santa Barbara Zoo, Sansum Medical Research Foundation, Trinity Lutheran Church and the Vista Del Monte Retirement Home where Alma was living at the time of her death.

"They are true philanthropists," Wheatley said.

Alma, who was awarded an honorary doctorate in 2004 by CLU, will be felt and remembered on campus for years to come, not only through her gifts, but through her spirit that loved this school so much.

"She will be dearly missed," Wheatley said.

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Not for Sale

CLU students join the fight to end modern-day slavery

Megan Hindman
Echo Staff Writer

California Lutheran University students have joined an international movement against modern day slavery. Today 27 million people are enslaved and it is happening in our neighboring communities. In fact, children are even being sold on Craigslist.

CLU is now one of 10 campus chapters involved in the Not For Sale movement that began in 2007 by David Batstone, a professor at the University of San Francisco.

The Not for Sale campaign encourages individuals to use their personal strengths to fight against human trafficking.

"The whole mentality of Not For Sale is open-source activism, the concept that we need to utilize peoples' individual strengths and talents. It's really whatever people can offer," said Amy Brown, founder of the CLU chapter and university director for the southwest region. "We want to get as many people involved as we can, because everyone brings unique talents and ideas."

CLU students have already done just that.

Some students have contributed by making buttons and graphics to advertise the campaign.

CLU senior Dan Erickson is even working toward compiling a CD of student musicians on campus to act as a benefit for Not for Sale.

"Music is something I know, and really believe it has the ability to bring people together in a way like nothing else," Erickson said.

Although, this is the first semester the club has been at CLU, the involvement has rapidly grown largely due to Call and Response, the first full length feature "rockumentary" that focuses on the modern day abolitionist movement.

CLU bought out one showing of the film in Santa Monica and approximately 120 CLU students and faculty attended.

"Call and Response really opened my eyes to the severity of this issue and inspired me to get involved," Erickson said. "It [the album] is something that has the potential to have an amazing end

"You can sell drugs once and they are gone, but you can sell a person over and over. It's just something you would have never known unless someone told you."

— Allyson Hallam

result and I'm looking forward to getting to work."

Slavery has ranked the third-largest money-maker in the world behind drugs and guns.

"We want to educate the CLU community and the community at large about modern day slavery. Everything is done under the radar and so people don't realize how big of an issue it is," said senior member of Not for Sale, Allyson Hallam.

"You can sell drugs once and they are gone, but you can sell a person over and over," said Hallam. "It's just something you would have never known unless someone told you."

The Not For Sale club is currently gearing up for the spring semester with hopes to take CLU's involvement to the next level.

"CLU does have the potential to become one of the main campuses in this movement. We just really need more support and participation," Brown said.

The club has several ideas to broaden the awareness on campus including the possibility of a "Free to Love" campaign held around Valentines Day.

This event would encourage students to buy fair-free chocolate and products made by former slaves and prostitutes.

Programs Board may also be partnering with Not for Sale through a dance-a-thon

where all profits will be donated.

"Right now we are really just trying to create awareness and educate ourselves on what products not to buy and disperse that information," Brown said. "We really have a great opportunity to become one of

the leading schools."

For more information on the Not For Sale campaign visit www.notforsalecampain.org or e-mail Amy Brown at aebrown@callutheran.edu to see what you can do to help stop modern-day slavery.

Students prepare for conference

Haiti and Jamaica to be focus of CLU students

By Ashley Soukup
Echo Staff Writer

Students discuss world issues in Model United Nations every Monday at 10 to 10:50 a.m. in the Soiland Humanities Building, Room 112.

POLS 415, Model UN, is a class taught by Gregory Freeland, Ph.D. of the Political Science department at California Lutheran University.

This class looks at pressing world issues from a country's perspective and prepares CLU's delegates for Model United Nations.

Every year the students go to the

California Model United Nations Conference and the Harvard National Model United Nations Conference in Boston from Feb. 12-15.

This year CLU students were assigned to look at the issues of Jamaica and Haiti.

Fairness and equality, the U.N. Children's Fund and drug trafficking are some examples of issues that CLU students will be discussing at the U.N. Conference in Boston.

While at the conference, students work on projects that were assigned by professors and others that are planned to fit in with the Model U.N.'s agenda.

"Students learn about different world issues from different perspectives and learn how to negotiate with other people," senior Joelle Cortez said.

"The goal is to work together to



pass a resolution."

Another requirement for the students attending the conference is to turn in position papers.

"I hope to learn about issues from perspectives other than the United States," said Andrew Brown.

This will be Brown's first time at the conference and he is very passionate about the issues facing Haiti.

During his four trips to Haiti, Brown has worked with the Haiti Mission Project and on a documentary that explores the issues in Haiti.

He hopes to show the documentary at CLU sometime during the spring semester.

"It's the poorest country in the Western Hemisphere," Brown said. "A lot of people call it a 'Fourth World Country' because they do not have any resources. They have no functioning economy; they have a beaten-down political system."

According to the United Nations Web site, Haiti's gross domestic product (GDP) in 2000 was 496 United States Dollar (USD) per capita and no data was available about the poverty rate.

Jamaica, the other country that CLU students are representing at the conference, had a GDP of 1,487 per capita in USD in 2000, according to the UN's Web site.

The Web site also states Jamaica had an unemployment rate of 16 percent in 2000 and a poverty rate

of 12 percent of the population.

In past years plane tickets were covered under the trip's budget, but this year the budget was cut, forcing students to pay for their own ticket.

A fundraiser was held on Dec. 9 at The Habit on Moorpark Road in order to raise money for students' airfare to Boston.

CLU students who brought in a flyer and got 20 percent of their meal donated back to the students.

The budget will still cover the cost of the conference.

"I love going to Haiti, [it's] a great place to visit," Brown said. "It centers my mind back to kind of the purpose of existence and kind of our responsibility as people of privilege and living in the United States and being given all that we have been given. How important it is to give back."

For Magaurn the outdoors are home

By Phoebe Hitchman
& Derek Ward
Special to The Echo

Not just any club can proudly announce: "We sleep around... campus" and not have people raise an eyebrow. However the Nomads Club manages to pull it off.

The club is one of many at California Lutheran University, yet is unique in the activities its members participate in, such as camping in tents somewhere on campus every few weeks.

Nick Magaurn is president of Nomads. He is also president of the Steeze Brigade and an officer in the Adventure Club.

"I love camping; I grew up outside and camped all the time," Magaurn said.

"Nomads is just a way for me to be able to camp outside on a regular basis and it's an easy way for students to partake in camping if they aren't ready for long and difficult camping trips."

Magaurn joined Nomads at the end of his freshman year as a way to stay more involved on campus when he was sidelined

from playing lacrosse because of a sprained ankle.

He has made a major effort to keep the club going and attract as many students as possible.

The club receives no funding from the university and Magaurn has to work hard to garner interest as well as resources for Nomads.

"We hold camp-outs every two weeks, with anywhere from 25 to 40 students coming," Magaurn said.

"It's a pretty easy process to get everything ready for the camp-out. I talk to security and warn them that we'll be out and also get them to turn off the sprinklers."

Magaurn enjoys being a part of Steeze Brigade, a ski and snowboard club that he co-founded this semester. The club is still small, but is gaining ground and growing quickly.

"Really, all we want is for students to experience what it's like to get up the mountain, and hopefully our club can lower the costs and make the experience more accessible, because skiing and snowboarding are such expensive activities," he said.

Magaurn also finds time for the Adventure Club. He said that events for this club are surprisingly hard to plan, but the group's officers have several things in mind including surfing trips, community service and maybe even sky diving.

The group also goes rock climbing once a month at an indoor gym and arranges for small groups of students to come each time.

In addition, this is Magaurn's first semester as a peer-advisor to freshman. Magaurn, a junior majoring in communication, said it was a good way to give back and help new students assimilate to life on campus.

"Looking back, I want people to say they had a great time when asked what freshman year was like," he said. "I wanted to show kids what an amazing time you can have in college."

Magaurn plans to keep the outdoors a large part of his life, even after he graduates from CLU.

"I want to study abroad, maybe New Zealand next semester, and then definitely travel once I get out of school," he said.



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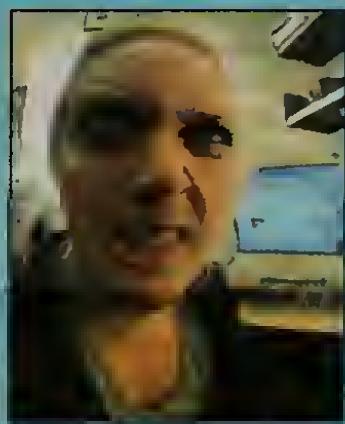
Office Quotes

"Throughout the semester the editorial staff takes note of great quotes said within our office. Here is a sampling."



"How do you make a poet look intense? You make him look like a rapist."

—Sports Editor
Trace Ronning



"mehhhh...."

—Editor in Chief
Candice Cerro



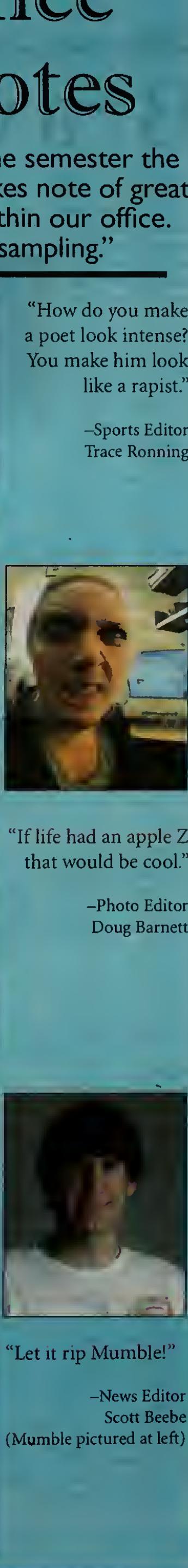
"If life had an apple Z that would be cool."

—Photo Editor
Doug Barnett



"We need a stripper pole in here."

—Features Editor
Matt Kufeld



"Let it rip Mumble!"

—News Editor
Scott Beebe
(Mumble pictured at left)

Braving the holidays

The holiday season is here. It is a time filled with tradition, friends, family and awkward political conversations with extended relatives.

After talking to a couple of friends about their Thanksgiving break, I realized that this phenomenon is not just something that happens in my family.

It happens in families all across America.

The phenomenon is, of course, when you return home from college and your family seemingly "tests" your knowledge about current events.

I went to my Dad's house for Thanksgiving break and one of the first things he said to me was, "so, Missy, tell me why Proposition 8 passing was such a bad thing to you. Because I have this gay friend who said..."

Really dad?

All I wanted to do was come home and eat some turkey, and now I am being bombarded with political questions and being forced to raise my defenses.

I'm not sure if you have ever been put in this kind of situation before, but if not, let me tell you it is not a fun one.

Don't get me wrong, I love to debate and discuss politics, but when I am doing so with a family member, it's a different situation.

Feelings could be easily hurt, and at the end of the day you still have to love that person, even if they did vote yes on 8.

So my strategy is this: say just enough to let them know how you feel about the issue and just agree to

The phenomenon is, of course, when you return home from college and your family seemingly "tests" your knowledge about current events.

disagree.

It's the only way out of it. Otherwise you will be trapped in an endless conversation, going around in circles until another family member intervenes or until you can slip in a

comment about how good the pie is.

I don't know about you, but I am the lone Democrat in a sea of Republicans at my family gatherings, so it is always a family favorite to pick on Missy.

In fact, one of my dad's favorite things to do is bring out the Ann Coulter book he

got last Christmas and share her "insight" with me.

For those who don't know

who Ann Coulter is, she is an extreme right-wing political blogger and writer.

Everyone is entitled to be stupid once in a while, but

If there is anything I would like you to have taken away from my articles...it would be to speak your mind, whether others agree or disagree with you.

she is abusing the privilege. Anyway, this can lead to some very interesting conversations around the dinner table and those of

you who know me would be surprised to hear that I actually just let it happen.

I fight for a while, but I never win and never will.

My dad still sees me as that 1-year-old rubbing chocolate cake on my face, how could he take his baby girl seriously?

If there is anything I would like you to have taken from my articles this semester, it would be to speak your mind, whether others agree or disagree with you.

Just be careful and conscious of your audience and know when to stop.

I hope that I have said things that others wanted to say, and I hope that I have offended others and made them want to speak up in the process.

There is an old quote that I absolutely hate that says, "If you are young and you are not a Democrat, you have no heart. If you are old and you are not a Republican, you have no brains."

I would like to think that this quote isn't true, and that I will stay a true-blue Democrat until the day I die, but give me a call in 30 years and I'll let you know what happened.



Missy Bain

Study abroad advice

Things to consider before going abroad

The opportunity to more than 100 days sailing around the world on a cruise ship, while taking classes through an institution committed to the success of your experience might sound too good to be true.

It is.

Semester at Sea, SAS, is a program offered through the University of Virginia as a program partner of California Lutheran University's study abroad program.

This means students can maintain enrollment at CLU while studying abroad through these programs and transfer credits toward their majors.

When I first heard about the SAS program, I thought that it sounded too good to be true; then I saw the price tag.

I decided that for \$25,995 for a single semester, maybe this experience would deliver.

This price tag includes boarding in a double-economy room on the ship.

However, it does not include anything you do in the countries once you arrive, like traveling or sight-seeing.

I made the decision to go



Kristin Gilman

for it.

I talked to a SAS representative on campus about the high cost of the voyage, and he encouraged me to simply write a letter to the financial aid department at the University of Virginia explaining my situation.

Later, SAS informed me that I would receive zero dollars in financial aid: a complete slap in the face.

None of the CLU scholarships transfer to partner programs, so I would be paying entirely out of pocket.

Countless forms and a few tries later, I was still under the impression that this process would all be worth it.

I began to feel that SAS was not helping me along with the process as it should.

The only time someone called me was to ask for my \$1,000 deposit to reserve my room months before the voyage.

I then encountered a minor problem with coordinating

I thought that if I was willing to shell out more than \$25,000...I would deserve their time, understanding and, most of all, their respect.

another CLU student coming with me on my voyage.

I wrote a lengthy letter to Jennifer Mowad, assistant director of admissions of

SAS, explaining the situation and pleading for her understanding and help.

A string of e-mails explaining inconsistent policies eventually drove me to the breaking point.

Long story made short, I felt as if my requests were not being heard.

I did not feel respected or valued by SAS as a customer or as a student.

Silly me, I thought that if I was willing to shell out more than \$25,000 to take part in their program, I would deserve their time, understanding and, most of all, their respect.

After all, the money was coming out of my pocket.

In this economy, taking part in their program will not be a possibility for many students.

SAS needs to concentrate on valuing students that are interested in their program.

I truly believe that all college students should take advantage of a study abroad program if possible.

So much can be gained from being thrown out of your comfort zone and learning to appreciate other perspectives.

However, I learned the hard way that one must choose a program that works with you and not against you.

It is important that the program truly aligns with one's expectations and aspirations.

A program that will work with its students to achieve their goals and celebrate in their accomplishments is a necessity.

How to Respond

Mail

Letters to the Editor
Calif. Lutheran Univ.
60 W. Olsen Rd. #3650
Thousand Oaks, CA 91360

Phone

(805) 493-3465

E-mail

echo@callutheran.edu
(preferred)

Letters to the editor are welcome on any topic related to CLU or to The Echo.

Letters must include the writer's name, year/position and major/department.

Letters are subject to editing for space and clarity.

The gift of giving green this season

It's that time of year again – time to spread peace, love and joy.

With the holidays rapidly approaching many of us will be out and about purchasing gifts for our loved ones.

But before you chop down the tree, wrap those gifts and hang the mistletoe, consider ways to conserve this holiday season.

Did you know between Thanksgiving and New Year's day, Americans throw away a million extra tons of garbage each week?

Shocking right?

While the holidays bring out the best in all of us, sadly it does its fair share of damage on our environment as well.

Of course we mean well.



Hollie Lowenberg

But during the process of enjoying holiday cheer, it's unfortunate that the holidays seem to be the most wasteful time of year.

Among the mounds of garbage, megawatts of twinkling lights and oodles of cut down trees, a lot of resources are wasted resulting in what seems like mother nature's worst nightmare.

Not to mention all of the energy it takes to maintain it.

But no need to fear, I'm here to offer some eco-friendly tips that even the most wasteful of us could apply this holiday season.

Consider the tree.

While artificial trees consume a significant amount of energy and petroleum-based materials to produce, I say if you already have it, use it.

After all, the resources used to produce it have already been expended, so using it year after year is better than it ending up in the landfill.

If you insist on a freshly-cut Christmas tree, remember to recycle it at the end of the season. It can be ground into wood chips and used as mulch for your garden.

Now it's time to decorate the tree.

Consider using energy efficient lights.

According to a study conducted by the U.S. Department of Energy, low-energy lights are 90 percent more efficient than regular lights, and if replaced, are the equivalent of powering 200,000 homes a year.

Between gift wrap, tape, tinsel, bows, boxes and all that plastic something as simple as wrapping a gift can put a toll

on our environment.

Don't get me wrong, I love giving gifts just as much as I love receiving but I feel so

Did you know between Thanksgiving and New Year's day, Americans throw away a million extra tons of garbage each week?

much better knowing I'm conserving.

This is why I save and reuse my boxes, bags, bows and tissue paper each year.

Not only is it eco-friendly, but it saves money as well. And of course some of the best gifts don't need wrapping.

Take for instance, time spent with family, friends and that yummy home-cooked meal and pumpkin pie.

Some of the best gifts in life don't require a bow.

Last but not least, don't mail greeting cards, send them via e-mail instead.

This is something I think we can all handle.

Not only is it better on our environment but its economical and easy.

Instead of mailing dozens of envelopes and licking those icky stamps, you can send as many Christmas cards at once through e-mail.

It's easy to upload a picture of yourself or your family and many cards available are interactive, animated and fun.

I recommend elfyourself.com to send a fun holiday greeting to your friends and family.

If we all apply at least one of these tips this holiday season, we can save a ton of resources, and that's a good gift to give to the environment.

Contacting Professors

As the semester comes to an end and a hectic week of finals approaches, I have found myself thinking of my great professors and all the help they've given me.

Most of us have final projects or assignments due and I know I'm not the only one that feels as though there are suddenly hundreds of questions to ask one's teachers.

This got me to ponder the question of whether e-mail or office hours are the best way to reach teachers.

When needing to reach a teacher, e-mail never seems to fail.

Visiting a professor's office is another way that students can chat with their teachers.

But, what if you are unable to make it to campus or are someplace where there is no Internet?

Sometimes, teachers will give out their personal home or cell phone numbers so students feel more connected and so students can reach them at any time.

When you have a project deadline and questions suddenly arise, sometimes



Leslie Richman

e-mail and office hours just aren't as convenient or fast in an emergency situation. I always appreciate it when teachers go out of their way to give their students other options of contacting them.

However, I would be lying if I said that I didn't feel extremely awkward calling my teacher's cell phone.

Facebook is another way teachers are giving students the ability to contact them faster than conventional ways.

Students can post a message to their teacher's wall and then professors can respond.

Just like calling a teacher's cell phone is a little strange for me, writing on a teacher's Facebook page is a little uncomfortable for me also.

I think that in order for students to feel comfortable contacting their professors in unconventional ways, it is important for teachers to reiterate that it is in fact OK to contact them by cell phone, home phone or Facebook.

I don't believe that it is fair to make it mandatory for teachers to give out their personal numbers in order for students

to have more convenient access to them.

Nevertheless, I think alternate contact information is a good idea.

Blogging is another recent and favorite communication tool that many participate in.

I have found it very helpful when teachers give the class their blogging information, because I feel like communicating with a professor through blogging is not nearly as invasive as calling a teacher on his or her cell phone.

At the end of the day, it is ultimately the student's responsibility to make sure that he or she understands the assignment and that proper action is taken in order to clear up any confusion before an assignment's due date.

Even so, I have personally found it comforting when a teacher gives his or her class other contact information other than the standard contact information.

I have so much appreciation for my professors and hope they know that they have been great mentors in my journey through college.

In my heart, I know that no matter what, my professors are always there to support me and assist me in any way they can.

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Gilbert keeps CLU fit

California Lutheran University has had many new additions to the campus in the last few years, including a sports facility.

The Gilbert Sports and Fitness Center is stocked with top-of-the-line exercise equipment to help students get in shape.

Located just south of the Kingsmen football stadium just a few years ago was CLU's old gym.

It was extraordinarily small (500 square feet), and did not remotely offer what the Gilbert sports center does.

The old gym was not even half the size of the new one and had 20 percent of the equipment that Gilbert offers giving students even more incentive to get healthy.

A bonus- the new gym is equipped with an assortment of plasma televisions.

This new gym has given Cal Lutheran an edge from an athletic standpoint.

The lenient hours provide student athletes with the ability to work out early before classes or late after classes.

"I love using the new gym. When I first came to CLU, the new gym was not built yet so I make sure to take full advantage of it now," said senior baseball player David Iden.

Other recent additions to the campus include the Sparky Anderson baseball field built in 2005 and the Hutton softball field built in 2007.

The swimming pool was built in 2006 with a new outdoor community pool currently being built.

It is being sponsored by the city of Thousand Oaks and is scheduled to be completed by spring semester of 2009.

Tennis courts are being added and should be finished early

spring of 2009.

Last, is the Gilbert Sports Facility, which includes two full size basketball courts, a training room, a gym, four locker rooms and 15 classrooms, including a dance studio.

All students should take advantage of these facilities, especially the gym.

Working out has been proven to release stress and tension amongst all people.

The importance of regular exercise and daily snacks and meals is sometimes overlooked in the eyes of a college student.

Inside the Cal Lutheran gym there are all types of amenities for any enthusiast.

Equipment such as treadmills, ellipticals, stairclimbers and any possible weights you can think of are available.

All of the staff excluding the main adviser, are student workers, thus adding numerous available positions to those who feel the

The old gym, was not even half the size of the new one and had 20 percent of the equipment that Gilbert offers giving students even more incentive to get healthy.

need for extra money throughout the school year.

In order to create a pristine college atmosphere it must be constantly taking new steps in order to better itself, and I see CLU doing so.

"I love the new gym and sports facilities here, it makes the school experience that much easier being on a campus this beautiful," said senior Landon Smith.

Stunting and smiling for CLU

Bonding makes cheerleading a fun experience

By Nicole Jacobsen
Echo Staff Writer

Along with planning their classes for the next semester, the California Lutheran University cheerleaders have to decide whether they'll have time to cheer for basketball season.

Busy schedules are conflicting with classes causing at least five women to quit the squad for basketball season. However, they say they're planning on joining again next fall.

"I decided not to cheer this semester because it didn't fit in my schedule with my

going to the football games and bonding with one another.

"Being able to go to all the football games and performing with the girls was definitely my favorite part of the season," Kraemer said.

"And since I was a transfer, it was a great way to meet some



people I'm now good friends with."

While everybody had their own reason for being on the squad, the most common reason was to show school pride and support the teams.

"I enjoy going to the different sporting events and showing my school spirit," junior Luci Lapp said. "It's also a great way for me to get involved on campus and support your peers."

As with any team, group or club, the members on the cheerleading squad have bonded over time and have made strong friendships.

Even with hectic class, work and practice schedules, they make time to hang out outside of practice and games.

"Juggling school, track and

cheerleading this coming semester will keep me from having a lot of down-time but last semester was fun and I know being with these girls next semester will be a blast," Lapp said. "They make it enjoyable."

Sophomore Chrisann McCormack shares Lapp's enthusiasm about spending time with the students she cheers with.

"I love the girls on the squad," McCormack said. "It's a fun thing to do with your friends."

With a squad consisting of both new and former cheerleaders, everybody is still getting acquainted with each other. But even with some of the women not returning for basketball season, members on the squad still make time to see their former cheerleaders.

"Getting to know the new girls on the squad has been so much fun," McCormack said.

"I miss the other girls but I still keep in touch and hang out with them."

After arranging classes and activities, schedules were finally made and a new squad was formed. Though many of the cheerleaders are returning for the basketball season, they will miss those who couldn't work it into their schedules and enjoy getting to know the new members.



Photo by Rachel Wolf

The CLU cheer squad practices their routine for home basketball games.



classes," Jenna Kraemer said. "But I do plan on returning for football season next year."

Even though being part of the squad next semester didn't work out in a few of the cheerleaders' schedules, they still had great experiences

Another year of controversy

Can a play-off system work in Div. I football?

By Jackson Damron
Echo Staff Writer

At one time or another, the Bowl Championship Series (BCS) system has made college football fans rejoice and shed tears in back-to-back weeks. In a system where a tenthousandth of a point can determine whether or not a team gets into a bowl game, there is bound to be criticism.

In a "60 Minutes" interview, President-elect Barack Obama suggested that a play-off system be created.

"If you've got a bunch of teams who play throughout the season and many of them have one loss or two losses, there's no clear, decisive winner," Obama said.

It was unclear how serious he was about the issue, but he did add that he might have to "throw his weight around a bit."

Four components determine a team's rank. They are as follows: subjective polls (AP, USA Today, ESPN Coaches), computer rankings, strength of a team's schedule and



number of losses. Each of these components is represented by a numerical value.

Teams are given a certain number of points for their performance in each component. These four values are then totaled to produce a

team's final score. The team with the highest point total gets the number one spot for the week.

What the coaches think

University of Southern California head coach Pete Carroll, insists that even he doesn't understand how the BCS works.

"What are the criteria of the process? Is it to pick the team that has the best season, that has the season that you like the most and feel best about voting for? Or is it the best team at the end of the year, the team that would win a play-off system if you did have it?" Carroll asked at a press conference in early November. "I don't understand how the thing works, I don't really know."

NCAA Division I football is the only NCAA sport that does not have a set play-off system. Division II and III have a 32-team playoff that takes place

over a five week period and crowns a clear and undisputed champion.

However, the BCS is all about making money, and if the NCAA would develop a playoff system it would not come close to making as much money as the four major bowls make.

"Fans can't afford to fly around watching their team," said CLU assistant football coach Geno Sullivan. "A 16-team play-off system would mean four games for the teams that meet in the championship. Having a team in one post-season bowl game attracts fans to make the trip to support their team."

Looking into the future

Change could happen in the near future. The new BCS coordinator is open to exploring post-season options. In 2004, the BCS rejected the idea of a plus-one format brought forth by ABC. The

plus-one format would involve selecting two teams from the winners of the four major



bowl to play for the national championship.

At this point, the Football Bowl Association (FBA) is determined that bowls are best for college football, but many people think otherwise.

ABC's Loren Matthews told CBS Sportsline that the play-offs could take many forms, from a plus-one format to an eight team play-off.

"What you'll see in the future," Matthews said, "is something different than what you see now."

Wrapping up a fun season

Intramural play-offs cap off the fall season

By Krystle Van Deusen
Echo Staff Writer

We had champions in the making this past week at California Lutheran University. With the fall intramural sports coming to an end, the two best teams in each sport battled for the right to be called the 2008 CLU intramural champions.

The week started on Tuesday with the 3 on 3 basketball finals followed by indoor soccer semifinals on Wednesday. The softball championship game concluded the week on Sunday December 7. The final match for indoor soccer will be held today.

Short Bus and Semi-pros found themselves one game away from the 3 on 3 basketball championship. Making up the Short Bus team were CLU students Josh Oosterhof, Josh Knight and Ryan Burchfield. Semi-pros consisted of Danny Hagen, Dane Bowen, Mike Tobin and Zachary McVicker.

With a well-played game on both sides, the Semi-pros came out on top with a final score of 21-16. Throughout the

whole game both teams found themselves with opportunities to pull away for the win, but finally Semi-pros were able to put the game out of reach.

"We had great team chemistry," McVicker said. "Dane really helped the team with his length and athleticism and we really wore the team down at the end."

In an act of good sportsmanship, Short Bus teammate Burchfield said, "We had a lot of fun and good natured competition."

Team Zenkokuseiha pulled off a win in the semifinals indoor soccer match. They will be playing tonight for the intramural soccer title against the Free Agent team.

"We play mostly for fun," Brad Yajima said. "Our team name (Zenkokuseiha) translates to National champions in Japanese."

Last year, Yajima's team lost in the final match so this year they will be looking for revenge.

"Playing indoor soccer is a great way to keep in shape," Krista Krakowski said. "It's also a lot of fun and still very competitive."

Team Old School squared off against team Silver Bullet on a rainy Sunday afternoon. The two softball teams were giving it all they had after a long grinding season.

In the second inning the Silver Bullets broke open the scoreless

game when Scott Ellers drove a line drive over the left field wall scoring two runs.

Later in the game Paul Wetterholm smashed a towering fly ball over the right field fence to put three runs on the board for Old School.

After doubling earlier in the game Trevor Davidson put the

Silver Bullets up for good with an absolute bomb over the foul pole in right field.

"It felt good," Davidson said. "It felt real good."

Winning the game 7-6 really made a lot of the Silver Bullets proud of their accomplishments.

"It was a hard struggle all season," shortstop Kevin Graham

said. "It feels good to put in hard work and come out on top."

On Sunday night, Set To Kill and Whiskey Militia each won a match, but Set To Kill took the title after winning the last match 15-11.

Spring intramural sports will begin when students get back from Christmas break.

Sport Schedules

	Wed 10	Thurs 11	Fri 12	Sat 13	Sun 14	Tues 15
 REGALS Basketball						
 KINGSMEN Basketball		@ La Sierra 7:30 p.m.				
 REGALS Swim/Dive			Finis Collegiate Invite @ Long Beach	FCI Day 2	FCI Day 3	
 KINGSMEN Swim/Dive			Finis Collegiate Invite @ Long Beach	FCI Day 2	FCI Day 3	

Shade denotes home game. * Conference Game.

Torn ACL doesn't dash career

Captain shines in multiple sports at CLU

By Nicole Flanary
Echo Staff Writer

John C. Maxwell defines a leader as someone who "knows the way, goes the way, and shows the way." On California Lutheran University's Women's basketball team, sophomore guard Kourtney Jones personifies this.

In her second year playing

for CLU, Jones has made an enormous impact not only as a player on the court, but as a captain and a leader off of the court.

Jones, who is from San Diego, had aspirations at a young age to play collegiate ball. Then, during her sophomore year at Rancho Bernardo High School she tore her anterior cruciate ligament (ACL) and was unsure if she'd ever play again.

"I fought through it, and when I came here for school, I knew it was something I wanted to do," she said.

In addition to deciding to play basketball, Jones also took up another sport at CLU, track and field.

Jones is a long jumper and a triple jumper for the Regals track team, and contributed points for the Regals all season long. It seems there's nothing she can't do.

"I love to compete. I am a very competitive person so the thrill of competition and winning is what I love the most," Jones said.

Off the court, she is anything but competitive. Her friends see her as the "social butterfly." They see a person that has a certain presence about her, and a genuine love for life.

On the court, her opponents might see something else. They might see a 5-foot-5-inch guard that has put up, on average, 14 points a game and plays intense defense.

Jones is determined to make the season a memorable one for the Regals squad.

"I want to contribute in each game with great defense and contribute on the offensive end as well, and I want my teammates to be able to count on me," Jones said.

This season Jones has already posted 84 points, 11 rebounds and 12 steals. She is second in total scoring for the Regals, sitting

only seven points behind senior Nita Sims.

She also leads the team in free-throws (25) and three-pointers (13) and averages an assist-per-game. But who's counting? The only statistics Jones is concerned with are the "Ws" and "Ls" in the win-loss column.

"This is all about our team," she said. "Our goal this season is to get better with each game and each practice and win a conference championship."

Jones epitomizes the word captain. She leads by example,

by attitude and is proof that hard work and dedication pay off.

So, what is it that she considers the pay off?

"The games are the rewards. The off-season is long and tiring, and so are practices. The games and the chance to compete are what I work for. They are what I am always working for," Jones said.

She is only in her second year at CLU, but on a young team with new faces (including a coach), her ability to lead will be instrumental in the Regals' success this season.



Photo by Ashley Bentz

Kourtney Jones, 23, leads the Regals in three major statistical categories.

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Taking one for the team

Making friends more important than records

By Jeff Chaney
Echo Staff Writer

Years from now, senior Jill Minehan will not remember all her race times, or all her finishes in SCIAC competitions.

However, she will remember the fun times she had with her friends and teammates building up a swim program destined for legacy.

"I think making our team stronger in a sense of being close and supporting one another is our main goal."

— Jill Minehan

Minehan will return as captain of the California Lutheran University swim team.

With her eyes set on making Nationals in the 100 and 200 meter butterfly, she brings a passion for the sport and a sense of camaraderie to the team.

"When I think of a captain, I think of a leader," Minehan said.

"It's a person who can inspire the team and a person who can be a role model for the other

athletes."

Her pure passion for the sport of swimming puts her in the Samuelson Aquatics Center pool at 4:30 a.m. to train, even when it's raining.

Despite the long hours, her training introduced her to some of her closest friends.

Other than her responsibilities to the swim team, Minehan said she wants,

"...to be there for the swimmers who need help, whether it's a question about the team or program or if it's about talking to the coach about an issue. I am 100 percent dedicated to my other teammates."

Minehan has set not one but two school records in the 100m and 200m butterfly, and last year she made the NCAA B cut at the SCIAC meet. Minehan plans to up the ante this year.

"I don't think I have ever been that excited in my life," she said.

Minehan has been helping Coach Dodd and her teammates build up the talented but young swimming program for the past four years.

"I think making our team stronger in a sense of being close and supporting one another is our main goal," she said.

Bringing her team together, Minehan thinks, is the key to success in team sports.

When the group is cohesive enough to bring their abilities



Photo by Scott Chisholm

Senior Jill Minehan is a captain for the Regals swimming and diving team that hopes to place well this year.

together, the team will do its best.

"The thing I love most about CLU swimming is being around the people.

Years from now I'm not going to remember by times or how I placed at conference, but what I will remember is how much fun

I had with my team mates," she said.

Minehan has been swimming since she was 8 years old in Washington state. She swam for four years in high school.

"One of the greatest moments I can remember is making top eight in the 100 butterfly my

senior year of high school. It was an amazing feeling of accomplishment," she said.

Jill will compete in the butterfly, backstroke and freestyle competitions multiple times throughout the season, looking to better her time along the way.

**CLU ULTIMATE
FRISBEE**



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Happy Holidays!



from The Echo staff

THE ECHO
CALIFORNIA LUTHERAN UNIVERSITY

Will return with a new issue on February 4th.